



# THE *Minnesota* PREP COACH

Vol. 60 No. 2

Published by the Minnesota State High School Coaches Association

July 2022

## Kerry Sutherland elected MSHSCA Vice President



Kerry Sutherland has been elected as the new Vice President for the MSHSCA. Kerry will begin his four-year term of office at the summer executive meeting that will take place in Eagan in June. During the third year of his term, he will be the President of the MSHSCA. Congratulations, Kerry!

Kerry grew up in Waterloo, Iowa. As a kid, he played several sports; football, basketball, track, and baseball. He loved the experience he had with his friends and coaches. From a young age, these relationships played a big role in positively shaping his life. Lessons such as teamwork, attention to detail, commit-

ment, and care for others, are a few of the things he holds most dearly and guides his coaching decisions today. After High School, Kerry went on to study and play football at the University of Northern Iowa. He had an amazing educational, athletic and social experience developing lifelong friendships and life lessons. Kerry majored in Marketing and Public Relations.

Kerry has coached for over 35 years, having the opportunity to work with student-athletes at all levels. He feels he brings a very diverse coaching and mentoring experience, serving youth from all walks of life. He started coaching youth sports in the Apple Valley, Burnsville, Eagan area, where he raised a family of six boys and one girl. Kerry's kids participated in many sports and activities from football, volleyball, basketball, wrestling, soccer, cross country, lacrosse, track, speech, and debate. He has coached kids from North Minneapolis, Edina, Litchfield, Rogers, Shakopee, St Paul, Northfield, and St Michael, just to name a few.

Kerry started his high school coaching career at St. Bernard's High School in

St. Paul, MN. During the six years he was there, they had three conference championships and three state tournament appearances. The first time they went to the state tournament marked the first appearance in the school's 103-year history.

Kerry then took a few years off from coaching after his children graduated high school. He wanted to be available to support four of them through their college careers. Once their collegiate careers were well underway, he was again available to dedicate his time, energy, and passion to coaching high school athletes. An oppor-

tunity to coach at Hopkins High School came up, and he immediately jumped on it. He has been there for nine seasons, and during that time, they have achieved several conference championships, four state tournament appearances, and two state championships.

As a basketball coach, Kerry's team had several state tournament appearances, a couple of state titles, and numerous conference titles. He had many athletes go on and play at the college division I, II, and III levels, as well as

**SUTHERLAND...**  
**continued on page 27**

### Featured In This Issue

President's Message . . . . .	3
Reflections by Ringer . . . . .	4
Special Meetings . . . . .	5
Membership Corner . . . . .	8
Kathy Holloway Women of Inspiration Award . . . . .	9
Winter / Spring Academic Awards . . . . .	24-26
Soccer Clinic . . . . .	28-29
Scholarship Winners . . . . .	30-31

## The Minnesota PREP COACH

Published quarterly by the  
Minnesota State High School  
Coaches Association and  
distributed, without charge, to all  
members in good standing.

**EDITOR - Mindy Nielsen**

Address all new  
communications and photos to:  
**Mindy Nielsen**  
Email: prepcoach@mshsca.org  
(218) 841-7976

## MSHSCA OFFICERS AND COMMITTEE CHAIRPERSONS

### PRESIDENT:

Barry Wohler - Orono

### PRESIDENT-ELECT:

Jennifer Roisum - Battle Lake

### VICE PRESIDENT:

Jen Marshall - Farmington

### PAST PRESIDENT:

Tom Critchley Jr. - Big Lake

### HALL OF FAME COORDINATOR

Bernie Schumacher  
16332 Deer View Road  
Park Rapids, MN 56470  
Email: bschumacher@mshsca.org

### OFFICIALS DSA

Mike Peterson - Perham

### ASST COACHES-DSA

Tom Sharp

**All Daily Communications should  
be addressed to:  
EXECUTIVE DIRECTOR:**  
Rick Ringeisen MSHSCA  
20085 Italy Ave.  
Lakeville, MN 55044  
(952) 250-9535  
Email: ringer@mshsca.org

### ADMINISTRATIVE ASS'T:

Joyce Ringeisen  
Email: jringeisen@mshsca.org

### MSHSL BOARD OF DIRECTORS:

Dawn Engebretson (Rockford)  
John Vraa (New London-Spicer)

### FINANCE REPS:

Nathan Youngs - Dassel-Cokato  
Tom Sharp - Eastview

### SCHOLARSHIP CHAIR:

Jennifer Roisum - Battle Lake  
Jen Marshall - Farmington

### SPORTS MEDICINE:

Randy Glasmann - Maple Grove  
Tom Sharp - Eastview

## 2021-2022 MSHSCA DELEGATES

SECTION	GIRLS SPORTS DELEGATE	BOYS SPORTS DELEGATE	AT LARGE DELEGATE	AT LARGE DELEGATE
1A	Adam Wilder (Mabel-Canton)	Gordy Klomps (retired)	Jessica Just (Lakeville South)	Doug Davis (Northfield)
2A	Rick Bruns (LeSueur-Hend)	Alan Woitos (New Ulm Cathedral)	Craig Morgan (MN Valley Luth)	Marc Bachman (Saint Peter)
3A	Jess Smith (Windom)	Dave Blank (Wabasso)	John Seipp (Trinity School)	
4A	Chris Larid (Heritage)	Robert Economy (Eagle Ridge Aca)	Tim Herman (Heritage)	Jim Baker (Retired)
5A	Dawn Engebretson (Rockford)	Tom Lawrence (Foley)	Al Amdahl /Bill Baumann (Royalton)	Chris Kircher /Tim Triplett
6A	Tavia Bachmann (Frazee)	Kyle Haberman (Lake Park-Audubon)	Mike Peterson (Perham)	Gregg Martig (Pequot Lakes)
7A	Matt Carlstrom (Deer River)		Jon Wagner (Eveleth-Gilbert)	Nathan Johnson (Proctor)
8A	Dave Varriano (Mahnomen-Waubun)	Lon Boike (Crookston)	Terry Sadler (Warroad)	Lisa Hanson (East Grand Forks)
1AA	Jeremy Biermaier (New Prague)	John Cassellius (Winona)	Rod Schwarz (Winona) (Retired)	Bill Goodman (Apple Valley)
2AA	Mike Lhotka (Dassel Cokato)	Mike McGraw (Hutchinson)	Tink Larson (Waseca)	Gary Prantner (Eden Prairie)
3AA	Keith Randa (Apple Valley)	Jeff Groves (Apple Valley)	Tom Sharp (Eastview)	
4AA	Tracy Hrouda (Harding)	Tom Paulson (White Bear Lk)	Tim Ryan (Hill Murray)	Jerry Utech (Harding)
5AA	Mark O'Neill (Champlin Park)	William Totimeh (Fridley)	Mark Loahr (Totino Grace)	Larry McKenzie (Minneapolis North)
6AA	Juno Nayagam (Benilde-St. Marg)	David Boone (Edina)	Kerry Sutherland (Hopkins)	Curt Cardinal (Park Center)
7AA	Mark Solberg (Cambridge)		Mike Hennen (Forest Lake)	Greg Apahn (Grand Rapids)
8AA	Kent Hamre (STMA)	Jeremy Digiovanni (Elk River)	Rob Nielsen (Det. Lakes)	Stephen Schreiber (Bemidji)
SPORTS MEDICINE		Tom Sharp (Eastview)		

## 2021-2022 MSHSCA SPORT ASSOCIATION OFFICERS

SPORT ASSOC	PRESIDENT	PRESIDENT ELECT/VICE PRES.	EXECUTIVE/SECRETARY	TREASURER/OTHER ASSOC POSITIONS
AD	Matt Mattson (Champlin Park))	Jeff Boran (WEM)	Mike Beck (Stillwater) (Exec Direc)	Dan Johnson (Hopkins)
Adapted Athletics	Brett Kosidowski (Eastview)	Luke Wisniewski (Mpls)		Kelli Waalk (Osseo) (Treas)
Baseball	Ryan Holmgren (Elk River)	Dean Schwirtz (Glencoe-Silver Lake)	Craig Anderson (Pine Island)	Rick Zollner (Pipstone) (Sec/Treas)
Boys Basketball	Neil Steffes (Fertile-Beltrami)	Omar McMillan (Richfield)(Past Pres)	Tom Critchley Sr. (Exec Direc) (retired)	
Girls Basketball	Leah Dasovich (Minnetonka)	Brad Strand (Past Pres)	Carl Pierson (Waconia) (Exec Direc)	Scott Bergman (Sauk Centre) (Clinic)
Cross Country	Brandon Heebink (Wayzata)	Jeff Morris (Perham)	Mary Schifsky (Sec) (Roseville)	Dave Chatelaine (Owatonna) (Treas)
Dance	Molly Carlson (Westonka)	Brittany Rehling (Roseville)	Kelsey Schnackenberg (Membership)	Katie Harmeyer-(Treas)
Football	Jeff Williams (Owatonna)	Matt Mahoney (Fairmont))	Ron Stolski (Brainerd) (Exec Direc)	Jim Dotseth (Secretary/Treas)
Golf	Ben Jurgens (Fergus Falls)	Eric Tollefson (Moorhead) (Past President)		Steve Heslop (Academics)
Gymnastics	Joni Reitmeier (Worthington).	Toni Kleber (Moorhead)(Past Pres)	Shelly Eklund (Eagan)-Sec	LeeAnn Steen-Gymnastics Delegate
Boys Hockey	Michael Taylor (Apple Valley)	Dustin Vogelsang (East Ridge)	Mike MacMillan (Ramsey) (Exec Direc)	
Girls Hockey	Claire Goldsmith (Mound-Westonka)		Tim Morris (Lakeville South)	Robert Sherry (Two Rivers)
Boys Lacrosse	Jon Junker (Chanhausen)	Rob Horn (Benilde)	Darin Nelson (Sec)	Lance Kuehn (Rosemount) (Treas)
Girls Lacrosse	Ana Bowsby (Benilde-St. Margarets)	Theresa Boyd (Hill-Murray)	Kelsey Long (Rosemount) (Secretary)	Patrick Crandall (Lakeville South) (Treas)
Alpine Skiing	Nate Springer (Eden Prairie)	Jason Nickleson (Visitation)	Bob Boldus (Lakeville North)	
Nordic Skiing	Michael Meehlhause (Trek North)	Rob Lageson(St. Paul Central)	Jason Mork (Winona/Cotter)	Richard Heilman (Lakeville North)
Robotics	Alex Jurek (Becker)			
Soccer	Ben LeVahn (Maple Grove)	Aaron Percy (Mpls Washburn)	Keith Randa (Apple Valley)	Art Seplak (Treas) Greg Juba (Clinic)
Softball	Jason Baune (Becker)		Shelly Hotzler (JCC) (Exec Sec)	Shelly Hotzler (Jackson CC) (Treas)
Strength	Mike Breyen (Elk River High School)	Jessica Gust (St. Louis Park)	Alex Greenway (Tracy-Milroy-Balaton)	
Boys Swimming	Ryan Kelly (Austin)	Jason Tangen (Sauk Rapids-Rice)	Todd Walsh (Bloomington-Kennedy)	Kate Steineman (Cretin-DH) (Treas)
Girls Swimming	Megan Magnuson (Visitation)		Todd Walsh (Bloomington-Kennedy)	Katie Haycraft (Prior Lake) (Treas)
Synch. Swimming	Kathy Henderson(Stillwater)		Lauren Kranig (Richfield) (Secretary)	Katy Bohnsack (Prior Lake) (Treas)
Tennis	Robb DeCorsey (Glencoe-Silver Lake)	Les Zellmann (St. James) (Past Pres)	Dave Wareham (Totino-Grace) (Exec. Sec)	
Track	Aaron Berndt (Wayzata)	Meghan Orgeman (Alexandria)	Scott Christensen (Stillwater)	Dave Gunderson (Hall of Fame)
Volleyball	Darin Swanson (Litchfield)	John Yunker (Champlin Park)	Janet Golden-Landquist (Nevis)	Kim Duis (Concordia) (Treasure)
Wrestling	Eric Swensen (Wayzata)	Shawn Fredreixon (Shafer)	Kip Lynk (Dassel) (Exec Direc)	

Note: Sport Association officers, please email delegate and sports association officer changes for next year, or as they change to Rick Ringeisen at: ringer@mshsca.org.

# President's Message

By: Barry Wohler

I can't believe how fast my time serving the MSHSCA has gone by. I began this four-year journey at the MSHSCA summer meeting in 2019 as the Vice President. As I move into the 2022-2023 school year, I assume the role of Past President for the MSHSCA. I am honored and humbled to be soon listed among the Past Presidents of this association. I have met and worked with many great people since I was elected. I would like to thank Tom Critchley Jr. for reaching out and asking me to get involved. I have had the opportunity to work with two amazing Executive Director couples, John and Bernie Schumacher, and Rick and Joyce Ringeisen. The MSHSCA remains an outstanding

organization because of its steady and focused leadership. This spring has been yet another challenging season for spring sports coaches and AD's. Rescheduling events, altering practice plans, and at the same time keeping things positive to ensure that our student-athletes have a great experience. As I write my final article for the Minnesota State Prep Coach, I want to thank everyone involved with the MSHSCA this past year. As I move into the Past President role, I will continue to serve the association in whatever capacity that may be needed.

Have a great summer! Enjoy your time with family and friends, coaches. You've earned it!

## MSHSL BOARD OF DIRECTORS REPORT: MSHSL TOURNAMENTS ARE BACK – AND THEN SOME

By: John Vraa, New London-Spicer HS  
Boys Sport Representative, MSHSL Board of Directors  
Spring 2022 MN Prep Coach

The MSHSL Board of Directors met on Tuesday, June 7, at the MSHSL Office. This was the first-time back meeting at the MSHSL Office since February of 2020, and it felt great to be in the friendly spaces of the league office. A few highlights regarding Winter Activity Advisory Proposals that were approved by the Board:

### Alpine Skiing

- Approved a proposal to implement the same tie-breaking procedure at the state meet used at the section level.
- Approved a second-run order at the state meet that is based on the first-run placement. The first 30 finishers would run in opposite order starting from 30th down to first.
- Approved a proposal that would permit a participant to ski a non-scoring second run at the end of the competition after receiving a DNF, DSQ, or NPS in the first run.

### Basketball

- Approved an opportunity for conferences to decide whether or not to permit the use of a 35-second shot clock during all conference contests if all schools have the capability to use a shot clock. Shot clocks will be mandated in the 2023-2024 season.

### Dance

- Approved a proposal to standardize the number of state qualifiers in both Jazz and High Kick at three teams from

each section.

### Wrestling

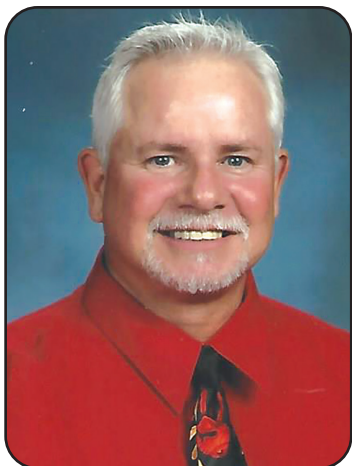
- Approved a proposal that will permit a wrestling team to schedule four girls-only meets without counting toward the 16 allowed team events each season. Girls participants will still be held to the 16-event and 45-match individual limits in the current bylaw.

The MSHSL Executive Committee and the Board of Directors spent significant time reviewing the Representative Assembly process and discussing how to move forward relative to Boys Volleyball. A motion was made and approved by the Board of Directors to create a task force that will review and outline processes and pathways for emerging sports.

Two student initiatives will be starting this summer and fall. The "Together We Make a Difference" Initiative will be led by Paul a Forbes of Forbes Solution. This is a statewide initiative to address racial harm in athletic and school activities. The MSHSL, Forbes Solutions, and Youth Lens 360 will work together to identify activities directors and coaches who will champion the student representatives from their region. The second initiative is the creation of the MSHSL Student Leadership Advisory Committee. Its purpose is to: (1) provide a pathway for student voice/input to the Board of Directors, (2) Student Leadership development, (3) Educate about our association. Initially, there could be opportunities to collaborate between these two groups. Please look for more information if you or athletes from your teams might be interested in participating in these initiatives.

Have a great summer

## Reflections by Ringer



*By: Rick Ringeisen, MSHSCA  
Executive Director*

### **Title IX of the Education Amendments Act of 1972**

***“No person in the United States shall, on the basis of sex, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under***

***any educational program or activity receiving Federal financial assistance.”***

*- Title IX was a section of the Education Amendments signed into law by President Richard M. Nixon on June 23, 1972.*

This month marks the 50th anniversary of the passing of Title IX. If you passed over reading the 37 words above that comprise Title IX, I suggest you go back and read it. Did you notice that the word sports is not in the text? Yet, when it passed, Title IX sparked 50 years of social progress that opened up sports participation to girls and women! However, the process of social change takes time and hard work by many people on multiple levels to gain acceptance.

