

Division Specific Rules

Rules	Goals
PK/K/1st Grade Division	
<ul style="list-style-type: none"> ● UNLIMITED Runs ● 45 second play clock ● NO runs 3 yds from the End Zone ● ONE Coach is allowed on the field for both offense and defense ● Size 5 football will be used 	<p>In this division we want to get the players lined up properly and running in the right direction. We want to be flexible with the rules and teach the players the proper fundamentals of football. The Deception Rule will be in effect to help with the integrity of the passing game for both offense and defense.</p>
2nd/3rd Grade Division	
<ul style="list-style-type: none"> ● 30 second play clock ● TWO runs per offensive possession ● NO runs 5 yds from the End Zone ● NO runs 3 yds from Mid Field ● NO runs on extra points ● ONE Coach is allowed on the field for both offense and defense ● Size 5 football will be used 	<p>In this division we want to encourage the teams to start focusing on being balanced between the run and pass. The Deception Rule will be in effect to help with the integrity of the passing game for both offense and defense. We want the players to start applying proper QB, WR, and DB fundamentals in the passing game.</p>
4th/5th Grade Division	
<ul style="list-style-type: none"> ● 30 second play clock ● ONE run per offensive possession ● NO runs 5 yds from the End Zone ● NO runs 3 yds from Mid Field ● NO runs on extra points ● ONE Coach is allowed on the field for both offense and defense ● Size 6 football is recommended 	<p>In this division we want to encourage the teams to start focusing on passing the ball more than running the ball. The Deception Rule will be in effect to help with the integrity of the passing game for both offense and defense. We want the players to start applying proper QB, WR, and DB fundamentals in the passing game.</p>
Middle School Division	
<ul style="list-style-type: none"> ● 30 second play clock ● NO RUNS ● NO Coach allowed on the field ● Size 7 football is recommended 	<p>In this division we make the transition into an every-down is a pass play or a scaled down version of HS 7v7 pass game. We want the players to start working on their skills as a QB, WR, and DB that they have learned from their coach and apply it in a fun, competitive format.</p>