



2021 SRLL COVID-19 Safety and Return to Play Rules

While we wait for the COVID-19 restrictions to be lifted, SRLL will institute the following rules while cohorts are still in effect. Participation in SRLL activities at this time are intended to provide a safe, socially distant physical fitness activity for players, allowing parents to focus on working at home, providing essential services, or contributing to an essential business or activity. These protocols will adjust as State and Local guidelines permit. Please continue to check here for updates/revisions.

You can find COVID-19 information from the California Department of Health regarding Indoor and Outdoor sports by [clicking here](#).

1. All field time is assigned by SRLL, and all use is scheduled specifically by team. Teams may only use fields during their scheduled field time. There will be no practices – small group or otherwise – that are not specifically scheduled by SRLL.
2. Only SRLL teams / cohorts of the same 12 registered players and their coaches may have access to fields and equipment. Use is permitted by rostered teams only. At no time may extra players, siblings, etc. practice with a team to which they are not assigned.
3. When a team has the field, it will be the only team with access to any field facilities during that time (this includes batting cages).
4. No two teams may be on the same field at any time. Only when the practicing team is finished and has fully exited the field may the next team take the field. No warmups in the dugouts or foul territory of any kind.
5. No spectators other than the team's rostered players and coaches may be in attendance at any practice.
6. There will be no shared equipment (other than baseballs). There are no exceptions to this rule. Players must bring their own bat, glove, helmet, batting gloves, or any other personal equipment. No such equipment may be used by more than one player.
7. Players should be kept 6 feet apart. Dugouts may not be used by the teams except as entry/exit points. Any team meetings or discussions shall take place on the field. Once practice starts, players should stay on the field premises or in the batting cages until the practice is over.
8. No handshakes, fist bumps, elbow bumps, or contact of any kind is allowed at any time.
9. Players are not permitted to gather or huddle around batting cages. A maximum of one player in the batting cage and one player waiting by the batting cage door is allowed. All other players should be elsewhere on the field, at least 6 feet apart.

10. Activity or gatherings of any kind before or after practice or “extra” practice time are prohibited. There is no loitering at the field before or after practice. The team manager should arrive early to assure that all protocols are followed and should not leave until all players have been picked up.

11. Managers and coaches must wear personal protective equipment face coverings. Players will be required to wear personal protective equipment face coverings.

12. Hand sanitizer will be available at the field. All coaches and players shall use hand sanitizer before taking the field and upon exiting the field. Players should bring their own hand sanitizer or wipes to practice if possible and will be encouraged to use sanitizer at each break in practice.

13. All coaches will take their temperature before leaving for practice. Parents/guardians shall check their child’s/player’s temperature before sending their child/player to practice. Any player or coach with a temperature of over 100.4 degrees or demonstrating flu-like symptoms including, but not limited to temperature, cough, sore throat, sneezing, body aches, loss of sense of smell, difficulty breathing, or fatigue are instructed to stay home and are not permitted to attend.

14. On the field, practice plans will ensure that players maintain 6 feet of distance from each other at all times.

15. Players, coaches, and umpires will wear a mask/face covering at all times while on the field for practices or games.

Note: SRLL will do random audits / checks of practices to ensure that coaches and players are following guidelines. If the guidelines are not being met, the coaches and players will receive feedback on how to do a better job of following the guidelines. If guidelines are not met by a player or coach, SRLL reserves the right to remove the coach and/or player from SRLL baseball activities.