

This camp will prepare current 7th & 8th graders to play high school football by teaching a variety of football-related skills in two sections.

## Session 1

(March 22-April 22) Tuesday/Thursday from 5 to 6 pm The first session will focus on movement training for football including olympic lifting movements, running technique, and change of direction.

## Session 2

(April 26-May 13) Monday-Thursday from 6 to 8 pm The second session will focus on individual position and team football skills. Campers will learn offense and defense position fundamentals as well as team plays.

Both of these camps are essential to those planning to play high school football. Camp will be instructed by Head Coach Dana Zupke and the Pinnacle High School Football Staff.

Questions? Contact Coach Zupke at dzupke@pvschools.net.

Name of Camp	Location	Gr.	Days	Dates	Times	Fee
Pinnacle High School Football Prep Camp	Weight Room & Stadium Field	7-8	Session 1: Tu & Th, and Session 2: M-Th	Session 1: 3/22 - 4/22 and Session 2: 4/26 - 5/13	Session 1: 5:00 p.m 6:00 p.m. and Session 2: 6:00 p.m 8:00 p.m.	\$100

First/Last Name Gra				rade Home School			
Parent/Guai	rdian's Name		Ema	il Address			
Street Address			City		Zip Code		
Phone: Home ( )			Work ( )		Cell ()		
Emergency Contact Name			Home ()		Work ()		
Γransportati	ion: 🗌 Parent Pick-up 🔲	Walk Home	e □ Child Care □ Other	(Please send written no	otice if your child's way home changes)		
Code	Name of Camp	Grade	Days	Dates	Times	Fee	
CS1016	PHS High School Football Prep Camp	7-8	Session 1: Tu & Th, and Session 2: M-Th	Session 1: 3/22 - 4/22 and Session 2: 4/26 - 5/13	Session 1: 5:00 p.m 6:00 p.m. and Session 2: 6:00 p.m 8:00 p.m.	\$100	
□VISA □	MasterCard Card#			CCV Exp EASE/APPROVAL	Signature		
					eby authorize the Directors of the program to	act for me i	
Past Health				any emergency requiring med	any emergency requiring medical attention. I agree to treatment by a licensed physician		
Past InjuriesPresent Health				while attending this program and to assume all costs related to such treatment. I waive and release any and all rights and claims I have against Paradise Valley Unified School District of its representatives for damages which may be sustained by me/my child.			
Medication							
				•			
						•	
				_	DVS	hools	
Name of Po	licy Holder					.T TOOLS tv Educatio	