



# YOUR HIGH SCHOOL JOURNEY

## GRADE 9

### Plan

- Start planning now! Take the right courses and earn the best grades you can.
- Ask your counselor for a list of your high school's NCAA core courses to make sure you take the right classes. Or, find your high school's list of NCAA core courses at [eligibilitycenter.org/courselist](https://eligibilitycenter.org/courselist).

## GRADE 10

### Register

- Register for a Certification Account or Profile Page with the NCAA Eligibility Center at [eligibilitycenter.org](https://eligibilitycenter.org).
- If you fall behind on courses, don't take shortcuts to catch up. Ask your counselor for help with finding approved courses or programs you can take.
- Make sure to keep your account current! If you update your email address, change schools or take classes at a different school, be sure to update your NCAA Eligibility Center account as you go to avoid delays in your certification.

## GRADE 11

### Study

- Check with your counselor to make sure you are on track to graduate on time.
- Take the ACT or SAT, and make sure we get your scores by using code **9999**.
- At the end of the year, ask your counselor to upload your official transcript.

## GRADE 12

### Graduate

- Take the ACT or SAT again, if necessary, and make sure we get your scores by using code **9999**.
- Request your final amateurism certification after April 1.
- After you graduate, ask your counselor to upload your final official transcript with proof of graduation.

# ONE OPPORTUNITY. LIMITLESS POSSIBILITIES.



**For more information:**  
[ncaa.org/playcollegesports](https://ncaa.org/playcollegesports)  
[eligibilitycenter.org](https://eligibilitycenter.org)

**Search Frequently Asked Questions:**  
[ncaa.org/studentfaq](https://ncaa.org/studentfaq)

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If you want to play sports at an NCAA Division I or II school, start by registering for a Certification Account with the NCAA Eligibility Center at [eligibilitycenter.org](http://eligibilitycenter.org). If you want to play Division III sports or you aren't sure where you want to compete, start by creating a Profile Page at [eligibilitycenter.org](http://eligibilitycenter.org).

## GRADE-POINT AVERAGE

The NCAA Eligibility Center calculates your grade-point average (GPA) based on the grades you earn in NCAA-approved core courses.

- DI requires a minimum 2.3 GPA.
- DII requires a minimum 2.2 GPA.

## SLIDING SCALE

Divisions I and II use sliding scales to match test scores and GPAs to determine eligibility. The sliding scale balances your test score with your GPA. If you have a low test score, you need a higher GPA to be eligible. Find more information about sliding scales at [ncaa.org/playcollegesports](http://ncaa.org/playcollegesports).

## TEST SCORES

Take the ACT or SAT as many times as you want before you enroll full time in college, but remember to list the NCAA Eligibility Center (code **9999**) as a score recipient whenever you register to take a test. If you take a test more than once, send us all your scores and we will choose the best scores from each test section to create your sum score. We accept official scores only from the ACT or SAT, and won't use scores shown on your high school transcript. Remember to apply the College Board concordance table for SAT tests taken in March 2016 and after.

## ACADEMIC REQUIREMENTS

To play sports at a Division I or II school, you must graduate from high school, complete 16 NCAA-approved core courses, earn a minimum GPA, and earn an ACT or SAT score that matches your core-course GPA.

## CORE COURSES

Visit [eligibilitycenter.org/courselist](http://eligibilitycenter.org/courselist) for a full list of your high school's approved core courses. Complete 16 courses in the following areas:

### DIVISION I

ENGLISH 4 years	MATH (Algebra I or higher) 3 years	NATURAL/ PHYSICAL SCIENCE (Including one year of lab, if offered) 2 years
ADDITIONAL (English, math, or natural/physical science) 1 year	SOCIAL SCIENCE 2 years	ADDITIONAL COURSES (Any area listed to the left, foreign language or comparative religion/philosophy) 4 years

### DIVISION II

ENGLISH 3 years	MATH (Algebra I or higher) 2 years	NATURAL/ PHYSICAL SCIENCE (Including one year of lab, if offered) 2 years
ADDITIONAL (English, math, or natural/physical science) 3 years	SOCIAL SCIENCE 2 years	ADDITIONAL COURSES (Any area listed to the left, foreign language or comparative religion/philosophy) 4 years

Complete 10 NCAA core courses, including seven in English, math or natural/physical science, before your seventh semester.

This simple formula will help you meet Divisions I and II core-course requirements.

$$4 \times 4 = 16$$

- + 4 English courses (one per year)
  - + 4 math courses (one per year)
  - + 4 science courses (one per year)
  - + 4 social science courses (one per year)
- = 16 NCAA CORE COURSES**

