**4 -3 DEFENSE RB**

 **Grades 3 - 4 RB**

**FYI - Goal Line DEF is QB**

**allowed when the TE**

**offense is inside the opponents 5 yard line.**

**TE T**

**G C G T WR**

**DE DT**

**DT DE CB**

**CB DE** – Must be in a "down" stance – 3 point

or 4 point.. Can be head up or outside shade

on the tight end. If there is no tight end the

defensive end may “reduce down” to the

Outside shoulder of the Tackle.

**DT** – Must be head up on the GUARD and in a “Down” stance – 3 point or

4 point.

**DE** – Must be in a "down" stance – 3 point or 4 point.. Can be head up or outside shade on the tight end. If there is no tight end the defensive end may “reduce down” to the Outside shoulder of Tackle.

**CB** – Must be at least 1 yard of the line of scrimmage and 4 yards outside of the DE. **NO BLITZING!!!**

**OLB**

**MLB**

**MLB** – Must be at least 3 yards off the line of scrimmage and head up on the CENTER. **NO BLITZING!!!**

**OLB**

**SS**

**CB** – Must be at least 1 yard of the line of scrimmage and 4 yards outside of the DE. **NO BLITZING!!!**

**FS**

**Safeties** – Line up anywhere, but must be 4 yard off the line of scrimmage. **NO BLITZING!!!**

**OLB** – **Will be aligned over the Tackle** – and **cannot stack over the defensive ends**. If the defensive ends reduce down to the outside shoulder of the tackle because there is no tight end then the outside linebackers can either stay in the box (but outside the defensive end) or walk out to cover a second wide receiver. **Main thing is they can never be tighter than head up on the Tackle. NO BLITZING!!!**

**Safeties** – Line up anywhere, but must be 4 yard off the line of scrimmage. **NO BLITZING!!!**