



**Sault Youth Soccer Club**  
**Emergency Response Plan for COVID-19**

**Return to Play**

# **Phase One**

**Pitch in! Play ON!**

## Sault Youth Soccer Club Emergency Response – COVID-19: Phase One

The Board of Directors for the Sault Youth Soccer Club (SYSC) would like to acknowledge the unprecedented times and challenges that the COVID-19 pandemic has presented not only to our organization but to the world. As we move forward and navigate this new time our focus remains to be the health and safety of all SYSC participants, coaches, volunteers, and staff.

This emergency response plan includes guidelines and protocols that are meant to keep everyone as safe as possible during this time. The guidelines and protocols were developed under Ontario Soccer's "Return to Play Guide" and in consultation with Algoma Public Health.

Ontario Soccer's "Return to Play Guide" provides guidance to resuming soccer activities over 3 distinct phases. This SYSC plan addresses Phase One of Soccer Ontario's guide and will be updated as new information, directions and guidelines are provided by Soccer Ontario, the Province of Ontario and local health authorities.

It is important to acknowledge that during these times participants may be in different states of readiness to return to play. SYSC supports all participants and invites individuals back when they feel they are safest to do so. If participants or their parents/ guardians have any concerns they are encouraged to bring them forward to the SYSC board of directors.

We also acknowledge the tremendous effects that the COVID-19 pandemic can have on the mental health of our youth. We hope that by safely getting back to social activities, such as soccer, that we can have a positive effect on the mental health of our participants. Please see appendix I if you would like to see available mental health supports for youth during this time.

We would like to thank all players, coaches, staff, and parents for their understanding as we learn and address concerns as the situation and recommendations continue to evolve and change.

For more information on COVID-19 please visit [algomapublichealth.com](http://algomapublichealth.com) or <https://covid-19.ontario.ca/>



**Pitch in! Play ON!**

**Phase 1**

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## COVID-19 Return to Play PHASE 1 - Guidelines for Coaches

- 1) Priority is to ensure a safe environment, complete coach certification and safe sport.
- 2) No games will be played or officiated during phase 1, including no scrimmages between team members.
- 3) Any soccer activity must comply with the social distancing measures and recommendations (two (2) metres (6 feet) from others), along with any gathering restrictions issued by the Province of Ontario health authorities, including the arrival and departure of players (except for family members or persons residing in the same household).
- 4) Any coaches with pre-existing or chronic health conditions that can be impacted by COVID-19 (asthma, diabetes, immune system disorders etc.) should seek medical advice from their health care provider prior to starting SYSC activities.
- 5) Coaches will hold an online pre-activity orientation with players and parents regarding safety protocols– i.e., social distancing, modified training, pick up and drop off, hand washing, cough suppression, no spitting or nose clearing, etc., prior to commencing your first training.
- 6) All coaches must utilize the on [Ontario COVID-19 Self-Assessment tool](#) prior to every SYSC activity. Only attend SYSC activities if you pass the assessment. Every coach must record they have passed the self assessment on the attendance record when entering the training field. Follow the directions of the assessment tool and contact your health care provider or Algoma Public Health for recommendations if needed. If you develop symptoms within 48 hours after a SYSC activity, please report you are symptomatic to your SYSC President and the Emergency Response Plan Lead.
  - If the assessment tool advises you to self-isolate you must not attend SYSC activities for 14 days post date of symptom on set, or if tested for COVID 19 until your test result is negative and your symptoms have resolved for 24 hours. If you become a close contact with an individual who tests positive you need to follow the advice of your local health unit and not attend any SYSC activity for 14 days after your last exposure to the individual.
- 7) Coaches will be responsible for ensuring every activity session has an attendance record that includes the date and time of the activity, names of everyone that was present during the activity and record that the individuals present took the Ontario COVID-19 Self assessment and passed. Immediately following the activity attendance records will be sent electronically to the SYSC Recording Secretary at [sysl@shaw.ca](mailto:sysl@shaw.ca) for record keeping purposes.
- 8) All individuals entering the field area must sanitize their hands as they enter and exit. This includes coaches, players, volunteers, and parents / guardians.
- 9) A designated field marshal will be present at each activity to help monitor the players and physical distancing recommendations.
- 10) Only coach(es) should handle equipment. Ideally equipment will only be handled by one coach. Coaches should wipe down personal and field equipment before and immediately after each session (do not go home and then clean – contaminated items may travel into the home environment). See cleaning SYSC COVID-19 Guidelines for Hygiene, Cleaning, Personal Protective Equipment Use, and Controls for Reducing Infectious Disease Transmission.
- 11) Shared Pinnies or any other additional shared equipment will not be used at this time.
- 12) Facemasks / face coverings will be used when unable to maintain two (2) metres (6 feet) from others not in your household (or at all times if you choose). Facemasks, disposable gloves and a face shield (goggles) will be used when ever there is a risk of exposure to any body fluids (i.e. respiratory secretions, nose bleeds ect.). A SYSC COVID-19 PPE kit (face masks, disposable gloves and face



shield) should be present at every activity. Refer to the Government of Ontario COVID-19 website for information on the [use of face masks](#). Refer to Public Health Ontario resources for how to properly [wear and takeoff masks and eye protection](#).

