



Colorado Springs Amateur Hockey

2020 Tiger Spring Learn to Play Program

Welcome to the 2020 Tiger Spring Learn to Play Program! The Learn to Play Hockey program is a USA Hockey Cross-Ice Instructional program. All of our teaching and lesson plan materials are based on USA Hockey's [American Development Model](#) (ADM). Are you already playing hockey? The Learn to Play Hockey program is also a great way to get additional ice time and instruction for those currently playing youth league hockey!

Required Equipment (For families that need gear, please consider our Mile High Mites program that includes all gear):

We recommend dressing in this order: athletic supporter/cup, knee/shin pads, socks (garter belt), pants, skates, chest pad, elbow pads, jersey, HECC approved helmet, gloves and a stick. We do not advise wearing equipment big enough "to grow into"—proper fitting equipment will ensure your child's safety, comfort, and ease of movement.

What to Expect:

- USA Hockey encourages a non-competitive environment in which children can learn the basic skills without distractions that are often associated with an over emphasis on winning. Mastery of fundamental skills and the FUN of playing are essential to the development of lifelong interest in hockey.
- Instructors include USA Hockey Certified Tigers Hockey coaching staff.
- Each session will include 5-10 minutes of warm-up activities and 40-45 minutes of small-area drills and games (4-6 stations)
- The Learn To Play Program was designed for skaters to learn the basic skills required to play the game of hockey, develop an understanding of basic teamwork through participation in a variety of activities and adapted game situations, have fun while playing hockey and engaging in physical activity, create and refine basic motor skills, be introduced to the concepts of cooperation and fair play.
- Six sessions starting April 7th, 2020.
- Open to all 2012 through 2016 birth year players.
- All sessions at the World Arena Ice Hall – NHL Rink.
- Tigers jersey included
- Limited to 24 players
- Cost - \$109 (must also have current USA Hockey registration)

Schedule

April 7th	630pm to 730pm	World Arena Ice Hall – NHL Rink
April 14th	630pm to 730pm	World Arena Ice Hall – NHL Rink
April 21st	630pm to 730pm	World Arena Ice Hall – NHL Rink
April 28th	630pm to 730pm	World Arena Ice Hall – NHL Rink
May 5th	630pm to 730pm	World Arena Ice Hall – NHL Rink
May 12th	630pm to 730pm	World Arena Ice Hall – NHL Rink

Contact Tigers 8U Program Director Robert Soucek at robb.soucek@tigershockey.club with questions regarding this program.