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2022-23 Season Parent Info



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PRIOR LAKE SAVAGE HOCKEY ASSOCIATION



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This is our brand!



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Mission Statement

Prior Lake/Savage Hockey Association is a volunteer organization. Our **objective** is to teach our players respect for; team mates, coaches, the game, and to take pride in being a Laker community.

We are guided by the **values** of: perseverance through adversity, personal integrity, discipline, and good sportsmanship.

Our **success** will be measured by our players reaching their potential while having fun and loving the game of hockey. It's about the kids!

Dedication to our mission will ensure PLSHA is represented at the highest level possible.

PLSHA Board

- President/HDC Board Liaison/D6 Rep: [Todd Lervick](#)
- Vice President: [Karl Hovde](#)
- Treasurer: [Kelly Hoffarth](#)
- Equipment/Pictures: [Tony Bianchi](#)
- Development Director: [Matt Crist](#)
- Sponsorships: [Chris Jones](#)

NEW

- Vice President of Administration: [Nicole Jacques](#)
- Governance Director: [Sarah Thoeny](#)
- Girls Program/Recruitment: [Shawn Koehnen](#)
- PLSHA Tournaments: [Katie Hadenfeldt](#)
- Events Director/Recruitment: [Rachel Kashani-Legler](#)





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2022-23 SEASON INFO



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Laker Fall Training

Included in your PLSHA registration, PLSHA Pre-season training camps have been designed with the intention of preparing our athletes for the upcoming season, prior to and after tryouts, to ensure that players are prepared for their evaluations and also for after tryouts to help each individual and team prepare for their season. Focus will be on: Skill Development, Skating Dynamics and Physical Development.

ON ICE: Our primary focus of Skill Development and Skating Dynamics will focus on skating, stickhandling, passing and shooting which are the fundamental skills necessary to become a good hockey player. Hockey players at every level focus on these fundamental skills. It is our hope to push players outside of their comfort zone on a daily basis to help develop their game.

OFF ICE: Our secondary focus is Physical Development. This fall we will be improving player performance as an athlete away from the ice that will have a direct impact on each player's ability to execute at their highest level on the ice. This will come from Sprint/Speed Drills, Agility Drills, Explosiveness Drills and body strength activities.

Laker Training begins Sept 28th for Squirts and 10U [Laker Training \(plsha.com\)](http://plsha.com)



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rule reminders

FAIR PLAY POINTS - IMPORTANT - PLEASE READ

We are getting a lot of questions as to how the 1.5-minute minor penalty change impacts the Fair Play Point Threshold.

For purposes of the Fair Play Point, the GameSheet scoring application has been adjusted to calculate the Fair Play Point correctly and the scorekeeper SHOULD NOT manually override the GameSheet app.

Example. The Pee wee level maximum penalty minute threshold is 12 minutes (six 2-minute penalties. However with the 1.5 minute penalties, the FPP threshold when using the 1.5 minute penalty is 9 minutes. GameSheet will automatically assign the FPP the minutes is equal to or less than 9 PIM. If the team exceeds 9, GameSheet will not award the FPP.

For additional information on rules and thresholds, please click on the [link](#).



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SAFESPORT

What is SafeSport?

The **SafeSport Handbook** includes **policies that apply to all USA Hockey Member Programs**.

Those Policies address

- Sexual Abuse
- Physical Abuse
- Emotional Abuse
- Bullying, Threats and Harassment
- Hazing

The Policies also address areas where misconduct can occur and are intended to reduce the risk of potential abuse, including:

- Locker Room Policy
- Electronic Communications Policy
- Travel Policy
- Billeting Policy



There are several changes to the SafeSport Training requirements, as required by federal law and the Center for SafeSport



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For next steps visit www.PLSHA.com/safesport

ANNUAL INSTRUCTIONS FOR PARENTS/VOLUNTEERS

This process **must be** completed even if the parent has done the buyout of association volunteer hours, as the team requires volunteer hours. Please take your time to follow the directions and take a look at the FAQs; I am happy to be helpful, yet much of my time is spent copying the exact information found here.

STEP 1: Parent/guardian register for your USA Hockey volunteer number available at no cost to you. A new number is required annually by USA Hockey. You can locate or obtain your number by going to: membership.USAHockey.com *If you are a USA Hockey referee, player, or coach, you can provide this number.

