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SUMMER 2019 PROGRAMS / PRICING

HS/COLLEGE SUMMER ELITE ACADEMY JUNE 10th – AUGUST 8th

- Full Summer (\$559.99)*
- June (\$224.99)
- July (299.99)
- Weekly (\$84.99)

HOURS: Monday-Thursday

9:00am-11:00am

OR

Monday , Thursday

7:00pm – 9:00pm

Tuesday , Friday

6:00pm - 8:00pm

BIGGIE SUMMER ACADEMY (5th-8th GRADE) JUNEth – AUGUST 8th

- Full Summer (\$369.99)*
- June (\$149.99)
- July (\$199.99)
- Weekly (\$54.99)

HOURS: Monday-Thursday

10:00am-12:00pm

OR

Monday , Thursday

7:00pm – 9:00pm

Tuesday , Friday

6:00pm - 8:00pm

1 ON 1 LESSONS (WEEKENDS)

- 1 HR 30 MIN (\$55)
- Face-off
- Defense, Attack,
Midfield, Goalie
- Shooting

WEEKEND ACADEMIES (GROUP LESSONS) (Coming Soon)

- 2 HR (\$TBD)
- Face-off
- Defense
- Shooting
- Attack vs. Defense
- Goalie

EACH DAY INCLUDES 1 HOUR OF PHYSICAL TRAINING WITH ELITE FITNESS TRAINERS FOLLOWED BY 1 HOUR OF POSITION SPECIFIC LACROSSE TRAINING.

*PLAYER ENROLLED IN THE FULL SUMMER SESSIONS WILL GO THROUGH EVALUATIONS THAT INCLUDE BODY MEASUREMENTS AND WEIGHT MAX MEASUREMENTS. THIS IS WILL BE DONE AT THE BEGINNING AND THE END OF THE SUMMER TO SHOW THE PLAYERS PROGRESS OVER THE SUMMER TRAINING PERIOD.

MONTHLY SESSIONS BEGIN ON ON 6/10 AND 7/1.

SEE OUR WEBSITE FOR STAFF INFORMATION AND MORE INFORMATION ABOUT OUR SUMMER PROGRAMS. FOR FURTHER QUESTIONS EMAIL US AT HOUSTONELITELACROSSE@GMAIL.COM

Training Location: Athlete Connection
25311 Kingsland Blvd #150
Katy, Texas 77494

Houston Elite Lacrosse Academy LLC est. 2018