



WASATCH MOUNTAIN AMATEUR HOCKEY
ASSOCIATION
POLICIES AND PROCEDURES

Updated April 8, 2024

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REVISION HISTORY

DATE	CHANGES
09/17/2015	Updated Red Shirt Policy Updated Practicing Up Policy Updated Travel Policy Updated Locker Room Policy Added Financial Aid Policy Added Acceptance of WMAHA Policies and Procedures
11/04/2015	Removed section 20.2.3. Updated Travel Team Guidelines
08/09/2023	Full document review and editorial changes. Updated Sections 6, 8, 9, 12, 14, and 22. Combined some sections for clarity and to meet modern needs of WMAHA.
11/08/2023	Updated Section 9.15.1.1.2 to simplify when a Red Shirt player may play in a game situation. Updated Section 14 Team Fundraising Guidelines to update and clarify fundraising and sponsorship procedures.
01/23/2024	Editorial updates to all sections to address paragraph numbering issues, inconsistent fonts, and grammatical issues.
04/08/2024	Added a new section 10 to define team fact sheets. Updated section 12.2 to better explain fair playing time for non-tier teams. Updated section 13.5 verbiage. Update section 15 to better outline captain and assistant captain patches and added to WMAHA required protective gear per USA Hockey changes.

1 INTRODUCTION

1.1. WMAHA

- 1.1.1. The Wasatch Mountain Amateur Hockey Association (WMAHA), also known as the Utah Junior Grizzlies, is a nonprofit, section 501(c)(3) corporation. WMAHA is committed to promote, govern, and enhance hockey for the good of all players; to foster a community spirit among members, supporters, and teams; to increase interest in the game of hockey along the Wasatch Front; and to promote team participation, sportsmanship, fair play, safety, and equal opportunity to all members relative to the game of ice hockey.

1.2. POLICIES AND PROCEDURES

- 1.2.1. These policies and procedures were initiated, established, and adopted to provide written guidance and direction for WMAHA and supersede any earlier adopted policies regarding the same subject matter. In no way should these Policies and Procedures be construed to supersede the WMAHA Amended Bylaws (where conflict exists), but rather should be used as a tool to provide guidance and consistency from year to year.

1.3. AMENDMENTS

- 1.3.1. WMAHA Policies and Procedures should be considered dynamic, subject to change, and may be revised as necessary to meet the needs of WMAHA. Such additional policies and rules may be adopted as deemed necessary by the WMAHA Board of Directors. These additional provisions shall be restated in the Policies and Procedures and/or the minutes of the WMAHA Board.
- 1.3.2. Modifications to the Policies and Procedures or decisions to violate these policies in limited situations must be approved by a two-thirds vote of the full WMAHA Board.

2 WMAHA PHILOSOPHY

2.1. MISSION STATEMENT

- 2.1.1. "To provide a safe and challenging environment that promotes skill enhancement, teamwork, and sportsmanship for competitive youth hockey".

2.2. GENERAL PHILOSOPHY

- 2.2.1. The philosophy of WMAHA is consistent with that of USA Hockey for its Youth Programs: "To provide an improved grass-roots foundation for the growth and development of USA Hockey, designing programs aimed at increased participation, improved skills, and a responsible environment for the conduct of youth hockey."

2.3. USA HOCKEY CORE VALUES

- 2.3.1. WMAHA supports the following core values as stated by USA Hockey:
 - 2.3.1.1.1. Sportsmanship: Foremost of all values is to learn a sense of fair play. Become humble in victory, gracious in defeat. We will foster friendship with teammates and opponents alike.
 - 2.3.1.1.2. Respect for the Individual: Treat all others as you expect to be treated.
 - 2.3.1.1.3. Integrity: We seek to foster honesty and fair play beyond mere strict interpretation of the rules and regulations of the game.

- 2.3.1.1.4. Pursuit of Excellence: Each member of the organization, whether player, volunteer, or staff, should seek to perform each aspect of the game to the highest level of his or her ability.
- 2.3.1.1.5. Enjoyment: It is important for the hockey experience to be fun, satisfying and rewarding for the participant.
- 2.3.1.1.6. Loyalty: We aspire to teach loyalty to the ideals and fellow members of the sport of hockey.
- 2.3.1.1.7. Teamwork: We value the strength of learning to work together. The use of teamwork is reinforced and rewarded by success in the hockey experience.

3 BOARD MEETINGS

3.1. MONTHLY BOARD MEETINGS

- 3.1.1. The WMAHA Board will hold monthly meetings to conduct general WMAHA business. These meetings are open to all members in good standing with WMAHA. Meeting dates and minutes are available upon request.

3.2. ANNUAL MEETING

- 3.2.1. An annual meeting will be held each September to conduct necessary business outlined in the WMAHA Amended Bylaws. This business will include, but is not limited to, the election of members to fill vacant seats on the Board of Directors.

4 DISCIPLINARY & DISPUTE RESOLUTION COMMITTEE

4.1. SELECTION

- 4.1.1. Three (3) Members as follows: Chairman/Vice President of WMAHA and two at large members selected by the Board of Directors. At large members will be selected at the first board meeting following the Annual WMAHA Meeting.

4.2. DUTIES AND RESPONSIBILITIES

- 4.2.1. The Disciplinary & Dispute Resolution Committee will hear all disciplinary issues related but not limited to suspensions, policy violations, and disputes as outlined in the WMAHA Policies and Procedures.

4.3. MEETINGS

- 4.3.1. Meetings will be held on an "as-needed" basis to hear new business and address any disciplinary issues or disputes in a timely fashion. Meetings will be called by the Chairman. More than 50% of the Disciplinary & Dispute Resolution Committee are required for a quorum.

5 HOCKEY OPERATIONS COMMITTEE

5.1. MEMBERSHIP

- 5.1.1. The Hockey Operations Committee will be comprised of the WMAHA Hockey Directors, the Head Coaches of all WMAHA teams and the WMAHA President and/or his/her appointee. The

WMAHA President or his/her appointee will serve as Chair.

5.2. MEETINGS

- 5.2.1. Will meet regularly and as needed to conduct operational hockey related business outlined in these Policy and Procedures.

5.3. GENERAL DUTIES, RESPONSIBILITIES, AND EXPECTATIONS

- 5.3.1. Address violations of coach conduct regulations and coaching issues and make recommendations to the WMAHA Board for disciplinary actions.
- 5.3.2. Oversee Tier and non-Tier travel team tryouts and evaluations.
- 5.3.3. Work to recommend coaching staff for Board approval.
- 5.3.4. Recruit and retain high quality coaches.
- 5.3.5. Develop and maintain an ongoing education program for coaches, players, and teams.
- 5.3.6. Recruit players to WMAHA within USA Hockey guidelines.
- 5.3.7. Develop and maintain educational programs for the parents to reinforce WMAHA and USA Hockey philosophies.
- 5.3.8. Organize and coordinate the certifications of coaches within the USA Hockey Coaching program.
- 5.3.9. Enforce policies, rules, and philosophies as approved by the WMAHA Board.
- 5.3.10. Monitor and evaluate coaches and teams during the season. Resolve issues with coaches.
- 5.3.11. Support the WMAHA Board and Coaches,
- 5.3.12. Arrange and execute clinics, camps, and off-season programs.
- 5.3.13. Report regularly to the WMAHA Board and prepare other reports as requested.
- 5.3.14. Regularly observe and evaluate teams, and available as requested to observe and evaluate.

6 CONDUCT

6.1. PARENT/COACH/PLAYER CONDUCT

- 6.1.1. All participants in the WMAHA program, including parents, players, and coaches must sign and adhere to the WMAHA Code of Conduct. WMAHA fully supports the USA Hockey Zero Tolerance Policy outlined below. WMAHA requires all participants to adhere to these policies to ensure that the young men and women in our organization have a fun and enjoyable experience. All WMAHA members must refrain from:
 - 6.1.1.1.1. Any abusive language directed at any official, player, coach, or other fans.
 - 6.1.1.1.2. Any unruly behavior during practices or games.
 - 6.1.1.1.3. Any behavior deemed inappropriate in a private or public facility.
- 6.1.2. Coaches and Team Managers should enforce the WMAHA Code of Conduct. Any WMAHA member may be ejected from any WMAHA team event by a WMAHA Board member for violation of the WMAHA Code of Conduct.
- 6.1.3. Social media such as Facebook, Instagram, TikTok, and other forums have grown in usage. WMAHA coaches, parents, players, and others must not post any material on any such medium which disparages any coach, player, official, or organization involved in youth hockey, whether associated with WMAHA or not. All participants should display sportsmanship and professionalism in all hockey-related interactions.

