

2019 - HC Lacrosse - Rules by Age Group

U15	U12	U10	U8
7th Grade	5th-6th Grade	3rd-4th Grade	1st-2nd Grade
12 players 4-3-4-G	12 player 4-3-4 G	12 player 4-3-4-G	8 players 2-3-2 G
eliminate the pass rule	2 pass rule	3 pass rule	3 pass rule
goalie pass counts	goalie pass counts	goalie pass counts	goalie pass counts
full checking	On Goalie pass - pass counts resets	On Goalie pass - pass counts resets	On Goalie pass - pass counts resets
no 3 sec checkable	3 sec checkable	3 sec checkable	no 3 sec checkable
can kick ball	modified checking below shoulder	modified check below waist	no checking
	slide/double allowed inside 12 meter fan	slide/double allowed 12 meter fan	man-man defense 1v1 ground balls
	can kick ball	can kick ball	can kick ball
full field - turf	full field turf	full field turf	small field grass
NOTES	NOTES	NOTES	NOTES