



Cyclones 2019 Spring Hockey Season

REGISTRATION

USA Hockey Registration

Prior to registration with the Cyclones, AHAI requires that you register and have insurance through USA Hockey. If you do **not** have a USA Hockey Number, then please wait until April 1, 2019 to purchase a 2019/2020 number that will be valid until August 31, 2020. You can purchase of your player's 2019/2020 USA Hockey Insurance directly from USA Hockey, following these steps:

1. On April 1, 2019 Go to www.usahockeyregistration.com
2. Click "Ice Players & Coaches" and follow the prompts
3. Fee is \$53 per player. USA Hockey accepts Visa, MasterCard, American Express and Discover.
4. Print out or save your USA Hockey confirmation number and email to cycloneshockeyregistrar@gmail.com

All registration information will be found under "Programs → Spring 2019" on the Cyclones website at www.cycloneshockey.net

Questions: Wendi Wipff, Registrar
cycloneshockeyregistrar@gmail.com

Spring 2019 Playing Levels

In Accordance with USA Hockey Rules, the following chart shows the playing level for each birth year.

Level	Birth Years
6U (6 or Under)	2013, 2014
8U (8 or Under)	2011, 2012
10U (10 and Under)	2009, 2010
12U (12 and Under)	2007, 2008
14U (14 and Under)	2005, 2006
15U (16 and Under)	2004
16U (16 and Under)	2003, 2004
18U (18 and Under)	2001,2002,2003,2004

Spring Program Options

6U Hockey Programming

Any 6U players looking for spring hockey should register for the Junior Cyclones program on the Fox Valley Ice Arena website. http://fvia.us/jr_cyclones.php

8U and 10U Spring Training Hockey Program

This program is for the 8U and 10U hockey player with some level of team experience – House or Travel. Players will participate in high tempo, skill based practices with a focus on individual skill and competitive games. Players will also participate in weekly off ice strength and conditioning sessions.

Drop-ins are **NOT** available. Cost will **NOT** be prorated based on attendance.

Program Details	
Projected Groups	2 groups (60 skaters, 8 goalies max. total across the groups). No evaluation or tryout. Based on registration 8U and 10U groups may be combined.
On-Ice Practice	2 per week
Off-Ice Practice	1 session/week
Games	No games or tournaments will be scheduled.
Fee	\$575 – skater/goalie
Dates	April 1- May 24

12U Spring Training Hockey Program

This program is for the 12U hockey player with some level of team experience – House or Travel. Players will participate in high tempo, skill based practices with a focus on individual skill and competitive games. Players will also participate in weekly off ice strength and conditioning sessions.

Drop-ins are **NOT** available. Cost will **NOT** be prorated based on attendance.

Program Details	
Projected Teams	2 groups (75 skaters, 8 goalies max. total across the groups). No evaluation or tryout.
On-Ice Practice	2 per week
Off-Ice Practice	1 session/week
Games	No games or tournaments will be scheduled.
Fee	\$575 – skater/goalie
Dates	April 1- May 24

14U Spring Training Hockey Program

This program is for the 14U hockey player with some level of team experience – House or Travel. Players will participate in high tempo, skill based practices with a focus on individual skill and competitive games. Players will also participate in weekly off ice strength and conditioning sessions.

Drop-ins are **NOT** available. Cost will **NOT** be prorated based on attendance.

Program Details	
Projected Teams	2 groups (75 skaters, 8 goalies max. total across the groups). No evaluation or tryout.
On-Ice Practice	2 per week
Off-Ice Practice	1 session/week
Games	No games or tournaments will be scheduled.
Fee	\$575 – skater/goalie
Dates	April 1- May 24

15U, 16U, 18U Spring Training Hockey Program

This program is for the 15U, 16U and 18U hockey player with some level of team experience – House or Travel. Players will participate in high tempo, skill based practices with a focus on individual skill and competitive games. Players will also participate in weekly off ice strength and conditioning sessions.

Drop-ins are **NOT** available. Cost will **NOT** be prorated based on attendance.

Program Details	
Projected Teams	2 groups (60 skaters, 8 goalies max. total across the groups). No evaluation or tryout.
On-Ice Practice	2 per week
Off-Ice Practice	1 session/week
Games	No games or tournaments will be scheduled.
Fee	\$575 – skater/goalie
Dates	April 1- May 24

Spring Uniforms

All players NEW to the Cyclones (with the exception of checking, Spring , and goalie clinic) will receive a reversible Cyclones jersey as part of their registration fee. All players that have participated in a Cyclones program in the past will be expected to wear their previous reversible practice jersey. If a new jersey is needed, you can purchase one from Apparel.

Payment Schedule

For all fees, you may pay in full upon registration or ½ will be collected at the time of registration, and the remaining will be automatically deducted on April 15th, 2019.

Refund Policy

All registrations are **NON-REFUNDABLE** once practices begin or teams are determined. If you decide to not participate after sessions have begun or teams are selected, payment in full is required.