As Title IX is being celebrated for being the law of our land for 50 years, it is apparent that there are still unequal practices being addressed. For example, this past May, the highly successful US Women's Soccer Team achieved equalization of pay with the US Men's Soccer Team after filing a gender equity suit in 2019.

In March of 2021, Sedona Prince from the University of Oregon took the NCAA to task for the disparities between the men's and women's training areas provided to the teams competing in the NCAA Basketball Tournaments. She posted a video of the women's training area that showed only a few dumbbells, while the men's training area was outfitted with everything you would expect to find at a health club. Sedona's post went viral with over seven million views. The NCAA's excuses did not hold up. Eventually, Dan Gavitt, the Athletic NCAA Senior Vice President of Basketball, apologized for the controversy and said, “We'll get it fixed as soon as possible.”

When I was a kid, the girls and boys all played games together at the parks. Being from the Baby Boom generation, there were few organized sports in small towns, so we picked teams and made up our own local rules. The baseball diamond was on well worn ground. Each of the bases was a balled spot of dirt that no one ever remembered grass growing at. The football field endzones were marked by the location of the swing set and a 100 year old oak tree at the other end of the field. The games typically lasted until the fire whistle would blow at Noon and again at 5:30 pm. For those who did not grow up in a small town, the Noon and 5:30 daily whistle served as a signal for kids to go home for lunch and dinner. We played ball sports in the

spring, summer, and fall, and hockey under the lights was our winter game of choice.

Everyone was welcome, and the older kids did a good job of letting the younger kids play on the teams. It did not matter if you were a girl or a boy; players were selected for their athleticism and the contributions they could make to the team. Sisters and brothers often picked each other because they knew the athletic skills of their siblings. The girls loved playing ball and hockey as much as the boys. I still remember feeling how unfair it was that there were no sports for girls in junior high and high school. At our school, there was only what they called GAC (Girls Athletic Club) which amounted to the girls in our school playing intramural sports.

The late 1960's and early 1970's were a tumultuous time of social change and unrest. There were expanding freedoms for women changing socially accepted codes of behavior. It was clear that it was wrong not to allow girls to participate in interscholastic sports. Kids had understood that truth for a long time. At the end of my sophomore year, things started to change for the better when Title IX passed as a section of the Education Amendments signed into law by President Richard Nixon.

When Title IX passed, girls' sports did not suddenly appear across America. Women and girls had to stand up, fight, and use logic and the law to gain the right to participate in sports. There were battles to access gyms, fields, arenas, and bus transportation to play other schools. In every state, there were leaders who took on the athletic establishments. In Minnesota, Dorthy McIntyre, Maggie Lambert, Becky Leuer, Lisa Lissimore, and many more led with conviction by taking the high road to gain equal treatment. The leaders were supported by women who wanted girls to have opportunities they were denied. They also supported men who wanted their daughters to be able to participate in sports, girls who understood they deserved equal treatment, and boys who supported the girls and their right to be treated equally.

In every town and city across America, things started to change. In some schools, the changes took place without significant controversy. However, there were also plenty of difficult battles that were fought. As we mark the 50th Anniversary of the passing of Title IX, it is important to reflect on the changes and recognize those who enlightened our world and made girls sports possible and thriving today! In every town and city, there are individuals who broke down barriers. They used their strength, intelligence, and convictions to make the dream Title IX made possible for girls in every school in America. Through resilience and determination, they changed our world for the better.

The celebration of the passing of Title IX is about every person who contributed to the creation of girls' sports, supported Title IX, and how it successfully created change and will continue to evolve in our society. As a coach in

## Delegates Corner

*Rick Ringeisen*

As the school year ends, we understand that we have gained a measure of life the way it was before the pandemic. However, Covid continues to linger and become part of the “new normal.” Coaching is a challenging profession and the events of the past two years made things more complicated. For coaches, the end of the school year means transitioning to a different kind of busyness. There are graduation parties to attend and, of course, summer training.

While coaching never really stops, summer training offers

more personal time. It is important to make time for your family and maybe travel if it is possible. Making memories is as important for your family as your teams. The message is short and simple. Summertime is when you play catch up for the long hours and sleepless nights during the school year. You will be appreciated more and you’ll make gains in your mental and physical health. As a coach, you spend most of your time caring for others. Now is the time when you get to spend more with the people you love and take better care of yourself.

## MnIAAA CORNER

*Jeff Boran*

As we look to wrap up the 2021-2022 school year and activities, I would like to send a shout-out to Activity Administrators, Coaches, and Directors for the successful completion of another exciting year in activities! I would also like to quickly address a couple of topics that will come more into focus as we move into and through the 2022-2023 school year.

The first is a new initiative in regards to DEIB (Diversity, Equity, Inclusion, Belonging) within our educational and activity environments. Along with a DEIB committee working in the MSHSL many associations (MSHSL, MNIAAA, MSHSCA, MSBA, MASSP) are embarking on an initiative with a private company to address issues that have become hot topics within schools as well as within the media. Look for information and ways you can support this effort by the leadership within the state so that we ensure our students feel safe and have a sense of belonging within their schools and on their teams within our athletic and fine arts activities. A shout-out to the leaders of those associations for coming together to develop a common language and move in a positive and hopeful direction.

The next issue that will be interesting to watch and will

undoubtedly create “raised eyebrows” from many is the issue of “NIL” (Name, Image, Likeness) for High School Athletes. Many may feel this will or could become a “pandora’s box” and redefine amateurism as it relates to High School students. A shout-out to the MSHSL Board of Directors and Staff for getting out in front of this by defining things that can be and cannot be done. In their last board meeting, language was approved regarding NIL to govern the actions of students that engage in commercial activities using their name, image, and likeness. Students, parents, coaches, and athletic/ activities administrators, please read and familiarize yourself so that you protect your amateur status as required for participation in HS Activities in MN. MSHSL ByLaw 201 (Amateur Status) will contain information pertaining to this issue.

Finally, I hope you can all take time this summer to renew and refresh so that as we move into the 2022-2023 school year will be better and the best for the students, schools, and communities you serve! Keep an eye out for these topics and how they may affect you, your teams, and your programs. Have a great summer of 2022!

## SPECIAL MEETINGS OF IMPORTANCE

June 26-27th, 2022	Summer Board of MSHSCA Directors Meeting	Hilton Garden Inn, Eagan
Sept. 9, 2022	HOF Meeting	Minneapolis Marriott West
Sept.10, 2022	MSHSCA Fall Delegates Meeting	Minneapolis Marriott West
Oct. 7, 2022	HOF Coordinator/Exec Direc Meeting	Sheraton Minneapolis West, Minnetonka
Oct. 8, 2022	MSHSCA Hall of Fame Banquet	Sheraton Minneapolis West, Minnetonka
Jan. 12-15, 2023	NOCAD National Convention	Savannah, GA
March 23, 2023	MSHSCA Finance Meeting	Hilton Garden Inn, Eagan
March 24, 2023	MSHSCA Spring Delegates Meeting	Mancini’s in St. Paul

# HALL OF FAME BANQUET

Bernie Schumacher-HOF Coordinator

Dear Members;

The MSHSCA Hall of Fame Banquet is scheduled for Oct. 8, 2022 from 4:30pm-9:30pm at the Sheraton Mpls West-Ridgedale.

The banquet is a special night where coaches and officials across the state can recognize those who have given many years of their time, have been successful in bringing home State Titles to their schools, increased recognition of their sport, and been an active member of the MSHSCA throughout the years.

This past year we were able to hold our banquet after canceling in 2020 due to Covid. Over 300 coaches were recognized and honored. People were thrilled to be back together again. At our banquets each year, HOF individuals are inducted, along with a George Haun Award, Steve Kerzie Award, awards for DSA-Officials and DSA-Asst. Coaches. 25 Year Members are recognized along with Championship Coaches, Coaches of the Year and Assistant Coaches of the Year. We look forward to a full capacity crowd again this year.

The MSHSCA Board of Directors will be selecting the HOF winners and other individuals for the special awards given each year at their annual June meeting. Nomination forms for HOF, DSA-Officials and DSA-Asst Coaches are available online at the [mshsca.org](http://mshsca.org) website and also are in this publication. Deadline to be considered for this year's HOF Banquet is June 1st. Those who have submitted applications in the past that are over 5 years old and you want your coach to be put back in the pool of nominations, please submit a new updated application. Take the time to fill things out completely and thoroughly to make your candidate stand out.

Please mark Oct. 8th on your calendar. The banquet is open to all coaches, family members, friends, and past athletes. It is a great night where we all get to come together to support and recognize a dedicated, hardworking group of individuals.

Ticket information will be available through the award winners, and also by contacting Bernie Schumacher at 218-732-0204 or via email. See below. Ticket information and order forms will be available to all award winners beginning in August. Deadline date to purchase tickets will be September 15th, 2022.

If you have any questions, please feel free to contact me.

Bernie Schumacher-HOF Coordinator [bschumacher@mshsca.org](mailto:bschumacher@mshsca.org)

# In grief, St. Paul coaching legend reflects on Hall of Fame career

By James Walsh

Star Tribune APRIL 27, 2022 — 7:11 PM

As a Hall of Fame coach for nearly three decades, Floyd Smaller taught his players how to rise up after getting knocked down, how to find victory in the midst of adversity.

This year is putting the teacher to the test.

Smaller, who learned in January that he'd been chosen for the 2022 National High School Athletic Coaches Association Hall of Fame, was incapacitated with COVID-19 at the time. He would be dealt a harsher blow soon after.

Lorraine Smaller, a beloved north Minneapolis educator and Coach Smaller's wife of 60 years, died Feb. 15 of heart disease. COVID also played a role, her husband said. Because of COVID, he wasn't able to see her before she died.

Smaller, 85, his deep voice softer but still resonant, admits to a push and pull of emotions. His heart is broken by loss at the same time it's warmed by peers and players recognizing a lifetime shaping student-athletes.

After growing up in the Rondo neighborhood, Smaller started coaching after graduating college in Arkansas. He began his Minnesota high school coaching career at St. Paul's Mechanic Arts High School in 1972. He retired after 26 years at St. Paul Central High School in 2000.

Full disclosure: I'm one of his former players. I played football at Central in 1979, 1980 and 1981. After he called to share details of this bittersweet year, Eye On St. Paul sat down with the coach to check in. This interview was edited for length.

**Q:** When did you find out about the national coaching Hall of Fame?

**A:** In January, while I was sick [with COVID]. I was struggling to read [the letter].

**Q:** Was this at the same time your wife was ill?

**A:** She'd been in a nursing home for five-and-a-half months, right before we moved her home. She had heart disease and my son Santee had spent a year and 10 months trying to keep a wife, mother and grandmother alive.

[Lorraine and I] would listen to music together, Aretha Franklin and Sarah Vaughan and all that good jazz. And we'd go back and remember what we were doing at that time. I talked to her on the phone on Valentine's Day, she could hear me, but she couldn't speak.



Floyd G. Smaller Jr.

JAMES WALSH, STAR TRIBUNE

My wife died while I was sick. We lost a beautiful person we all loved very much — and me most of all, after 60 years of marriage.

**Q:** You wrote in a letter that this year has been bad and good. What's the good?

**A:** The funeral was exceptionally well-organized, and we kept people safe. We used Zoom. We had 65 people at the Estes Funeral Home during the funeral and we had 12,200 people around the country who tuned in to watch and listen.

[Smaller mentioned several planned tributes to Lorraine, including possibly renaming Falwell Park, where she taught children, in her honor.]

And there's the hall of fame.

**Q:** You were named to the Minnesota State High School League Hall of Fame in 1995, the Minnesota High School Coaches Association Hall of Fame last fall and now the national coaching honor. Why do you think you were chosen?

**A:** Part of it was won-loss record. Part of it was all the kids [I coached] who went to college. The other part was a lifetime coaching all three sports [football, basketball and track]. A lifetime of production. It wasn't just winning in one sport. There is so much more to coaching than the record itself.

[As we talked, Marvin Bond, a former basketball and football player at St. Paul Central, came up to visit with his old coach. Bond recalled a sophomore basketball game in which Central was winning at halftime, but instead of going to the locker room, Smaller made the team run sprints. He was unhappy with their effort. Motivated, Central won going away.]

**Q:** Marvin said the players weren't angry at you. They just didn't want to disappoint you.

**A:** I didn't want to disappoint you. I would have disappointed you if I had been slack in my job.

**Q:** Do you hear from your former players a lot?

**A:** Yes. It makes me happy to sit here in my old age and hear all this coming back. It feels good.

**Q:** Marvin also said you treated star players the same as

# MEMBERSHIP CORNER

Joyce Ringeisen

Assistant to the Director

**As the 2021-22 MSHSCA Membership Year comes to a close, we have registered over 9800 members! Digital Membership cards have been a great success. The registration process has been simplified and has become much more efficient!**

As of July 1, 2021, the MSHSCA changed to a digital membership card system. Members no longer receive their annual membership cards in the mail. Instead, MSHSCA members will receive emails with links to download and print their MSHSCA membership cards.

**This change makes it very important that the email you sign in to your account is active because that is the email address that your insurance and membership links will be sent to.**

This is exciting news because the change brings many advantages for the MSHSCA and its members. The advantages are as follows:

- Faster service for MSHSCA members
- MSHSCA members can carry an MSHSCA card digitally on their phones.
- MSHSCA members will also be able to print a copy of their MSHSCA membership card at home if they prefer to carry a hard copy with them.
- MSHSCA members will have the option to add their picture to their MSHSCA membership card. This will add an additional level of security to the MSHSCA membership system.
- The MSHSCA will save thousands of dollars in card printing costs, envelopes, and postage.

When you join for the 2022-2023 membership year, you will receive two emails.

The first email will arrive shortly after registering and will provide you with a link to print your receipt. The email will look like the sample below.

Hello Your Name,

Thank you for registering with the Minnesota State High School Coaches Association.

For a copy of your receipt, you can click here.

### Registration Info:

**Username:** your email

**Registration Site:** mshsca22.cordonco.com

The second email will arrive after your membership has been processed. You will be provided several links to download to print the general liability insurance information and your membership card. The email will look like the sample below.

Hello Your Name,

Thank you for registering with the Minnesota State High School Coaches Association.

To print or save your information, click one of the following links:

---

### General Liability Insurance Program

Insurance information.

**Download the PDF:** (Click here)

**Navigate to the PDF:** (Click here)

**Download the image:** (Click here)

**Navigate to the image:** (Click here)

---

### Wallet Size Membership Card

Keep this card with you. The Membership card is good for admission at many high schools and colleges in Minnesota. You can choose the link to save the image and save it to your camera roll. You can then use your smartphone to show the Membership card. As an alternative, you can choose to view the pdf and print a copy of your membership card.

**Download the PDF:** (Click here)

**Navigate to the PDF:** (Click here)

**Download the image:** (Click here)

**Navigate to the image:** (Click here)

---

### Registration Info:

**Username:** your email address

**Registration Site:** mshsca22.cordonco.com

This is a major change in the MSHSCA. We have been told by the programmer that when major changes like this are made, to expect glitches. Please be patient as we update and move to the digital MSHSCA membership system.

In the past, your email was only used as a login ID. From now on, the email address you sign in with must be an active email account that you can access to open the MSHSCA membership emails sent to you. You must log in with the last email and password you used to sign up for your membership in past years. Once you are into the MSHSCA membership system, you can update your member profile. There is an EDIT button on the left side of your profile. Please note that your membership card will print the information you have entered.

As in the past, if you are having difficulty, you can write to the Executive Director, Rick Ringeisen, at [ringer@mshsca.org](mailto:ringer@mshsca.org) and request assistance.

**MEMBERSHIP CORNER... continued on page 9**

# National High School Athletic Coaches Association

## Becky Leuer selected to receive the Kathy Holloway Women of Inspiration Award

By Rick Ringeisen

The MSHSCA is proud to announce that Becky Leuer (North Branch - retired) has been selected to receive the 2022 Kathy Holloway Women of Inspiration Award. Becky's long and distinguished career as a teacher, coach, administrator, and official made her an excellent choice to be honored. Professionally Becky achieved success at every level of her career and is an admired and respected leader. Becky finished her career as the Athletic Administrator at North Branch High School. She has served on the MSHSCA Board of Directors and continues to serve on the MSHSCA



Becky Leuer

Executive Board as the Girls Sports Liaison.

Becky was one of the key individuals that worked to unite the girls and boys Minnesota coaches associations. Becky used her leadership skills to bring the officers from the Girls Sports Association together with the officers

from the Boys Sports Association. They worked collaboratively to merge the two Associations into one unified and strong Minnesota State High School Coaches Association. The constitution was rewritten to ensure gender equity and equal leadership opportunities.

