

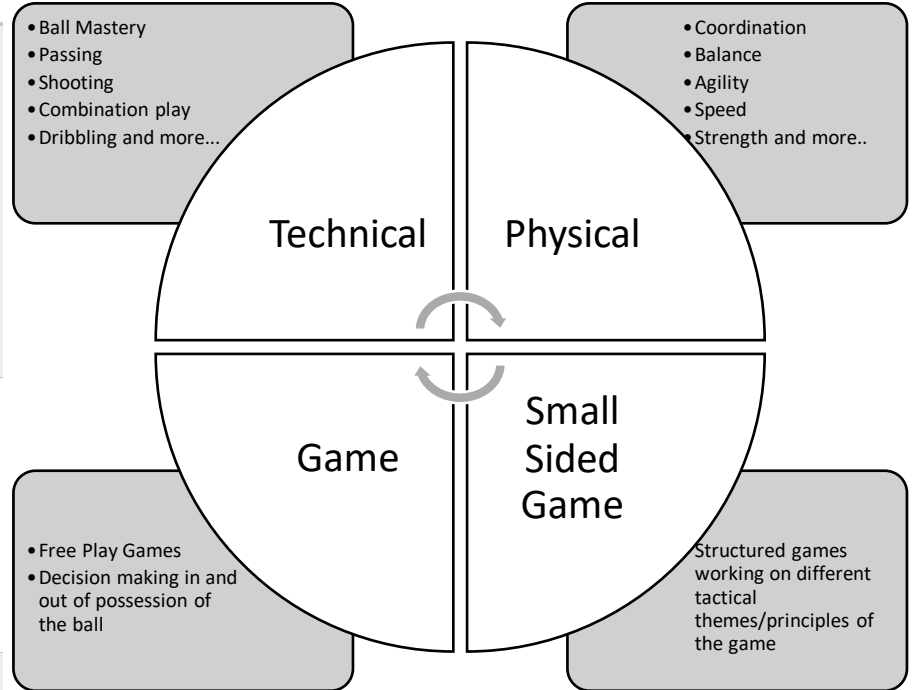


SFC Skill Centre Academy Training

WHO?	All players and goal keepers from U6 to U12 Players and Goal Keepers will be split by age groups
WHAT?	Individual player and goal keeper development in a technical staff lead environment. Players will work on technical skills, physical literacy (SAQ), and Tactical and Mental literacy through small sided game play.
WHEN?	15 Weeks: Oct 4 th , Oct 18 th , Oct 25 th , Nov 1 st , Nov 8 th , Nov 15 th , Nov 22 nd , Nov 29 th , Dec 6 th , Dec 13 th , Jan 10 th , Jan 17 th , Jan 24 th , Jan 31 st , Feb 7 th Fridays: 5:30 – 6:45 pm
WHERE?	Newton Athletic Park #1
COST?	Players : \$165.00 + \$20 Kit Fee Goalkeepers: \$60 + \$20 Kit fee Full Team: 20% Discount

Skill Centre Format

Players will work through **stations** at training with **SFC Staff Coaches**.
Players will work on their individual skills at these stations.



Benefits: The players are the focus of this program, not the teams, or team results. Player first training, focusing on the individual skills of each player that is irrelevant to their level they play.

Registration: NAP Front Office (Please register before October 1st)

Anyone wishing to register after October 1st will need to pay a \$20.00 processing fee.

Player Name: _____ Birthdate: _____ Gender: _____

Email Address: _____ Ph#: _____

Address: _____ Level of Play: _____

Emergency Contact Name: _____ Emergency Contact Ph#: _____

Allergies or Medical Conditions _____

Size (Circle): YS YM YL YXL AS AM AL AXL