



Welcome to the
18TH ANNUAL BREAKFAST OF
CHAMPIONS

MONDAY, DEC-03-18



**HAMILTON
STRONG**

WHEN YOU HEAR OR SEE
INAPPROPRIATE CONDUCT
TOWARDS WOMEN & GIRLS

BE MORE THAN A BYSTANDER

A PROGRAM OF INTERVAL HOUSE OF HAMILTON

MentorAction

Mentoring a New Generation of Men to End Gender-based Violence

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...IN THE BE MORE THAN A BYSTANDER CAMPAIGN



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HOPE
Interval House
of Hamilton
SAVING & CHANGING LIVES EVERY DAY

STAND UP AND
SPEAK OUT!



Message from the President Helen Downey

Welcome and good morning to our Hamilton Home Grown Champions!

It is my honour as President of SportHamilton, your volunteer sport council for the City of Hamilton, and on behalf of the SportHamilton Board of Directors, to welcome and congratulate our Hamilton community athletes, teams and coaches for their outstanding achievements during 2018 celebrated this morning at the 18th Annual Breakfast of Champions: "Hamilton Strong".

When we look at "Hamilton Strong", we are referring to our athletes and coaches who practise, train and compete tenaciously to achieve their goals on and off the sports fields, rinks and courts throughout the City. This work ethic develops not just physical strength but also strength of character, strength of determination, strength of sportsmanship and strength of discipline. Athletes both young and old learn that it takes a wide variety of strengths to make a person successful both in sport and in life. You have built your strength with the support of others and some role models in your life: your coaches, your parents, your teammates, your opponents, world-class and famous athletes that you admire. They have contributed in some way to building your strength and to your success. Be sure to acknowledge them and thank them as you continue on your journey in sports.

I would like to extend sincere thanks to the City of Hamilton for their continued support of the volunteer work of SportHamilton, especially the Mayor, Councillors and our partners in Healthy and Safe Communities, Recreation Division. As well, I would like to thank the SportHamilton Board of Directors who all contribute to make this event a success.

Congratulations to all award recipients and "champions" today as we applaud your achievements from 2018. Wishing you continued success in the future as you continue on the road of your sport and life journey. Be proud of your Hamilton roots. Be Hamilton Strong!

Sincerely,

Helen Downey

Visit the SportHamilton website to learn more about our projects and events at www.sporthamilton.com



2018 Breakfast of Champions

December 3, 2018

It gives me great pleasure, on behalf of the City of Hamilton, to welcome you to Carmen's Banquet Centre this morning for the 18th Annual Breakfast of Champions.

SportHamilton's Annual Breakfast of Champions event celebrates the exceptional athletic achievements of outstanding athletes. It's an honour to celebrate the accomplishments of everyone here today and I'd like to congratulate the teams and individual athletes that have represented their sport organizations and the City of Hamilton in their pursuit of athletic excellence.

I'd also like to extend a special welcome to today's keynote speaker and fellow Hamiltonian, Laura Fortino. Laura is an Olympic Women's Hockey Gold Medalist whose stellar athletic career has shown demonstrating fair play, unity, honesty, and integrity can take you to any level of success you aspire to.

Thank you to the athletes, coaches, parents and volunteers, whose contributions to the prosperity and growth of Hamilton we are truly grateful for.

Yours Sincerely

A handwritten signature in black ink that reads "Fred Eisenberger".

Fred Eisenberger
Mayor



HOMEGROWN CHAMPIONS
Hamilton Strong

We would like to recognize and thank the following sponsors who all contribute to the success of the 18th Annual Breakfast of Champions for 2018:

- City of Hamilton, Mayor Fred Eisenberger and Members of the City Council
- City of Hamilton, Healthy and Safe Communities, Recreation Division
- Pearson Dunn Insurance Inc.
- Mentor Action
- Hamilton Forge
- Hamilton Moves, Physical Literacy Project
- Mohawk Residence and Conference Centre
- 91st Highlanders
- Mohawk College

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PROGRAM

WELCOME

MASTER OF CEREMONIES
Al Craig

O CANADA

Bishop Ryan Xpressions Choir

GREETINGS

City of Hamilton, Ward 12 Councillor, Lloyd Ferguson

City of Hamilton, Healthy and Safe Communities
General Manager, Paul Johnson

PRESENTATION OF AWARDS

R. A. RIDDELL SPORT ACADEMY ATHLETIC AWARD

RECIPIENTS: Harper Davis and Dawson Matsell
SCHOOL: R.A Riddell Elementary School
PRESENTER: Sue Dunlop, Superintendent of Student Achievement, HWDSB