- 13) All activities will be done in groups no greater than 10 (ten) -including coaches. Groups should be in cohorts to include the same players at every activity to reduce amount of contact with different people. Cohorts cannot mix with other cohorts or be within the same space at the same time, including pick-ups, drop-offs, and breaks.
- 14) Structure activities to maximize physical distancing. Age appropriate considerations may need to be taken when designing activities.
- 15) Reinforce foot only contact with ball(s). No heading, chest, or hand contact with ball (feet only).
- 16) Ensure you schedule regular sanitization breaks combined with water breaks during activities.
- 17) Use cones and other equipment to ensure appropriate spacing is in place to support distancing.
- 18) Frequently clean all surfaces, including counters, door handles, benches, tables, etc. See SYSC COVID-19 Cleaning Guidelines
- 19) Hand sanitizer should be made available to all people in various locations throughout field \ facility.
- 20) Field benches will not be used during Phase 1 activities.



## COVID-19 Return to Play PHASE 1- Guidelines for Players

- 1) No one displaying any signs of illness should attend any SYSC activity.
- 2) Any players with pre-existing or chronic health conditions that can be impacted by COVID-19 (asthma, diabetes, immune system disorders etc.) should seek medical advice from their health care provider prior to starting SYSC activities.
- 3) All players must utilize the [Ontario COVID-19 Self-Assessment tool](#) prior to attending every SYSC activity. Only attend SYSC activities if you pass the assessment. Each player must declare they have passed the self assessment to the field marshal \ coach when you enter the training field. Follow the directions of the assessment tool and contact your health care provider or Algoma Public Health for recommendations if needed. If you develop symptoms within 48 hours after a SYSC activity, please report you are symptomatic to your coach \ manager.
  - If the assessment tool advises you to self-isolate you must not attend SYSC activities for 14 days post date of symptom onset, or if tested for COVID 19 until your test result is negative and your symptoms have resolved for 24 hours. If you become a close contact with an individual who tests positive you need to follow the advice of your local health unit and not attend any SYSC activity for 14 days after your last exposure to the individual.
- 4) Do not carpool unless with immediate family members.
- 5) Always follow the instructions from coaches and respect physical distancing of two (2) metres (6 feet) from others.
- 6) Arrive no more than 15 minutes prior to activity commencing.
- 7) Follow directions on how to enter and exit field safely using physical distancing of two (2) metres (6 feet) from others.
- 8) Wash hands with hand sanitizer immediately when entering soccer activities
- 9) Do not congregate at the facility entry points, parking lots or other areas of the facility or field.
- 10) Arrive dressed and prepared to train – changing rooms will not be in use.
- 11) Bring your own water bottles clearly labelled with your name. Do not share water bottles.
- 12) Do not share any personal items (sunscreen, hats, clothing etc).
- 13) Physical distancing of two (2) metres (6 feet) must always be maintained during activities
- 14) All “non-essential” contacts are not permitted at this time (handshakes, high 5’s, etc.).
- 15) Only use your own equipment. Do not touch other player’s or coach’s equipment with your hands (this includes balls). Clean all equipment after each activity. Do not use field benches at this time. It is important to wash your hands and not touch your face, specifically your eyes, nose and mouth. Follow these hygiene protocols:
  - Wash your hands prior to leaving your home and when returning home after activities. Ensure you wash all areas of your hands for at least 20 seconds using soap and dry with paper towel or a clean cloth.
  - Wash hands with hand sanitizer immediately when entering soccer activities, during scheduled breaks, and at the end of the activity.
  - Do not spit at any time.
  - Clearly label your own water bottle. Do not share bottles.
  - Any individual equipment used should be taken home and washed separately from others in the household (e.g. uniform).
  - Carry hand sanitizer to enable good personal hygiene.



- Cover mouth and nose with a tissue or your elbow (not your hands) when you cough or sneeze, and then immediately wash your hands
- Avoid the use of public toilets, however if necessary, ensure hands are washed thoroughly.
- Avoid touching eyes, nose or mouth.
- Shower at home before and after training



