



SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION

#1-575 Park Street • Regina, SK • S4N 5B2

P: 306.721.2151 • F: 306-721.2659

shsaa@shsaa.ca

www.shsaa.ca

TO: SHSAA Members

DATE: April 19, 2021

RE: SHSAA Spring Seasons of Play – Wrestling Season of Play Approved

After the release of the March 25, 2021 member update document, the SHSAA Executive was approached by the Wrestling Sport Advisory Group to reconsider providing a season of play for SHSAA wrestling during the April 12 – June 18 time frame.

At their meeting of April 18, 2021, the SHSAA Executive approved a season of play for Wrestling that would begin immediately and conclude on May 14, 2021.

Based on current public health orders in Saskatchewan and [Wrestling Canada Return to Play Guidelines](#) the following guidelines are recommended:

- NO CONTACT, NO TRAINING PARTNERS
- Individual training only
- Using Dummy for throws – Personal use only

Given the current conditions in certain areas of the province, Level C of the [Wrestling Canada Return to Play Guidelines](#) suggests the following:

- Training to be completed in your personal dwelling

The Re-Open Saskatchewan Plan provides a complete and updated reference to the [Sports and Activities Guidelines](#).

The SHSAA Return to School Sport document will be updated accordingly.

Sincerely,

Lyle McKellar
Executive Director, SHSAA

“The purpose of the SHSAA is to foster educational opportunities for all students through interschool sport.”