Becky continues to serve the MSHSCA in several leadership capacities. Her leadership and the examples she sets are highly regarded at all levels across Minnesota. Becky's leadership, integrity, and exceptional character have resulted in her promoting growth in women's sports to benefit female athletes and coaches alike. One of the most inspirational things that Becky does is to encourage girls to participate in sports and to give back to the sports they love by becoming coaches.

The recipients of the Kathy Holloway Women of Inspiration Award will be recognized and honored at the NHSACA National Hall of Fame Banquet held on Tuesday, Jun 21, 2022 at the Prairie Meadows Event Center, in Altoona, Iowa.

## MEMBERSHIP CORNER ... continued from page 8

We have only had a few members experiencing problems!

### MSHSCA Digital Membership Troubleshooting Tips:

**“I did not receive an email after registering, but I see my credit card was processed.”**

This is likely due to one of the following reasons:

- The email was blocked, or it is in your Spam mail.
- 1. You received the email but did not recognize it. The email will come from [Registration@cordonco.com](mailto:Registration@cordonco.com), and the subject is Minnesota State High School Coaches Association.
- 2. The email is sent automatically to the email address in your MSHSCA profile, so if you are using a different email, you may need to edit your profile.

#### Solution:

You can log into your MSHSCA member profile at any time to open membership links.

Log in to <https://mshsca22.cordonco.com> (this is the same link you use to join MSHSCA every year)

Look for the menu on the left side of the page. Click on “Doc-

uments Card Print” to open your links.

This is also the same place to EDIT your Profile with any address/email changes.

**“I cannot access the membership links after registering. It says: Awaiting Access Approval.”**

You are likely in the “Check/Money” Payment Method. You will not have access until the payment has been received. Once payment is received, you will receive an email with the links.

*“Be so good  
they can't ignore you.”*

- Steve Martin



# CORNER KICKS

By: *Ron Kruschwitz*  
*North St. Paul Boys (retired)*  
*Soccer Communications Officer*

Summer is here, and most of the state tournaments are finished. I am one of the clerks at the State Track meet, and this year I was made aware of how many soccer players participate in track. I met athletes that had played for me in the BSN Senior Classic and a Ms. Soccer. Even more of the athletes had soccer t-shirts on. It became obvious that the athletes that play soccer for us play more than one sport. It was encouraging to see this.

The Board discussed the issues of diversity and harassment in soccer. Coaches on the committee shared personal stories about things that were said to their teams and players from fans and other players which were inappropriate and racist. The Committee agreed there was no place in high school soccer for this behavior. Our MSHSSCA is reminding our coaches to converse with their Athletic Director before the season about issues with fans in the stands and setting a welcoming tone for the visiting teams. We will continue collaborating with officials to set the tone of the game and the fans.

The Board will poll its members about the Overtime Procedure for the regular season. In addition, they will also be looking at a Mercy Rule for soccer. These will be written as a proposal and submitted to the MSHSL in October.

We are going into season two of having a three-class state soccer tournament. Our organization continues to work on having all coaches represented through their section reps, and we continue to try and fill a few open section representative positions. If you would like to volunteer, let Keith Randa, our Executive Secretary, know.

Our long-time partners and friends, Mark and Marya Hultgren, who ran our State Tournament Team and All-State banquets, have retired from banquets. We thank them for their long service to the High School Soccer Community. Thanks, Marya and Mark, from all of us at MSHSSCA.

With their stepping down, the MSHSSCA board had to decide about continuing the soccer banquets. Andrea Winiecki, our banquet coordinator, and Max Lipset (SPA boys coach) stepped in to lead the banquet and look at the continuing issues involved with the 2022 banquets. They have done a lot of leg work collecting information about the banquet. We have secured Roy Wilkins Auditorium on

Sunday, October 23, for the three banquets. Andrea and Max have met with a subcommittee to review the banquets and their format. The board will approve the changes, and the new format will be included in the 2022 Coaches Packet.

Greg Juba (Park Girls Retired), our Clinic Director, has provided the information about our 32nd Annual Soccer Clinic. This will take place at the National Sports Center in Blaine. The clinic will be held on August 11th and 12th this year. A reminder that registration for both the MSHSSCA and the MSHCA are not included in the registration for the clinic. Visit [www.mshca.org](http://www.mshca.org) for online registration with a credit card. The online registration will close one week before the clinic. If you, do it on the paper form, mail it to Art Seplak, 10077 Upton Road, Bloomington, MN, 55431-2849.

The clinic is a good place to meet important soccer sponsors and see their wares. There will be Minnesota and nationally recognized coaches and clinicians. If you are a new coach, there is a special session on items to know and specific topics on diploma completion. Please look at the registration information and get it completed. If you see Greg at the clinic, thank him for all he does to make this a success.

Here is an additional bit of information. There will be a Coaches Social on Thursday, August 11th. This will take place at Broadway Pizza which is located at 11822 Aberdeen St. N.E. in Blaine. It is scheduled from 6:30-9:00 pm with a Social Hour with light dinner options.

Please check the website at [mnhssoccer.com](http://mnhssoccer.com) for all the important dates. It is imperative that you do not miss important dates for submitting information and joining the MSHSSCA organization. October 1st is the last day for becoming a member of the Coaches Association.

A reminder that State Tournament Quarter Final sites will be announced later. These are games played on Tuesday, October 25, Wednesday, October 26, and Thursday, October 27. The Tournament moves to the US Bank Stadium on Tuesday, November 1, Wednesday, November 2, and Friday, November 4th. The Senior Classic will be played at M Health Fairview Sports Center in Woodbury on Wednesday, November 9th. More dates are on the website.

Sometimes it is good to realize that many great people work in other sports. I am going to take the opportunity to acknowledge a couple of them. My good friend and neighbor, Ziggy Kauls, longtime Mounds View Boys basketball coach, is being inducted into the National High School Coaches Association Hall of Fame in June. This is a much-deserved award, and we congratulate him on this award. The second one is the group that serves as Clerks at the State High School track meet. I work with these people who are the best in the business. First names only for this group. Congrats to Dennis, Patty, Tom, Julie, Mike, Gary, Marly, Bill, Jon, and Todd.

That wraps up another column. I hope you enjoy your summer, work with your team, and take some time for yourself. See you at the Clinic in August. Happy 59th, Peggy.



# CLEARING HURDLES



By: Aaron Berndt, Wayzata High School  
 President, MN Track & Field Coaches Association  
[aaron.berndt@wayzataschools.org](mailto:aaron.berndt@wayzataschools.org)

Congratulations to all athletes, coaches, school staff, and community members for such a successful 2022 season. It seemed like spring would never arrive this season, but in the end, it was a tremendous season of individual and team successes. The True Team state meet and the MSHSL State meet are traditions. It was so good for our athletes to experience their intended ways this past season. 2022 also was the 50th season since the passage of Title IX. This legislation has helped break down barriers to allow for movement towards gender equality in all athletics, including track & field. We had almost 60 athletes and coaches from that first MSHSL state meet in 1972 on hand for the final day of the MSHSL state track meet to celebrate the anniversary. What a great way to honor those who helped pave a trail for our student-athletes today. A HUGE thanks to Meghan Orgeman from Alexandria for spearheading this event. Meghan worked tirelessly with many others, both in and outside our association, to make this happen.

Congratulations to all team champions from this past season. True Team state champions for Class AAA were Minnetonka girls and Rosemount boys. Class AA champions were Rocori girls and Mankato East boys. Class A champions were Grand Meadow/LeRoy-Ost/Kingsland/Southland girls and Lansboro/Fillmore boys. In the MSHSL state meet, Rosemount girls and Andover boys won the first-ever AAA titles. The Class AA titles went to Monticello girls and St. Peter boys. The class A team titles went to Eden Valley-Watkins/Kimball girls and Nova Classical Academy boys. Once again, our Association awarded the Mr. and Ms. Minnesota Track & Field during the MSHSL state meet. A big congratulations to William Skelly of Mounds View on being named 2022 Mr. Minnesota Track & Field and Maddie Dahlien of Edina on being named 2022 Ms. Minnesota Track and Field. Thank you to all coaches who took the time to nominate athletes during the busy end-of-season time frame.

As we look forward to the 2022 season, we are working on several items which will have a great impact on our sport. This past season was our first in the MSHSL three-class format. After so many years of work by so many individuals, it was so satisfying to see the result. There were so many deserving athletes competing in the MSHSL state meet because of this change. We will be having summer meetings for association members in next coming months to discuss the MSHSL season, including section and state meets as well as our true team committee meeting to discuss True Team agenda items. You will be invited through email in the next few weeks to both in-person and virtual association meetings. If you want to join the true team committee, please contact me to get added to the list.

Our Track & Field Coaches Association is looking forward to hosting our annual coaches clinic again this January in a new location. The 2023 T&F coaches clinic will take place the final weekend in January at the InterContinental St. Paul Riverfront. Our association is excited about what the venue change can do for our clinic.

On a completely different note, this will be my final article submitted for Mn Prep Coach as my term as president of the Minnesota Track & Field Coaches Association ends this month. I am very thankful and blessed to have worked with so many of you in my two years as vice president, followed by four more years in this president role. I was happy to serve two additional years in the president role as we navigated the Covid season. To see the perseverance from so many coaches and athletes and now the transition to three classes the past season, I am extremely proud of what we have done to better our sport in Minnesota these past six years. Namely, we have expanded the wild card team allotment for the True Team State meet from nine to twelve teams with the additional wildcards. We successfully persuaded the MSHSL to add an additional competitive class starting in the 2021-22 season. We have now seen that result. We added the Women4Women initiative to recruit and retain female coaches as strong role models and incredible coaches. We added the T&F mentorship program, with nearly 40 coaches volunteering to serve as mentors. Finally, we created the only Mr. / Ms. Track & Field award in the United States. It is very impressive what we can do as we work together to improve our sport. I have enjoyed working with so many of you to see these things come to fruition.

This summer, Meghan Orgeman, the girl's coach from Alexandria, will move from the vice president role to the association's president. Eric Klein, the girl's coach from St. Charles, will be the new vice president for two years before also moving into the president role. Meghan has been instrumental in the Women4Women organization, and she will become the first female president of our association since the boys' and girls' associations merged more than 20 years ago. I know both Meghan and Eric are going to be great representatives for our association and look forward to more collaboration and growth for our sport.

As you reflect on your season and look for changes to make next year, consider what you can do to better our sport in Minnesota. I promise you that you will reap great personal benefits from this. Please get involved in the statewide association or, at least, at the section level. Too many of us wish things were different, but you must get involved to improve things. If you are asked to speak at the clinic, please say yes. It is because the clinic directors were given your name as somebody who knows his/her event well. If you are asked to be a section representative, please say yes. Our sport will decline in this state if coaches do not get involved. We need more coaches and younger coaches on the True Team Committee. The True Team Committee has made many changes in the past few years with the help of newer members. Contact me if you are interested in any association groups, and I can direct you to the right people. We will be conducting in-person and virtual association meetings again this summer, with dates to be sent out to association members.

I look forward to seeing and talking with many of you at these events. Finally, enjoy your summer. You deserve it!



## Swim Strokes

By: Ryan Kelly

A return to some semblance of normalcy was seen in 2022 as we were once again able to experience epic state meet competitions and, after two years, an in-person All-State Celebration and annual MSHSCA Clinic. The Boys' State Meets were fast again, and the energy was back in the building in Minneapolis. Congratulations to the team winner Breck/Blake in Class A and Edina in Class AA. Both teams had incredible showings!

On April 29, we held the All-State Awards Ceremonies and Banquet. It was fantastic to come together to recognize the efforts and accomplishments of our athletes, coaches, and honored Hall of Fame inductees. Below is a list of some highlighted awardees from the All-State Banquet. For a full list of All-State Swim and Dive honors, visit the MSHSCA website and click on "Banquet." You can also find the State and Section swim results on the site.

**Roger Cersine Distinguished Officials Award:** Michael Bougie & Mary Lou Erickson

**Jerry Simpson Distinguished Service Award:** John Patricelli, Coon Rapids & Mike Rogers, Eden Prairie

**Asst Coach, Dedicated Service Award:** Scott Diercks, Rochester & John Tegg, Farmington

**MSHSCA Hall of Fame Inductees:** Ms. Karen Bosvold Zemlin, Blaine & Mr. Tom Uvaas, Fergus Falls

**Class A Female Athlete of the Year:** Grace Hanson, Hutchinson

**Class A Male Athlete of the Year:** Charlie Crosby, Breck/Blake

**Class AA Female Athlete of the Year:** Katie McCarthy, Edina

**Class AA Male Athlete of the Year:** Grant Wodny, Duluth

**Class A Girls Coach of the Year:** Rory Fairbanks, Hutchinson

**Class A Boys Coach of the Year:** Michelle Carlson & Brian Wright, Breck/Blake

**Class AA Girls Coach of the Year:** John Bradley, Minnetonka

**Class AA Boys Coach of the Year:** John Zemke, Brainerd

Along with the weekend ceremonies, coaches could get together for the annual clinic. This year's featured speakers were Charlie Hoolihan, Abbie Fish, David Plummer, and Coach Dale Magnuson. Clinic and banquet organizers did a great job bringing the MN swim and dive community back together for the first time since 2019. As for myself, I'm honored to be starting this position as the Boys Association President for the next couple of years, and I look forward to helping strengthen the sport even more than it is now!

## Mat Chatter

By: Eric Swenson



As the school year wraps up, we draw closer to the summer waiver period where coaches can once again train their athletes. To me, this is our "summer season." In addition to the camps and the clubs, school programs are the heart of Minnesota wrestling. School programs should remind the athletes and their families that their school team is important and team matters. Summer training is the time to help your team improve on technique, build strength, and build a positive team culture. Also, remember to have fun! Let the wrestlers try new techniques and drill with others on the team who they might not usually work out with. Add in some games to promote healthy competition and teamwork. Give kids a reason to want to train in the summer.

With that said, summer wrestling is also a very important time to compete. Coaches and clubs need to promote "off-season wrestling." MNUSA Team Minnesota will send teams to 14U, 16U, and Junior Duals, as well as a national team to compete in Fargo in July. This is an amazing opportunity for both boys and girls. The tricky part is convincing newer wrestlers and their families that they should take the opportunities offered in the summer. There are a lot of distractions, and sometimes some of these opportunities can cost a lot of money. Continue to work with your schools, clubs, and parents to help provide resources to give all kids access to all available opportunities. Don't assume kids and families know how to train or improve; you need to teach them.

At a recent MSHSL meeting, there was a discussion about the shortage of high school sports officials. Wrestling could always use more officials. Some of our high school athletes may not wrestle in college, but that does not mean they need to be done with the sport. Encourage wrestlers to give officiating a chance. During summer wrestling practices, have your wrestlers officiate practice matches. Additionally, have your athletes reach out to towns and clubs hosting summer and fall wrestling events to see if officials are needed. This is a great way to stay connected to the sport as well as give back to the sport. Remind them that they can get paid to officiate as well!

---

***"Don't be afraid to give up  
the good and go  
for the great."***

- Steve Prefontaine

---

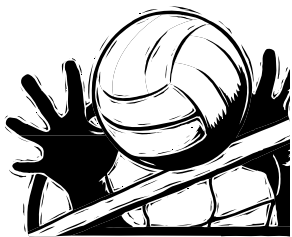
find us on **facebook**



follow us

**twitter**

**@MSHSCA**



# Dig This

By: *Darin Swenson*  
Litchfield High School

Summer is here! It took a little while, but Summer finally decided to show up and bless us with some wonderful Minnesota lake weather. It is a great time to get projects done, spend time with family, and recover from the school year. It also means that the season is right around the corner. Many of you are probably running volleyball camps, attending volleyball camps, or participating in various leagues. Whatever it is, I hope you and your teams are excited about the upcoming volleyball season! Well, I am here to remind you of another AWESOME opportunity that you have to prepare for the 2022 season!

We are beyond excited for the return of the MNVBCA Coaches Clinic! As you have probably heard by now, the clinic will be held on July 27th and 28th at Concordia Academy in Roseville, MN. Our last clinic was in 2019, so we wanted to come back with a clinic that will be remembered for years. Our keynote speaker this year will be Russ Rose!! Coach Rose recently retired as the head coach of Penn State. While at the helm of the program, the Nittany Lions won an incredible 7 Division I National Titles! He also retired with a record 1330 wins! Coach Rose will be leading four sessions over the two days of the clinic. In addition to Coach Rose, we have an outstanding lineup of high school and college-level coaches. It will be impossible to attend this clinic and not walk away energized for the upcoming season. Go to [www.mnvbca.org](http://www.mnvbca.org) and find a full list of presenters. You can also find registration information there too!. If you are on Twitter, you can also follow @MNVBCA to get reminders, updates, and all the good things that are volleyball.