## COVID-19 Return to Play PHASE 1 - Guidelines for Parents

- 1) Parents, guardians, and spectators are not permitted at SYSC activities. Do not congregate at the facility entry points, parking lots or other areas of the facility \ field. Parents\ guardians are asked to stay in their vehicles during drop off and pick up of players.
- 2) No one displaying any signs of illness should attend any SYSC activity.
- 3) Parents\ guardians of players with pre-existing or chronic health conditions that can be impacted by COVID-19 (asthma, diabetes, immune system disorders etc.) should seek medical advice from their health care provider prior to starting SYSC activities.
- 4) Parents\ guardians are asked not to be on field unless they are responding to an emergency or have been asked by coaching staff to attend. While on the field parents must ensure to remain two (2) metres (6 feet) away from others not in their household.
  - Parents/guardians should ensure players take the [Ontario COVID-19 Self assessment tool](#) prior to attending every SYSC activity. If a parent enters the field / facility area they must also complete the Ontario COVID-19 Self Assessment tool and ensure they are signed into the attendance record. Only attend SYSC activities if you pass the assessment. Parents/guardians must declare they have passed the self assessment to the field marshal/ coach when entering the training field/ facility. Follow the directions of the assessment tool and contact your health care provider or Algoma Public Health for recommendations if needed. If you develop symptoms within 48 hours after a SYSC activity, please report you are symptomatic to the coach \ manager. If the assessment tool advises you to self-isolate you must not attend SYSC activities for 14 days post date of symptom on set, or if tested for COVID 19 until your test result is negative and your symptoms have resolved for 24 hours. If you become a close contact with an individual who tests positive you need to follow the advice of your local health unit and not attend any SYSC activity for 14 days after your last exposure to the individual.
- 5) Arrive no more than 15 minutes prior to activity commencing.
- 6) Do not carpool unless with immediate family members.
- 7) Remind players to arrive to training dressed and ready, as change rooms will not be available.
- 8) Parents/guardians are asked to stay in their vehicles during drop off and pick up of players.
- 9) Parents/guardians must be available to immediately pick up their child should they become sick during the activity.
- 10) At home, ensure all the player's equipment is washed separately from the other household items.
- 11) Snacks are discouraged during SYSC activities at this time. If snacks are required by a player all garbage should be disposed of properly into a garbage bin at the facility and not taken home.
- 12) Always follow the instructions from coaches and respect physical distancing. Physical distancing of two (2) metres (6 feet) must always be maintained during activities
- 13) Clean all player equipment after each activity. It is important for players and parents/guardians to wash their hands and not touch their face, specifically their eyes, nose and mouth.



## COVID-19 Return to Play PHASE 1 - Guidelines for Hygiene, Cleaning, Personal Protective Equipment Use, and Controls for Reducing Infectious Disease Transmission

1. Any soccer activity must comply with the health and safety protocols as outlined in Ontario Soccer's Return to Play Guide along with any new protocols issued by the Province of Ontario and local health authorities (Algoma Public Health).
2. General Hygiene:
  - Wash hands immediately before leaving home and after soccer activities. Use hand sanitizer when water and soap are not available. [See Algoma Public Health Hand washing information.](#)
  - Alcohol-based hand sanitizer containing at least 60% alcohol content should be placed at all entrances to the field / facility. Dispensers should not be in locations that are unsupervised or that can be accessed by young children.
  - Do not spit at any time.
  - Water bottles should be clearly labeled. Water bottles should not be shared.
  - Any individual equipment used should be taken home and washed separately from others in the household (e.g. uniform).
  - Cover mouth and nose with a tissue or your elbow (not your hands) when you cough or sneeze. Remember if you use a tissue, to dispose of it as soon as possible and wash your hands afterwards. Ensure all discarded materials (tissues, wipes, sock tape etc.) are placed into an approved garbage receptacle.
  - Avoid the use of public toilets, however if necessary, ensure hands are washed thoroughly.
  - Avoid touching eyes, nose or mouth.
  - Shower at home before and after training.
3. Equipment Cleaning:
  - Follow [Public Health Ontario's Cleaning and Disinfecting for Public Settings](#) for cleaning and cleaning product recommendations. Only use cleaning and disinfectant products that have a Drug Identification Number (DIN). Low-level hospital grade disinfectants may be used; Check expiry dates of cleaning and disinfectant products used and always following the manufacturer's instructions. Ensure that the product used are compatible with the item to be cleaned and disinfected.
  - Do not share equipment – this includes shin guards, shirts, socks etc.
  - Disinfect all equipment after soccer activities before storing at home. Ensure all equipment used at the soccer activities are made of material that can be cleaned and disinfected.
  - Match Officials and coaches will not share pens, cards etc. Where required, wipe down pens with sanitizing wipes after use.
  - Shared pinnies will not be used. If using pinnies each player should be provided with personal pinnies that they do not share and take home and wash. The coach/manager should not be collecting team pinnies and washing them.