6.2. USA HOCKEY ZERO TOLERANCE POLICY

- 6.2.1. <https://www.usahockeyrulebook.com/page/show/1015130-zero-tolerance-policy>
USA Hockey is committed to creating a safe and fair environment for all participants. Respect for the game, the opponents, coaches, and officials are a critical part of the environment that is created. This Zero Tolerance Policy summarizes required actions to be taken when violations occur. All players, coaches, officials, team officials and administrators and parents/spectators are required to maintain a sportsmanlike and educational atmosphere before, during and after all USA Hockey sanctioned games. Thus, the following points of emphasis must be implemented by all USA Hockey participants and spectators.
- 6.2.2. PLAYERS
- 6.2.2.1.1. A minor penalty for unsportsmanlike conduct (Zero Tolerance) shall be assessed whenever a player:
- 6.2.2.1.1.1. Openly disputes or argues any decision by an official.
 - 6.2.2.1.1.2. Taunts or incites an opponent.
 - 6.2.2.1.1.3. Visually demonstrates any sign of dissatisfaction with an official's decision.
 - 6.2.2.1.1.4. Any time that a player persists in any of these actions, they shall be assessed a misconduct penalty. A game misconduct shall result if the player continues such action.
- 6.2.3. COACHES
- 6.2.3.1.1. A minor penalty for unsportsmanlike conduct (Zero Tolerance) shall be assessed whenever a coach:
- 6.2.3.1.1.1. Openly disputes or argues any decision by an official.
 - 6.2.3.1.1.2. Uses obscene, profane, or abusive language to anyone at any time.
 - 6.2.3.1.1.3. Visually displays any sign of dissatisfaction with an official's decision including standing on the boards or standing in the bench doorway with the intent of inciting the officials, players, or spectators.
 - 6.2.3.1.1.4. Any time that a coach persists in any of these actions, they shall be assessed a game misconduct penalty.
 - 6.2.3.1.1.5. In addition, any player/coach who uses language that is hateful or discriminatory in nature anywhere in the rink before, during or after the game shall be penalized under Rule 601(e.3) resulting in a match penalty. Such behavior is reprehensible and has absolutely no place in our game. The offender shall be immediately suspended until a hearing is conducted by the governing USA Hockey Affiliate or Junior League.
- 6.2.4. OFFICIALS
- 6.2.4.1.1. Officials are required to conduct themselves in a businesslike, sportsmanlike, impartial, and constructive manner always. The actions of an official must be above reproach. Actions such as baiting or inciting players or coaches are strictly prohibited.
 - 6.2.4.1.2. Officials are strongly encouraged to introduce themselves to the coaches prior to the game to establish a basis of mutual respect and to facilitate/define in-game communication.
 - 6.2.4.1.3. Officials are ambassadors of the game and must always conduct themselves with this responsibility in mind.
- 6.2.5. PARENTS / SPECTATORS
- 6.2.5.1.1. Parents are expected to be a positive role model by treating all players, coaches, officials and fellow spectators with respect and support. The game will be stopped by game officials when the parents/spectators displaying inappropriate or disruptive behavior interferes with other spectators or the game. The game officials will identify violators to the coaches for the purpose of removing the

parents/spectators from the viewing and game area. Once removed, play will resume. Lost time will not be replaced, and violators may be subject to further disciplinary action by the local governing body. This inappropriate and disruptive behavior shall include:

- 6.2.5.1.1.1. Use of obscene, profane, or abusive language to anyone at any time.
- 6.2.5.1.1.2. Taunting of players, coaches, officials, or other spectators by means of baiting, ridiculing, threat of physical violence or physical violence.
- 6.2.5.1.1.3. Throwing of any object in the spectators viewing area, players' bench, penalty box or on ice surface, directed in any manner as to create a safety hazard.
- 6.2.5.1.1.4. USA Hockey strongly recommends that each local youth hockey registered team designate a volunteer to serve as a parent/spectator monitor during all team games. This monitor will, ideally, address inappropriate spectator behavior prior to the situation escalating to the point it has an impact on the game. This designated monitor shall have the full support of the youth hockey association and the arena management to remove any spectator in violation of the Zero Tolerance Policy.

6.2.6. ADMINISTRATORS

- 6.2.6.1.1. Administrators are the key to building a positive, growing, and safe USA Hockey community. Create a culture that is:
 - 6.2.6.1.1.1. Welcoming
 - 6.2.6.1.1.2. Protected
 - 6.2.6.1.1.3. Respected
 - 6.2.6.1.1.4. Connected
 - 6.2.6.1.1.5. Valued
- 6.2.6.1.2. Administrators are responsible for enforcing the rules and policies established and approved by USA Hockey, their Affiliate, and their Association or Club. This includes taking disciplinary action, as deemed appropriate, towards any parent/spectator removed from a game because of a violation of the Zero Tolerance Policy.

7 24 HOUR RULE FOR PARENTS AND COACHES

7.1. 24 HOUR RULE

- 7.1.1. Parents must refrain from approaching coaches to voice complaints or disagreements with a coach's decisions for 24 hours following a game or practice.
- 7.1.2. Complaints or disputes must be addressed through the team manager.
- 7.1.3. Team managers can schedule meetings with a coach no sooner than 24 hours after the event.
- 7.1.4. Coaches will address all questions and concerns to move towards an acceptable resolution.
- 7.1.5. Situations or complaints that are not addressed satisfactorily can be brought to the attention of the Discipline and Dispute Resolution Committee in the proper manner outlined in Section 22 below.
- 7.1.6. Violations of this policy may result in disciplinary review.
- 7.1.7. Coaches do not have authority to waive the 24-hour rule.

8 WMAHA IS A VOLUNTEER ORGANIZATION

8.1. VOLUNTEERING

- 8.1.1. WMAHA is a dedicated volunteer youth hockey organization that relies on the commitment and contribution of volunteers. It takes a tremendous amount of effort to organize and execute each game, tournament, and season. To ensure success, each player's family is expected to participate in the volunteer efforts. If you're not sure how you can help, ask a board member, team manager, or coach for ideas.

9 WMAHA TEAMS

9.1. GOVERNING BODIES

- 9.1.1. All WMAHA Teams are registered and play under the rules established by USA Hockey and the Utah Amateur Hockey Association (UAHA).

9.2. DIVISIONS

- 9.2.1. With UAHA annual approval, WMAHA will field two (2) general divisions of competitive travel teams; Tier (National Bound) and Travel (rostered as House/Rec and not eligible for National Bound Events). Each will be bound by the general rules and bylaws of the WMAHA organization.
- 9.2.2. Tier Team Definition
 - 9.2.2.1.1. Teams eligible and capable of competing at the Tier level of hockey in the region. These teams will be expected to prepare and compete for the State Championship and national representation of Utah in the Rocky Mountain District and USA Hockey tournaments. These teams should compete on a regular basis at the highest level possible based on the capabilities of the team. These teams would be expected to play with classifications as outlined by UAHA.
- 9.2.3. Travel Team Definition
 - 9.2.3.1.1. Teams rostered as House/Rec by USA Hockey, but capable of competing at all appropriate levels based on ability. These teams would be expected to play with classifications as outlined by UAHA.
- 9.2.4. Development Program
 - 9.2.4.1.1. Participation players registered as 6U, 8U, or Learn-To-Play (LTP).

9.3. COACHING

- 9.3.1. Eligibility
 - 9.3.1.1.1. Coaches must be 18 or older and submit an application/hockey bio, consent for a background check, and any other required documentation to be considered.
 - 9.3.1.1.2. All coaches must abide by the Policies and Procedures of WMAHA, UAHA, and USA Hockey.
 - 9.3.1.1.3. All coaches must pass their background checks, successfully complete SafeSport training, agree to be held to WMAHA codes of conduct and ethics, and agree to promote youth hockey and the WMAHA organization.
 - 9.3.1.1.4. All coaches must achieve and maintain the required USA Hockey certifications (CEP & Age Specific Modules) for the team(s) they will coach.
- 9.3.2. Selection of Head Coaches.
 - 9.3.2.1.1. Anyone interested in being a head coach for any WMAHA Team for the upcoming season must submit a written application and bio to a WMAHA Board Member at least thirty (30) days prior to tryouts. The receiving Board Member is responsible for

- forwarding the application to all other Board Members and the Hockey Operations Committee as soon as possible.
- 9.3.2.1.2. Prior to the tryouts, the Hockey Operations Committee will interview all perspective head coaches and provide a written deposition of each candidate and recommendations for head coach of each team.
 - 9.3.2.1.3. The WMAHA Board will review the Hockey Operations Committee's depositions and recommendations during a board meeting closed door session.
 - 9.3.2.1.4. All applicants will be notified of their status (approved or denied) after the conclusion of the board meeting by the Chairperson of the Hockey Operations Committee.
 - 9.3.2.1.5. If a suitable candidate is not determined for a team during the board meeting, the Hockey Operations Committee will be tasked with identifying alternative candidates for WMAHA Board review/approval with the objective of having all head coaches approved at least two (2) weeks prior to their team's tryouts.
 - 9.3.2.1.6. The following criteria will guide the Hockey Operations Committee and WMAHA Board:
 - 9.3.2.1.6.1. Adherence to Policies and Procedures (WMAHA or prior organization if new to WMAHA)
 - 9.3.2.1.6.2. Previous Coaching Performance (General performance not purely win/loss)
 - 9.3.2.1.6.3. Coaching Evaluations by parents or others, if available
 - 9.3.2.1.6.4. Experience in the requested age level, then other age levels
 - 9.3.2.1.6.5. Clinic and certification requirements
 - 9.3.2.1.6.6. Coach's knowledge of ice hockey
 - 9.3.2.1.6.7. Seniority as a Coach in WMAHA
- 9.3.3. Selection of Assistant Coaches
- 9.3.3.1.1. Assistant Coaches will be recommended by the team's Head Coach to the Hockey Operations Committee. Assistant Coaches are subject to WMAHA Board approval to be rostered with a WMAHA Team.
 - 9.3.3.1.2. Assistant coaches must complete all required documentation, certifications, forms, SafeSport training, and background checks.
- 9.3.4. Student Coaches
- 9.3.4.1.1. Student Coaches may be used but must meet all USA Hockey Requirements and be approved by the Hockey Operations Committee.
- 9.3.5. Skills Coaches
- 9.3.5.1.1. Selection of skills coaches will be recommended by the Hockey Operations Committee and approved by the WMAHA Board.
 - 9.3.5.1.2. Skills coaches must:
 - 9.3.5.1.2.1. Meet all USA Hockey and UAHA Guidelines
 - 9.3.5.1.2.2. Abide by the WMAHA Code of Conduct and these Policies and Procedures.
 - 9.3.5.1.2.3. The primary purpose of skills coaches is to educate and train athletes in specific skills, rather than being responsible for team management or players' well-being in the locker room. The primary responsibility for overseeing the team rests with the head coach and assistant coaches.

