

Austin Metro Hockey Association



AMHA 2020-2021 Program Layout and Pricing

ADM Schedule

Texas Rising Stars & Texas Jr. Stars



Group	M	T	W	TH	F	SA	SU
10U	Grp 1: 5:45-6:45 ADM TCO Gold						
	Grp 2: 6:45-7:45 ADM TCO Gold						
12U	Grp 1 :6:45-7:45 ADM TCO Silver						
	Grp 2: 7:45-8:45 ADM TCO Silver						
14U	Grp 1: 8:00-8:45 ADM TCO Gold						
	Grp 2: 8:45-9:30 ADM TCO Gold						

Rinks:

The Crossover (TCO) | Northcross (NC) | Pond | Barn

Texas Rising Stars Schedule by Age



Group	M	T	W	TH	F	SA	SU
6U TRS			5:45-6:45 Practice TCO Gold			8:15-9:15 Game TCO Gold	
8U TRS			6:45-7:45 Practice TCO Gold			9:15-11:30 Games TCO Gold	
10U TRS	5:45-6:45 or 6:45-7:45 ADM TCO Gold				5:00-6:00 or 6:15-7:15 Practice Barn		7:30-12:15 Games Barn
12U TRS	6:45-7:45 or 7:45-8:45 ADM TCO Silver					7:30-12:15 Games Barn	9:30-10:30 or 10:45-11:45 Practice TCO Silver or NC
14U TRS	8:00-8:45 or 8:45-9:30 ADM TCO Gold		5:15-6:15 or 6:30-7:30 Practice Pond or Barn			12:30-4:00 Games Barn	
12U TRS and under							3:15-4:15 Skill Lesson TCO Silver
12U TRS and over							4:15-5:15 Skill Lesson TCO Silver
TRS Goalies		5:15-6:15 Practice Pond					

Rinks:

The Crossover (TCO) | Northcross (NC) | Pond | Barn

Texas Rising Stars Costs by Age

All 3 day programs less than 2019



6U TRS (September-March)

44 Minimum Ice Hours- 2x per week
Cross Ice Games
Paid Age Group Head Coach
Home and Away Jersey w/ Socks
End of Year Party/ Trophy

Total Cost: \$499

10U TRS (September-March)

66 Minimum Ice Hours- 3x per week
Weekly ADM Session, Team Practice, Game
Paid Referees
1 Tournament Included
2 Paid Age Group Head Coaches
Goalie Specific Training
Home and Away Jersey w/Socks
End of Year Party/ Trophy

Total Cost: \$1,999

14U TRS (September-March)

60 Minimum Ice Hours- 3x per week
Weekly ADM Session, Team Practice, Game
Paid Referees
1 Tournament Included
5 Paid Age Group Head Coaches
Goalie Specific Training
Home and Away Jersey w/Socks
End of Year Party/ Trophy

Total Cost: \$1,899

8U TRS (September-March)

44 Minimum Ice Hours -2x per week
Half Ice Games
Paid Age Group Head Coach
Goalie Specific Training
Home and Away Jersey w/Socks
End of Year Party/ Trophy

Total Cost: \$999

12U TRS (September-March)

66 Minimum Ice Hours- 3x per week
Weekly ADM Session, Team Practice, Game
Paid Referees
1 Tournament Included
4 Paid Age Group Head Coaches
Goalie Specific Training
Home and Away Jersey w/Socks
End of Year Party/ Trophy

Total Cost: \$2,199

Subject to change, up or down

Texas Jr. Stars Schedule by Age



Group	M	T	W	TH	F	SA	SU
10U TJS A/AA	5:45-6:45 or 6:45-7:45 ADM TCO Gold	5:15-6:15 Practice Barn		5:45-7:30 Practice/Dryland TCO Gold		Potential Games or Practice time at TCO Silver or NC, depending on travel schedules	Potential Games
12U TJS A/AA	6:45-7:45 or 7:45-8:45 ADM TCO Silver	5:45-7:15 Practice/Dryland TCO Gold		5:30-7:00 Practice/Dryland NC		Potential Games or Practice time at TCO Silver or NC, depending on travel schedules	Potential Games
14U TJS A/AA	8:00-8:45 or 8:45-9:30 ADM TCO Gold	7:30-9:00 Practice/Dryland NC		7:15-8:15 (A) Practice NC 8:30-9:30 (AA) Practice NC		Potential Games or Practice time at TCO Silver or NC, depending on travel schedules	Potential Games
16U TJS	6:00-7:15 Practice NC		7:45-9:00 Practice TCO Gold			Potential Games or Practice time at TCO Silver or NC, depending on travel schedules	Potential Games
18U (tentative)	5:30-7:00 Practice Barn			5:15-6:15 Practice Barn		Potential Games or Practice time at TCO Silver or NC, depending on travel schedules	Potential Games