Take the next couple of months to recharge the battery, and make sure you are close to a full charge for the start of the fall season. I love that we start each new school year with a new volleyball season. The student-athletes are excited to be back, and we get the first chance to channel that excitement and energy into our season each and every year. Let's make sure we capitalize on that opportunity! It's going to be a great year!

## MEMBERSHIP REPORT 2021-2022

June 14, 2022

### Types of

Membership	2018-19	2019-20	2020-21	2021-22
Active Class A & AA	6559	6103	6215	6695
College Associates	1178	1287	697	1218
Other Associates	58	62	29	87
Active Life	343	340	332	370
Retired Life	1293	1351	1401	1480
Honorary	4	5	5	5
<b>TOTAL</b>	<b>9435</b>	<b>9148</b>	<b>8666</b>	<b>9855</b>

### Breakdown of membership by sports association

(2018-2019/2019-2020/2020-2021 totals in parenthesis)

Adapted Athletics (21/18/31) 42	Boys Lacrosse (104/48/66) 80
Alpine Skiing (62/64/ 48) 58	Girls Lacrosse (90/47/92) 94
Athletic Directors (119/113/109) 95	Football (1133/1113/1044) 1082
Baseball (515/515/486) 487	Football Retired (1/4/6) 5
Boys Basketball (764/702/582) 635	Robotics (58/51/58) 72
Girls Basketball (737/682/602) 630	Golf (boys & girls) (360/288/321) 403
Cross Country (449/426/425) 444	Soccer (boys & girls) (445/436/443) 455
Dance (280/290/276) 292	Softball (489/424/423) 449
Gymnastics (225/229/196) 198	Synchronized Swimming (18/10/15) 16
Nordic Skiing (103/116/97) 110	Girls Tennis (222/226/210) 205
Girls Swimming (240/254/228) 249	Boys Tennis (185/172/168) 148
Boys Swimming (197/200/180) 194	Track & Field (881/735/740) 797
Girls Hockey (90/93/148) 175	Volleyball (661/636/546) 559
Boys Hockey (192/209/194) 179	Wrestling (143/153/165) 178
Hockey Retired (2/2/4) 2	

Sports associations that collect their own dues, but join the MSHSCA are Cheer (13/13/10), Clay Target (12/9/6), and Badminton (5/6/6).

## COACHES CARING PROGRAM

Do you know of a Minnesota high school coach who is facing a catastrophe and could use some financial assistance? You can nominate a coach for a \$100.00 Coaches Caring assistance donation by emailing your nomination to Rick Ringeisen at [ringer@mshsca.org](mailto:ringer@mshsca.org)

When you nominate a coach for a Coaches Caring assistance donation, remember to provide background information for the committee to review. Please note: A limited number of Coaches Caring Program assistance payments will be issued each year depending upon the amount of donations made by coaches association members.

**Trophies Plus is now helping to sponsor the Coaches Caring Program to help keep it sustainable.**

# SERVICE ACES

By: Robert DeCorsey

MTCA PRESIDENT



School is out, and the boy's tennis season has officially ended. Our season ended Friday, June 10th, with a very entertaining and well-played state tournament.

St. Paul Academy and Summit School defeated Breck 5-2 for the Class A championship, and Orono defeated Edina 4-3 for the Class AA championship. Mounds Park Academy junior Evan Fraser, the No. 2 seed in the Class A field, closed out his season with a 6-3, 6-2 victory over Osakis junior Isaac Maddock to win the individual championship. In doubles play, top-seeded Dylan Hahn and Jack Onka of Thief River Falls went three long sets before defeating Ethan Leeser and Frederick Suhler of Rochester Lourdes 7-6 (4), 5-7 (5), 6-3 to claim the championship. In Class AA, Edina junior Matthew Fullerton, another No. 2 seed, came out on top in the Class AA singles competition, but it was a challenging task. Fullerton defeated top-seeded Collin Beduhn of Wayzata 7-6, 6-7, 7-6 in a match that lasted nearly four hours. Fullerton won the final tie-breaker, 7-3. In the doubles competition, Orono's Matias Maule and Sam Skanse combined for a 6-2, 4-6, 6-4 victory over Tej Bhagra and Spencer Busch of Rochester Mayo.

Congratulations to our Section and State Coaches of the year. Your dedication to your players, programs and the game of tennis is admired and appreciated by many.

## Class AA Coach of the Year:

Hokan Bengston: Becker

## Class A Coach of the Year:

Tara Reichmann: Minnewaska

## Assistant AA Coach of the Year:

Jeff Fedor: Blaine

## Class A Assistant Coach of the Year:

Chad Quelle: Minnewaska

## SECTION COACHES OF THE YEAR

	Head Coach A	Asst. Coach A
SEC 1:	Kelly Manley [Stewartville HS]	David Kohutko [Lake City HS]
SEC 2:	John Carlson [Litchfield HS]	Laura Olsen [Fairmont HS]
SEC 3:	Jeff Lalim [Yellow Medicine East HS]	Shawn Aker [Montevideo HS]
SEC 4:	Jose Williamson [Minihaha Academy]	
SEC 5:	Paul Barry [DeLaSalle HS]	Tony Carpenter [St. Anthony Village HS]
SEC 6:	Eric Inglis [Foley HS]	Melanie Madden [Totino-Grace HS]
SEC 7:	Jessica Worden	Thomas Proulx

SEC 8:	[Hermantown HS] Tara Reichmann [Minnewaska HS]	[Cloquet HS] Chad Quelle [Minnewaska HS]
--------	--	--

	Head Coach AA	Asst. Coach AA
SEC 1:	Jennessa Runia-Bade [Albert Lea HS]	Michael Kohel [Lakeville South HS]
SEC 2:	Drew DeCorsey [Shakopee HS]	Brent Reinbold [Mound-Westonka HS]
SEC 3:	Jordon Stevens [Eagan HS]	Jon Rydberg [East Ridge HS]
SEC 4:	David Kuether [Spring Lake Park HS]	Michelle Zeng [St. Paul Harding HS]
SEC 5:	Jacob Olson [Delano HS]	Brad Gullickson [Champlin Park HS]
SEC 6:	Gary Aasen [Edina HS]	Lynn Larson [Bloomington Jefferson HS]
SEC 7:	Thea Lowman [Cambridge-Isanti HS]	Jeff Fedor [Blaine HS]
SEC 8:	Hokan Bengston [Becker HS]	Nathan Bucher [Becker HS]

Summer is relaxation and recover time for coaches, as well as improvement time for players. We all play different roles in this. Do yours the way you do it best. Many of us work with our players and keep putting in the time, but just as players need to recover, so do coaches. Make sure you have your summer waivers in place. Now is also a good time to renew your Coaches Association membership. Go to the MSHSCA website to get this completed. Before we know it, the girls' season will be here.

Update on the 3 Class Ad Hoc committee work: The committee has continued to put in work looking at our best way to get to a 3 class system for both boys and girls tennis in Minnesota. The model the committee is working for is a Top 32(AAA), and 50/50 split of the remaining teams for AA and A. The next moves include gaining support from AD's and other school administrators. Following will be trying to garner support from MSHSL representatives. The committee members have put in many hours working together to improve our sport, and we thank them for their efforts. Information will continue to be coming.

Have a restful and relaxing summer.

*“Keep working,  
even when no one  
is watching”*

- Alex Morgan

find us on facebook



follow us twitter

@MSHSCA

# Goal Posts

By: Ron Stolski

## KEEPERS

It is curious what we discover when looking for something else. I confess to being a 'pack rat.' That is to say, I save all things accumulated in our football life. When my spouse wanders into our little home office and sees the perpetual mess, stacks of files, papers, assorted memorabilia, etc., saved for over six decades, she advises me to clean the place up. The advice I am still working on, with little success. While preparing for this column, I discovered files dating back to the seventies and eighties by visionary leadership to initiate changes in the football landscape that have enhanced the football experience for every coach, player, and community in our great state. The playoff system and the All-star game are just a few. What we enjoy now is the result of the desire, vision planning, and implementation of those who came before. It made me think of mentors who inspired and led the journey to today. Men like Raveling, Mahoney, Weimeier, Scott, and Swanson. There are too many to mention, but they all have a common trait.

Outstanding people in life have one thing in common, a sense of mission. The early years of the MFCA's history are replete with men with that passion. They had a shared desire to make the opportunities to compete in a championship tournament and to select the best of the best, both coaches and players, to enjoy one last contest open to all. When we were young, they were our mentors. The reader can find them in the Hall of Fame, the past president's roll call or their names may be etched on fields. They just might be the coach from your hometown, school, or community. Recognition or not, they remain forever in our memories.

How about you, fellow coach? You are a mentor, you know. And your role is equally important as were the icons of our past. You have issues to deal with beyond a playoff or an all-star game. This era, challenged by social issues and platforms that highlight them, has created new challenges for our profession and you, the coach, a recognized leader in your school and community. Events of the past few years, bullying, intimidation, racist threats, and anti-social messaging, require us to teach and mentor those in our charge that, even if they do not happen within our team or community, to speak out and condemn such behavior.

Further, teach our players that such behavior is unacceptable in any setting. Let us be the messengers and models of tolerance, compassion, and understanding. Way beyond the x's and o's, this may be the lessons of our legacy.

## HIGHLIGHTS OF THE SPRING

- Thank you for attending the annual clinic. We had a record attendance of approximately 1,700. At the banquet, the following were honored Nick David, the Don Swanson award, Will Wackman, Distinguished Service, Class Coaches; 9-man, Trevor Carrier, Leroy-Otrander, 1A Dean Aurich, Mayer Lutheran; 2A Jeff Johnson Chatfield, 3A Ryan Weinandt Dassel-Cokato 4A Joel Swanson Kasson-Mantorville, 5A J.J. Helgert, Mankato West, 6A Ben Burk, Lakeville South Coach of the year, Andy Rostberg, Hutchinson Assistant COY Matt Myrvik, Minneota, POI, Rodney Lossow, Minneapolis South, and Hall of Fame, Bubba Sullivan, Bill White, Gary Fasching, Dean Aurich, Rob Nielsen, and Gary Sloan.
- Tackle Cancer raised \$326,300. Ten year total, \$2,452,000.00 2022 goal, \$400,000.00
- Past President Jeff Williams is chairing a committee to work with the MSHSL on further seeding the state tournament playoffs. The process is ongoing.


Have a great summer!



By: Mike Breyen

Summer training has begun, and we hope everyone has a great time training their athletes. The MSCA will be wrapping up its first year in August, and we've accomplished so much in this short time. In our first year of operation, we organized two successful events. Alex Greenway spoke at the heavily attended MFCA Clinic this spring, and Zach Nauert will be speaking at the Volleyball Coaches Clinic this July. We are open to speaking at any sports association clinic interested in having us supply a speaker. Just email one of the Board Members so we can get rolling on it. A survey was sent to collect feedback on what coaches would like to see from the MSCA. If you did not see that survey, reach out to us, and we will get back to you. We are also currently in the process of forming committees to work on by-laws, athletes/coaches awards, and sponsorships for the association to assist in awards, speakers, etc. Our "Official" webpage will hopefully be up and running soon as well as a SWAG Locker in the fall that will assist with clinic information, job information, equipment sales, etc. We always seek input from our members, no matter what that commitment level. If you are interested in helping with work within the committee, please contact any of the currently serving board members. I would also like to personally thank the Board for all of their efforts in growing the MSCA!

# GIRLS HOCKEY "SNAP SHOTS"



By: Tim Morris,

Executive Director, MGHCA

[www.MGHCA.com](http://www.MGHCA.com) [Execdirector.MGHCA@outlook.com](mailto:Execdirector.MGHCA@outlook.com)

Girls' high school hockey in Minnesota continues to lead the nation in the number of players participating at nearly all levels of hockey across the country, including youth, high school, collegiate, and on the international stage. Most recently, seven Minnesota players represented the U.S. at the IIHF 18U World Championships held in Madison, WI. That team earned a silver medal losing to Team Canada in the championship game. While the number and quality of the players produced in Minnesota are strong, we still believe there is room for growth in the game for players to become officials, coaches, and administrators at the highest levels of hockey. We believe our mission statement clearly defines those objectives.



**“The purpose of the Minnesota Girls Hockey Coaches Association shall be to promote the welfare of girls high school team coaches and high school girl athletes and their participation in hockey as players, officials, coaches and administrators. The association will promote and administer development programs in order to increase participation in girls’ high school hockey in the state of Minnesota and to promote those players wishing to play collegiate hockey. The MGHCA shall provide resources and continuing education for all high school coaches. The MGHCA will also promote sportsmanship and comradeship among all high school coaches throughout Minnesota.”**

There are issues that continue to be problematic for not just our sport but for others as well. So far, since the end of the MSHSL girl's high school hockey season, we have lost two more hockey programs to cooperatives that were formed because of low numbers at the high school level. Unfortunately, we may be on the verge of losing another storied program to the socio and economic changes in the attendance area of that school. Since a peak of 127 girls high school hockey programs not that long ago, we are looking at 112 programs for the 2022-23 season and perhaps even less than that. This is an alarming trend that will take the effort of many people to reverse and repair so we can keep and enhance our status among other hockey-playing areas around the country.

Maybe even more alarming is the number of head coaching changes that we have been seeing from year to year. As of the writing of this article, 26 head coaching changes will or

have occurred for next season. As a coach with many years of experience, I believe the number one attribute of a successful high school program is consistent leadership of the program. I have communicated with several coaches leaving their teams, asking them why they are leaving, and again the message seems to be undue parental pressure and expectations. While we all know not all personalities will exist without some disagreement about how things are done or how many wins a team had during the season. Our focus as coaches should remain on giving our players the tools to operate successfully as young adults once they leave our programs and give them the confidence to perform at the highest level of each one's ability while participating in the sport we all love. That said, the MGHCA Mentoring Committee will proactively seek out new or less experienced coaches to assist those coaches as they continue on their coaching journey. Look for more info early in the fall on our mentoring initiatives.

## 25TH ANNIVERSARY SENIOR CLASSIC

One of the premier events held each year for our high school athletes is the Senior Classic All-Star series. This coming March, we will be celebrating the 25th anniversary of the event. This tournament allows the top 136 seniors to compete against one another with their section team. There will be a couple of new activities added this year. We will be inviting players back from past years to participate in the first-ever Senior Classic Alumni Game. This should be a treat for not only fans but also the participants. There will be a player social, door prize giveaways, and limited edition event apparel available for purchase. Stay tuned for more info!!!!



## MGHCA FALL CLINIC & AWARDS LUNCHEON

The MGHCA will once again be hosting a FREE clinic this coming fall. The clinic is tentatively set for October 7th and 8th, with the location yet to be determined. The importance of attending the fall clinic can not be stressed enough. It is an opportunity for coaches to meet, learn from one another, and enjoy the company of others who share your passion for the game. As soon as more information becomes available, we will ensure it gets disseminated to our member coaches (head and assistants).

## MSHSCA MEMBERSHIP

We encourage all high school coaches to become members of the MSHSCA (and thereby members of the MGHCA) at their earliest convenience once the new link for 2022-23 membership becomes available. The liability insurance that coaches receive as part of their membership alone is worth becoming a member. As a reminder, head coaches must be members to assure your team qualifies for any team awards or players qualify for any individual awards. All coaches must be members to be considered for post-season coaching honors.

Have a great summer!

find us on **facebook**



follow us **twitter**

@MSHSCA



# SYNCHRONIZED SWIMMING

By: Kathryn Henderson

## 2022 State Championship

Two years after losing an entire season, synchronized swimming is still rebuilding its teams and overall numbers of athletes. Approximately 250 athletes competed at our sections and state championships this year. This is down from 450 in 2019. It was our first year back having our state championship at the University of Minnesota Aquatic Center since 2018. It was great to be back in that large venue with spectators.

This year's state championship team is Stillwater Area High School, followed by Wayzata in second place, and Forest Lake in third place. Synchronized swimming has consistently had 14 teams competing. Most of those teams are from the metro area, with one exception being Itasca Synchro based out of Grand Rapids. The full list of team results will be listed below.

## 2022 State Meet Team Results

1.	Stillwater	180
2.	Wazata	90
3.	Forest Lake	76
4.	Richfield	33
5.	Edina	30
6.	Blake	25
6.	St. Louis Park	25
8.	Maple Grove	11
8.	Prior Lake	11
10.	Hopkins	8
11.	Eden Prairie	5
12.	Bloomington	4
13.	Itasca	2
14.	Columbia Hts	1

## 2022 All-State Athletes

- Bella Chau - Stillwater
- Averie Chism - St. Louis Park
- Anna Fischer - Wayzata
- Leigha Kraft - Stillwater
- Luci Miller - Stillwater
- Ruby Ravnholdt - Wayzata
- Hailey Schmit - Stillwater
- Paige Schmit - Stillwater
- Julianna Silva - Stillwater
- Zofi Steffen - Edina

*“No man steps  
in the same river twice”*

- Heraclitus



## DISCOUNTS AND BENEFITS

Access exclusive discounts/  
benefits for member  
coaches of the Minnesota  
Coaches Association.