HWCDSEB ATHLETIC EXCELLENCE AWARD

RECIPIENT: Michael Kalampalikis
SCHOOL: St. Joachim Catholic School
RECIPIENT: Lexie Moss
SCHOOL: St. Augustine Catholic School
PRESENTER: Dave Hanson, Director of Education, HWCDSEB

MARY KEYES LEADERSHIP AWARD

RECIPIENT: Tiona Brown
SCHOOL: Delta Secondary School
PRESENTERS: Sue Dunlop, Superintendent of Student Achievement, HWDSB
and Helen Downey, President of SportHamilton

DR. GENE SUTTON YOUTH LEADERSHIP AWARD

RECIPIENT: Hunter Gale
SCHOOL: Westmount Secondary School
PRESENTERS: Stephanie Sutton and
Sue Dunlop, Superintendent of Student Achievement, HWDSB

RAY LEWIS YOUTH COMMUNITY SERVICE AWARD

RECIPIENT: Hilary Hanaka
SCHOOL: McMaster University
PRESENTER: Ellen Lewis and
Geraldine Heaney, IIHF Hall of Fame (2008),
Order of Hockey Canada, Hockey Hall of Fame

ATHLETES PRAYER

Bishop Ryan Xpressions Choir

SPECIAL PRESENTATIONS

Q & A

JOHN SCHWAIGER
MYLES MISENER-DALEY

GUEST SPEAKER

LAURA FORTINO
Team Canada Women's Hockey

SLIDE SHOW OF CHAMPIONS

MEDAL PRESENTATIONS

CLOSING REMARKS



HAMILTON HOMEGROWN CHAMPIONS

BISHOP RYAN CO-ED WRESTLING

COACHES: Sandra Viera, John DiBenedetto

Joseph Andrejciw	Chris Mossuto	Aleah Ciarmoli
Nathan Crisante	Elijah Padmore	Ellise Daynes
Joseph D'Alessandro	Riley Sanderson	Serena Di Benedetto
Adriano Di Benedetto	Evan Scott	Alisha Fiuza
Dante Di Benedetto	Martin Wleh	Olivia Martinez
Francesco Fortino	Joanna Brennecke	Celina Shamon
Gianluca Fortino	Elinor Brown	Ligaya Stinellis
Lucas Geske	Madison Caruso	

BISHOP RYAN FEMALE WRESTLING

COACHES: Emidio Piccioni, Sheldon Francis

Joanna Brennecke	Ellise Daynes	Celina Shamon
Elinor Brown	Serena Di Benedetto	Ligaya Stinellis
Madison Caruso	Alisha Fiuza	
Aleah Ciarmoli	Olivia Martinez	

BISHOP TONNOS CATHOLIC SECONDARY SCHOOL – ATHLETICS, LONG JUMP

COACH: Sara Sardo

Jaden Mullings

DISCIPLINE WRESTLING

COACHES: Dave Mair , Delby Powless,
Marzena Bogdanawicz, Brent Love, Mike Boccolon

Halle Bachiu	Baylee Bettencourt	Abby Adams
Samantha Adams	Kaidyn Lickers	Logan Adams
Hailey Schaefer	Vanessa Gray	Greg Love

DUNDAS VALLEY POWER LIFTING CLUB

COACH: Frances Manias

Lori King	Linda McFeeters	Madeline Morgan
Frances Manias	Kim Milani	Joanna Rieber

**GUIDO DE BRES CHRISTIAN HIGH SCHOOL –
SR. BOYS SOCCER 'A' OFSAA**

COACHES: Tim Wildeboer, James Lof

Luke Blokker	Jack Jans	Trevor Vanamerongen
Ken Breukelman	Mitchell Jans	Luke Vandervelde
Calvin Buikema	Jacob Jansema	Reuben VanVeen
Landon Buikema	Ed Lof	Titus VanVeen
Brandon Hofsink	Kyle Nordeman	Reuben Vanwoudenberg
Noah Holtvluwer	Cole Spoelstra	Ben Vis
Jacob Jager	Dustin Spoelstra	Nate Wanders

HAMILTON AQUATIC CLUB

COACHES: Carmen Thorburn, Susana Escobar

Hannah Ellis	Carter Olsen	Aneshka Frickleton
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HAMILTON BARBELL

