



Passion | Teamwork | Respect

Seaway Valley Soccer Club

Blazers Program U14-U17
Players Born 2012 to 2009

Parents Handbook 2025-26





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Introduction



We are excited to welcome both returning and new families to the Blazers Competitive Program. This guide is designed to help parents and players better understand our club's philosophy and how the program operates.

The Blazers Competitive Program provides players born between 2009 and 2012 with the opportunity to play competitive soccer within the Eastern Ontario Soccer League (EOSL) and the Eastern Ontario Soccer (EOS) youth league, as well as participate in provincially sanctioned tournaments both inside and outside of Ontario.

Teams are selected through our tryout process each October. We look for players who are committed to soccer as their primary sport during the summer and who aspire to compete at the highest level available in the region.

Our program's focus remains on guiding and developing players during these critical early competitive years, where the learning environment and coaching can have a lasting impact. While we introduce high-performance training and competitive play, our goal is to ensure that soccer remains fun and enjoyable. Players will learn, grow, and compete under coaches who prioritize youth development and positive experiences.

SVSC Pathways and Options



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RECREATIONAL

Intro to Soccer

Players are introduced to soccer and develop how to move their bodies.

Developmental

Players have access to development as part of their program.

Youth Recreational League

Players have the opportunity to play in house league divisions age appropriate.

AGES:

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U21

Adult

COMPETITIVE

Blazers Academy

Pre-Competitive

Development program for aspiring competitive soccer players.

Development Competitive

Competitive soccer begins in the regional development leagues.

Youth Competitive

Competitive Blazers teams play in the local competitive leagues and compete in tournaments.

Adult Competitive

Compete in local leagues and tournaments while proudly representing SVSC.



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Program Goals

- **Passion** - It is critical that players have fun and enjoy the game. To do so, we strive to create an environment that is fun and exciting for the players as they learn new skills and make new friends. We believe that kids who enjoy the game of soccer tend to improve more quickly and are much more likely to continue playing and enjoying the game in the future. We look to foster a passion for the game where kids are eager to participate in practices, team events, and representative games.
- **Teamwork** – We focus on the necessary skills to both operate with and around their teammates. Individual creativity and skill helps players become great team players, and our program includes both key tactical components of playing with a team and key individual skills that make that a reality.
- **Respect** – Focus, hard work, and the correct attitude come from learning respect for all aspects of the game. We aim to develop players that understand good sportsmanship and how to carry themselves on and off the field, developing leadership and communication skills that can be carried into all aspects of life.



Blazers Overview - Sample



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- Full compliance with Ontario Soccer mandated LTPD Matrix.
- 18 players maximum, ensuring good player-to-coach ratios.
- A comprehensive development program offering up to 2 training + 1 game per week, throughout the year*.
- Participation in Indoor Exhibition Games, EOSL Summer League Regional level, Ontario Milk Cup and winter and summer tournaments.
- Within maximum permissible players for roster size –all players participate, no one forced to sit out because of too many players.
- Staffed by volunteer, certified and experienced coaches.

Sample Schedule	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Fall / Winter Season (Nov to Mar)		6.00pm to 7.00pm (Benson)**	Strength and Conditioning (optional)			Coliseum Winter League, Tournaments	Winter Futsal (Optional)
Summer Season (May to Sep)		League Game night***	6.30pm to 8pm (SVSC Fields)**			Tournaments	6.30pm to 8pm (SVSC Fields)**

* Some teams are able to start earlier than others for their winter program dependent on availability of players.

** Exact dates and times may change closer to each season, please use these as a guide as confirmation is dependent on availability and varies by team.

*** Home games are played at the fields in Cornwall. Dependent on who is in the league away games could be in Ottawa, Gatineau, Kingston, Kemptville, Alexandria, Rockland and around the Eastern Ontario region

Sample Blazer Schedule



Calendar Sample		League	Training	Exhibition Games	Tournaments	Camps / Programs
Winter Program	November	Winter Coliseum League	1 or 2 hour a week	Futsal League (Optional)		
	December	Winter Coliseum League	1 or 2 hour a week	Futsal League (Optional)		2 week break
	January	Winter Coliseum League	1 or 2 hour a week			
	February	Winter Coliseum League	1 or 2 hour a week			
Spring Program	March		2 hours a week			2 week break
	April		2 hours a week	Exhibition Games		Spring Development
	May	EOSL and Milk Cup	2 times a week (3 hours)	Exhibition Games		Spring Development
Summer Program	June	EOSL and Milk Cup	2 times a week (3 hours)		1 Outdoor Tournament	
	July	EOSL and Milk Cup	2 times a week (3 hours)		1 Outdoor Tournament	Summer Camp (External) 2 week break
	August	EOSL or Milk Cup	2 times a week (3 hours)		1 Outdoor Tournament	
OFF	September	OFF	OFF	OFF		Development Month / Tryouts
	October	OFF	OFF	OFF		

Blazers Pre-Competitive Summary – Sample Costs – Costs can vary by team



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Program Cost (10-month program)	\$850* to \$1000* approx. (Excludes travel costs)
Program Fee Structure	\$400* Four installments (Nov / Jan / Mar / May). \$135* Uniforms Team Fees - \$250 to \$400
Program Services	Winter Training (Nov to Feb) Winter Coliseum League (Nov to Feb) Winter Futsal (Optional – Nov to Feb) Spring Training (Mar to Apr) Strength and Conditioning (Optional - Nov to Apr) Spring Exhibition Games (Mar to May) EOSL League (May to Aug) Ontario Milk Cup (May to Aug) 3 Summer Tournaments (May to Aug)
Coaching	Minimum of 1 coach to 12 players at each training session.
Coach Minimum Qualifications	- Soccer for Life (Ontario Soccer) - Making Ethical Decisions (CAOC) - Making Headway (CAOC) - Respect in Sport

* These cost figures are meant as a guide and may change after publication



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Blazers Competitive Program

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