- Thoroughly wash or wipe down your equipment, towels, clothes, bags, water bottles, white boards, caps, cones, and other items you have used or touched immediately after use.
  - Avoid touching gates, fences, benches, etc. Hand washing or hand sanitizer should be used after touching any objects. And any touched items should be sanitized see bullet one for recommendations).
  - Do not share electronics. Follow the manufacturer’s instructions for all cleaning and disinfection electronics. When possible, consider the use of wipeable covers for electronics. If no manufacturer guidance is available and when possible, consider the use of alcohol-based wipes or sprays containing at least 60% alcohol to disinfect touch screens. Dry surfaces thoroughly to avoid pooling of liquids.
4. SYSC Office cleaning and controls:
- When feasible and with the coordination of the SYSC president, work from home as often as possible until government restrictions are relaxed.
  - All staff, coaches, volunteers must utilize the on [Ontario COVID-19 Self-Assessment tool](#) prior to entering the SYSC office. Only attend SYSC office if you pass the assessment. Follow the directions of the assessment tool and contact your health care provider or Algoma Public Health for recommendations if needed.
  - If the assessment tool advises you to self-isolate you must not attend SYSC office for 14 days post date of symptom on set, or if tested for COVID 19 until your test result is negative and your symptoms have resolved for 24 hours. If you become a close contact with an individual who tests positive you need to follow the advice of Algoma Public Health and not attend SYSC office or activities for 14 days after your last exposure to the individual.
  - Employees that do not feel well should not come to the office.
  - All staff and visitors should be required to sign in and out to ensure that contact tracing will be possible.
  - Employees must wash hands thoroughly with soap and water or use an alcohol-based hand sanitizer before entering the workplace, after contact with others, or when surfaces in contact with others have been touched. [See Algoma Public Health Hand washing information.](#)
  - Facemasks should be worn when physical distancing cannot be maintained or guaranteed, i.e., meetings, walking to washroom, etc. As access to office space increases it may be necessary to implement rotating shifts (protective barriers to ensure that physical distancing is maintained may be considered).
  - Visitors must sanitize hands prior to entering the offices and will be required to wear a mask / face covering.
  - When in office, work surfaces, devices, laptops, screens, equipment, high touch surface area should be cleaned frequently. Workplace, common spaces, and readily accessible areas to be cleaned and sanitized thoroughly and often. Follow [Public Health Ontario’s Cleaning and Disinfecting for Public Settings](#) for cleaning and cleaning product recommendations.
  - Team/group meetings to take place outdoors, or in meeting rooms large enough to accommodate physical distancing rules.



- Do not enter rooms/spaces where 2-meter distance cannot be maintained.
  - Any in-person deliveries, visits or meetings that are not deemed priority should be rescheduled to another date or be conducted online., or physical distancing should be practised.
  - The use of central ventilation for heating and cooling to be minimized when possible. Open windows and doors where feasible, and use fans to force in fresh outdoor air to minimize the amount of recycled indoor air.
5. Field /Facility cleaning and controls:
- SYSC will review cleaning of field equipment and field buildings in consultation with the Corporation of the City of Sault Ste Marie and their guiding policies and protocols. Commonly touched surfaces should be cleaned using appropriate sanitizing solution at the beginning and end of each session. Those surfaces should include but not limited to: Door handles, Tables, Gate entrances, Equipment (balls, training supplies, etc.), Player equipment storage locations, and Bleachers or seating used by spectators.
  - SYAC has established and clearly defined separate entrance and exit locations to field(s) See Appendix A.
  - Prior to entry and at the end of each session, all individuals will properly sanitize hands with hand sanitizer at established stations to the entrance and exit of the field area.
  - Do not permit soccer participants who are ill to attend the program. Signs should be posted at screening stations and entrances to the program to remind coaches, participants, and other individuals.
  - Any soccer activity must comply with the social distancing measures and recommendations, along with any gathering restrictions issued by the Province of Ontario and local health authorities, including the arrival and departure of players.
  - A designated field marshal will be present at each activity to help monitor the players and physical distancing recommendations.
  - An attendance record will be kept tracking everyone present during SYSC activities. The record will include information that individuals present took the Ontario COVID-19 Self assessment and passed. Contact information for all players, coaches and volunteers will be stored with attendance records and will be available on field with coaches if needed in an emergency. Immediately following SYSC activities attendance records will be sent electronically to SYSC Recording Secretary at [sysl@shaw.ca](mailto:sysl@shaw.ca) for record keeping purposes. These records will be accessible to SYSC directors if need by local health authorities to conduct contact tracing.
  - All activities will be done in groups no greater than 10 (ten) -including coaches. Groups should be in cohorts to include the same players at every activity to reduce amount of contact with different people. Cohorts cannot mix with other cohorts or be within the same space at the same time, including pick-ups, drop-offs and breaks.
  - Activities will be structured to maximize physical distancing.
  - Reinforce foot only contact with ball(s). No heading, chest or hand contact with ball (feet only).
  - Ensure you schedule regular sanitization breaks combined with water breaks during activities.
  - Use cones and other equipment to ensure appropriate spacing is in place to support distancing.



- Do not use filed benches at this time.
6. Personal Protective Equipment (PPE):
- Coaches and other SYSC staff and volunteers should wear facemasks / face coverings when unable to maintain two (2) metres (6 feet) from others not in their household (or at all times if they choose).
  - A COVID-19 PPE kit containing surgical facemasks, disposable gloves and face shield (or goggles) will be available at every SYSC activity session. Full PPE (surgical face mask, face shield, and disposable gloves) will be used when ever there is a risk of exposure to body fluids (i.e. respiratory secretions, blood (including nose bleeds)). Refer to the Government of Ontario COVID-19 website for information on the [use of face masks](#). Refer to Public Health Ontario resources for how to properly [wear and takeoff masks and eye protection](#).



### **COVID-19 Emergency Response Plan: Reports of COVID -19 Symptoms or Contact with Positive COVID-19 Individual Prior to a SYSC activity**

The following are the steps that will be taken in the scenario that a player, coach, volunteer or staff member reports symptoms or close contact with a person Positive for COVID-19 **prior** to an activity. It is essential that all SYSC contact lists for players, coaches, volunteers, and staff are up to date. All SYSC activities will have an attendance record that is sent electronically after every activity to SYSC Recording Secretary at [sysl@shaw.ca](mailto:sysl@shaw.ca) for easy retrieval if necessary.