There are thousands of products  
and services available to you  
exclusively through the National  
High School Athletic Coaches  
Association. Annual membership  
paid by MSHSCA.

Discounts on travel,  
insurance, office depot/office  
max and others.

[www.hscoachesbenefits.org/](http://www.hscoachesbenefits.org/)



## Diamond Cuts

By: Jason Baune  
President Minnesota Fastpitch Coaches Assoc.

Wow, what a spring! I'm writing this as I recover from a busy week spent traveling back and forth between North Mankato and Becker. First of all, congratulations to all of our state tournament teams on a great season. It was some excellent softball at Caswell Park. I congratulate Nicollet, Chatfield, Mankato West, and Forest Lake on their championships.

On Sunday, June 12th, we hosted our MFCA Hall of Fame/Coach of the Year/All Star Banquet. It was great to bring this back after the pandemic caused us to miss the last two years. It was awesome to honor the 88 Senior All-Stars and 32 section Coaches of the Year. It was also an opportunity to induct four worthy candidates into our Hall of Fame. Ashley Betzold was a standout pitcher for Farmington and went on to have a great career at St. Mary's University. Missy Bruggeman excelled at Badger/Greenbush-Middle River and spent four years at the University of St. Thomas. Mike Silk started the program at Randolph and accumulated 416 wins during his 35 years at the helm. Joseph Madson is the head coach at Mankato East and has over 520 wins in his 27 seasons. It was a privilege to be part of their induction and to listen to them talk about the wonderful experiences softball has brought into their lives.

After the banquet, we moved to Caswell Park, where the 88 senior All-Stars could enjoy one final afternoon on the diamond as high school softball players. Thank you to the volunteers, coaches, and umpires that helped at the All-Star Series. Coaches for this year's teams were; Sean Hall, Jim Koltes, Tiffany Rose, Kelly Wuensch, Jason Baune, Chelsea Erickson, Don Krusemark, Megan Svir, Jackson Lyngaas, Alyson Brenna, Claire Anderson, Adam Gust, Barry Tienter, Tony Krenik, Jeff Myers, Joe Cuchna, Dennis From, and Chelsi Marks.

By the time you read this, the Minutemen Organization will have named Minnesota's Miss Softball. The seven finalists are Bryn Elsenpeter (Maple Lake), Grace Fricke (Winona), Taylor Hess (Maple Lake), Sydney Schwartz (Chanhassen), Abigail Stierlen (Mankato West), Olivia Tautness (Brainerd), and Avery Wukawitz (East Ridge). Congrats to all on a great career!

Another congratulation goes to Mary Holmberg of Morris Area/Chokio Alberta on being named the 2022 Bob Mertz Award winner. Mary will be honored by the Minnesota Twins for her great career, including over 600 wins over the past 41 years.

I'd like to thank all of the coaches that stepped up to help out as section representatives. I'd also like to thank the coaches on the advisory board and executive council. A special thanks go out to Dawn Engebretson, Mike

Schumacher, Kim Bowen, Brenda Carlson, Dan Jameson, and Bob Loshek. These coaches put in many, many hours to make the banquet and All-Star Series a success. We will have an election in the coming weeks to fill the open President-Elect position on the executive council. Please be on the lookout for an email with an online ballot. This person will serve as president-elect in 2022-23 before stepping into the presidency role in 2023-24.

As we head into the summer months, please take time to relax, recover and recharge.

Coaching can be a draining job in even the best year, and we've all worked

through so many challenges through the past few seasons. I hope you all spend quality time with friends and family over the next few months and are refreshed when we head into a new school year in the fall. Thank you for a great 2022 softball season!

## ADAPTED ATHLETICS

By: Brett Kosidowski  
MAAA Coaches Association President

It was a great year to get back to normal after the past five State Tournaments have been canceled due to the Covid-19 pandemic. Many teams were hit hard by the last year and a half, seeing their number of athletes dwindle because of safety concerns. We are seeing many of those teams crawl out from under that circumstance and solidify their team numbers and staff.

The Soccer season went without a hitch and completed the league's first full season since the Fall of 2019. The winter season was relatively calm, even though the number of isolation and quarantines were high smack dab in the middle. The State Tournament went on as usual, and everyone had a great time as Spring came early and the weekend turned out gorgeous in Bloomington. Families went on spring breaks with their families and returned to a Spring Softball season that was able to complete the entire season right before many students would shuffle through their first "normal" graduation in two years. Congratulations to all the teams and coaches for weathering this storm the past couple of years and getting Adapted Sports back up and running! We had two teams win multiple championships this season. Those teams were the Dakota United Hawks (PI) and the Blazing Cats of Farmington/Burnsville/Lakeville (CI). Both teams were featured in all three of the title games, but the Robbinsdale Robins (PI), under the tutelage of Marcus Onsum, were able to take the Soccer Championship. New Prague (CI) was unbeatable this season and took care of business during the Floor Hockey season. Congratulations to all teams, and we look forward to another great season of adapted sports next year!

find us on facebook



follow us

twitter

@MSHSCA

# Over Hill and Dale

By: Brandon Heebink, Wayzata High School  
President, MN Cross Country Coaches Association

Happy summer, fellow coaches! As the school year and track season have drawn to a close, I get so many people, neighbors, relatives, students, and fellow staff telling me “Happy summer!” at this time of year, and while it is a great sentiment to share with those in education, as a cross country coach it’s also a reminder that the work is just beginning in preparation for the fall season ahead. For some, that can feel daunting right as the school year, and track has just ended. For others, it’s the beginning of the best part of the year. I genuinely look forward to the summer training each season. This is the time of the year when goals are set, the miles are pounded out in the heat and humidity, and each runner begins to dream about what they could be as a runner in the fall season ahead.

I hope you are excited about the summer ahead leading into the 2022 fall season. In the cross-country world in Minnesota, some changes are in store over the summer in the lead-up to the fall season. First, the MSHSL will have a new associate director in charge of the state meet, as Lisa Lissimore is retiring. Lisa has done a fantastic job in her role of coordinating the state meet for so many years, and we all thank her for her great work over the years. Charlie Campbell will assume this role beginning this fall, and I’m excited to work with him this summer alongside our advisory as we prepare for the season.

Last year was a year of figuring things out with the shift to three classes. Nearly 200 coaches provided feedback to us in the postseason survey I sent out following the state meet. I thank all of you for your responses and feedback. This information will help guide our discussions with the MSHSL over the summer as we look at ways to make the postseason part of the season better than 2021. One of the most significant pieces of feedback involved the schedule of the state meet. We

*“No matter what life throws  
at you, or how unfair you  
think it is, never give up.  
Pick yourself up  
and go on.”*

- Megan Rapinoe, Soccer Player

will look at the timing of each race, along with awards timing, as well as the possibility of rotating the order for each class. The other major one was bus drop-off/pick-up and parking at St. Olaf. While it is an issue almost every year, the change in the bus timing and the parking location of buses created a lot of chaos in teams arriving and getting situated for their races.

Finally, my role as president will close at our annual coach’s clinic in August. Jeff Morris of Perham will assume the role of president of the coach’s advisory for the next two years. As an advisory team, we will be rotating presidents every two years, as has been done previously, but we will also be rotating which class will have a coach serving as president. Since I coach in AAA and Jeff coaches in A, Jeff’s successor will be a coach from AA. Not to jump ahead of Jeff’s time as president, but we will be looking for his successor right away so that we can continue to have a great team on the advisory representing everyone across the state that we possibly can. Feel free to reach out to me (brandon.heebink@wayzataschools.org) if you might be interested!

Best of luck with your team’s training this summer. I look forward to seeing many of you at the coach’s clinic on Monday, August 8th. Details of the clinic will be available shortly but get the date on your calendar!

## MINNESOTA STATE HIGH SCHOOL COACHES ASSOCIATION, INC.

### EXECUTIVE COMMITTEE LIAISON ASSIGNMENTS 2021-2022

<b><u>PAST PRESIDENT</u></b>	<b>B/G Soccer</b>	<b>B Swimming</b>	<b>Baseball</b>
<b>Tom Critchley Jr.</b>	<b>G Swimming</b>	<b>Wrestling</b>	<b>B Hockey</b>
	<b>Robotics</b>		
<b><u>PRESIDENT</u></b>	<b>Football</b>	<b>G Basketball</b>	<b>G/B Golf</b>
<b>Barry Wohler</b>	<b>Adapted Athletics</b>	<b>Gymnastics</b>	<b>G Hockey</b>
<b><u>PRESIDENT ELECT</u></b>	<b>B/G Cross Country</b>	<b>Nordic Skiing</b>	<b>B Tennis</b>
<b>Jennifer Roisum</b>	<b>G Tennis</b>	<b>Alpine Skiing</b>	<b>B/G Track</b>
<b><u>VICE PRESIDENT</u></b>	<b>Volleyball</b>	<b>Synch. Swimming</b>	<b>Softball</b>
<b>Jen Marshall</b>	<b>B/G Lacrosse</b>	<b>B Basketball</b>	<b>Dance</b>
<b>Girls Sports</b>	<b>Becky Leuer</b>		
<b>Inclusion &amp; Diversity</b>	<b>Larry McKenzie</b>		

These are your representatives for your sports association on the MSHSCA Board of Directors. If you have any issues, concerns, or questions, please feel free to contact them. Their information is listed on our website at [www.mshsca.org](http://www.mshsca.org)

# ROBOTICS

By: Curtis Roberston

For the Varsity sport of the mind, robotics has made a huge impact and difference in students' lives around the state of Minnesota and the World. This season Minnesota celebrated 192 teams actively participating in the game Rapid React. What's unique about those 192 teams is that they all participate in a single class for competition. Metro, Rural, and Suburban alike, all teams are competing on the same playing field, utilizing the same set of rules.



In May, the MSHSL held the tenth Robotics State Tournament. This year's tournament was held at Williams Arena, with 36 teams attending. The three-team alliance of Becker HS, Edina HS, Greenbush/Middle River HS won the event over Rocori HS, Minneapolis HS, and Irondale Senior HS.

In our second season under the MSHSCA we were proud to recognize over 180 students for All State Academic awards. The following teams are recognized with Team Academic State honors:

- Becker High School - FRC 4607
- Brainerd High School - FRC 2503
- Byron Public Schools - FRC 4859
- East Ridge High School - 3130
- Eden Prairie High School - FRC 2502
- Esko High School - FRC 5690
- Greenbush/Middle River High School - 5172
- Legacy Christian Academy - FRC 8516
- Lincoln High School (Thief River Falls) - FRC 3277
- Rocori High School - FRC 4728

This season we added the recognition of Head Coaches of the Year for each Section of the state:

- Section 1 - Aaron Nepstad - Byron High School - FRC 4859
- Section 2 - Kyle Schroeder - Hutchinson High School - FRC 2509

- Section 3 - Brian Howard - East Ridge High School - FRC 3130
- Section 4 - Nate Cmiel - Irondale High School - FRC 2052
- Section 4 - Tom Lageson - Roseville High School - FRC 2846
- Section 5 - Sandy Olson - Eden Prairie High School - FRC 2502
- Section 5 - Jason Herzog - Hopkins High School - FRC 2239
- Section 6 - Curtis Robertson - Upsala High School - FRC 4480
- Section 6 - Alex Jurek - Becker High School - FRC 4607
- Section 7 - Michael Grindorff - Crosby-Ironton High School - FRC 6132
- Section 7 - Brian Bordwell - Brainerd High School - FRC 2503
- Section 8 - Susan Wachtler - Kelliher School - FRC 6453
- Section 8 - Matthew Wendland - Cass Lake - Bena School - FRC 3134/3275

From the Section Coaches of the Year, we also Recognized the following two coaches as State Coach of the Year:

- Section 6 - Curtis Robertson - Upsala High School - FRC 4480
- Section 8 - Matthew Wendland - Cass Lake - Bena School - FRC 3134/3275

The Minnesota Robotics Coaches Association presented three inductees for its Inaugural Hall of Fame for 2022. These candidates were nominated by MRCA members and are individuals who have created a monumental impact on FIRST Robotics within the State of Minnesota:

- Ken Rosen - University of Minnesota
- Mark Lawrence - Edina High School - FRC 1816
- Kay and Olaf Netteberg - Nevis High School - FRC 3102

It has been an incredible and productive year for all teams across Minnesota. Keep an eye out for many teams participating in County Fairs, Parades, additional Off-Season events, and the Minnesota State Fair!

## 2022 SPORT ASSOCIATION CLINIC & EVENT SCHEDULE

<u>DATE</u>	<u>SPORT</u>	<u>LOCATION</u>
July 27 & 28, 2022	Volleyball- dswenson@isd465.org	Concordia Academy in Roseville, MN
Aug. 8, 2022	Cross Country - Thomas.Sharp@district196.org	Eastview High School
October 7-8, 2022	Girls Hockey - morrisgang@msn.com	TBD
October 28-29, 2022	Boys Basketball	Minneapolis Hyatt Regency Hotel
Jan. 13-14, 2023	Baseball - mark.downey@moundsvIEWSschools.org	Omni Viking Lakes Hotel
Jan. 26-28, 2023	Track - jjosephs@isd721.org	Target Field, Minneapolis
March, 4-5 2023	Tennis- David Wareham - dwareham67@gmail.com	Lifetime Fitness, Bloomington
April 28 & 29, 2023	Swimming and Diving - mplsswim@gmail.com	Marriott NW Mpls-Brooklyn Park

Sport Association officers, please email clinic information for 2022-2023 to Rick Ringeisen at: ringer@mshsca.org.

# DUGOUT CHATTER



By: *Ryan Holmgren – Elk River  
President MSHSBCA*

## State Champions Crowned for 2022

The 2022 State Baseball Tournament was held June 14-17 at various locations around the state, culminating with the State Championship games all being played on June 17th at Target Field. Baseball Champions were crowned in all 4 classes during a beautiful day at Minnesota's premier baseball stadium. We at the MSHSBCA are fortunate to have great partnerships with the MSHSL and the Minnesota Twins that help ensure and create incredible opportunities and experiences for our pinnacle moment of each high school baseball season. The Twins invite us into their home and allow us to play in their yard, all while creating a first-class atmosphere for everyone involved that day. The MSHSL runs and operates a smooth and successful tournament thanks to the help of so many staff members and volunteers.

To recap the day and the entire event, here is a rundown of each championship game:

To open the day in Class A, a pitcher's duel ensued when Randolph held off defending champ Hayfield in a thrilling 2-1 victory that saw two teams from the Gopher Conference meet up in the title game. The win gave Randolph their first ever state baseball championship.

The Class AA title game saw a matchup of two of the furthest teams we believe have ever squared off for a state championship in any sport as Fairmont met Roseau in Minneapolis for the right to be called a State Champion. In the end it was Fairmont who prevailed 7-0 after a big 7 run sixth inning.

A thriller was held in the Class AAA title game as two of the best AAA teams all season clashed in this highly anticipated championship tilt. Benilde – St Margaret's took an early 3-0 lead, only to have Mankato West erase the deficit in the 5th and 6th innings to tie the score at 3 apiece. Extra innings were needed and in the bottom of the 8th BSM finally plated the championship clinching run to win the game 4-3.

In the nightcap, defending AAAA Champion Farmington battled Stillwater in a matchup of teams who have been no stranger to Target Field in recent years. This year, however, it was Stillwater who reclaimed the title of AAAA State Champion with an 8-1 victory. It was Stillwater's 2nd AAAA title in the last 4 years and third State Championship in program history.

## All Star Series On Deck

As this article is being published our annual Play Ball MN! All Star Series will be taking place in Chaska. Our annual All-Star series honors and recognizes our top senior ball players in the state for their accomplishments throughout their high school careers. Teams were chosen near the end of May and all 6 teams representing both the northern and southern parts for the state along with 4 regions from the metro area will vie

for the right to be called the best in the state for 2022. Our fall update will give a recap and results of the event which will also include highlights from the banquet held at Canterbury Park as well.

## Junior Showcase

Another annual summer event sponsored by the MSHSBCA is our Junior Showcase. The showcase was held the Thursday before the Gopher Classic Legion tournament on July 7th. We are expecting another larger turnout of top junior players nominated by their coaches along with our typical high turnout of college coaches looking to find their next star or diamond in the rough.