STEP 2: Complete the required SafeSport training available at no cost to volunteers, coaches, officials, players, and employees. There is a change commencing with the 2022-23 season, SafeSport Training will be valid for twelve (12) months rather than a full membership season.

The first year you complete SafeSport training you will complete the Core SafeSport Course, the second year you complete the SafeSport Refresher 1 & 2, and the third year you complete SafeSport Refresher 3. The portal will only require you to complete what it required of you. You can find the training content by going to: <https://www.usahockey.com/safesporttraining>

Note: If you complete your USAH registration and immediately try to enter that number into the SafeSport training link, the two systems may not have had sufficient time to communicate/update. You may need to wait until the next business day before the update occurs. PLSHA does not control this process; this is a communication between USA Hockey & US Center for SafeSport.

STEP 3: Complete the USA Hockey required background screening. This process can be completed in a few days, or can take as long as a couple weeks during high volume times for the USA Hockey vendor. Background screening is valid for two years. You can find the USA Hockey approved vendor information at:

<https://www.usahockey.com/backgroundscreen>

Need Help?



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THE NUMBERS

Traveling Registration Numbers

- 351 registered travel players: ↑ 4%
 - 84 Bantam = 78 + 6 goalies ↓ 7%
 - 90 Peewee = 83 + 7 goalies ↑ 17%
 - 95 Squirt = 85 + 10 goalies ↑ 17%
 - 22 U15 = 18 + 4 goalies
 - 29 U12 = 27 + 2 goalies ↓ 12%
 - 40 U10 = 37 + 3 goalies ↑ 29%
- Mite & U6/U8 & - registration closes 9/19
- Jr Gold/Jr Gold 16U – registration closes 10/31





Planned Traveling Team Formation

Anticipated Traveling Teams

- Bantam = 6
 - AA, B1, B2, B2 C (one less C from 2021-22)
- Peewee = 6
 - AA, B1, B1, B2, B2 C (*one more B1 from 2021-22*)
- Squirt = 6
 - A, B1, B2, B2, C, C (*same as 2021-22*)
- 12U = 2
 - A & B1 & B2
- 10U = 2
 - A & B2
- 15U = 2
 - **A** (co-op with EP & will be hosted by PL) & **B**

JR Gold

JR GOLD planning to host

- 1 Jr Gold B teams (composed of mostly Seniors & Juniors)
- 1 Jr Gold 16U team (composed of mostly Sophomores)





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TRYOUTS

Tryouts

“No Matter How Many Private Lessons They Get, Or How Expensive Their Equipment Is, The Drive To Succeed Must Come From The Kid and Not The Parent In Order For There To Be Any Chance Of Long Term Success.”

- Reformed Sports Project

Tryout General Information

- Tryouts are stressful for all!
- Do our best to avoid fall sports and homecoming.
- Continuous improvement - no perfect system.
- Tryout Information:

– **REGISTRATION TAB**

[2022 Tryout Information](#)



Check the website each night following tryouts – your players group may change

WHAT TO BRING

Forms & Deposit:

- \$600 Volunteer Deposit Check per player (post dated 4/1/2022) **OR** \$500 Volunteer Tryout Check (current date)
- Consent to Participate no longer collected.
- The code of conduct is signed electronically at time of registration.

Other Items:

- Navy helmets are required for tryouts.
- Only **Lakers colors** accepted (navy/gold jersey and socks). We will provide if needed.
- No **summer team jerseys** or helmet stickers allowed.
- Mouthguard & Neck Guard** for each session, if either is missing the skater will be asked to leave the ice.
- Water bottle** - you must have your own.

Parents will **NOT** be allowed to enter the arena during tryouts. **No Exceptions!**

SEASON INFORMATION COMING SOON!

TRYOUT TIMES FOR ALL LEVELS

SCHEDULE AND GROUPINGS (SUBJECT TO CHANGE)

SELECT **PLAYER LEVEL** **THE** BELOW FOR DETAIL.

GROUPS CHANGE with each session - check groupings **PRIOR TO EVERY SESSION** for time listed with player pin/nr number.

Team formation will be determined based on registration numbers and tryout results. Primary consideration will be given to what leads to the best development of players over the long term. Please see the PLSHA calendar for practice schedules once teams are set.