9.4. WMAHA NAME AND COLORS

- 9.4.1. All WMAHA Teams will be known as the "Utah Junior Grizzlies" (Junior. Grizzlies) and will adhere to the standardized clothing and dress code policies of WMAHA. WMAHA Team colors shall be determined by the WMAHA Board and shall be easily identified as a WMAHA Team.

9.5. TRYOUTS

- 9.5.1. Tryout dates for all age groups (14U-18U Tier and 10U-18U Travel) are established and approved by the UAHA board to ensure all Tier I and Tier II non-compete requirements established by USA Hockey are being met. Developmental programs, such as the 6U, 8U, and LTP divisions, do not have tryouts. These teams are formed through an open registration process and players are evaluated to help determine skill levels and coaching needs.
- 9.5.2. WMAHA abides by all current UAHA and USA Hockey rules pertaining to recruiting.
- 9.5.3. Tier and Travel Team players are selected after a series of open tryouts held at local rinks as determined by the WMAHA Board. "Fact Sheets" will be made available to candidates (including their parents) by the WMAHA Board outlining season details as required by UAHA. Team contracts will be offered to qualifying players in accordance with UAHA and USA Hockey guidelines.
- 9.5.4. Tryout format may change year to year depending on interest level and the proper format as determined by UAHA, the WMAHA Board, and the Hockey Operations Committee. Separate tryouts may be held at each age group and for each level. For example, 14U Tier II and 14U Travel tryouts may be held at different times.

9.6. PLAYER ELIGIBILITY

- 9.6.1. Any youth player residing in the USA is eligible to participate in tryouts. Additional requirements, such as residency, may be imposed by WMAHA, UAHA, and/or USA Hockey for a player to be selected to a WMAHA Team.
- 9.6.2. To participate, players must obtain consent from their parents or guardians.
- 9.6.3. Players who have been debarred, previously dismissed, indefinitely suspended, or deemed ineligible for placement on a WMAHA Team may be denied the privilege of taking part in open tryouts.

9.7. TRYOUT FEES

- 9.7.1. Registration fees for tryouts will be established by WMAHA and should fully support the cost of the ice and other administrative charges. All tryout fees must be paid in advance of tryouts by participants.

9.8. PLAYER SELECTION PROCESS

- 9.8.1. Coaches from each level should be available to assist in the evaluation and selection process. Coaches must meet with the WMAHA President and Hockey Operations Committee during the tryouts to review their observations, analysis, and assessment of players.
- 9.8.2. The Hockey Operations Committee will be available to Coaches to aid in the selection of players.
- 9.8.3. The Head Coach for each team is responsible for the selection, notification, and communication of the players at tryouts whether they made the team or not. Sensitivity, respect, and consideration to the self-image of the players should be foremost.
- 9.8.4. During tryouts, no players are to be waived or released on the ice surface, under any circumstance, in any division.
- 9.8.5. Player selection and assignments should be done with the utmost dispatch.
- 9.8.6. Coaches are not permitted to make promises with players/parents/guardians to secure their commitment to a WMAHA Team.

9.9. SELECTION STANDARDS

- 9.9.1. Selection to a WMAHA Team is a privilege, not a right, and will be based upon skill, experience,

attitude, and conduct.

- 9.9.2. Skaters will be evaluated on all aspects of their hockey skills, skating, puck handling, etc.
- 9.9.3. Goalies will be evaluated on their skills and game play. Goalies are NOT eligible to play out (as a skater) on the same team where they are rostered as a goalie.
- 9.9.4. No player is guaranteed a position on a WMAHA Team because he/she played on a WMAHA Team during a prior season.
- 9.9.5. Prior participation on a WMAHA Team may be considered when other evaluative factors are equal.
- 9.9.6. Player or parental conduct inconsistent with the WMAHA Policies and Procedures during a past season may be taken into consideration in making player selections.
- 9.9.7. Selections will be made for the best interest of the team and not the individual player.

9.10. SELECTION PROCESS FOR PLAYING UP A DIVISION

- 9.10.1. A written request is required thirty (30) days prior to tryouts for any second-year player desiring to try out for a division above their age level.
- 9.10.2. Only second-year players in their own age division are eligible to play up a division.
- 9.10.3. A committee comprised of the WMAHA President (or appointee), and the Hockey Operations Committee will determine if the player has the skill level equal to the top 10% of the top team fielded by the organization in the older division.
- 9.10.4. No player can be considered eligible to play up a division without meeting this criterion.
- 9.10.5. The player must also complete tryouts in both the division they should play in and the older division at the required cost for each division.
- 9.10.6. The Board may permit a player to play up a division if extenuating circumstances are present.
- 9.10.7. Second year 8U players looking to play up a division are excluded from Sections 9.10.1 through 9.10.6. These players may register, and attend try outs for the 10U age division without required consent from WMAHA or any of its committees.

9.11. PARENT CONDUCT DURING TRYOUTS

- 9.11.1. Parents should not approach, talk to, or attempt to influence evaluators before, during or after tryout sessions. Communications should be restricted to the WMAHA administrative official(s) coordinating the tryouts. This requirement will be communicated to parents through the try out registration process.

9.12. PLAYER COMMITMENTS

- 9.12.1. Players and parents are required to fully commit their time, energy, and financial resources to hockey throughout the travel season, which may begin from August and potentially ending in late March or early April. The extent of these commitments may vary depending on the assigned team, with Tier teams typically demanding more travel. It is essential to have a clear understanding of these expectations before accepting a position on any team. Once chosen, players are expected to honor their commitment to the team for the entire season. The organization may offer off season programs, and participation is recommended.
- 9.12.2. Conflicts with other teams must be avoided. Failure to honor such commitments may result in a player's dismissal from WMAHA.

9.13. NO PASS-NO PLAY

- 9.13.1. WMAHA recommends that a minimum scholastic grade point average (GPA) be maintained for Team players, consistent with the criteria established for participation in sports at local schools. Travel schedules should minimize occurrences where players must be removed from school for

travel.

9.14. ROSTER SIZES

- 9.14.1. Rosters are limited to a minimum and maximum number of players as determined by the WMAHA Board, UAHA, and USA Hockey. Within these guidelines, however, each coach will set his/her roster size and establish players' positions.

9.15. RED SHIRT PROGRAM

- 9.15.1. "Red Shirting" shall be allowed under the following guidelines:
 - 9.15.1.1.1. "Red Shirting" shall be defined as the voluntary option of a player to participate as a member of a particular WMAHA Team in a limited or restricted manner.
 - 9.15.1.1.2. A player may participate in practices only unless invited to play in a game situation by a WMAHA Team Head Coach when any one or more regular team members is unable to play in said game for any reason. In this case, the game could be in-state, out-of-state, part of a tournament, or not part of a tournament.
 - 9.15.1.1.3. A player may be invited to play in an out-of-state tournament by a WMAHA Head Coach when advanced planning is required to allow for reasonable travel and living cost, or if the tournament has a fee for late player registration/roster changes, even if at the time the offer to participate is made, all regular team members are expected to attend the tournament.
 - 9.15.1.1.4. Fees shall cover the expected cost of practice ice. Red Shirt players may also be required to pay an additional fee for participating in any tournament, when appropriate, beyond their personal travel expenses as determined by the Head Coach.
- 9.15.2. Other Participation:
 - 9.15.2.1.1. Nothing shall be done to restrict or punish a "Red Shirt" player from participating on other non-USA Hockey teams, or other USA Hockey teams where dual rostering is allowed.
 - 9.15.2.1.2. If a "Red Shirt" player desires to participate on a WMAHA Team as opposed to another team, the decision to include the "Red Shirt" player on the team roster shall be made by the player in question, the team coaching staff, Hockey Operations Committee and WMAHA Registrar, and must comply with UAHA and USA Hockey rostering requirements.
- 9.15.3. Age Level of Red Shirt:
 - 9.15.3.1.1. Participation Players desiring to "Red Shirt" may do so only at the age level at which they would normally participate.
 - 9.15.3.1.2. A player may not "Red Shirt" down or up a team level without prior approval from the WMAHA Board and upon a favorable recommendation from the Hockey Operations Committee.