## Exciting Change and Great Partnership Announced

A teaser was thrown out during our March update and we are now proud to officially announce our big news. The MSHSBCA and the Minnesota Twins have officially agreed to embark on a partnership that will replace our annual Fall Coaches Clinic. The new partnership will change our clinic to a winter clinic that will be jointly hosted by the MSHSBCA and the Twins and be held inside Target Field each January.

The first ever MSHSBCA/MnTwins Coaches Clinic will take place on **Friday, January 13th and Saturday January 14th, 2023**. The clinic will run all day Friday and all morning and afternoon on Saturday. The events will come to a close with our annual MSHSBCA Hall of Fame Banquet and Awards Ceremony on that Saturday evening, also held at Target Field.

There will be plenty of information coming in late summer and early fall from our group. Here are a few of the initial items to take note:

This change comes after listening to our members and trying to find the best possible time to reach as many baseball coaches as we can with our annual Coaches Clinic. After hearing many issues with fall sports season and deer hunting, a move to the winter was deemed to be the best fit. A January event fits best for the Twins as they are getting things rolling for their upcoming season but still have time and resources available to help and promote this. Having a clinic closer to the start of the HS baseball season was another concept that many coaches in our state suggested and supported. This concept supports that view as well.

We welcome your questions about this new change and will be getting more announcements and information out in late summer as we start heading into the off-season. We are extremely excited about this new venture with the Twins and feel proud to be doing something of this magnitude, on a stage such as Target Field, to help grow the game of baseball in our state for all of our coaches and players.

## Finally

As we put a wrap on the 2022 season and head into summer and fall, we would once again like to thank you all for your time and sacrifice this past season and for what you do to promote and grow HS baseball in our state. We also thank you for the many countless hours you give to your student athletes to help them grow as young men through this game we all love. Have a great, relaxing and successful summer and we will be in touch soon with more info regarding our upcoming events for the end of 2022 and the beginning of 2023.

# ICE CHIPS

By: Greg Anzelcc

The MHCA has developed a Coaches Development Series in conjunction with USA Hockey. Our quarterly development sessions centered around the development of the older players (bantam & high school ages) kicked off Sunday, June 5th. This training is for all MN Boys High School hockey head coaches who are encouraged to invite one additional coach or influential person in their youth program. The MHCA has partnered with Legacy Hockey and MNHockey.TV to create a fully automated video exchange that empowers coaches and fans alike to elevate the game of hockey in Minnesota. Each team will receive a free state-of-the-art Spiideo automated camera with video exchange. All games will be available to coaches as a coaching tool. Teams will also utilize the camera as a live streaming solution on the MNHockey.Tv network. Our Coaches of the Year will be honored at our Fall Clinic. Hall of Fame Honorees will be recognized at a Wild game in October! Congratulations to all, well deserved!

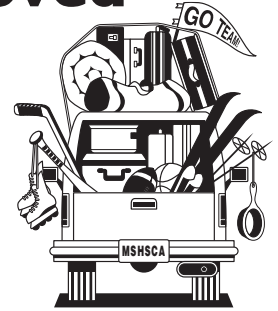
### Congratulations to our Hall of Fame Inductees!

Bill Lechner - Hill Murray  
 Todd Manthy - Anoka  
 Jeff Whitney - Rochester Mayo  
 Steve Romanchuck - Park/Tartan

### Congratulations Award Recipients!

Cliff Thompson - Mark DeCenzo  
 Oscar Almquist - Jay Wilcox & John Jacobson  
 Dave Peterson - Joe Law  
 Bruce Johnson - Bill Moore

## Have You Moved or Changed Your Email?



If you have moved recently, it is important that you log onto your MSHSCA profile and edit your mailing address. Having the correct mailing address prevents delay in you receiving your membership card and other correspondence.

It is equally important for us to have current email addresses as our webmaster will send notices and updates periodically. If you have a change, log into your MSHSCA profile and edit your email address. Remember that not only do we use this for mass e-mailings, but your email is also your login ID. You can change this anytime, just make sure to make a note of your current Login ID and password if you change them.

**Life and Retired Members:** If you have moved and are receiving Prep Coach in the mail, it is important that

you notify us of your new mailing address. You can send your mailing information to my email at : [ringer@mshsca.org](mailto:ringer@mshsca.org) or mail us at MSHSCA 20085 Italy Ave. Lakeville, MN 55044 Phone (952) 250-9535

# COACHES!

DO YOU KNOW WHERE YOUR ACADEMIC PLAQUES ARE DISPLAYED?  
 LET'S MAKE SURE YOUR ATHLETES ARE HONORED & VISITORS,  
 TO YOUR SCHOOL, KNOW IT!

Your school will receive a plate for each team that has qualified.

Your AD should be alert to envelopes with the return address of Trophies Plus Awards they will contain additional plates. An additional plaque is sent when our records show that your school has received 24 plates. MSHSCA will provide up to 3 plaques per school. Thank you for your help with this program to recognize your athletes.



find us on facebook



follow us

twitter

@MSHSCA

## FLOYD SMALLER JR.... continued from page 7

back-ups. Why was that?

**A:** You're coaching for the family, and everybody in that family is important. First-string and third-string, we had high expectations.

I never did anything better than see a kid who could hardly walk and chew bubble gum who later was doing things he thought he couldn't. Then you know you're coaching. Then you know you're teaching.

**Q:** Do these memories help you get through what you're dealing with now?

**A:** I don't know. It's hard. She's gone. And it just gets worse when I realize she's not on a vacation. She's not coming back. There's another place out there I know where I can see her again.

There is so much happening in my life this year, I felt I had to do something, say something.

But I keep good memories of her. You don't think about the bad stuff.

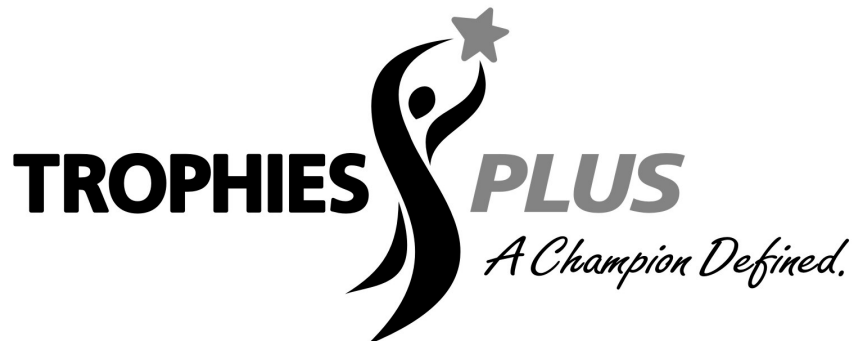
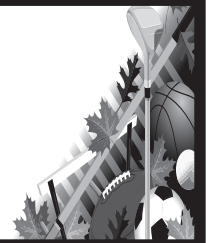
---

*James Walsh is a reporter covering St. Paul and its neighborhoods. He has had myriad assignments in more than 30 years at the Star Tribune, including federal courts and St. Paul schools.*

*jim.walsh@startribune.com 612-673-7428 sribjwalsh*

## MSHSKA EMAIL CHANGE:

**Contact: Rick & Joyce Ringeisen at [ringer@mshsca.org](mailto:ringer@mshsca.org)**



*Trophies Plus Specializes in High School Awards  
Chenille, Certificates, Medals, Ribbons, Trophies,  
Plaques. All customized in your school needs*

800-397-9993

Website: [www.trophiesplus.com](http://www.trophiesplus.com)

Email: [trophyman@trophiesplus.com](mailto:trophyman@trophiesplus.com)

**Awards Supplier for the MSHSL State, Section  
and Subsection awards.**

**Sponsor for the Coaches for Cancer program.**

**And "Proud Sponsor of Coaches Caring"**

## Budget Crunch?

Check us out - Lowest prices in the USA!

**Chenille Letters and Champ Patches • Custom & Stock Medals  
Custom Certificates • Trophies, Plaques, Ribbons**

All awards can be customized to your school needs  
at some of the lowest prices in the USA.

# WINTER / SPRING ACADEMIC AWARDS

## GOLF - GIRLS

### GOLD

Academy of Holy Angels  
Adrian  
Albany  
Alden-Conger  
Alexandria  
Annandale  
Apple Valley  
B O L D  
Badger  
Barnesville  
Bemidji  
Blue Earth Area  
Braham  
Burnsville  
Byron  
Caledonia  
Cambridge-Isanti  
Cedar Mountain (in Morgan MN)  
Centennial  
Champlin Park  
Chanhassen  
Chaska  
Chisago Lakes Area  
Delano  
DeLaSalle  
Detroit Lakes  
East Grand Forks  
Eden Prairie  
ELY-Northeast Range  
Fairmont  
Fergus Falls  
Fertile-Beltrami  
Fillmore Central  
Fosston  
Frazee  
Hawley  
Hermantown  
Heron Lake/Okabena  
Hutchinson  
Kittson Central  
Lac qui Parle Valley  
Lake City  
Lakeville South  
Lanesboro  
Legacy Christian Academy  
Litchfield  
Maple Grove  
Melrose  
Mesabi East  
Milaca  
Murray County Central  
North Branch  
Northfield  
Osseo  
Otertail Central  
Park Christian  
Perham  
Pierz  
Pine Island  
Red Wing  
Rochester Century

Rochester John Marshall  
Rochester Mayo  
Rogers  
Russell-Tyler-Ruthton  
Saint Anthony Village  
Saint Charles  
Saint Cloud Cathedral  
Saint Croix Lutheran  
Saint Louis Park  
Saint Michael-Albertville  
Saint Peter  
Shakopee  
Stewartville  
Totino-Grace  
Visitation  
Waconia  
Wadena-Deer Creek  
Wayzata  
White Bear Lake  
Willmar

### SILVER

Bagley  
Hastings  
Martin County West  
Mound-Westonka  
Orono  
United South Central

## GOLF - BOYS

### GOLD

Academy of Holy Angels  
Ada-Borup  
Adrian  
Albany  
Alexandria  
Bemidji  
Breckenridge  
Chanhassen  
Detroit Lakes  
Duluth Denfeld  
Eastview  
Edina  
Hermantown  
Hill-Murray School  
Holy Family Catholic  
Lac qui Parle Valley  
Lakeview  
Maple Grove  
Marshall School, Duluth  
Parnassus Preparatory School  
Perham  
Pierz  
Pipestone Area  
Plainview-Elgin-Millville  
Rosemount  
Saint Croix Lutheran  
Saint Louis Park  
Saint Peter  
Simley  
Spring Lake Park  
Stewartville  
Stillwater Area  
Walker-Hackensack-Akeley

Wayzata  
White Bear Lake  
Zumbrota-Mazeppa

### SILVER

Andover H.S.  
Anoka H.S.  
Blooming Prairie H.S.  
Byron H.S.  
Canby H.S.  
Cloquet H.S.  
Hastings H.S.  
Lakes International Language Academy  
Mahnommen H.S. NEED Plaque #3  
Minnesota Valley Lutheran  
Mora H.S.  
Park Christian H.S.  
Rogers H.S.  
Russell-Tyler-Ruthton H.S.  
Springfield H.S.  
Staples-Motley  
Eden Prairie

## HOCKEY - GIRLS

### GOLD

Albert Lea  
Alexandria  
Andover  
Anoka  
Robbinsdale Armstrong /Cooper  
Benilde-St. Margaret  
Bloomington Jefferson  
Buffalo  
Burnsville  
Centennial  
Chisago Lakes  
Cloquet-Esko-Carlton  
Cretin-Derham Hall  
Crookston  
Detroit Lakes  
Dodge County  
Eastview  
Eden Prairie  
Edina  
Elk River/Zimmerman  
Fergus Falls  
Gentry Academy  
Hastings  
Hibbing/Chisholm  
Holy Family  
Hutchinson  
Irondale/St. Anthony  
Lakeville South  
Litchfield/Dassel-Cokato  
Marshall  
Minneapolis  
Minnesota River  
Minnetonka  
Moorhead  
Mounds View  
Mound Westonka  
New Prague

North/Tartan  
North Wright County  
Orono  
Owatonna  
Pine City  
Prior Lake  
Proctor/Hermantown  
Rogers  
Roseville  
Shakopee  
Simley  
Stillwater  
St. Cloud  
Two Rivers  
United  
Warroad  
Willmar  
Woodbury

### SILVER

Austin  
Blaine  
Blake  
Breck  
Champlin Park/Coon Rapids  
Delano  
Mahtomedi  
Mankato East  
Park HS (Cottage Grove)  
Thief River Falls

## LACROSSE -GIRLS

### GOLD

Academy of Holy Angels  
Andover  
Anoka  
Big Lake  
Blake  
Champlin Park  
Chanhassen  
Chaska  
Cretin Derham Hall  
Eastview  
Eden Prairie  
Edina  
Elk River  
Hopkins  
Hutchinson  
Mankato  
Maple Grove  
Mound Westonka / Providence Academy  
Mounds View  
Park (in Cottage Grove)  
Prior Lake  
Rochester Century  
Southwest Christian ( in Chaska)  
Spring Lake Park  
St Louis Park  
Stillwater Area  
Totino-Grace  
Two Rivers / Gentry Academy  
Wayzata

# WINTER / SPRING ACADEMIC AWARDS

Woodbury

## SILVER

Forest Lake  
St Michael Albertville

## ROBOTICS

### GOLD

East Ridge High School  
Eden Prairie High School  
Greenbush/Middle River  
Pine River-Backus High School  
Byron Public Schools  
Brainerd High School

## SILVER

Legacy Christian Academy  
Esko High School  
Lincoln High School (TRF)  
Becker High School  
Rocori High School

## SOFTBALL

### GOLD

Albany Senior High School  
Andover High School  
Badger / Greenbush-Middle River  
Barnesville High School  
Bemidji High School  
Bethlehem Academy  
Big Lake High School  
Blooming Prairie  
Brainerd High School  
Browerville  
Burnsville High School  
Byron High School  
Caledonia High School  
Cannon Falls High School  
Champlin Park  
Chanhausen High School  
Chatfield HS  
Chisago Lakes High School  
Cleveland High School  
Clinton-Graceville-Beardsley  
Cloquet High School  
Concordia Academy  
Visitation  
Coon Rapids High School  
Cretin-Derham Hall High School  
Crosby - Ironton HS  
Dassel-Cokato  
Delano High School  
Detroit Lakes  
East Central  
Eastview High School  
Eden Prairie HS  
Eden Valley-Watkins  
Edina High School  
Eveleth-Gilbert  
Fairmont High School  
Farmington  
Fertile-Beltrami

Foley High School  
Forest Lake  
Fosston/Win-E-Mac High Schools  
Frazee-Vergas High School  
GFW High School (Gibbon-Fairfax-Winthrop)  
Glencoe-Silver Lake  
Hancock  
Hastings High School  
Hayfield  
Hermantown High School  
Hill City/Northland  
Irondale High School  
Kasson-Mantorville  
Kerkhoven-Murdock-Sunburg High School  
Kimball Area High School  
Lake City  
Lake Crystal Wellcome Memorial  
Lester Prairie  
Lewiston-Altura  
Litchfield High School  
Mankato West  
Maple Grove Senior High  
Martin County West  
Mayer Lutheran High School  
Isle / Onamia  
Minneapolis Roosevelt  
Minneota / Canby  
Monticello High School  
Moose Lake / Willow River  
Mora High School  
Morris Area / Chokio - Alberta  
Mounds Park Academy  
Mountain Lake Area- Comfrey  
New London-Spicer High School  
New Ulm Cathedral  
New York Mills  
Nicollet High School  
Central High School (Norwood Young America)  
ORONO HS  
Osakis High School  
Owatonna  
Park Rapids Area High School  
Paynesville Area Schools  
Pequot Lakes  
Pierz Healy High School  
Pine Island High School  
Plainview-Elgin-Millville  
Randolph  
Red Lake Falls  
Red Rock Central / Westbrook-Walnut Grove  
Red Wing High School  
Rochester Century  
Rochester Mayo  
Rockford High School  
ROCORI High School  
Rogers  
Roseau High School

Rosemount High School  
Rothsay  
Royalton High School  
Sauk Centre High School  
Sebeka Public School  
Silver Bay - Wm. Kelley High School  
Simley  
Sleepy Eye High School  
Springfield  
St Cloud Crush: St Cloud Tech & St Cloud Apollo  
St Louis Park High School  
St. Anthony Village High School  
St. Charles High School  
St. Cloud Cathedral  
St. Peter High School  
Stillwater Area High School  
Swanville High School  
Tartan High School  
Totino-Grace  
Tracy Milroy Balaton  
Tri-City United  
Upsala  
Virginia  
Wabasha-Kellogg  
Wabasso High School  
Waconia High School  
Waconia High School  
Walker Hackensack Akeley  
Watertown-Mayer High School  
Waterville-Elysian-Morristown  
West Marshall Fusion: Stephen-Argyle & Warren-Alvarado-Oslo  
White Bear Lake Area Schools  
Winona Senior High School