COACHES: Paul Vilchez

Garnetta Cromwell	Eva Martens
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HAMILTON BENGALS U11 FIELD LACROSSE

COACHES: Greg Gillis, Ty Ready, John Boyle, Connor Gillis

Connor Bishop	Cam Jackson	Zachary Reidy
Rory Boyle	Cooper Mair	Michael Ross
Matthew Cafagna	Hudson Martin	Ryan Stoffelsen
Justin Collinson	Jack McClure	Carson Vaes
Owen Craddock	Jack Morrison	Zak Vey
Ethan Dobbie	Cole Murphy	
Ryan Hedgcock	Logan Pipe	

HAMILTON BENGALS U11 BOX LACROSSE

COACHES: Greg Gillis, John Boyle, Ty Ready, John Drysdale

Rory Boyle	Ethan Dobbie	Jack Morrison
Matthew Cafagna	Liam Dolman	Cole Murphy
Blakes Coles	Ryan Hedgcock	Logan Pipe
Justin Collinson	Jackson Lloyd	Zachary Reidy
Alexander Connell	Cooper Mair	Cameron Simms
Owen Craddock	Mary Monaghan	Carson Vaes

HAMILTON FOOTBALL ASSOCIATION – 15-16 TEAM

COACHES: Nick Lazar , Dan Brown

Evan Clarke	Nathan Condello	Ty Gilmour
Donavin Milloy	Jack Mazur	Hunter Craig
Tristen Fair	Brycen Cline	Vincent Ramelli
Carter Miscione	Rhys Manneke	Joshua Dowsett
Prabdeep Mann	Joshua Butler	Angelo Longo
Brock Procee-Goeree	Isaiah Agyeman	Max Barber
Michael (Jeremy) Hicks	Tshimbayi (Chris) Tshikuna	Austin Shawanda
Luca Jones	Markell Dell	Dante Pereira
Marcus Unelli-O'Neill	Tyler Wohl	Daniel Sudac
Cody Hutchinson	Marcus Pellegrino	Josh Clark
Luca Bertolo	Dylan Bernardo	Anthony Jr Ventura
DeEmetrius Masuka	Jacob Breukelman	Aaron Oliveira
Jaylen Smith	Cherone Grey	Anthony Beaudoin
Jawaun Smith	Yohan Tshimbalanga	Dayvon Stanbury
Sebastian Spagnuolo	Claudio Freitas	Eric Mburanumwe
Brayden Kelly	Emmanuel Okoli	Alexander Donaldson
Maclean Hunter	Benjamin Clair	

HAMILTON INTERNATIONAL CHILDRENS GAMES – SOCCER

COACHES: Mark Wu, Leanne McConnell

Caitlin Susi	Eliara Centurami	Erin Hedgcock
Sabrina Cunha	Brianna McCarthy	Ainsley Nicholl-Penman
Jenna Parris	Sarah Korah	

HAMILTON LACROSSE ASSOCIATION – BANTAM B

COACHES: Brent Love, Kelly Cripps

Tyler Azure	Owen McArthur	Thomas Saker
Justin Brennecke	Jonah Onland	Sam Sincerbox
Hayden Cripps	Isaac Peeres	Liam Smillie
Sam Forbes	Gavin Robertson	Easton Wainwright
Nathan Jones	Adam Ross	Owen Wright
Greg Love	Max Reeves	

HAMILTON LACROSSE ASSOCIATION – U17 D

COACHES: Dave Johns , Jason Johns

Holden Aarlaht	Conner Johns	Aaron Montague
Justin Anderson	Parker Johnston	Kaz Nizielski
Winston Bashford	Mason Lane	Nathan Plummer
Steven Cheberinoff	William MacLeod	Jona Silverthorne
Ethan Guimond-Hayward	Justin Maxwell	Isaac Stephan
Cooper Jackson	Hayden Miller	Robert Watkins

HAMILTON LACROSSE ASSOCIATION – PEEWEE C

COACHES: Corey Stringer , Kyle Aquin

Jordan Bixby	Hudson Duarte	Nathan Lynch
Sammy Cino	Clark Dunford	Quintin Riggs
Conner Clairmont	Jack Forbes	Conner Sheahan
Noah Cupples	Carter Gooden	Carter Tomlinson
Blake Curran	Owen Hess	Evan Tosh
Bob Dennis	Keegan Jackson	Mark Yeudall
Emory Dennis	Alexander Long	