9.16. PRACTICE PLAYER PROGRAM

- 9.16.1. Practice players shall be allowed under the following guidelines:
 - 9.16.1.1.1. The player must be registered and/or rostered on a current season WMAHA Team.
 - 9.16.1.1.2. The Head Coach of the team the player is requesting to practice with must communicate their approval of a practice plan for an individual player to the WMAHA Board before September 30th of the current season.
- 9.16.2. The WMAHA Board and Hockey Operations Committee must approve all practice players prior to the players participation with a team they are not already rostered with.

- 9.16.2.1.1. The player is only permitted to participate in the receiving team's practices.
- 9.16.2.1.2. Practice players will not be rostered on the receiving team and will not be permitted to participate in that team's local or out of state games or tournaments.
- 9.16.2.1.3. Practice players will be assessed an additional practice fee, which shall be set by the WMAHA Board, and may vary from time-to-time.

10 TEAM FACT SHEETS

10.1. PURPOSE

10.1.1. Team fact sheets are a guide, or roadmap, to outline a team's season. The following items will be defined for each team within their fact sheet:

- 10.1.1.1.1. Required team deposit amount and payment instructions.
- 10.1.1.1.2. Team season dues amount and payment instructions.
- 10.1.1.1.3. Player soft good requirements and costs.
- 10.1.1.1.4. Outlines for practices, skills sessions, and team dryland events.
- 10.1.1.1.5. Outline for games and tournaments.
- 10.1.1.1.6. Outline for overnight travel including a maximum number of allowed overnight travel trips.
- 10.1.1.1.7. Player expectations and responsibilities.

10.2. OPERATING ABOVE AND BEYOND TEAM FACT SHEETS

10.2.1. Team fact sheets are in place to provide coaches, parents, players, and governing hockey bodies visibility into WMAHA team operations. If unexpected events happen and a team wishes to operate above or beyond the guidelines set out in a team's fact sheet the following requirements must be met:

- 10.2.1.1.1. If a team desires additional team activities it must be approved by the WMAHA Board during a regularly scheduled board meeting. Additional requirements may be requested by the Board prior to approval such as a parent survey, budget review, etc.

11 TIER TEAM OPERATIONS

11.1. ROSTERS

11.1.1. Tier team rosters must be set before Dec 15. After this date no roster changes will be allowed. Up until this time rosters may be adjusted to field the most competitive team. Players may be called up from other teams in the organization to fill in temporary or permanent needs. Equally, players may be moved down to better help develop the player on a non-Tier team. All roster moves between the Tier and Non-Tier divisions will be coordinated through the Head Coaches of each team and WMAHA Registrar.

11.2. COMPETITIVE PLAY PLAYING TIME

11.2.1. Tier teams are playing among the best players and the highest levels of hockey in our region. These teams play in a more competitive environment and equal playing time is usually not feasible. It is possible that players on these teams may see limited ice time during games. The coaches should realize that they need to develop their entire roster to be competitive at this level.

12 NON-TIER (TRAVEL) TEAM OPERATIONS

12.1. ROSTERS

- 12.1.1. Players from the non-Tier teams may be asked to fill in on the tier team rosters. These players may be used to lengthen the tier team bench, fill in for injuries, or for evaluation to move up. Players from tier teams may be allocated to the non-Tier teams in these situations as well.

12.2. COMPETITIVE PLAY AND FAIR PLAYING TIME

- 12.2.1. Player participation in all team events shall be as follows:

- 12.2.1.1.1. Coaches will play a balanced number of forward and defensive lines based on the number of skaters they have available. For instance, if 15 skaters are available on the bench; the coach will play three forward lines and three defensive lines as equally as possible.
- 12.2.1.1.2. Games may be split for goaltenders, or each goaltender may play an equitable number of games in their entirety unless a goaltender is subject to disciplinary measures.
- 12.2.1.1.3. All available players (skaters and goalies) shall participate on as fair a basis as practical with the following allowed exceptions:
 - 12.2.1.1.3.1. Exception 1. During the last five (5) minutes of any game with a two goal or less differential.
 - 12.2.1.1.3.2. Exception 2. During the third period of any tournament game where the outcome of the game will cause the team to be eliminated from moving into the next round of competition for the tournament or championship.
- 12.2.1.1.4. Coaches shall not bench or sit players to "shorten" the bench.
- 12.2.1.1.5. Coaches may adjust playing time, within reason and in accordance with USA Hockey Annual Guide, if a player misses practices, games, or otherwise acts in a manner detrimental to the team.

13 PLAYER AND TEAM REGISTRATION

13.1. PLAYER DUES

- 13.1.1. Player dues established and collected by WMAHA will pay team costs for items such as league fees, skills programs, tournaments, practice ice, administration expenses, membership dues and other miscellaneous costs.
- 13.1.2. Once a player contract is fully executed, that player owes the full amount of the yearly fees.
- 13.1.3. Each player must pay a predetermined deposit within fourteen (14) days.
- 13.1.4. The balance of the yearly fee is due in full prior to the beginning of the season; however, the player may have the option to participate in a payment plan.

13.2. DUES PAYMENT PLAN

- 13.2.1. Details of payment plans for each division will be available prior to the beginning of each season.
- 13.2.2. Payment plans may differ for each division and each team depending on the level of play and requirements for each.

13.3. WMAHA DUES POLICY – MIDSEASON ENTRIES

- 13.3.1. Players joining a team prior to November 15th of each year shall pay the full amount of dues established by the WMAHA Board.

- 13.3.2. Players joining on or after November 15th shall pay a reduced amount, based on costs incurred to the date of joining the team, but in no event shall such amount be less than 50% of the full amount of dues.

13.4. WMAHA REFUND POLICY

- 13.4.1. WMAHA is reluctant to provide refunds due to the high costs of running a hockey association.
- 13.4.2. No portion of the annual WMAHA fee is refundable as outlined in the player contract.
- 13.4.3. The WMAHA Board may consider refunds case-by-case at its discretion.
- 13.4.4. Refunds for players dismissed from WMAHA Teams for disciplinary reasons shall be determined at the discretion of the Disciplinary Committee with WMAHA Board approval.
- 13.4.5. From time-to-time, players may leave teams for reasons out of their control. Examples of possible reasons include family out-of-state relocations or serious injury. Players leaving teams under such circumstances may receive a refund of WMAHA membership dues, less a pro-rata portion of costs incurred or committed to at the date of withdrawal but said refund should not be more than 50% of full dues.
- 13.4.6. All refunds must be approved by the WMAHA Board.

13.5. TOURNAMENTS AND OTHER EXPENSES

- 13.5.1. Teams shall only enter official USA Hockey sanctioned tournaments.
- 13.5.2. The dues and fees for any year include a specified number of tournaments budgeted in the season fees detailed in the appropriate year's fees schedule.
- 13.5.3. Hockey tournaments offer an enjoyable opportunity for players to demonstrate their hockey skills competitively in an environment that encourages fair play, and above all, fun.
- 13.5.4. WMAHA encourages all Teams to participate in and support tournaments at home, in the Utah area and other areas within the Rocky Mountain District Region.
- 13.5.5. The decision on what tournaments to attend is made by the team's Head Coach. Some events may be determined by the Hockey Operations Committee and WMAHA Board to be "Whole Organization Tournaments" where all teams are required to attend.
- 13.5.6. Travel to additional tournaments, additional skills training, or other team expenses that would increase the season's dues must be voted on by the team, one player = one vote. 85% approval is required to accept these additional costs and be approved by the WMAHA Board.
- 13.5.7. Any planned increase to the season's dues such as additional skills training, travel, or other team expense needs to be voted on by the team. One player = one vote. 85% approval is required to accept the additional costs and travel, as well as be approved by the WMAHA Board.

13.6. NO PAY-NO PLAY POLICY

- 13.6.1. Players and parents who anticipate difficulty paying the Team fees and costs should discuss the situation with the WMAHA Board Treasurer and/or President at the earliest possible time. Players falling behind in the payment plan will be suspended after the 15th of the month following a missed payment. All dues must be paid by March 31, or the player may be submitted to UAHA for inclusion on the no-play list.

13.7. OTHER CHARGES

- 13.7.1. Any "Non-Sufficient Funds" fees incurred by WMAHA will be applied to the account of any player whose parents/guardians are responsible. A 5% charge will be added to any payment made by credit card to cover the cost of processing and reporting fees. A 1.5% per month finance charge may be added to all unpaid amounts beyond 45 days of the invoice date.

13.8. TRAVEL EXPENSES FOR TEAM COACHES

- 13.8.1. When a head coach and/or one assistant coach of a WMAHA Team does not have a child participating on the team, WMAHA will defray reasonable travel costs, as budgeted, in the team budget. The allowance varies by level of play and age group.
- 13.8.2. All coaches are required to submit receipts for reimbursement of travel expenses to the WMAHA Treasurer immediately following an event for which travel expenses were incurred or at the end of each month. Note that all requests for reimbursement of travel expenses must be submitted to the WMAHA Treasure by April 15th of the current season or they will not be accepted.
- 13.8.3. Legible copies of receipts are required for all items being requested for reimbursement.
- 13.8.4. WMAHA cannot reimburse for alcoholic beverages; therefore, all receipts from hotels, restaurants, convenience stores, grocery stores, etc., must be itemized to clearly show that no alcoholic beverages are included. If alcoholic beverages are included on a receipt, they should be clearly identified and deducted from the total being requested for reimbursement.
- 13.8.5. Travel expenses eligible for reimbursement may include:
 - 13.8.5.1.1. Airfare
 - 13.8.5.1.2. Car Rental
 - 13.8.5.1.3. Milage based on the current federal rate per mile.
 - 13.8.5.1.4. Lodging
 - 13.8.5.1.5. Food & Beverage (excluding alcoholic beverages)
- 13.8.6. The WMAHA Treasure will review all travel expense requests.
- 13.8.7. Any questions will be resolved with the Coach submitting a request before approving all or some of the request.
- 13.8.8. No reimbursements will be issued for expenses exceeding the team budget without unanimous approval of the WMAHA Board.