## SILVER

Academy of Holy Angels  
Adrian High School  
Alden -Conger / Glenville-Emmons  
Annandale High School  
Anoka High School  
Ashby Public School  
Atwater-Cosmos-Grove City High School  
Becker High School  
Belgrade Brooten Elrosa  
Benson  
Bloomington Jefferson  
Centennial High School  
Chaska Senior High School  
Cherry School  
Crookston High School  
DeLaSalle High School  
Dover-Eyota  
Duluth East High School  
Eagan  
Fergus Falls Public School  
Greenway  
Hawley High School

Hill-Murray  
Holdingford  
Hutchinson High School  
Jackson County Central  
Lac qui Parle Valley  
Lakeville South  
Le Sueur-Henderson  
Little Falls  
Long Prairie-Grey Eagle  
Luverne  
MACCRAY High School  
Madelia High School  
Mahnommen / Waubun  
Mankato East  
Medford High School  
NCE/UH (Norman County East HS / Ulen-Hitterdal HS)  
New Prague High School  
New Ulm High School  
North Branch Area High School  
Park Center Senior High  
Park High School of Cottage Grove  
Perham  
Pine City High School  
PROCTOR  
Rochester John Marshall  
Rochester Lourdes  
Rushford-Peterson  
Saint Francis High School  
Sauk Rapids - Rice High School  
Sibley East High School  
Sleepy Eye St. Mary's  
Triton High School  
Wadena-Deer Creek High School  
Warroad High School  
Windom Area High School  
Woodbury  
Worthington High School  
Zumbrota Mazeppa

## SYNCHRONIZED SWIMMING

### GOLD

Eden Prairie  
Edina  
OMGPC : Osseo, Maple Grove, Park Center  
St. Louis Park  
Wayzata

## SILVER

Blake  
Forest Lake  
Hopkins  
Itasca  
Prior Lake  
Richfield  
Stillwater

## TENNIS - BOYS

### GOLD

Class A

# WINTER / SPRING ACADEMIC AWARDS

Blue Earth Area  
DeLaSalle  
Foley High School  
Hermantown High School  
Minnewaska Area  
New London-Spicer  
Red Wing  
Southwest Christian High  
School  
St. Peter  
Totino-Grace

## SILVER

**Class A**  
Academy of Holy Angels  
Aitkin  
East Grand Forks Senior High  
Holy Family Catholic High  
School  
Litchfield  
Minnehaha Academy  
Mora High School  
Osakis  
Perham High school  
Pine City High School  
Pipestone Area Schools  
Schaeffer Academy  
Thief River Falls (Lincoln High  
School)

## GOLD

**Class AA**  
Bemidji High School  
Blaine High School  
Coon Rapids High School  
Cretin-Derham Hall  
Delano High School  
Duluth East  
East Ridge  
Eastview  
Harding High School (in St  
Paul)  
Irondale  
Lakeville North  
Mahtomedi  
Mankato West  
Minneapolis Washburn  
Mound Westonka High School  
Mounds View  
Robbinsdale Armstrong  
Rochester John Marshall  
Rosemount  
Roseville Area High School  
Shakopee High School  
Tartan High  
Wayzata HS

## SILVER

**Class AA**  
Andover High School  
Becker High School  
Big Lake  
Bloomington Jefferson  
Cambridge-Isanti

Centennial  
Eagan High School  
Eden Prairie High School  
Forest Lake High School  
Hastings High School  
Monticello High School  
New Prague High School  
Princeton  
Saint Thomas Academy  
Spring Lake Park High School  
St. Cloud Tech  
STMA (St Michael-Albertville)  
Two Rivers High School (in St  
Paul)  
Waconia

## WRESTLING

### GOLD

**Class A**  
Adrian High School  
Bertha Hewitt / Verndale /  
Parkers Prairie  
Dover-Eyota  
Fulda/MCC (Murray County  
Central)  
GMLOS (Grand Meadow/  
LeRoy-Ostrander / Southland)  
Goodhue  
Holdingford  
Jackson County Central  
KMS (Kerkhoven-Murdock-  
Sundberg) 1 school  
Maple River / USC (United  
South Central)  
Ogilvie  
Ortonville  
Paynesville Area  
Pipestone Area  
Royalton High School  
St Charles  
Tracy Milroy Balaton  
United North Central ( Menahga  
/ Sebeka) 2 schools  
WCAABE (West Central Area,  
in Barrett MN / Ashby /  
Brandon-Evansville)

### SILVER

**Class A**  
ACGC (Atwater-Cosmos-Grove  
City) 1 school  
Benson  
Belgrade-Brooten-Elrosa 1  
school  
Blue Earth Area  
Caledonia / Houston  
Chatfield  
Crookston  
Lake Crystal Wellcome  
Memorial  
Minneota  
Red Rock Central  
Saint Agnes School  
Springfield

Staples - Motley  
WEM/JWP (Waterville-Elysian-  
Morristown)/ (Janesville-  
Waldorf-Pemberton)

## GOLD

**Class AA**  
Albany  
Albert Lea Area  
Alexandria  
Annandale / Maple Lake  
Becker  
Big Lake  
Byron  
Chisago Lakes  
Cretin-Derham Hall  
DB/LQPV/Mon United (   
Dawson-Boyd / LaQuiParle  
Valley / Montivideo ) 3  
schools  
Delano  
Detroit Lakes  
Fairmont/MCW (Martin County  
West)  
Foley High School  
Glencoe-Silver Lake / Lester  
Prairie  
Hutchinson - BLHS ( Buffalo  
Lake / Hector-Stewart) 2  
schools  
Lake City  
MAHACA ( Morris / Hancock /  
Chokio-Alberta ) 3 schools  
Mankato East  
Mankato West  
Marshall  
Monticello  
Mora  
Mound Westonka  
Mpls Henry  
New London - Spicer  
New Prague  
Orono High School  
Plainview-Elgin-Millville  
Scott West ( Belle Plaine /  
Jordan) 2 schools  
Simley High School  
South St. Paul  
St. Croix Lutheran Academy  
St. Paul Harding  
St. Peter  
Totino Grace  
TRF (Thief River Falls)  
Tri-City United ( in  
Montgomery)  
Watertown / Mayer  
Zumbrota-Mazeppa

**SILVER**  
**Class AA**  
Cannon Falls / Randolph  
Dassel Cokato / Litchfield  
Fridley  
Grand Rapids

Kasson-Mantorville  
Mahtomedi  
Minneapolis Roosevelt  
Mpls South  
Park Rapids  
Pequot Lakes/Pine River  
Backus  
Pierz  
Proctor / Hermantown  
Quad County Cobras ( Yellow  
Medicine East / MACCRAY  
HS/ Renville County West)  
Redwood Valley  
Richfield HS  
Rocori High School  
Sauk Rapids-Rice  
St. Francis  
St. Paul Johnson  
Windom/Mt. Lake

## GOLD

**Class AAA**  
Andover  
Apple Valley HS  
Bemidji  
Chaska / Chanhasseen  
Eastview  
Edina  
Farmington  
Forest Lake  
Hastings High School  
Lakeville North  
Little Falls  
Maple Grove  
Moorhead  
Mounds View  
Prior Lake  
Rochester Mayo  
Roseville Area  
St. Thomas Academy  
Stillwater  
STMA (St Michael-Albertville  
HS)  
Waconia  
Wayzata  
White Bear Lake  
Willmar

## SILVER

**Class AAA**  
Austin  
Blaine  
Buffalo  
Cambridge-Isanti  
Centennial  
Coon Rapids  
Eagan  
Elk River  
Park HS (in Cottage Grove)  
St. Cloud Crush: St Cloud  
Apollo / St Cloud Cathedral /  
St Cloud Tech  
Woodbury

# 2021-22 Spring State Championship Teams

SPORT	SCHOOL	COACH			
<b>SOFTBALL</b>			<b>GIRLS TRUE TEAM TRACK</b>		
Class A	Nicollet High School	Brianne Eldred	Class A	Grand Meadow/ LeRoy-Ost/Kings	Aaron Thauwald
Class AA	Chatfield High School	Jerry Chase	Class AA	Rocori	Brad Bauer
Class AAA	Mankato West	Don Krusemark	Class AAA	Minnetonka	Jane Reimer-
Class AAAA	Forest Lake	Sean Colin Hall		Morgan	
<b>ADAPTED SOFTBALL</b>			<b>BOYS TRUE TEAM TRACK</b>		
CI	Burnsville/ Farmington/Lakeville	Dave Diehl	Class A	Lanesboro/FilmoreC/ Mable Canton	Alex Aiken
PI	Dakota Unites Hawks	Brett Kosidowski	Class AA	Mankato East	Nick Yenser
			Class AAA	Rosemount	Jay Hatleli
<b>GIRLS GOLF</b>			<b>GIRLS TRACK &amp; FIELD MSHSL</b>		
Class A	Legacy Christian Academy	Dan Nelson	Class A	Eden Valley-Watkins/ Kimbal	Tyler Warren
Class AA	Lake City	Steve Randgaard	Class AA	Monticello	Kim Nygaard
Class AAA	Alexandria	Timothy Zupfer	Class AAA	Rosemount	Sara Hatleli
<b>BOYS GOLF</b>			<b>BOYS TRACK AND FIELD MSHSL</b>		
Class A	Fertile-Beltrami	Keith Pederson	Class A	Nova Classical Academy	Kimberly Strand
Class AA	Pine Island/ Zumbrota-Maze	Mark Moran	Class AA	St. Peter	Keith Hanson
Class AAA	Edina	Michael McCollow	Class AAA	Andover	Eric Johnson
<b>BASEBALL</b>			<b>SYNCHRONIZED SWIMMING</b>		
Class A	Randolph	Chris Stanton		Stillwater	Kathy Henderson
Class AA	Fairmont	Don Waletich			
Class AAA	Benilde-St. Margaret's	Andy Judkins			
Class AAAA	Stillwater	Michael Parker			

## REFLECTIONS BY RINGER ...

continued from page 4

Minnesota, you all have played a role in the Title IX journey that continues to evolve. You know the names and the players. You know who should be recognized in your community for their contributions to the success of Title IX. This month of June is a good time for you, in your way, to recognize those deserving individuals. You could send a card, make a social media post, or write a letter to the editor. As a coach in your community, your positivity and the compliments you express to others are highly valued and remembered for a lifetime. It would be fabulous if you took a few moments to celebrate, recognize and herald a few local Title IX heroes who made a difference in your community. After all, the Title IX Anniversary Celebration is for all of us and should be taking place everywhere!



## SUTHERLAND ...


continued from page 1

NBA, and many who play abroad. But the most significant achievements are the many young men and women that he has had the pleasure to inspire to be the best that they can be on and off the courts and fields.

Kerry believes his diverse experience and track record of excellence in mentorship, leadership, and coaching is more important now than at any time in recent history. Communities have become more diverse, and those lacking diversity still compete in a very diverse arena.

Our coaches need the support and leadership that will help them meet the needs of our ever-changing sports and community landscape.

Kerry has committed his life to service. He believes having this opportunity to serve our member coaches is a tremendous honor, one that he will engage with the same passion, energy, and love that he has done on the bench, in practice, and in the daily lives of many athletes.

	<p>MINNESOTA STATE HIGH SCHOOL SOCCER COACHES ASSOCIATION <b>32<sup>nd</sup> ANNUAL SOCCER COACHES CLINIC</b> AUGUST 11<sup>th</sup>- 12<sup>th</sup>, 2022 NATIONAL SPORTS CENTER, BLAINE</p>
---	--

The Minnesota State High School Soccer Coaches Association (MSHSSCA), in conjunction with the Minnesota State High School Coaches Association (MSHSCA) invites all interested youth, club, high school, and college soccer coaches to our 32<sup>nd</sup> Annual Soccer Coaches Clinic. This two-day clinic includes field and classroom educational sessions, the opportunity to connect with vendors, networking with other coaches, and more.

**Thursday, August 11<sup>th</sup>, 2022** **Broadway Pizza** (11822 Aberdeen St NE, Blaine)

6:30 - 9:00PM	Keynote Session Includes Social Hour with light dinner options. Featuring
---------------	---

**Friday, August 12<sup>th</sup>, 2022** **National Sport Center** (1700 105th Ave NE, Blaine)

7:30 - 8:15AM Sign-In/Registration 8:30 - 9:25AM Session 1 9:40 - 10:35AM Session 2 10:50 - 11:45AM Session 3 11:45 - 12:45PM Lunch 1:00 - 1:50PM Session 4 <b>2:00 - 2:55PM Session 5</b>	<ul style="list-style-type: none"> <li>• Registration includes a box lunch.</li> <li>• The first 250 coaches to register will receive a t-shirt. • <b>New Head and Assistant Coaches are invited to a special information session during the lunch hour.</b></li> <li>• <b>All Head Coaches</b> should attend the annual <b>Head Coaches Meeting during Session 5.</b> Important information will be distributed, and all association business for the upcoming season will be discussed.</li> </ul>
--	--

Clinic Registration, covering both Thursday and Friday, is just \$50 through August 1<sup>st</sup>. After August 1<sup>st</sup> and at the door, the cost will be \$60. Join or renew a membership in United Soccer Coaches (regularly \$125) for only \$90 before August 1<sup>st</sup>, or \$125 after August 1<sup>st</sup>. *Reminder...registration in the MSHSSCA and MSHSCA is NOT included in the Clinic or USC fees, and must be done online at [www.mshsca.org](http://www.mshsca.org) by October 1<sup>st</sup> to be eligible for player/team/coach awards!!*

<b>two ways to register... choose one</b>	<ul style="list-style-type: none"> <li>• visit <a href="http://www.mshsca.org">www.mshsca.org</a> for online registration with credit card; online clinic registration will close 1 week before the clinic</li> <li>• complete the paper form on the next page and mail with a check for the total due to: <b>Art Seplak, 10077 Upton Rd, Bloomington, MN 55431-2849</b></li> </ul>
---	---

for more information, please visit our website at [www.mnhssoccer.com](http://www.mnhssoccer.com)  
 for clinic questions, contact **Greg Juba** at [gjuba23@gmail.com](mailto:gjuba23@gmail.com) or 651.260.1048  
 or contact **Dominic Isaac** at [dmncisaac@gmail.com](mailto:dmncisaac@gmail.com) or 651.235.2608  
 for registration questions, contact **Art Seplak** at [ajseplak@q.com](mailto:ajseplak@q.com) or 952.881.2898

**Joint Coaches Clinic and United Soccer Coaches Registration Form** Head Coaches, please include your address, phone number, and email. **Contact information for Assistant Coaches is only required if joining/renewing United Soccer Coaches (USC).** Please check all options for each coach registering.