No prorations or injury credits will be issued during the Spring season.

SPRING WEEKEND SPECIALTY CLINICS

NEW this spring – Cyclones Hockey is offering specialty clinics focusing on a specific skill or position. Each clinic will consist of 2 – 90 minute sessions. You do not need to be registered in the Spring Programming in order to register for the specialty clinics.

Full Fee is \$90 if pre-register online.

Walk-ins welcome if space is available. Walk-in full fee paid on site cash or check only, \$120.

Cost will **NOT** be prorated based on attendance. **NO** Refunds.

OFFENSE & SCORING CLINIC – Online Registration Closes 3/24 – 10:00PM

Age Level	Date/Time/Location	Max # of Skaters
8U/10U	3/29: 5:40 – 7:10pm 3/30: 1:10 – 2:40pm	40
12U	3/29: 7:20 – 8:50pm 3/30: 2:50 – 4:20pm	30
14U	3/30: 1:50 – 3:20pm 3/31: 12:30 – 2:00pm	30
18U	3/30: 12:10 – 1:40pm 3/31: 10:30 – 12:00pm	30

BODY CONTACT & PUCK PROTECTION CLINIC – Online Registration Closes 3/31 – 10:00PM

Age Level	Date/Time/Location	Max # of Skaters
8U/10U	4/5: 5:40 – 7:10pm 4/6: 12:10 – 1:40pm	30
12U	4/6: 2:50 – 4:20pm 4/7: 10:50 – 12:20pm	30
14U	4/6: 1:50 – 3:20pm 4/7: 12:30 – 2:00pm	30
18U	4/6: 3:30 – 5:00pm 4/7: 10:30 – 12:00pm	30

DEFENSIVE SKILLS CLINIC – Online Registration Closes 4/7 – 10:00PM

Age Level	Date/Time/Location	Max # of Skaters
8U/10U/12U	4/12: 5:40 – 7:10pm 4/13: 1:10 – 2:40pm	40
14U/18U	4/13: 1:50 – 3:20pm 4/14: 10:40 – 12:10pm	30

SPRING WEEKEND SPECIALTY CLINICS

POWER AND EDGE SKATING CLINIC – Online Registration Closes 4/28 – 10:00PM

Age Level	Date/Time/Location	Max # of Skaters
8U/10U	5/3: 5:40 – 7:10pm 5/4: 1:10 – 2:40pm	40
12U/14U	5/3: 7:20 – 8:50pm 5/4: 2:50 – 4:20pm	40

STICK HANDLING CLINIC – Online Registration Closes 5/5 – 10:00PM

Age Level	Date/Time/Location	Max # of Skaters
8U/10U	5/10: 5:40 – 7:10pm 5/11: 1:10 – 2:40pm	40
12U/14U	5/10: 7:20 – 8:50pm 5/11: 2:50 – 4:20pm	40

Cost will **NOT** be prorated based on attendance. **NO** Refunds.

GOALIE CLINIC

Goalies will receive 1 hour goaltending instruction from goalie coaches.

Program Details	
Projected Teams	2 groups divided by age.
On-Ice Practice	1 per week
Fee	\$200*
Dates	April 1- May 24

Drop-ins are **NOT** available. Cost will **NOT** be prorated based on attendance.

* All SWSL or Spring Training Program participants will be able to attend goalie clinic free of charge, no registration will be necessary.

CHECKING CLINICS

USA Hockey mandates that any Bantam level or higher player skater and goalie that has not participated in a checking clinic before, take at least 2 hours of checking clinics. The Cyclones, in an effort to increase players' knowledge of the proper way to give and receive a check, require that all skaters new to checking take 4 hours of checking clinic. PLUS, all goalies new to checking must take 2 hours of checking clinic. Your player will learn the fundamentals of how to properly give a body check, receive a body check and how to protect him or herself from injury during game situations. You must register for the checking clinic. **Cyclones players who previously participated in a Cyclones checking clinic can NOT attend the Spring checking clinic. It is available for players new to checking only.**

Register online at www.cycloneshockey.net – look for the Checking Clinic Registration link on the Spring 2019 Page under Programs.

Cost: \$100 for Skaters \$50 for Goalies (Attend as many sessions as you like)

Date	Day	Time	Level	Rink
3/18/2019	Mon	6:00 - 7:00	Checking Clinic	INT
3/18/2019	Mon	7:10 - 8:10	Checking Clinic	INT
3/19/2019	Tue	7:10 - 8:10	Checking Clinic	INT
3/19/2019	Tue	8:20 - 9:20	Checking Clinic	INT
3/20/2019	Wed	6:10 - 7:10	Checking Clinic	INT
3/20/2019	Wed	7:20 - 8:20	Checking Clinic	INT
3/21/2019	Thu	6:00 - 7:00	Checking Clinic	INT
3/21/2019	Thu	7:10 - 8:10	Checking Clinic	INT

Drop-ins are **NOT** available. Cost will **NOT** be prorated based on attendance.