14 TEAM FUNDRAISING GUIDELINES

14.1. FUNDRAISING AUTHORIZATION

- 14.1.1. Any form of team fundraising must be preapproved by the WMAHA Board. All team fundraising efforts must be well supervised and controlled, comply with WMAHA guidelines and nonprofit status requirements, and not violate any state, county, or municipal laws. The WMAHA Board may, at its discretion, require updates and an accounting of all fundraising activities, and may withdraw its approval at any time.

14.2. PERMISSIBLE FUNDRAISING PURPOSES

- 14.2.1. Teams may plan, budget, and fundraise only for the following team purposes:
 - 14.2.1.1.1. Tournament team registration fees.
 - 14.2.1.1.2. Hotel/motel room, per diem and travel expenses for non-parent coaching staff at away tournaments or friendly games.
 - 14.2.1.1.3. Ice time for practices or games.
 - 14.2.1.1.4. Referees and scorekeepers for games.
 - 14.2.1.1.5. Team articles such as on or off ice practice equipment, team tournament photos or souvenirs, or items of gratitude of nominal value for fundraising donors.
 - 14.2.1.1.6. Costs for end of the year banquet or party and trophies/awards.
 - 14.2.1.1.7. The cost of coaching clinics not to exceed costs preapproved by the WMAHA Board.

- 14.2.1.1.8. Fund raising for any other items or purposes not identified above must be preapproved by the WMAHA Board.

14.3. PROHIBITED FUNDRAISING PURPOSES

- 14.3.1. Fund raising may not be utilized for individual gain or for any individual. Under no circumstances can teams fundraise for anything that is prohibited by our nonprofit status.
- 14.3.2. Any fundraising not preapproved by the WMAHA Board is strictly prohibited.

14.4. TEAM SPONSORSHIPS

- 14.4.1. For the purposes of this section, sponsorship is defined as any donation made to WMAHA (Utah Junior Grizzlies) or one of its teams in exchange for any form of advertising or public acknowledgement. Sponsorships do not include items of gratitude of nominal value provided as part of fundraising efforts to thank donors.
- 14.4.2. Any sponsorship activities must be preapproved by the WMAHA Board.
- 14.4.3. The WMAHA Board reserves the right to reject any proposed team sponsorship.

14.5. SPONSOR ADVERTISING

- 14.5.1. Any form of sponsor advertising connected to any WMAHA activity must be preapproved by WMAHA Board. Any WMAHA Board approved sponsor advertising that is to occur at any rink must also have the approval of the facility hosting the WMAHA event. Any sponsor advertising (such as logos) displayed on game or practice jerseys or any other item bearing the licensed ECHL Grizzlies Logo are reserved for organization wide sponsors. Individual team sponsors may not advertise on any official WMAHA (Utah Junior Grizzlies) game or practice uniforms, soft goods, bags or other items bearing the licensed ECHL Grizzlies logo.

15 UNIFORMS AND APPAREL

15.1. WMAHA UNIFORM / SOFT GOODS

- 15.1.1. Players are required to purchase/obtain all required team soft goods through WMAHA and/or its current soft goods partner. Optional team soft goods and/or protective gear may also be made available for team players. The cost of required and optional soft goods will be made available at tryouts or in player contracts after tryouts. Non-player apparel such as hats, sweatshirts, t-shirts, etc. may also be made available for purchase.
- 15.1.2. WMAHA will organize fitting sessions for players shortly after tryouts; typically, within one or two weeks.
- 15.1.3. Each player (or player's guardian) is responsible for submitting their soft goods order in a timely fashion and by a predetermined deadline as communicated by WMAHA. Failure to submit an order by the deadline may result in delayed delivery of soft goods or potential cancelation of the order by the vendor.
- 15.1.4. Payment may be required in full to complete soft goods orders.
- 15.1.5. Captain and Assistant Captain crests, for 14U-18U teams, are to be appropriately affixed to the WMAHA jersey; otherwise, game jerseys shall not be altered in any way unless approved by the WMAHA Board. 6U-8U Mini Grizz teams and 10U-12U Travel teams should not assign permanent Captains or Assistant Captains and should not affix crests of any kind to player jerseys. Captain and Assistant Captain crests must be obtained through the WMAHA board.
- 15.1.6. Players must wear the official WMAHA Team uniforms (sweaters, socks, pant covers, and helmet with WMAHA logos stickers on both left and right sides) for all games.

- 15.1.7. Practice jerseys will be provided by WMAHA.
- 15.1.8. On game days when at the rink, players are required to wear their organization soft goods as determined by WMAHA, their Head Coach, and Team Manager. Headgear is not permitted other than a woolen hat which either displays the WMAHA logo or no logo. Apparel exhibiting marks or logos of other teams or entities, professional or otherwise, are prohibited. The Head Coach may require a dress code exceeding the foregoing but may not permit a less stringent code.

15.2. PROTECTIVE GEAR

- 15.2.1. Full and properly fitted and maintained protective gear is required for all players in all divisions. Players may be removed from the ice until their equipment meets the proper guidelines. The equipment must be in good condition and must adhere to USA Hockey equipment guidelines, in addition:
 - 15.2.1.1.1. Mouth guards, while required at older ages, are strongly recommended for players of all ages.
 - 15.2.1.1.2. Throat and neck guards are required as of August 1st, 2024.
 - 15.2.1.1.3. Hockey sticks should be appropriately sized for the player. As a rule of thumb, in street shoes, the stick should reach between the chin and the mouth of the player with the toe of the stick on the ground. While wearing skates, the stick should reach just below the chin with the toe of the stick on the ground.

16 WMAHA TRADEMARKS AND LOGOS

16.1. WMAHA TRADEMARK

- 16.1.1. WMAHA has an agreement with the East Coast Hockey League (ECHL) to use the Utah Grizzlies logo as the WMAHA logo. This agreement limits the use of the Utah Grizzlies logo; therefore, the WMAHA logo and marks of WMAHA as well as all other proprietary materials are the property of the WMAHA and may not be reproduced without prior written consent of the WMAHA Board. The logo and the "WMAHA" name may be used on products, jackets, other garments and written or printed materials, only with the express prior written approval of the WMAHA Board.

16.2. OFFICIAL COLORS

- 16.2.1. The basic approved colors for all WMAHA purposes are determined by the WMAHA Board. Except for practice jerseys, all authorized use of the WMAHA name and logo shall reflect this color policy.

16.3. UNAUTHORIZED APPAREL

- 16.3.1. Teams may not order apparel containing the WMAHA trademark/logo from an unapproved third-party vendor without the written consent of the WMAHA Board.

17 COACHING POLICIES

17.1. COACHING CERTIFICATION

- 17.1.1. Coaches must meet the minimum USA Hockey requirements and are expected to exceed these requirements by at least one level for the age they are coaching.

17.2. IMR FORM

- 17.2.1. All coaches must meet all USA Hockey requirements for registration, documentation, and certification.

17.3. STUDENT COACHES

- 17.3.1. Coaches less than eighteen (18) years old will be used at the discretion of WMAHA and must meet the requirements of UAHA and the USA Hockey Student Coach Program.

17.4. STANDARDS OF CONDUCT

- 17.4.1. WMAHA requires a high standard of conduct from its coaching staff in dealing with players, parents, other coaches, referees, and other officials and in the image projected to participants and parents of WMAHA. The coaching staff is an integral part of WMAHA and carries the responsibility to portray a proper role model for all players and is expected to support the decisions of the WMAHA Board and abide by the WMAHA Bylaws and Policies and Procedures.

17.5. USA HOCKEY AND WMAHA CODES OF CONDUCT

- 17.5.1. All coaches will become familiar, comply with, and sign the USA Hockey Coaches Code of Conduct, the WMAHA Coaching Ethics Code and the WMAHA Code of Conduct. All coaches will become familiar with and comply with WMAHA's Policies and Procedures.