Session	Time
September 20th (11th & 12th)	6:00-8:00 pm
September 27th (11th & 12th)	6:00-8:00 pm

GOALIE ONLY SESSIONS

Session	Time
September 20th (11th & 12th)	6:00-8:00 pm
September 27th (11th & 12th)	6:00-8:00 pm

BANTAM LIAISONS

SCOTT Bloom
Head Coach
Phone: 920-714-0772

TONY Bianchi

ALL PLAYER SESSIONS

Session	Group 1	Group 2	Group 3	Group 4
September 20th (11th & 12th)	6:00-7:00 pm	7:00-8:00 pm	8:00-9:00 pm	
September 27th (11th & 12th)	6:00-7:00 pm	7:00-8:00 pm	8:00-9:00 pm	
October 3rd (11th & 12th)	6:00-7:00 pm	7:00-8:00 pm	8:00-9:00 pm	9:00-10:00 pm

EVALUATORS



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Tryout check-in

Please send with your child

- **\$600 Volunteer Deposit OR \$500 Buyout check**
 - Note players name and level in memo line
- **Other Items:**
 - Navy helmets are required for tryouts.
 - Only Laker colors accepted (navy/gold jersey and socks). We will provide if needed.
 - No summer team jerseys or helmet stickers allowed.
 - Mouthguard & Neck Guard for each session. If either is missing the skater will be asked to leave the ice.
 - Water bottle - you must have your own.

* **Parents will NOT be allowed to enter the arena during tryouts. No Exceptions!** Please make sure your child has everything for check-in! Otherwise, **they cannot get on the ice until turned in.**

* **Please do not arrive more the 30 minutes prior to your tryout session.**

REMINDER! Consent to Treat & Code of Conduct will not be collected at tryouts.

- We no longer collect "Consent to Treat" forms
- The code of conduct is signed at registration

Tryout Evaluation

Staff

Our tryout non-parent evaluators have experience as coaches, players, evaluators at one or more of the following levels; D1, D3, Junior, High School, and Youth.

- A list of evaluators can be found on PLSHA.com

What is being evaluated in tryouts?

- Skating
- Hockey sense
- Core hockey skills
- Play with puck
- Play without puck
- Effort

**NOT # of goals
scored in
tryouts!**

Consistency matters!

*The best players will be selected for each respective team regardless of position previously played. The evaluators will identify appropriate strengths and weaknesses regardless of position.

*Last year's team is used as supplemental information as needed when determining bubble picks (all things being equal)...



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Tryout Liaisons by Level

- **Bantam:** Shawn Koehnen + Sarah Thoeny + Chris Jones
- **Peewee:** Todd Lervick + Karl Hovde + Katie Hadenfeldt
- **Squirt:** Todd Lervick + Rachel Kashani-Legler
- **12U:** Katie Hadenfeldt + Chris Jones
- **10U:** Sarah Thoeny + Kelly Hoffarth
- **15U:** Chris Jones

** Due to the volume of work at tryouts other board members are likely to be present*

Contacting Tryout Liaisons

- Observe 24 Hour “Cooling Off Period”
- **PHONE CALLS ONLY** – If you have a **QUESTION** in regards to player placement please contact the appropriate level liaison; Emails will not receive a response
- Acceptable reasons for contacting a liaison
 - Injuries or Illness
 - To clarify anything where there may be some confusion
 - To report inappropriate behavior by players or parents during the tryout process
- Unacceptable reasons for contacting a liaison (call level coordinator)
 - Debate player placement or evaluations





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MORE TRYOUT INFO



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HDC / Board Tryout Principles

- **Be thorough:** Have multiple sessions and evaluators; Use previous coach input where needed
- **Be consistent:** Board Liaisons utilized to monitor integrity of process
- **Be as transparent as possible:** Evaluation criteria posted
- **No Distractions:** Tryouts are closed to parents – Please respect this!
- **Skill Drills vs. Scrimmages:** skills are what is evaluated, from the time the athlete hits the ice until they step off. Goals and winning does not matter.
- **Positions and fairness of shifts:** Squirt Liaison and additional volunteer positions on the bench to ensure more fairness and equal distribution of positions .
- **No outside or AAA jerseys:** all players must wear navy helmets + jerseys + socks (Prior Lake colors). PLSHA will provide as needed.
- **“C” team placement:** Allow a family to skip tryouts if desire

Tryout Process

DAY 1	<u>A-H*</u>	<u>I-R*</u>	<u>S-Z*</u>	All levels together
DAY 2	Lower	Middle	Top	Rank vs competition
DAY 3	Lower	Middle	Top	Focus on “bubble kids”
DAY 4	Lower	Middle	Top	Divide pool into teams