\*\* For privacy reasons the names of individuals who report illness or close contact to a positive case of COVID-19 will not be provided in SYSC communications to other participants. The health information for all players, coaches, volunteers and staff should be protected at all times. \*\*

#### **Responding to Individuals (Players, coaches, staff, volunteers) who report symptoms of COVID-19 or close contact of an individual Positive for COVID-19 PRIOR to attending a SYSC activity =**

1. If an individual indicates they have any symptoms that could be consistent with COVID-19 illness prior to attending a SYSC activity they will be advised not to attend. This individual should self-isolate, contact the COVID assessment centre for testing, contact their health care provider and Algoma Public Health for further recommendations.
2. If an individual reports having close contact with someone who is a confirmed positive case of COVID-19 prior to attending a SYSC activity they will be advised not to attend activities until 14 days after their last contact with the positive COVID-19 case. If the individual were to develop symptoms, they will need to continue to not attend SYSC activities until 14 days have passed since symptoms started and until they are 24 hours symptom free (or as advised by Algoma Public Health).
3. The person receiving the report should ask the individual reporting any illness if they have attended any SYSC activities within 48 hours of symptom onset and will note any dates and times of activities. The person receiving the report should also inquire if the individual reporting illness has had any close contact with others who may attend SYSC activities within 48 hours prior to symptoms starting (other coaches, other players, volunteers, etc).
4. The person receiving the report will immediately notify the President of SYSC and the Emergency Response Plan lead of the report illness or report of close contact to a positive case of COVID-19. This report should include any information on other SYSC activities the individual may have attended prior to illness.
5. The President of SYSC will review all SYSC attendance records to ensure the individual has not attended any SYSC activities or to retrieve a list of participants who were present at activities with the individual reporting the illness.
6. If the individual has not attended any SYSC activities within 48 hours prior to symptom onset no further actions may be needed. Call Algoma Public Health with any questions or concerns.



7. If the individual has attended SYSC activities or came into close contact with others who attend SYSC activities the President of SYSC or the Emergency Response Plan lead will contact Algoma Public Health for further directions.
8. All SYSC activities that involve individuals that have had contact with the individual reporting illness will be cancelled until Algoma Public Health advises it is safe to resume.
9. Individuals who attended SYSC activities and are identified as potential contacts of the sick individual will be notified via email \ phone that they have potentially come into contact with an individual having symptoms that could be COVID-19 and will be advised to at least self- monitor themselves for symptoms and be given any directions that are received from Algoma Public Health. This email \ phone call will be completed with in 24 hours of receiving the report.

### **Important Contact Numbers**

1. Steve Mazzuca (President): Cell- 705-941-8095
2. Blythe Carota (Emergency Response Lead): Cell- 705-541-1911
3. Sault Area Hospital COVID-19 Assessment centre: 705-759-3434 ext. 7152
4. Algoma Public Health: 705-942-4646
  - a. Mike Park - Public Health Inspector ext.3321
  - b. Infectious Diseases Priority Line ext. 3274
5. Telehealth Ontario: 1-866-797-0000



### **COVID-19 Emergency Response Plan: Reports of COVID-19 Symptoms during a SYSC activity**

The following are the steps that will be taken in the scenario that a player, coach, volunteer, or staff member reports symptoms **during** a SYSC activity. It is essential that all SYSC contact lists for players, coaches, volunteers, and staff are up to date. All SYSC activities will have an attendance record that is sent electronically after every activity to SYSC Recording Secretary at [sysl@shaw.ca](mailto:sysl@shaw.ca) for easy retrieval if necessary.

\*\* For privacy reasons the names of individuals who report a positive COVID-19 test result will not be provided in SYSC communications to other participants. The health information for all players, coaches, volunteers, and staff should always be protected. \*\*

#### **Responding to Individuals (Players, coaches, staff, volunteers) who report symptoms of COVID-19 during a SYSC activity =**

1. If an individual indicates they have any symptoms\* that could be consistent with COVID-19 illness during to an SYSC activity they will be immediately be isolated more than 2 meters away from others until they can go home (See appendix C for [Ministry of Health COVID reference document for symptoms](#)). If the individual is a child, the coach will immediately call the parent \ guardian and inform them of the situation and the need to pick up the child. The participant can be provided a mask if tolerated.
2. If a 2-metre distance cannot be maintained from the ill participant (i.e. first aid is needed) the person providing care will at minimum wear a surgical mask, face shield (goggles), and gloves.
3. Any other participant that came into close contact\*\* (see below for definition) with the individual who is ill will also be isolated more then 2 meters away from others and sent home. This individual should self-monitor themselves for symptoms for 14 days, and not attend any SYSC event. This individual can contact their health care provider and Algoma Public Health for further recommendations.
4. This sick individual should self-isolate for 14 days, contact the COVID assessment centre for testing, and contact their health care provider and Algoma Public Health for further recommendations.
5. The person attending to the sick participant should ask the individual if they have attended any SYSC activities with in 48 hours of symptom on set and will note any dates and times of activities. The person receiving the report should also inquire if the sick participant has had any close contact with others who may attend SYSC activities within 48 hours prior to symptoms starting (other coaches, other players, volunteers, etc.).
6. The person attending to the sick participant will immediately notify the president of SYSC and the Emergency Response Plan lead of the illness. This report should include any information on other SYSC activities the individual may have attended prior to illness.