17.6. COACHING RESPONSIBILITIES

- 17.6.1. Coaches and assistant coaches are responsible for the equal development for all players on their teams to the best of the coaches' and players' abilities. The duties and responsibilities of the Team's coaching staff include:
 - 17.6.1.1.1. Participating and promoting fair play.
 - 17.6.1.1.2. Focusing on teaching and improving hockey skills of all players individually and promoting teamwork and good sportsmanship.
 - 17.6.1.1.3. Ensuring that each player is eligible and properly protected. Coaches should regularly check all players' equipment to ensure it meets safety standards (including properly adjusted helmet chin straps), promote the use of mouthguards during practice and verify mouthguards are being correctly worn during games for age groups where they are required.
 - 17.6.1.1.4. Supervising players, assistants, and parents to ensure appropriate conduct on and off the ice prior to, during, and after games.
 - 17.6.1.1.5. Maintaining a controlled attitude towards referees. Lack of coaching self-control will not be accepted by WMAHA and will bring review and possible dismissal.
 - 17.6.1.1.6. Checking game sheets for suspensions of participants. Suspensions are immediate and are to be communicated by the coach to his/her players.
 - 17.6.1.1.7. Attending any meetings at the request of the WMAHA Board or Team Manager.
 - 17.6.1.1.8. Being available to the players a minimum of 30 minutes before each game or practice and remaining in the locker room after the game or practice until the last player has left the locker room.
 - 17.6.1.1.9. Preparing team philosophy and strategies and organizing practices with the coaching staff prior to going on the ice.
 - 17.6.1.1.10. Enforcing WMAHA Policies and Procedures.
 - 17.6.1.1.11. Reviewing the WMAHA Code of Conduct.
 - 17.6.1.1.12. If a Head Coach uses a Team Code of Conduct, it must be preapproved by the WMAHA Board and each player and parent must acknowledge, accept, and sign

the Team Code of Conduct. A copy of the team signature sheet is to be submitted to the WMAHA Secretary to be kept on file.

- 17.6.1.1.13. Ensuring that Coaches and Players adhere to WMAHA provided dress code while at the rink on game days. Baseball caps are not allowed.

17.7. COACHING AUTHORITY

- 17.7.1. The coaching staff must maintain discipline of their players during games and practices, both on the ice and in the locker room. The Head Coach is responsible for maintaining a presence in the locker room at all reasonable times. The coaching staff has complete authority to remove any player from the ice during a game or practice that is acting in an unsportsmanlike manner, jeopardizing the safety of any other player, or refusing to follow the directions of the coaching staff.

17.8. SAFETY

- 17.8.1. All coaches should familiarize themselves with basic first aid procedures and should make every effort to attend first aid clinics, as they become available. In the event the coaching staff has information or knowledge regarding a player's physical ability to perform safely with his/her contemporaries, the player, coach, and parent(s) will go before the WMAHA Board to determine the player's eligibility.
- 17.8.2. Brain Injury/Concussions
- 17.8.3. Hockey is a contact sport that may result in a traumatic brain injury, concussion or even death. In addition, continuing participation in sporting events after sustaining a traumatic brain injury is particularly dangerous and prohibited.
- 17.8.4. Any coach, representative or volunteer will remove any WMAH player from any further involvement in a sporting event if the participant has or is suspected to have sustained a traumatic brain injury.
- 17.8.5. The Team Manager is required to report all confirmed or suspected concussions to UAHA, copying the WMAHA Secretary on the report form transmittal. Failure to file a report with UAHA is a SafeSport violation under USA Hockey regulations.
- 17.8.6. It is highly recommended that each participant obtains a brain injury test prior to the start of each season.
- 17.8.7. Medical Clearance
 - 17.8.7.1.1. Once removed from the sporting event, the participant must:
 - 17.8.7.1.1.1. Be evaluated by a licensed health care provider who is trained in the evaluation and management of a concussion.
 - 17.8.7.1.1.2. Provide the WMAHA organization with a written statement from the qualified health care provider stating that:
 - 17.8.7.1.1.2.1. The qualified health care provider has, within three years before the day on which the written statement is made, successfully completed a continuing education course in the evaluation and management of a concussion; and
 - 17.8.7.1.1.2.2. The player is cleared to resume participation in the sporting event of the amateur sports organization.
- 17.8.8. For purposes of Section 17.8.2 above the following definitions shall apply:
 - 17.8.8.1.1. "Sporting event" means any athletic activities that are organized, operated, managed, or sponsored by WMAHA. These activities include game(s), practice(s), sports camp(s), and tryout(s).
 - 17.8.8.1.2. "Traumatic brain injury" means an injury to the head arising from blunt trauma, an

acceleration force, or a deceleration force, with one of the following observed or self-reported conditions attributable to the injury:

- 17.8.8.1.2.1. Transient confusion, disorientation, or impaired consciousness
- 17.8.8.1.2.2. Dysfunction of memory
- 17.8.8.1.2.3. Loss of consciousness; or
- 17.8.8.1.2.4. Signs of other neurological or neuropsychological dysfunction, including seizures, irritability, lethargy, vomiting, headache, dizziness, or fatigue.

17.9. TRAVEL AND TOURNAMENT GUIDELINES

- 17.9.1. All applicable hotel and ice-rink rules and regulations must be always adhered to. WMAHA's policies regarding theft/vandalism apply to all hotels where players and parents' lodge. A reasonable curfew will be determined in advance and communicated to all players. The parent/guardian will ultimately be responsible and held accountable for the conduct and behavior of their player. No team may forfeit a game in a tournament without good cause and without the approval of the WMAHA President or, if unavailable, a Board Member. Good cause does not exist where the forfeiture is to gain a competitive advantage, to rest players for another game, or where the game will not alter the outcome of the tournament for the team.
- 17.9.2. The WMAHA Board may by majority vote establish a separate and supplemental Travel Policy which shall be read as a supplement to and as part of these Policies and Procedures. If such a separate and supplemental Travel Policy is adopted, it shall be made available to all members, coaching staff, and team managers.

17.10. DISCIPLINE OF PLAYERS

- 17.10.1. Coaches have the responsibility for player discipline when the Team is together for games, practices, or other events. Ongoing discipline problems should be documented in writing, and the coaching staff should notify the Disciplinary Committee of any habitual discipline problems. Coaches have the right to discipline, by way of pushups, wind sprints, benching or sit outs and other reasonable means, any behavior not conducive to the goals, philosophy, or policies of WMAHA. In addition, coaches may limit a player's ice time during a game as a motivational/disciplinary tool, either for violations of team rules, repeated failures to follow directions or for lack of "hustle" during a game. When this occurs, the coach should explain to the player how he/she failed to meet the coach's expectations and the impact this will have on the player's ice time. Any such disciplinary action must be reasonable, not demeaning and never taken to a point where the player's health is at risk. Coaches may not use foul or abusive language towards a player and shall never physically assault a player or use physical contact as part of disciplinary action. The WMAHA President and Disciplinary Committee must be made aware of all game misconduct penalties, and requests that any player, coach, or parent leave any arena by a referee, official from another association, or an arena official.
- 17.10.2. All player discipline actions will abide by USA Hockey Bylaw 10.

17.11. ENFORCEMENT OF PARENT/GUARDIAN & PLAYER CODE OF CONDUCT

- 17.11.1. All coaches are responsible for making their players aware of the USA Hockey Players Code of Conduct and enforcing the WMAHA Code of Conduct.

17.12. DISMISSAL OF COACHES

- 17.12.1. Coaches may be dismissed by the WMAHA Board for any of the following:
 - 17.12.1.1.1. Noncompliance with USA Hockey, UAHA or WMAHA Policies and Procedures.
 - 17.12.1.1.2. Violations of the WMAHA Coaching Ethics Code

- 17.12.1.1.3. Mistreatment of players (physical, verbal, emotional or psychological abuse)
- 17.12.1.1.4. Misappropriation of team funds
- 17.12.1.1.5. Failure to fulfill commitments to the Team (e.g., recurring absences from practices or games)
- 17.12.1.1.6. Failure to provide adequate team instruction, to maintain discipline, or to field a competitive team.
- 17.12.1.1.7. Failure to secure assistant coaches
- 17.12.1.1.8. Physical or verbal abuse of parents, referees, opposing coaches or WMAHA officials.
- 17.12.1.1.9. Failure to enforce the WMAHA Policies and Procedures
- 17.12.1.1.10. The foregoing list is not exclusive and the WMAHA Board reserves the right to determine if dismissal is in order, in its sole discretion, and without the consent of players or parents of the affected Team.

18 TEAM GUIDELINES

18.1. TEAM OFFICIALS

- 18.1.1. Each WMAHA Team will be responsible for its own business and shall be coordinated with WMAHA to ensure no conflicts exist. Each Team should have assigned Head and Assistant Coaches, and a Team Manager.

18.2. TEAM MANAGERS

- 18.2.1. The Team Manager shall be selected by the Head Coach. The Team Manager shall:
 - 18.2.1.1.1. Serve for a one-season term ending 1 week after the completion of USA Hockey Nationals.
 - 18.2.1.1.2. Manage the day-to-day affairs for his or her respective team,
 - 18.2.1.1.3. Ensure that the team and its players comply with the WMAHA Bylaws, Policies and Procedures, Code of Conduct,
 - 18.2.1.1.4. Assist the Head Coach upon request,
 - 18.2.1.1.5. Perform such other duties as identified from time-to-time in the Association's Policies and Procedures.

18.3. DUTIES AND RESPONSIBILITIES OF TEAM MANAGERS

- 18.3.1. Team Manager responsibilities, duties and training will be provided by WMAHA.

18.4. SAFETY AND INJURIES

- 18.4.1. Return to Play:
 - 18.4.1.1.1. It is WMAHA Policy not to send a player back on the ice unless that player has fully recovered from injury. Except for first aid (minor injuries such as small cuts, or bruises) whenever a player requires a medical professional's attention, (broken bones, etc.) the player may not return to play without a written physician's approval and be symptom free both at rest and while exercising. If any symptoms return, the player should be removed from play and reevaluated by a physician.
- 18.4.2. Concussion Awareness and Treatment:
 - 18.4.2.1.1. It is the responsibility of the coaching staff to underscore concussion awareness with his/her players and their parents. Coaches should instruct their players in avoiding head contact. They should also be aware of the symptoms of concussions.