<i>coach name</i>			<i>school name</i>		<i>email</i>		
<i>address</i>			<i>city</i>	<i>state</i>	<i>zip</i>	<i>phone number</i>	
<i>coach type</i> <input type="checkbox"/> head  <input type="checkbox"/> assistant	<i>team</i> <input type="checkbox"/> boys  <input type="checkbox"/> girls	<i>lunch choice</i> <input type="checkbox"/> ham <input type="checkbox"/> turkey <input type="checkbox"/> veggie	<i>attending Thursday?</i> <input type="checkbox"/> yes  <input type="checkbox"/> no	<i>USC #</i>  (optional)	<i>clinic registration</i> <input type="checkbox"/> \$50 (before 8/1) <input type="checkbox"/> \$60 (after 8/1)	<i>USC registration</i> <input type="checkbox"/> \$90 (before 8/1)	<i>total due</i> \$

<i>coach name</i>			<i>school name</i>		<i>email</i>		
<i>address</i>			<i>city</i>	<i>state</i>	<i>zip</i>	<i>phone number</i>	
<i>coach type</i> <input type="checkbox"/> head  <input type="checkbox"/> assistant	<i>team</i> <input type="checkbox"/> boys  <input type="checkbox"/> girls	<i>lunch choice</i> <input type="checkbox"/> ham <input type="checkbox"/> turkey <input type="checkbox"/> veggie	<i>attending Thursday?</i> <input type="checkbox"/> yes  <input type="checkbox"/> no	<i>USC #</i>  (optional)	<i>clinic registration</i> <input type="checkbox"/> \$50 (before 8/1) <input type="checkbox"/> \$60 (after 8/1)	<i>USC registration</i> <input type="checkbox"/> \$90 (before 8/1)	<i>total due</i> \$

<i>coach name</i>			<i>school name</i>		<i>email</i>		
<i>address</i>			<i>city</i>	<i>state</i>	<i>zip</i>	<i>phone number</i>	
<i>coach type</i> <input type="checkbox"/> head  <input type="checkbox"/> assistant	<i>team</i> <input type="checkbox"/> boys  <input type="checkbox"/> girls	<i>lunch choice</i> <input type="checkbox"/> ham <input type="checkbox"/> turkey <input type="checkbox"/> veggie	<i>attending Thursday?</i> <input type="checkbox"/> yes  <input type="checkbox"/> no	<i>USC #</i>  (optional)	<i>clinic registration</i> <input type="checkbox"/> \$50 (before 8/1) <input type="checkbox"/> \$60 (after 8/1)	<i>USC registration</i> <input type="checkbox"/> \$90 (before 8/1)	<i>total due</i> \$

<i>coach name</i>			<i>school name</i>		<i>email</i>		
-------------------	--	--	--------------------	--	--------------	--	--

<i>address</i>			<i>city</i>	<i>state</i>	<i>zip</i>	<i>phone number</i>	
<i>coach type</i> <input type="checkbox"/> head  <input type="checkbox"/> assistant	<i>team</i> <input type="checkbox"/> boys  <input type="checkbox"/> girls	<i>lunch choice</i> <input type="checkbox"/> ham <input type="checkbox"/> turkey <input type="checkbox"/> veggie	<i>attending Thursday?</i> <input type="checkbox"/> yes  <input type="checkbox"/> no	<i>USC #</i>  (optional)	<i>clinic registration</i> <input type="checkbox"/> \$50 (before 8/1) <input type="checkbox"/> \$60 (after 8/1)	<i>USC registration</i> <input type="checkbox"/> \$90 (before 8/1)	<i>total due</i> \$

<b>Reminders</b>	<ul style="list-style-type: none"> <li>• Please make checks payable to MSHSSCA.</li> <li>• This registration <b>does NOT include membership in the MSHSSCA or MSHSCA.</b> That must be done online at <a href="http://www.mshsca.org">www.mshsca.org</a> by <b>October 1<sup>st</sup></b> to be eligible for All State and other recognition.</li> </ul>
------------------	--

# 2022 SCHOLAR



## CAMDEN DEAN

### Lakeville South High School - John & Mary Erickson Scholarship

As Camden heads to Minnesota State Mankato in the fall he will take along many lessons learned from sports at Lakeville South HS. Some of the valuable life lessons he recognizes are the importance of hard work, making sacrifices, overcoming adversity, preparation, building relationships and leadership. Camden was awarded the John & Mary Erickson Scholarship.



## AINSLEY HANSEN

### Fergus Falls High School - Past Presidents Scholarship

Ainsley was awarded the Past Presidents Scholarship to be used as she begins college at University of Wisconsin LaCrosse in the fall. She found success in sports at Fergus Falls HS by focusing on mental health, competition and hard work. She recognizes the struggles brought on by the pandemic, but by focusing on the positive aspects of athletics, she learned lessons that can carry over to the classroom and to daily life.



## HAILEY BISTODEAU

### North Branch High School - John & Bernie Schumacher Scholarship

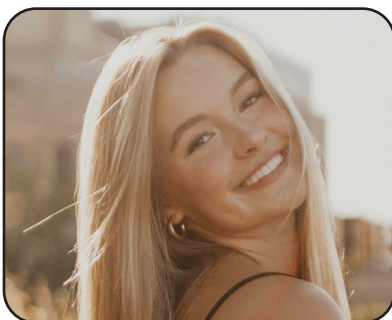
Through Golf at North Branch HS, Hailey learned much about resilience and staying mentally strong. These lessons will stick with her for the rest of her life. She gives credit to the North Branch community for their support. Hailey is the recipient of the John & Bernie Schumacher Scholarship. She heads to Buena Vista University in Iowa in the fall.



## LUCAS KREFT

### Hinckley-Finlayson High School - Howard Emerson Scholarship

Lucas is a graduate of Hinckley-Finlayson HS and is the recipient of the Howard Emerson Scholarship. He feels that HS sports have taught him many valuable life lessons such as being a good leader, having a strong work ethic and how to deal with adversity. One truth he has learned is to “work smarter, not harder.” Lucas will attend the University of Minnesota Rochester in the fall.



## LEAH HODGINS

### Chanhasen High School - Past Presidents Scholarship

As a graduate of Chanhasen HS, Leah has been involved in multiple sports since a young age. She participated in both team and individual sports including Lacrosse and Swimming & Diving. Leah credits the coaches she had over the years to shape her into the best version of herself. Leah is the recipient of the Past Presidents Scholarship and heads to Boston University this fall to continue her education.

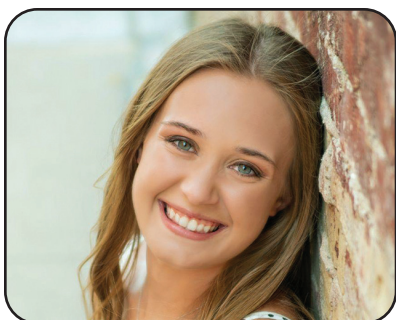
# SHIP WINNERS



## ELEANOR KREFT

### Sibley East High School - Kathy Frederickson Scholarship

Ellie is a graduate of Sibley East HS and participated in Volleyball, Basketball and Track & Field. She recognizes the impact that HS sports have had on her. Lessons learned include: adapting when facing adversity, the importance of community and a team, and the joy of discovering a new passion. Ellie is headed to Washington University in St Louis, Missouri in the fall. She was awarded the Kathy Frederickson Scholarship.



## ASHTEN WOLFE

### Fosston High School - Val Teichrow Scholarship

Ashten is the recipient of the Val Teichrow Scholarship. At Fosston HS she participated in Swimming and Softball. As her father was a Football and Wrestling coach, she was involved in sports from a very early age. Sports allowed her to create a helpful heart, a sense of teamwork, commitment, belonging and drive for which she is grateful. Ashten will attend Minnesota State University Moorhead in the fall.



## FAITH MONSON

### Schaeffer Academy - Betsy Farness Scholarship

Faith participated at the varsity level in Volleyball, Basketball and Tennis at Schaeffer academy. She also had a unique experience as she played Tennis on the Boy's Varsity Tennis team. She will attend Cedarville University in Ohio in the fall and hopes to someday give back to her community as a coach. Faith was awarded the Betsy Farness Scholarship.



## NICHOLAS WILLIAMS

### Owatonna High School - Steve Kerzie Scholarship

Nick is the recipient of the Steve Kerzie Scholarship. He was a 3 sport athlete for Owatonna HS. Participating in Football he learned how to handle adversity. In Basketball he learned that team success is far more important than individual success. In Baseball he learned to control his emotions. These lessons and many others have made a huge impact on his life. In the fall Nick plans to attend Saint John's University.



## CALEB BOYER

### Park Christian School - Darien & Mary DeRocher Scholarship

The Darien & Mary DeRocher Scholarship was awarded to Caleb. He graduated from Park Christian School and participated in Football since 4th grade. He is headed to the University of Minnesota in the fall to pursue communication and business with a goal of serving as a student coach at the college level. His future plans include a coaching career in Football. He credits his father, who was his coach and his mother for supporting his love for athletics.

**Minnesota State High School Coaches Association HALL OF FAME**

**CRITERIA FOR THE SELECTION OF CANDIDATES**

1. Individuals selected as nominees must have shown a deep sense of responsibility in the manner in which they conducted themselves as coaches, and demonstrated a dedication to the highest ideals of competitive interscholastic athletics.
2. Of equal importance is the manner in which they conducted their programs, that they be most beneficial to their players, their schools, and their communities, always reflecting a positive image of interscholastic athletics and/or coaches.
3. They shall have demonstrated the characteristics of leadership, the ability to motivate and inspire, and to guide and counsel young athletes.

**ELIGIBILITY REQUIREMENTS**

1. Nominees must have been active in coaching and/or athletic administration for a minimum of 25 years.
2. Nominees must be a life member of the MSHSCA.

Minnesota State High School Coaches Association  
HALL OF FAME NOMINATING FORM



SEND NOMINATIONS TO: Bernie Schumacher 16332 Deer View Road  
Park Rapids, MN 56470 Email: bschumacher@mshsca.org

Name \_\_\_\_\_ Phone \_\_\_\_\_  
 Address: \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_  
 Phone Number: \_\_\_\_\_ Email: \_\_\_\_\_  
 Birth Date \_\_\_\_\_ Marital Status \_\_\_\_\_ Deceased \_\_\_\_\_  
 Spouse's Name \_\_\_\_\_ Children's names and ages \_\_\_\_\_

Nominating Person or Group \_\_\_\_\_  
Rationale for Nomination \_\_\_\_\_

Personal History: Hometown \_\_\_\_\_ Year \_\_\_\_\_  
College/s \_\_\_\_\_

College Honors: \_\_\_\_\_  
Coaching History: (Sports, schools & years) \_\_\_\_\_

Coaching awards, honors & highlights: \_\_\_\_\_

Are you currently an inductee to a sport association? \_\_\_\_\_ If yes, please list: \_\_\_\_\_

Present status \_\_\_\_\_ Organizations & honors other than coaching: \_\_\_\_\_

Coaches Association involvement & present status: \_\_\_\_\_

Please list other highlights & experiences: \_\_\_\_\_

Nominated by: \_\_\_\_\_ Date \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

## MSHSCA CODE OF ETHICS

As a professional educator, I will:

1. Strive to develop in each athlete the qualities of leadership, initiative and good judgment.
2. Respect the integrity and personality of each individual athlete.
3. Encourage the highest standards of conduct and scholastic achievement.
4. Seek to inculcate good health habits including the establishment of sound training rules.
5. Fulfill responsibilities to provide health services and an environment free of safety hazards.
6. Exemplify the highest moral character, behavior and leadership.
7. Provide ethical relationships among coaches.
8. Encourage a respect for all athletics and their values.
9. Abide by the rules of the game in letter and spirit.
10. Respect the integrity and judgment of sport officials.
11. Display modesty in victory and graciousness in defeat.
12. Demonstrate a mastery of and continuing interest in coaching principles and techniques through professional improvement.

The code of ethics of this association shall be adhered to by each and every member of the MSHSCA. Any action by members of the MSHSCA contrary to the principles therein established shall be subject to review by the Executive Committee according to policies established by the MSHSCA Delegate assembly.

## MSHSCA SEEKS NOMINATIONS FOR OFFICIALS DISTINGUISHED SERVICE AWARD

The Minnesota State High School Coaches Association has always been aware of the value of officials as an integral part of the high school athletic programs could function without the dedication that is currently being provided to prep sports by the many officials in Minnesota.



A few years ago, the MSHSCA, in an effort to restore sportsmanship, as it should be, to the stands of high school sporting events, created an Officials Distinguished Service Award.

Coaches who are aware of the outstanding officials in your area that qualify for the award should either nominate the officials directly or contact the area officials associations and urge them to submit the deserving candidates for the award.

This award is presented to five deserving officials at the MSHSCA's Annual Awards Banquet that is held each year in November.

The MSHSCA has maintained a collective file of nominations but is currently looking for more nominations of the many deserving officials that need to be recognized for their long time service to Minnesota high school sports.

Nominations to receive the Officials DSA can be submitted by using the following criteria.

1. Should still be an active official.
2. Have been a high school official of varsity competition for at least 25 years.

If you know of a deserving official in your area that satisfies the established criteria, complete the accompanying nomination form and send to:

Mike Peterson  
458 3rd St SW • Perham, MN 56573



### OFFICIALS DISTINGUISHED SERVICE AWARD NOMINATION FORM

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone (\_\_\_\_) \_\_\_\_\_

Years officiated at varsity level \_\_\_\_\_

Sport(s) Officiated \_\_\_\_\_

Other information to support this nominee: \_\_\_\_\_

Nominating Person \_\_\_\_\_

Address \_\_\_\_\_

Phone (\_\_\_\_) \_\_\_\_\_



[Redacted]

[Redacted]

As a membership benefit, coverage is provided by the Commercial General Liability Policy issued to the National Organization of Coaches Association Directors. This policy will provide general liability coverage to the Minnesota State High School Coaches Association and its members.

Today, most Coaches are involved in some type of sports camp. Please note that our General Liability Program follows insured members while working at camps and/or conducting their own personal camp.

[Redacted]

In addition, Participant/Accident Coverage is required for coaches and/or participants. Should an accident occur during a camp, clinic or event, this secondary coverage helps offset the loss suffered by families affected by such accidents.

HDI Global Specialty (A Rated)

[Redacted]

[Redacted]

August 1, 2022 – August 1, 2023

[Redacted]

As a member benefit of your state coaches association, all members in good standing have a \$1,000,000 per occurrence General Liability policy limit that provides coverage for their coaching activities. In order to protect the General Liability policy from potential claims, the insurance company has mandated that all coaches must obtain signed waivers and provide Participant/Accident insurance for their participants.

\$1,000,000	Each Occurrence
\$2,000,000	General Aggregate (per Member)
\$1,000,000	Products/Completed Operations
\$1,000,000	Personal & Advertising Injury
\$ 300,000	Fire Damage
\$ 50,000	Sexual Abuse (per Member)
Excluded	Medical Payments

In order to obtain a certificate of insurance showing proof of insurance or naming an additional insured, the following must be in place:

- ❖ **Waivers:** Signed waivers showing indemnification language
- ❖ **Participant/Accident Insurance:** You must have Participant/Accident coverage in place for all participants attending sports camps.

[Redacted]

[Redacted]

- ❖ Educator Professional Liability
- ❖ Participant Legal Liability for insured members
- ❖ Liability assumed under insured written contract
- ❖ Defense Cost outside limits

- ❖ Camp Insurance Request form is available on our website: [www.loomislapann.com](http://www.loomislapann.com)

[Redacted]

[Redacted]

- ❖ The use of automobiles, buses, watercraft and aircraft
- ❖ Property of others in the care, custody, and control of the insured.
- ❖ This insurance does not apply to members that coach at an All-Star game that is not approved by your state coaches association.
- ❖ This insurance does not apply to any loss, cost or expense arising out of infectious or communicable disease.



[www.loomislapann.com](http://www.loomislapann.com)  
(P) 800-566-6479 | (F) 518-792-3426

Greg Joly [gjoly@loomislapann.com](mailto:gjoly@loomislapann.com)  
Lori George [lgeorge@loomislapann.com](mailto:lgeorge@loomislapann.com)  
Karen Boller [kboller@loomislapann.com](mailto:kboller@loomislapann.com)

*Disclaimer: This is an insurance overview for summary purposes only; for complete policy terms and conditions please refer to the NOCAD Master Policy.*

# MEMBERSHIP PERKS

S

- **SHERATON MINNEAPOLIS WEST** - Minnetonka - 800-325-3535 (upon availability)

H

- **MARIOTT MINNEAPOLIS WEST** - (Code MSHSCA)  
Call Patrick Riley - 952-367-5082 (upon availability)

S

**For Hotel rates, coaches should indicate membership in MSHSCA.**

C

•••Advanced reservations required. All packages & promotions are based on availability. Please mention this promotion at the time of reservation. Offer void with any offers, discounts, groups or conventions.

A

## REASONS WHY MSHSCA MEMBERSHIP IS BENEFICIAL

1. Executive Director available to work for you on a daily basis.
2. Dues include a \$2,000,000 Liability Insurance while coaching.
3. Membership card is for admission at many high schools and colleges in Minnesota.
4. Teams are eligible to earn Academic Team and Individual honors.
5. Provide scholarships for Minnesota High School students.
6. NOCAD membership creates revenue marketing that is helpful for the promotion of programs that benefit coaches and their athletes.
7. Four issues of The Minnesota Prep Coach, the MSHSCA newsletter which contains information about and for coaches and their association's activities.
8. Provides potential for clinics for any sport association that wishes assistance.
9. Up to date clinic schedules and educational opportunities on our website.
10. Opportunity to be recognized as a Minnesota Coach of the Year.
11. Opportunity to be recognized as a Minnesota Assistant Coach of the Year.
12. Delegate representation that allows coaches to remain fully updated on issues.
13. Close working relationship with all affiliated sport associations.
14. Provides active representation and support on the MSHSL Board of Directors.
15. Recognition for state team championships.
16. Opportunity for 25 Year Club and Life Membership of the MSHSCA.
17. Opportunity to be nominated and selected to the MSHSCA Hall of Fame.
18. United support for each other's programs.
19. Mass membership email capability.

**Register.cordonco.com** is what you will see on your credit card statement for your MSHSCA membership. Please do not challenge this before calling 218-234-0345!

RICK RINGEISEN, MSHSCA  
20085 Italy Ave.  
Lakeville, MN 55044

MINNESOTA PREP COACH



## Someone You Know May Need a Friend



Awareness and education are key to preventing youth suicide, the 2nd leading cause of death for young people ages 10-24.

**if** The **Jason Foundation**  
[www.jasonfoundation.com](http://www.jasonfoundation.com)

# LEARN

how you can **B1** for a friend  
[rascalflattsB1.com](http://rascalflattsB1.com)

