



Southlake Baseball Association (SBA), dba Dragon Youth Baseball (DYB)

COVID-19 Guidelines

Date: **September 3, 2020**

To: **DYB Coaches, Participants, Families and Volunteers**

As our community continues to navigate the Coronavirus global pandemic ("COVID-19"), DYB believes it is important to provide guidelines on self-checking, practice and game play protocols, on the implications of a positive COVID-19 test result and the impacts of when a player or volunteer comes in close contact with someone who has COVID-19. For avoidance of doubt, the guidelines provided below will mirror those provided by the CDC. If there is any discrepancy between any section of the DYB guidelines below and any guideline provided by the CDC, the guidelines of the CDC shall prevail.

Self-Checking

DYB requires that all players and volunteers self-check for symptoms before participating in any DYB activities. If symptoms are present, the player or volunteer should not participate in DYB activities. The CDC provides a list of Coronavirus Symptoms on their website which is provided for reference below.

<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

Practice and Game Play Protocols

DYB requires that all coaches, players, parents and fans read and agree to the protocols below in order to participate in the fall season. All those in attendance are required to follow the recommended CDC guidelines and Governor's Executive Orders pertaining to youth sports game play. Please see links to those resources below along with specific items detailed below.

- Parents and fans should ensure social distancing is maintained. Family units may sit together.
- Pursuant to the Governor's Executive Orders, masks or face coverings are recommended where social distancing cannot be maintained. Coaches and players should wear a mask or face covering from the parking lot until they are on the field of play then the mask or face covering may be removed.
- Signs will be posted at Bicentennial Park reminding parents and fans to please practice social distancing throughout the season.
- Siblings should not be brought to practice if it can be avoided. Siblings that attend practice or games must stay with their family unit and follow the social distancing recommendations currently in-place.

- No parents or fans are allowed inside any warm-up area, dugout or on the field of play. Only registered coaches and players are allowed in these designated areas.
- DYB will install several hand sanitizing stations throughout Bicentennial Park during the season.
- DYB will provide a bottle of sanitizing solution or spray for coaches to use to wipe down dugouts before and after each game along with sanitizing pitcher and catcher's masks during each game.
- Coaches and players are encouraged to bring hand sanitizer to use as needed during practices and games.
- Coaches and players should avoid contact at practices and games (no high fives or post game handshakes).
- Coaches and players are required to keep each player's equipment separated at safe distances during practices and games. Any shared equipment should be wiped down and sanitized before each use.

<https://open.texas.gov/uploads/files/organization/opentexas/OpenTexas-Checklist-Youth-Sports-Operators.pdf>

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/youth-sports.html>

Implications of Positive COVID-19 Test

DYB requires notification to the Executive Committee (ec@dragonyouthbaseball.org) and the Team Coach if a player or volunteer tests positive for COVID-19. The player or volunteer is immediately disallowed to participate in any DYB activity.

Per the CDC, the player or volunteer can generally rejoin DYB activities after:

- 10 days since the symptoms first appeared **AND**
- 24 hours with no fever without the use of fever-reducing medications **AND**
- other symptoms of COVID-19 are improving.

However, in certain situations, the required time away from DYB activities may be in excess of that specified above. Please follow the guidelines provided by the CDC in all cases. DYB has provided a link below for reference.

<https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/end-home-isolation.html>

When a player or volunteer comes into close contact with someone who has COVID-19

DYB requires notification to the Executive Committee (ec@dragonyouthbaseball.org) and the Team Coach if a player or volunteer comes into close contact with someone who has COVID-19. The player or volunteer is immediately disallowed to participate in any DYB activity.

Per the CDC, the player or volunteer will be allowed to rejoin DYB activities after the required 14 day quarantine is complete as long as the player or volunteer has no symptoms and has not tested positive for COVID-19 in which case the policy above will then apply from the date of the positive test. **A negative test does not shorten the 14-day quarantine per the CDC.** DYB has provided a link below for reference which includes what counts as "close contact" and how long to quarantine.

<https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html>

<https://www.cdc.gov/coronavirus/2019-ncov/php/public-health-recommendations.html>

PARENTS MUST READ, UNDERSTAND, AND ABIDE BY THE GUIDELINES IN ORDER FOR THEIR CHILD TO PARTICIPATE.

VOLUNTEERS MUST READ, UNDERSTAND, AND ABIDE BY GUIDELINES IN ORDER TO PARTICIPATE.