7. The president of SYSC will review all SYSC attendance records to ensure the individual has not attended any SYSC activities or to retrieve a list of names of others who were present at activities with the individual reporting the illness.
8. The president of SYSC or the Emergency Response Plan lead will contact Algoma Public Health for further directions.
9. All SYSC activities that involve individuals that have had contact with the individual reporting illness will be cancelled until Algoma Public Health advises it is safe to resume.
10. Individuals who attended SYSC activities and are identified as potential contacts of the sick individual will be notified via email \ phone call that they have potentially come into contact with an individual having symptoms that could be COVID-19 and will be advised to at least self- monitor themselves for symptoms and be given any directions that are received from Algoma Public Health. This email \ phone call will be completed with in 24 hours of receiving the report.

\* Participants symptoms should be assessed to see if they are related to physical exertion or potential illness. For example, if a participant normally gets short of breath, or muscle aches while completing running drills, and the symptoms improve when they stop running this is not consistent with symptoms of illness. If unsure always err on the side of caution and self isolate the player and follow this protocol.

\*\*Close contact is defined as being less than 2 metres away in the same room, workspace, or area for over 15 minutes or living in the same home.

### **Important Contact Numbers**

1. Steve Mazzuca (President): Cell- 705-941-8095
2. Blythe Carota (Emergency Response Lead): Cell- 705-541-1911
3. Sault Area Hospital COVID-19 Assessment centre: 705-759-3434 ext. 7152
4. Algoma Public Health: 705-942-4646
  - a. Mike Park - Public Health Inspector ext.3321
  - b. Infectious Diseases Priority Line ext. 3274
5. Telehealth Ontario: 1-866-797-0000



## **COVID-19 Emergency Response Plan: Participant with Confirmed Positive COVID-19 Test Result**

The following are the steps that will be taken in the scenario that a player, coach, volunteer, or staff member reports a positive COVID-19 test result. It is essential that all SYSC contact lists for players, coaches, volunteers, and staff are up to date. All SYSC activities will have an attendance record that is sent electronically after every activity to SYSC Recording Secretary at [sysl@shaw.ca](mailto:sysl@shaw.ca) for easy retrieval if necessary.

\*\* For privacy reasons the names of individuals who report illness or close contact to a positive case of COVID-19 will not be provided in SYSC communications to other participants. The health information for all players, coaches, volunteers, and staff should always be protected. \*\*

### **Responding to Individuals (Players, coaches, staff, volunteers) who report a Confirmed Positive COVID-19 test result =**