** Example of groupings are for illustration purposes only*

DAY 1 and 2

- Every evaluator scores every player 1-5 (5 is best)
- Player notes
- Scores are entered in PC
- Establishes player ranking
- Posted each night

DAY 3 and 4

- Pools are created
- Looking for outliers
- Players ranked 1-5
- Scores entered into PC
- Bubble players discussed at depth in war room
- Coaches attend as needed for draft purposes



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Examples of Eval sheets

Scoring System 1 To 5 (1 = Lowest 5 = Highest)

GROUP 1: 6:00-7:00 Wed Oct 4 (SKATERS)

Jersey #	Color	Skating	Hockey Sense	Overall Effort	Play w/ Puck	Play w/o Puck	FINAL SCORE	Comments
	LIGHT	1	2	1	1	1	1.2	improve skating & skills
	DARK	4	4	5	4	4	4.2	good skater & really good effort
	LIGHT	2	2	2	2	2	2	play the body
	DARK	2	2	2	2	2	2	improve skating
	LIGHT	2	1	1	1	1	1.2	improve effort & puck skills
	DARK	1	1	2	1	1	1.2	improve skating & puck skills
	LIGHT	5	5	5	5	5	5	very nice player
	DARK	5	4	5	5	4	4.0	good everything
	LIGHT	1	2	1	1	1	1.2	improve skating & puck skills
	DARK	2	3	3	3	3	2.8	improve quickness
	LIGHT	3	3	3	3	3	3	ok at everything
	DARK	2	2	3	3	3	2.6	improve quickness & strength
	LIGHT	4	3	3	3	2	3	improve strength, more puck control
	DARK	4	4	3	5	4	4	good skating & skills
	LIGHT	1	2	1	1	1	1.2	improve skating & puck skills
	DARK	4	4	4	5	4	4.2	good skating skills
	LIGHT	1	2	1	2	2	1.6	improve skating & strength
	DARK	1	2	1	1	1	1.2	improve skating
	LIGHT							INJURED
	DARK	1	1	2	1	1	1.2	improve skating
	LIGHT	2	2	2	2	2	2	improve skating & effort
	DARK	2	1	1	1	2	1.4	improve puck skills
	LIGHT	2	2	2	2	2	2	improve skating & puck skills
	DARK	2	2	3	3	2	2.4	improve skating, pass, puck control

P 1: 6:00-7:00 Wed Oct 4 (GOALIES)

0	3	3	3	3	3	3	3	improve Angles
6	2	2	1	1	1	1	1.5	challenge shooter more
6	2	2	3	2	2	2	2.2	

Scoring System 1 To 5 (1 = Lowest 5 = Highest)

GROUP 1: 6:00-7:00 Wed Oct 4 (SKATERS)

Jersey #	Color	Skating	Hockey Sense	Overall Effort	Play w/ Puck	Play w/o Puck	FINAL SCORE	Comments
	LIGHT	1	1	1	2	1	1.2	slow skater, ok position
	DARK	3	3	3	3	3	3	good hockey sense
	LIGHT	1	1	1	2	1	1.2	good effort, more strength
	DARK	1	2	1	1	1	1.2	slow skater
	LIGHT	2	2	1	1	1	1.4	good skater
	DARK	2	2	2	2	2	2	good starts, slow skater
	LIGHT	5	5	5	5	5	5	AA last year
	DARK	5	5	5	5	5	5	is on player, smart, good skater
	LIGHT	2	3	2	2	2	2.4	good hockey sense
	DARK	3	3	2	2	2	2.4	good skater
	LIGHT	3	2	3	3	2	2.4	good with puck, slow skater
	DARK	2	4	2	2	1	1.6	good natural, good effort, speed
	LIGHT	4	4	3	4	4	3.8	good skater, smart player
	DARK	4	4	4	3	3	3.6	good player, effort
	LIGHT	2	2	2	2	2	2	leads effort
	DARK	4	4	3	3	3	2.8	good skater, good starts
	LIGHT						2	good position
	DARK	1	2	1	2	2	1.4	leads skating, effort
	LIGHT							INJURED
	DARK	2	2	1	1	1	1.4	lead skater
	LIGHT	2	2	2	2	1	1.8	good position, leads speed
	DARK	1	1	1	1	1	1	plays second, doesn't get much
	LIGHT	1	1	1	1	1	1	slow skater, minimal play with puck
	DARK	2	2	2	2	2	2	leads effort, skater