Rinks:

The Crossover (TCO) | Northcross (NC) | Pond | Barn

Texas Jr. Stars Costs by Age

TJS A/AA 10U/12U



10U TJS “A/AA” (August-March)

- 120 Minimum Ice Hours Per Athlete
- Weekly ADM Session with Texas Rising Stars
- Weekly Games with Texas Rising Stars
- 2 Texas Junior Stars Practices Per Week
- 5 Additional Full Ice Slots to be selected by Head Coach
- 20 Dallas Stars Travel Hockey League Games
- 2 Tournaments Included for “A” Division
- 3 Tournaments Included for “AA” Division
- Paid Head Coach Per Team
- Athletic Trainers Available for Games
- Specialty Training
- Goalie Specific Training Available
- Practice Jersey Included
- End of Year Party

Total Cost: “A” \$4,099; “AA” \$4,199 (Team kit not included)

12U TJS “A/AA” (August-March)

- 115 Minimum Ice Hours Per Athlete
- Weekly ADM Session with Texas Rising Stars
- Rotational Scrimmages with Texas Rising Stars
- 2 Texas Junior Stars Practices Per Week
- 15 Additional Full Ice Slots to be selected by Head Coach
- 20 Dallas Stars Travel Hockey League Games
- 2 Tournaments Included for “A” Division
- 3 Tournaments Included for “AA” Division
- Paid Head Coach Per Team
- Athletic Trainers Available for Games
- Specialty Training
- Goalie Specific Training Available
- Practice Jersey Included
- End of Year Party

Total Cost: “A” \$4,099; “AA” \$4,199 (Team kit not included)

Subject to change, up or down

Texas Jr. Stars Costs by Age

TJS 14U/16U



14U TJS “A/AA” (August-March)

- 130 Minimum Ice Hours Per Athlete
- Weekly ADM Session with Texas Rising Stars
- Min 2 Texas Junior Stars Practices Per Week
- 15 Additional Full Ice Slots to be selected by Head Coach
- 20 Dallas Stars Travel Hockey League Games
- 3 Tournaments Included for “AA” Division
- Paid Head Coach Per Team
- Athletic Trainers Available for Games
- Specialty Training
- Goalie Specific Training Available
- Practice Jersey Included
- End of Year Party

Total Cost: “AA” \$4,699 (Team kit not included)

16U TJS (August-March)

- 110 Minimum Ice Hours Per Athlete
- Weekly ADM Session
- Min 2 Texas Junior Stars Practices Per Week
- 15 Additional Full Ice Slots to be selected by Head Coach
- 20 Dallas Stars Travel Hockey League Games
- 3 Tournaments Included for “AA” Division
- Paid Head Coach Per Team
- Athletic Trainers Available for Games
- Specialty Training
- Goalie Specific Training Available
- Practice Jersey Included
- End of Year Party

Total Cost: “AA” \$4,399 (Team kit not included)

Subject to change, up or down

Upcoming Dates



- Texas Jr. Stars Tryouts: August 8-9 (AA), August 15 (A)
Please register ASAP on AMHA website
- Texas Jr. Stars season starts after tryouts
- Texas Jr. Stars Leveling Tournament Labor Day weekend
- Texas Rising Stars season starts September 8

AMHA Mission Statement



- **Vision Statement:**

To actively support and promote youth ice hockey in the Austin Metro area.

- **Mission Statement:**

Austin Metro Hockey Association is dedicated to the development of a life-long love and passion for the game of hockey. We teach hockey skills and teamwork to players of all ages and skill levels while building self-confidence, character, sportsmanship and citizenship in young men and women. We foster parent involvement, a sense of community, teamwork and respect for players, coaches, officials and spectators alike, both on and off the ice. See you at the rink and --- GO STARS!

- **Core Values:**

In operating the youth programming, the Austin Metro Hockey Association will put player development and integrity at the forefront of all planning and decision-making. The collective goals of the AMHA will be as follows:

- To promote the 'Long Term Player Development Model' (LTPDM) that focuses on the player's development, whether the player is beginner or advanced.
- Make decisions to foster the development of our hockey family and community within the greater Austin area.
- Foster a development and mentoring environment which advances youth hockey in a positive manner.
- To resist activity that does not strengthen the core youth hockey program.

AMHA Motto Contest



- Submit ideas and vote!
- Ideas submitted so far by the AMHA Board:
 - No child left behind
 - A team above all. Above all a team.
 - We are hockey
 - Together stronger
 - Hockey with heart
 - Coast to coast we love hockey the most
 - Teamwork makes the dream work
 - Skate. Pass. Hustle!
 - One goal one team
 - Play like you're in first, train like you're in second
 - The coolest sport in the world
 - Look up, get up, but never give up