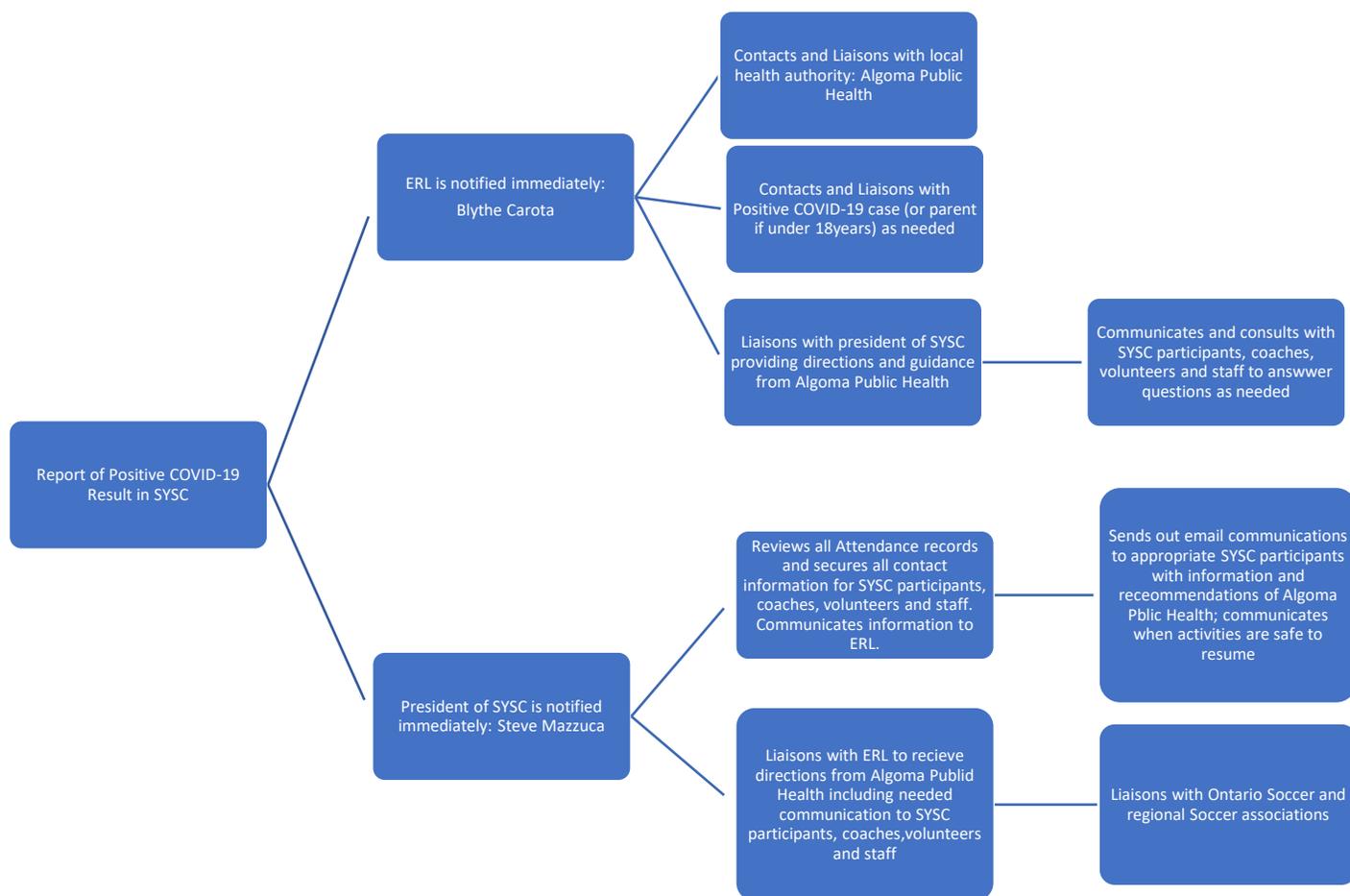
1. If an individual reports a positive COVID-19 test result they should self-isolate and contact their health care provider and Algoma Public Health for further recommendations.
2. The person receiving the report of the positive COVID-19 test result should ask the individual if they have attended any SYSC activities with in 48 hours of symptom on set and will note any dates and times of activities. The person receiving the report should also inquire if the sick participant has had any close contact with others who may attend SYSC activities within 48 hours prior to symptoms starting (other coaches, other players, volunteers, etc).
3. The person receiving the report will immediately notify the president of SYSC and the Emergency Response Plan lead. This report should include any information on other SYSC activities the individual may have attended prior to or during illness.
4. The president of SYSC will review all SYSC attendance records to ensure the individual has not attended any SYSC activities or to retrieve a list of names of others who were present at activities with the individual reporting the illness.
5. The Emergency Response Plan lead will contact Algoma Public Health for further directions.
6. All SYSC activities that involve individuals that have had contact with the individual reporting the positive COVID-19 case will be cancelled until Algoma Public Health advises it is safe to resume.
7. Individuals who attended SYSC activities and are identified as potential contacts of the sick individual will be notified via email \ phone call that they have potentially come into contact with an individual reporting a positive COVID-19 test result and will be advised to at least self- monitor themselves for symptoms and be given any directions that are received from Algoma Public Health. This email \ phone call will be completed with in 24 hours of receiving the report.



### Important Contact Numbers

6. Steve Mazzuca (President): Cell- 705-941-8095
7. Blythe Carota (Emergency Response Lead): Cell- 705-541-1911
8. Sault Area Hospital COVID-19 Assessment centre: 705-759-3434 ext. 7152
9. Algoma Public Health: 705-942-4646
  - c. Mike Park - Public Health Inspector ext.3321
  - d. Infectious Diseases Priority Line ext. 3274
10. Telehealth Ontario: 1-866-797-0000

