



Sussex Jayhawks is a youth tackle football program for 4th, 5th and 6th grade boys and girls led by volunteer coaches and staff.

The 2019 Football Season Registration is Here!

You can register on line

<https://www.sussexyouthfootball.com/sussexjayhawkswi>

contact: Sussex.jayhawks@yahoo.com **with questions**

Safety is a priority

- We teach Hawk Tackling . . . Learn more: <https://www.stack.com/a/the-new-tackling-technique-thats-revolutionizing-football-safety>
- Coaches are required to take standardized training to understand form and technique that supports safe play.
- As a charter member of the All American Youth Football League we follow all league safety guidelines. An important rule enforces weight limits on ball carrier roles to avoid mismatch in size during contact.
- Equipment is latest and safest available and maintained to manufacturers standards.
- Players are required to complete a conditioning phase before contact in practice begins.
- We teach confident play that does not cross the line into un-sportsman like.

Important Events

February thru May	June	August	Sept	Oct
Registration and team reporting to league	UW- Whitewater Camp 16-19 June	5 -9 Conditioning Week	Games	Games

The information provided is not sponsored or endorsed by the Hamilton School District.