HAMILTON OLYMPIC CLUB

COACHES: Rhona Trott, Matt Hodgson

Myles Misener- Daley	Cameron McLeod	Marqus Rookwood
Daniel Reader	Liam Ford	Vincent Irobun

HAMILTON SKATING CLUB

COACHES: Jen Jackson, Bryce Davison

Michelle Lee

HAMILTON SMASH VOLLEYBALL CLUB - 13 U GIRLS INDOOR

COACHES: Adam Podstawka, Marcus Wu

Maya McNabney	Charlee Akehurst	Raquel Lalli
Ada Nunn	Alex Heinke	Thea Spasic
Brianne Whalen	Daniela Spoljar	Ashley Logan

HAMILTON SMASH VOLLEYBALL CLUB - 16 U GIRLS INDOOR

COACHES: Tauri Caputo, Jenny-Lynn Pellegrino

Carly Craig	Holly Carezza	Madison Curtis
Christina Yamnyuk	Jalen Samkoe	Nicole Woelk
Crystyn James	Jane Fox	Sydney Sadhu
Eileen Tang	Julia Hapke	

HAMILTON SMASH VOLLEYBALL CLUB – 12 U FEMALE - LEGACY BEACH VOLLYBALL

COACHES: Marcus Wu, Adam Podstawka

Maya McNabney	Raquel Lalli
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HAMILTON SMASH VOLLEYBALL CLUB – 13 U FEMALE - LEGACY BEACH VOLLYBALL

COACHES: Marcus Wu, Adam Podstawka

Ashley Biagioni

Brianne Whalen

HAMILTON SMASH VOLLEYBALL CLUB – 14 U FEMALE - LEGACY BEACH VOLLYBALL

COACHES: Marcus Wu, Adam Podstawka

Alyssa Lalli

Tatum Finlayson

HAMILTON SPECIAL OLYMPICS – CURLING

COACHES: Steve Dawe , Nancy Herrell

Tom Allison

Anthony Drummond

Alan Starkes

Randy Stargratt

Albert Hachey

HAMILTON TRANSWAY BASKETBALL – NOVICE U10

COACHES: Jeremy Dinning, Noal Cochrane (Asst.), Brian Daly (Asst. Coach)

Julia Bonitatibus

Avery Hedley

Adrianna Stocco

Anna Cochrane

Alexis Imutan

Taylor Woods

Lauren Daly

Mia Mazzuca

Soreya Yilmaz

Bridget Dinning

Brooke Racine

HAMILTON TRANSWAY BASKETBALL – U11

COACHES: Larry Angus, Tara Craig

Elyse Bondy

Lauren Davies

Isabella Moro

Milania Bozzo

Chantal Davis

Kendra Nuguid

Beatrice Clausen

Stephanie Fischer

Jessica Sager

Mackenzie Craig

Jayne Haalstra

HAMILTON TRANSWAY BASKETBALL – U13 FEMALE

COACHES: Nadia Flynn, Kevin Daly

Jasmine Bascoe

Nicole Daly

Victoria Mazzocatto

Summer Bostock

Maya Flynn

Emma Miller

Keira Daly

Tess MacLeod

Tayem Porteous

JR. MARAUDERS WRESTLING CLUB – U17 CADET

COACHES: Derm Tilley, Giordan Caruso

Serena DiBenedetto

JR. MARAUDERS WRESTLING CLUB U19 JUVENILE AND U21 JUNIOR

COACHES: Sheldon Francis, Derm Tilley

Ellise Daynes

MONTE CRISTO TRACK CLUB

COACH: Tom Bereza, Gary Reid

Mark Skerl

ONTARIO 55+ GAMES

COACH: Aubrey Smith, Brian Knight

Joan Millard

Larry Madill

Brian Jones

Susan Wakeley

ST. MARY CATHOLIC SECONDARY SCHOOL – SENIOR GIRLS VOLLEYBALL OFSAA AAA

COACHES: Remo Pressuti, Ashleigh Ovcjak

Aimee Beaupre

Megan Grosso

Mia Palango

Taite Cleland

Felicia Malavolta

Mackenzie Vallee

Rachel Grightmire

Maddi Mandronich

SPECIAL OLYMPICS – GOLF

COACH: Mike Lamontagne

Kyle Koopman

Philip Davis

STONEY CREEK ATHLETICS

COACHES: Gary Reid, Steve Vincic

Alemia Dodds

Olivia Dodds

Elise Sawyer

Eva Amorim

Hailey Reid

Kristina Vincic

Natasha Brzostek

STONEY CREEK NEWMAN YOUTH NOVICE BASKETBALL

COACHES: Martin Bourgeois, Mike Collinson

Benjamin Bourgeois	Daniel Guagliano	Caleb Osborne
Michael Braccio	Lukas Krzywicki	Luke Pellegrino
Cole Cavallaro	Gavin Markle	Jevyn Poyser
Justin Collinson	Gavin Mestekemper	Deyan Skrban