### COVID-19 Positive Case Communication Flow Chart



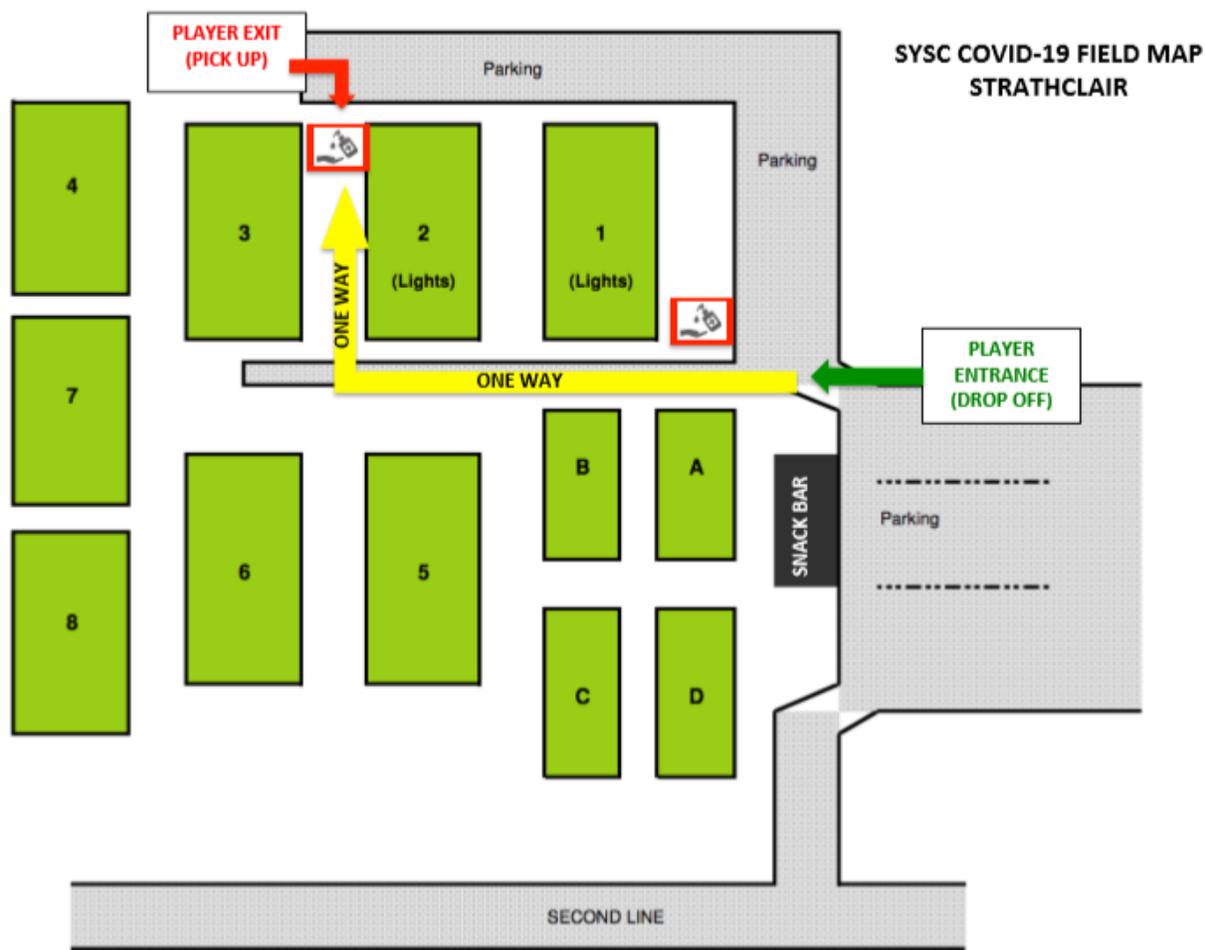
## APPENDICIES

- A. Field diagrams for Entry and Exit
- B. SYSC Activity Attendance form
- C. Ministry of Health: COVID Reference Document for Symptoms
- D. Algoma Public Health: Hand Washing
- E. Face coverings and Face Masks
- F. Wearing and taking off face masks and eye coverings
- G. Public Health Ontario's Cleaning and Disinfecting for Public Settings
- H. Algoma Public Health: Proper cleaning and Disinfection Practice
- I. Mental Health Supports for Youth
- J. Health Provider Contact Information



### Appendix A

Field diagram for Entry and Exit



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**Phase 1**



	YES			



**Appendix C-**

[http://www.health.gov.on.ca/en/pro/programs/publichealth/coronavirus/docs/2019\\_reference\\_doc\\_symptoms.pdf](http://www.health.gov.on.ca/en/pro/programs/publichealth/coronavirus/docs/2019_reference_doc_symptoms.pdf)



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**Phase 1**

## Appendix D

### Algoma Public Health: Hand Washing

<http://www.algomapublichealth.com/media/3313/wash-your-hands-poster-general-1.pdf>



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**Phase 1**

## Appendix E

### Face Coverings and Face Masks

<https://www.ontario.ca/page/face-coverings-and-face-masks>



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## Appendix F

### Wearing and Taking off Face Masks and Eye Coverings

<https://www.publichealthontario.ca/-/media/documents/ncov/ipac/ppe-recommended-steps.pdf?la=en>



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## Appendix G

Public Health Ontario's Cleaning and Disinfecting for Public Settings

<http://www.algomapublichealth.com/media/3309/factsheet-covid-19-environmental-cleaning.pdf>



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## Appendix H

Algoma Public Health: Proper cleaning and Disinfection Practice

<http://www.algomapublichealth.com/media/3488/proper-cleaning-and-disinfection-practice-aph.pdf>



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**Phase 1**

## Appendix I

### Mental Health Supports for Youth

1. Children and youth under 18 can locate mental health services through the Ontario.ca and Kids Help Phone websites, or contact the Kids Help Phone (1- 800-668-6868) or Good2Talk helplines for 24/7 support, if they need someone to talk to. <https://kidshelpphone.ca/>
2. mindyourmind is a mental health website with interactive tools and resources to build capacity and resilience for youth and young adults. <https://mindyourmind.ca/>
3. Center for Mental Health and Addiction (CMHA): Mental Health and COVID-19 <https://www.camh.ca/en/health-info/mental-health-and-covid-19>
4. Algoma Family Services: <https://www.algomafamilyservices.org/>



## Appendix J

### Health Provider Contact Information

1. Algoma Public Health: COVID information – 705-759-5404  
General Information Line: 705-942-4646
2. SAH- COVID Assessment Centre: 705-759-3434 ext. 7152
3. Telehealth Ontario: 1-866-797-0000



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**Phase 1**