The treatment of any suspected concussion or brain injury and the conditions upon which a player may return to play shall be as set forth in Section 17.8.7 above of these Policy and Procedures.

18.4.3. Protective Equipment

18.4.3.1.1. Parents are responsible for ensuring proper fitting equipment, its protective quality, and proper equipment maintenance in accordance with WMAHA guidelines.

18.4.3.1.2. Coaches or team officials may ask any player with equipment which is unsafe or in disrepair to leave the ice.

18.5. ACCIDENT REPORT FORM

18.5.1. Team Head Coaches and Team Managers should assist Members in ensuring all appropriate USA Hockey Accident Claim forms are completed for any injury occurring in connection with the Team's activities and provide the completed form to the WMAHA Registrar as soon as reasonably possible.

18.6. DRESSING FACILITIES

18.6.1. All female players will have designated an adequate private area in which to dress.

18.6.2. When traveling, if the host facility does not have designated female dressing facilities, or if the designated female dressing facilities are inadequate, then the team dressing facility will be designated a female dressing facility for the time required for the female players to change prior to the male players both before and after the game.

18.7. GENDER NEUTRAL POLICY

18.7.1. Coaches and Team Managers will ensure a "gender neutral" environment for all pre-game and post-game team meetings and discussions through the following:

18.7.1.1.1. An adult (over 21 years of age) is present during the entire time players of both sexes are in the facility.

18.7.1.1.2. All players are completely dressed, except for gloves, helmets, and skates; and bathing or toilet facilities are not used during this time.

18.8. NON-DISCRIMINATION

18.8.1. All coaches and players will follow USA Hockey Guidelines and WMAHA policies in preventing gender harassment and discrimination.

18.9. ICE ACCESS

18.9.1. No players are allowed on the ice surface and the rink doors shall remain shut while the Zamboni is resurfacing. The only exception is an adult WMAHA member or game official who shall remain on the ice only long enough to move the goals.

18.9.2. Players will not be allowed on the ice surface unless a USA Hockey registered coach is present.

18.10. CONSENT TO TRAVEL

18.10.1. The parents/guardians of any minor child participating on a WMAHA Team who is traveling out of the State of Utah for any Team event or function with someone other than his/her parent/guardian must complete and sign the WMAHA Consent to Travel form. No player may travel unaccompanied by a parent/guardian with a WMAHA Team without completing this form.

18.10.2. A copy of the completed form must be sent to the WMAHA Secretary for review and filing before the trip starts.

19 GENERAL CONDUCT

19.1. CODE OF CONDUCT

- 19.1.1. All participants and parents are required to always read and adhere to the Code(s) of Conduct. Parents are responsible for the actions of themselves and any other family members. WMAHA Board Members, Team Managers, and Coaches are expected to ensure that all participants obey these rules. Violations of the policy should be reported to the WMAHA Disciplinary Committee and may lead to disciplinary actions including suspension or dismissal.
- 19.1.2. The WMAHA Board reserves the right to take disciplinary action against any player, coach, parent, guardian, spectator, Board member or other individuals associated with WMAHA for good cause as determined by the Board in accordance with USA Hockey Bylaw 10. WMAHA Board discipline shall be imposed fairly, consistently and in relationship to the wrongdoing but without regard to the player's importance to his/her Team.

20 PLAYER BEHAVIOR AND CONDUCT

20.1. LEARNING ENVIRONMENT

- 20.1.1. The WMAHA Board and its coaches, team managers and parents all have a vested interest in providing a safe learning environment for each player. In return, each skater must understand that coaches, assistant coaches, and volunteer parents are to be treated with respect and consideration. WMAHA players are expected to be attentive to coaches' directions and instructions and to avoid disruption.

20.2. HOCKEY CORE VALUES

- 20.2.1. All players are responsible for upholding the USA Hockey Core Values as stated in the USA Hockey Annual Guide and in the WMAHA Policies and Procedures. These ideals should be communicated to the players through their respective coaches.

20.3. PLAYER CODE OF CONDUCT

- 20.3.1. All players will be required to sign the WMAHA Code of Conduct. Players who refuse to sign the agreement will not be registered by WMAHA. Team coaches and managers are responsible for enforcing the Code of Conduct and the WMAHA Policies and Procedures and for notifying the WMAHA Board immediately of any player offenses. The WMAHA Board will adhere to USA Hockey Bylaw 10 regarding player Code of Conduct violations.

20.4. PUNCTUALITY

- 20.4.1. Players must adhere to the policies outlined in the Player Code of Conduct or written coach's team policy.

20.5. ATTENDANCE

- 20.5.1. Players must adhere to the policies outlined in the Player Code of Conduct or written coach's team policy.

20.6. THEFT/VANDALISM

- 20.6.1. Any participant found guilty of theft or vandalism in connection with any team activities will be

subject to dismissal immediately from the WMAHA program without refund. Parents of the responsible player(s) shall cover the cost of the loss or damage. In the event of nonpayment by the responsible parent(s), the Team will then be accountable for payment.

20.7. PLAYER DISCIPLINE

- 20.7.1. The WMAHA Board will adhere to USA Hockey Bylaw 10 regarding all matters of player discipline.

20.8. PLAYERS UNDER SUSPENSION

- 20.8.1. Players under suspension are expected to still attend team functions during their suspension unless specifically directed otherwise.
- 20.8.2. Players under suspension (other than the originating game) are only allowed within the spectator area of the arena while their team is playing. They are not allowed in the dressing room or bench area.
- 20.8.3. Penalties and punishments shall carry over from league to league. For example, if a player gets a game penalty in a High School contest and is next scheduled to play in a President's Day tournament with his or her league team, the penalty carries over to the league team. If the penalty occurs in league play, the penalty must also carry over to the next league game, which could result in a two (2) game suspension for a one (1) game penalty.

20.9. MINOR/MAJOR PENALTIES

- 20.9.1. WMAHA will adhere to all USA Hockey and league rules with respect to minor and major penalties. All match or game misconduct penalties will be reported to USA Hockey, UAHA and the WMAHA Board. It is the responsibility of the coach to report such infractions to the WMAHA Board within 24 hours of the occurrence.

20.10. DELIBERATE ATTEMPT TO INJURE

- 20.10.1. A deliberate attempt to injure another player will result in immediate expulsion from a game or practice. Disciplinary action may be imposed by USA Hockey, UAHA, or WMAHA.

20.11. DUAL ASSOCIATION

- 20.11.1. WMAHA Team male players shall not participate in any other travel hockey association or associate with another competitive team, except for participation in a "house" league or high-school team, during the regular season. Violation of this policy will result in the member being dismissed from WMAHA with forfeiture of all registration and other fees. Exceptions to the dual-association registration policy will be made on a case-by-case basis if the dual association will not, directly, or indirectly, undermine or otherwise negatively impact the WMAHA Team and the youth member commits fully to the WMAHA travel program and agrees that any conflicts which may arise will not restrict their ability to participate with WMAHA. The WMAHA Board in its sole discretion must approve exceptions in advance of any dual association.
- 20.11.2. WMAHA Team female players are allowed to dual roster within the guidelines established by UAHA and USA Hockey provided they are willing to commit to their WMAHA Team as their primary Team. Female players expecting to dual roster should discuss this with their perspective WMAHA Team Head Coach prior to signing their contract to ensure that the player and Head Coach have agreed to conditions for dual rostering. If a player is unwilling to commit to the WMAHA Team as their primary team, the player can discuss Red Shirting with the WMAHA Team Head Coach as an alternative arrangement.

20.12. LOCKER BOXING/HAZING

- 20.12.1. Locker boxing, hazing, or any form of reckless behavior of this kind is strictly prohibited. Any player or spectator caught participating in these activities will be immediately suspended pending a review by the WMAHA Board. All incidents must be reviewed within fourteen (14) days. Everyone is urged to report incidents such as these to the Team Coaching Staff, Team Manager, or WMAHA Board.
- 20.12.2. The WMAHA Board may by majority vote establish a separate and supplemental Locker Room Policy which shall be read as a supplement to and as part of these Policies and Procedures. If such a separate and supplemental Locker Room Policy is adopted, it shall be made available to all members, coaching staff, and team managers.

21 DRUG, ALCOHOL AND TOBACCO USE

21.1. PLAYERS

- 21.1.1. Use of any alcoholic, illegal or controlled substance will not be tolerated at any time while participating in or travelling to/from any WMAHA event. Players under the influence of prescription drugs that may cause impairment may not participate in games or practices.
- 21.1.2. Proof of use: Sanctions should only be taken if the team manager has positive proof of such use, or the player has been convicted of such use. Positive proof would be the visual observation by a responsible adult of such use, admitting to such use, etc.
- 21.1.3. Distribution or sale of alcohol-related products, controlled substances, or illegal drugs: Any player found to have distributed or sold any alcohol-related product, controlled substance or illegal drug shall be immediately suspended from any further WMAHA sanctioned activity until such time as the WMAHA Disciplinary Committee meets to determine appropriate sanctions.
- 21.1.4. Players appearing to be impaired in any way, whether it is from injury, by drugs, or alcohol may not participate in any event. Impairment does not constitute proof of use.
- 21.1.5. Use of tobacco products by any player is strictly always prohibited while participating in or travelling to/from any WMAHA event.