STONEY CREEK SABRES BANTAM BB HOCKEY

COACHES: Wade Perniac, Neil Leavitt

Olivia Amoroso	Lauren Leavitt	Joelle Periard
Emma Bernoldi	Sadie Leroux	Avery Perniac
Hannah Collens-Cook	Rebecca Mazzetti	Breanna Rollo
Meriah Fisher,	Aislynn McNaught	Savannah Singh
Mya Greco	Julia Northcott	Emily Trus

TEAM ONTARIO PEEWEE LACROSSE

Clark Dunford

TIME BANDITS – TRACK AND FIELD

COACHES: Kyle Maga , Mike King

Pascal Maga

WESTDALE SECONDARY SCHOOL – SENIOR GIRLS BASKETBALL OFSAA AAA

COACHES: Frank Marof, Lexie Spadafora, Kayla Wilson

Hannah James	Jasmina Andric	Claire Sutherland-Case
Heidi Nelson	Sophia Herrington	Amy Stinson
Peyton Marof	Jordan Denkers	Jessie Meanwell
Taylor Marof	Gloria Brown	Leah Hurman

GUEST SPEAKER

Laura Fortino



Laura Fortino is a 2x Olympic Medalist winning a gold medal in the 2014 Winter Olympics and a silver medal in the 2018 Winter Olympic Games. Along with her Olympic achievements she is also a 5x World Medalist. She played her NCAA hockey at Cornell University. In 2014 she was drafted first overall to the Brampton Thunder in the CWHL. She now plays for the Markham Thunder who won the Clarkson Cup in the 2017–2018 season. She continues to play in the CWHL for the Markham Thunder along with her National Team international tournaments. Her goal is to continue training in hopes of representing Canada at the 2022 Winter Olympic Games in Beijing.

SPECIAL GUESTS



Myles Misener-Daley

Myles Misener-Daley is 17 years old and attends Westdale Secondary School. He is a three-year honour student, and an eight-time OFSAA gold medalist winning the triple crown three years in a row. In 2018 he set the under 18 400m OFSAA meet record, interscholastic record, and Canadian record in a winning time of 45.99 seconds. Myles is a five-time Youth

National Champion, a six-time Provincial Champion was ranked 1st in Canada 100m, 200m and 400m, and ranked 1st under 18 in the Americas. Myles was part of the 2018 Team Canada that attended Tempe, Finland and in Canada vs Team Jamaica, in Kingston, Jamaica where he was the youngest competitor in the race.

Myles had no less than 20 scholarship offers from schools like Princeton, Cornell, Texas A+M, Ohio State, Western, Guelph Clemson, Rutgers, Wisconsin, Nebraska and UCLA. Myles wants to study finance, and has aspirations of working for Nike. Myles is in the Team Canada National relay pool and hopes to compete in Tokyo in the new Olympic event of co-ed 4 x 400m relay.



John Schwaiger

Gym Club: Dynamo Gymnastics in Cambridge
Coach: Denis Vachon

I have been living in the Hamilton area for the past six years. Originally from Calgary, Alberta, I made the move to Ontario to take my Power Tumbling and Double-Mini Trampoline (DMT) career to the next level. That brought me to the Burlington BG's to be coached under the national team advisor Denis Vachon who is still my coach today in Cambridge. In my opinion, the 2018 competitive season was one of my best so far. I put a full year's effort into learning new skills — more flips, more twists — to be more competitive on the international scene.

Training new skills and successfully competing them within Canada helped secure my 7th consecutive National Tumbling championship, a record I broke last year and plan to keep building on, and my 2nd DMT championship. I was named to my 6th World Championship Team, where I represented Canada in St. Petersburg, Russia in November. Team Canada placed 3rd in the first ever all-around competition at this event, while individually, I placed 13th and 25th in DMT and Power Tumbling respectively.

HAMILTON INDOOR GAMES



1908 - 2019 **94th**
Edition



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Organized by the 91st Highlanders Athletic Association

91track.ca

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