21.2. ADULT

- 21.2.1. Coaches, Team Managers, and Chaperones who become aware of the possibility of the distribution or sale of alcohol-related products, controlled substances, or illegal drugs to or by players should immediately notify the parents or guardians of the offending party, any WMAHA Board Member and/or the appropriate law enforcement agency. For purposes of this Section, Chaperon means any adult who is caring, supervising, transporting or otherwise exercising control over minor children in connection with a WMAHA sponsored event when the minor child's parent or guardian is not present.
- 21.2.2. Alcohol-Related Products
 - 21.2.2.1.1. Coaches, Team Managers, and Chaperones may not operate a motor vehicle containing nonrelated minors until six (6) hours after the consumption of the last alcohol containing beverage.
 - 21.2.2.1.2. Coaches, Team Managers, and Chaperones may not take part in any practice or game until six (6) hours after the consumption of the last alcohol containing beverage.
 - 21.2.2.1.3. The Coach, Team Managers, and Chaperones may not become intoxicated at any WMAHA event.
 - 21.2.2.1.4. A coach/coaching staff member who is arrested for Driving Under the Influence, Public Intoxication or Public Drunkenness shall be immediately suspended from

further participation in any WMAHA related events or activities.

21.2.3. Medication and Prescription Drugs

21.2.3.1.1. A Coach, Team Managers and Chaperones member may use prescription drugs or medications only as properly prescribed or according to manufacturer's and/or physician instructions. However, a coach/coaching staff member may not be present on the bench during any team practice or team game prior to six (6) hours after the consumption of the last prescription drug, or product if that substance causes any physical or mental impairment.

21.2.4. Tobacco Products

21.2.4.1.1. Use of tobacco products, including cigarettes, cigars, pipes, chewing tobacco, snuff, etc., by any coach/coaching staff member shall be restricted only to complying with the laws of the facility and the State or community as published from time-to-time. No coach/coaching staff member, when acting in such capacity, shall use chewing tobacco while inside any arena facility, under any circumstances.

21.2.5. The use of illegal drugs is prohibited under any circumstances.

22 DISCIPLINARY ITEMS AND DISPUTE RESOLUTION

22.1. DISCIPLINARY ISSUES AND AUTHORITY

22.1.1. The Disciplinary & Dispute Resolution Committee is responsible to:

22.1.1.1.1. Review all Game Misconduct, Major, and Match Penalties involving WMAHA Coaches and Players.

22.1.1.1.2. Hear any Complaint of misconduct or violation of our Codes of Conduct involving players, coaches, teams, parents, or fans.

22.1.1.1.3. Determine and assess disciplinary actions against these parties as considered appropriate in accordance with USA Hockey Bylaw 10.

22.1.1.1.4. Maintain a record of and report to the WMAHA Board all actions taken.

22.1.1.1.5. Report on other matters which the WMAHA Board should be aware.

22.1.1.1.6. Compel the appearance of any and testimony of any player, parent, or coach to produce any evidence needed to investigate an incident. Any score sheet, notes, video, or other documentation should be produced for the hearing.

22.1.1.1.7. The disciplinary committee may not waive or reduce any action called for by USA Hockey, UAHA, or any league we participate in.

22.2. APPEALS OF DISCIPLINARY & DISPUTE RESOLUTION COMMITTEE FINDINGS

22.2.1. Any appeal of the disciplinary committee findings must be done in writing to the WMAHA Board, a hearing must be scheduled within thirty (30) days of receipt of written notice. Any actions taken by the Disciplinary Committee will remain in effect until the appeal is heard and ruled upon.

22.3. DISPUTES AND GRIEVANCES

22.3.1. All disputes relating to the operation of the hockey teams and coaching will follow the 24-hour rule outlined in Section 6.2.6.1.2 above.

22.3.2. All members of WMAHA agree to follow the prescribed resolution procedure and agree to abide by the procedure to be the exclusive remedy for disputes by their acceptance of the

WMAHA Policy and Procedures and participation in any WMAHA Programs.

- 22.3.3. A "grievance" is defined as any conflict, dispute, or disagreement between Participants, including any parents or guardians of a player and that player's coach or a league official or members of different WMAHA Teams that allege a violation of WMAHA Policies and Procedures, UAHA, or USA Hockey rules and policies. Grievances should allege a specific violation of WMAHA, UAHA, or USA Hockey rules, policies, or procedures. Grievances should cite a specific violation of WMAHA, UAHA, or USA Hockey rules, policies, or procedures.

22.4. DISPUTE RESOLUTION

- 22.4.1. Step 1 - All grievances within a team should first be taken to the Team Manager of that team. When appropriate, coaches should be involved in the resolution of disputes or grievances associated with their team.
- 22.4.2. Step 2 - If the issue cannot be resolved utilizing Step 1, the concerned party must submit the grievance in written form to the Chairman of the Disciplinary & Dispute Resolution Committee outlining the concerns. The Disciplinary & Dispute Resolution Committee will contact the concerned parties within a reasonable period, but not longer than seven working days. If needed, the Committee will bring all parties together to discuss the issues. If an investigation is not deemed necessary, a copy of the grievance shall be provided to the member against whom the grievance was made who will be given an opportunity to respond prior to any disciplinary action. The Committee may take disciplinary actions against any player, coach, parent, Board member or other individuals associated with WMAHA for violation of WMAHA policy in accordance with USA Hockey Bylaw 10.
- 22.4.3. Step 3 - If the issue cannot be resolved utilizing Step 1, or Step 2, the concerned party may submit the grievance in written form to the President of WMAHA for formal board consideration. The WMAHA Board will hear the report compiled by the Disciplinary & Dispute Resolution Committee and vote as to whether to hear the matter, formally uphold the decision or the Committee, reverse the Committee decision, or dismiss the matter without further action.

22.5. THIRD PARTY GRIEVANCES

- 22.5.1. Grievances arising with individuals outside of WMAHA, including referees, other officials or opposing players, parents, and coaches, should be referred directly to the WMAHA Disciplinary & Dispute Resolution Committee for investigation and resolution.

23 FINANCIAL AID COMMITTEE

23.1. ESTABLISHMENT AND PURPOSE

- 23.1.1. Consistent with WMAHA's philosophy as set forth in Section 2, the Board may establish a Financial Aid Committee for the purpose of awarding financial assistance to WMAHA players. Financial aid awards shall be made and applied as set forth herein.

23.2. COMPOSITION OF FINANCIAL AID COMMITTEE

- 23.2.1. The Financial Aid Committee shall be comprised of a committee chair, who shall be a member of the WMAHA Board, and other committee members, who may or may not be members of the WMAHA Board. The composition of the Financial Aid Committee shall be approved by the WMAHA Board.

23.3. ESTABLISHMENT OF ACCOUNTS, SOURCES OF REVENUE

23.3.1. There may be established a WMAHA Financial Aid Fund, which fund may be held separate and apart from other WMAHA funds and accounts, and which shall be used in accordance with this Section and for no other purpose, including general operational expenses. The Financial Aid Fund may be funded upon approval of the Board by an allocation of a percentage or dollar amount from each WMAHA player contract at or near the beginning of each season. Allocations from contact revenues into the Financial Aid Fund shall be the same for each player of a particular team but may be at different amounts for different team levels.

23.4. FINANCIAL AID AWARDS

23.4.1. At or near the beginning of the relevant season, or as soon as practicable thereafter, the Financial Aid Committee may grant individual financial aid awards to individual WMAHA players. Awards shall be made only to those applicants who have submitted an approved application in accordance with all instructions and time deadlines imposed by UAHA. Said awards shall be credited to amounts due on the related individual player's contract. Individual award amounts shall be at the discretion and recommendation of the Financial Aid Committee. Award amounts may differ within any given team and among different team levels.

23.5. YEAR-END REFUNDS

23.5.1. The amount of any year end refund given to WMAHA members in accordance with these Policies and Procedures which EXCEEDS a player's financial aid award shall be given to that player. Conversely, if the amount of any year end refund is LESS than a player's financial aid award, no year-end refund shall be given to that player.

23.6. CONTRACT ARREARAGES

23.6.1. If a player is in arrears in his or her WMAHA player's contract and has received financial aid during the same season, no yearend refund shall be given to that player unless and until such arrearage has been paid in full AND the provisions of Section 13 have been satisfied.

23.7. FINANCIAL AID FUND SOLICITATION

23.7.1. Any WMAHA member may solicit private donations to the Financial Aid Fund to be used in accordance with the terms hereof. Financial Aid fund raising events and solicitations shall be approved by the WMAHA Board.

23.8. FINANCIAL AID FUND BALANCES

23.8.1. The Financial Aid Committee, upon the approval of the WMAHA Board, may retain any unallocated funds in the Financial Aid Fund for use in subsequent seasons.

24 ACCEPTANCE OF WMAHA POLICIES AND PROCEDURES

24.1.1. All WMAHA parents/guardians, players, Team Coaches, Team Managers, and Board Members must accept and adhere to the WMAHA Policies and Procedures to remain in good standing.