P 1: 6:00-7:00 Wed Oct 4 (GOALIES)

	3	3	2	3	2	3	3	good make-up &
	2	2	2	2	2	2	2	slow skater
	3	3	3	2	2	3	3	good fundamentals

Draft process

2 main goals of the draft

As equal of teams as possible

Do our best to put kids with a coach where they will have a good experience

Draft Process:

- **Attendance** – only the Head Coach and one assistant
- **Liaison/Level Coord fill out white board:** (top/middle/bottom rated groups) with both Pinny number and 1st or 2nd year player at the level
- **Goalies first:** 4 goalies – coin flip for 1st pick 3 goalies – coin flip for 1st, highest rated goalie required to be the solo goalie
- **Coin flip to starts full draft:** Winner can choose - first pick of players or tourneys
 - Whomever picks the player first - the other team gets the extra player coming down from the A pool (if applicable)
 - Draft starts with picks from top rated group 2nd year players, top rated group 1st year players, middle rated group 2nd year players and down the list until draft is complete
- **Closed door:** discussions in the room should not be made public



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Level Coordinators Tryout Responsibilities

Level Coordinator responsibilities include:

- Tryout evaluations
- B and C coach selection/placement
- Conduct draft when needed
- Monitor conduct of players and coaches - Discipline
- First level arbitrator for on ice issues / concerns

Youth Level Coordinators

- Bantam "AA" coach (Tony Bianchi) oversees all Bantams
- PW "AA" coach (Rob Bloomer) oversees all Peewees
- SQ "A" coach (Brent Eisenach) oversees all Squirts

Girls Level Coordinators

- 10UA coach Halle Hallberg oversees all 10Us
- 12UA coach-TBD
- 15UA coach Kendra Krause oversees all 15U



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VOLUNTEERS



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Volunteer Policy

- **Volunteer Deposit**
 - **\$600 per player**
- **Buyout Option** - For those families choosing not to volunteer PLSHA/D6 hours
 - **\$500 per player**
- **Hours**
 - **Team hours:** are expected and will be rotated by the team manager in order to successfully operate the team
 - **PLSHA/D6 (DIBS) hours:** will be designated year-to-year by the Board based on needs and PLSHA Commitments
 - 2022-23 there will be a minimum of **8 PLSHA/D6** hours required per traveling player and **4 PLSHA/D6** hours required per mite player
 - Hours will be **capped at 15** for families with multiple players
- **Exemptions**
 - Please check the policy. Don't assume.
- **Compliance**
 - The deposit check(s) **WILL BE CASHED** if the volunteer requirements are not fulfilled by the end of the current hockey season, or there are balances due. Final determination will be made by the board.



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EQUIPMENT

Jerseys and Socks

- **Home and Away Jerseys:** will include the players last name and kept by the player
- **Socks:** Socks will be reversible- one pair for each player that will be used for both home and away games
- **Garment bag** – please keep your jerseys looking good
- **Jerseys & socks:** will be distributed to team managers at the managers

2022-2023 Season Jerseys





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Lettermen Sports/Team Store

For more information or to order apparel visit the [team store](http://www.PLSHA.com) at www.PLSHA.com

PL Hockey & Jersey Bags



Lakers
PLAYERS & FANS
WELCOME BACK TO
HOCKEY

CLICK HERE TO ORDER

powered by: **Lettermen SPORTS**

APPAREL ORDERING OPPORTUNITIES

- #1: AUGUST 11TH - 28TH
DELIVERS THE WEEK OF: SEPT. 19TH - 25TH
- #2: SEPTEMBER 9TH - 18TH
DELIVERS THE WEEK OF: OCT. 18TH - 16TH
- #3: SEPT. 30TH - OCT. 16TH
DELIVERS THE WEEK OF: NOV. 7TH - 13TH
ONLY BULK DELIVERY
- #4: NOVEMBER 4TH - 13TH
DELIVERS THE WEEK OF: DEC. 12TH - 18TH
- #5: JANUARY 6TH - 15TH
DELIVERS THE WEEK OF: FEB. 6TH - 12TH

*NO LATE ORDERS ACCEPTED.
*ALL ITEMS ARE CUSTOM AND ARE NOT RETURNABLE, EXCHANGEABLE, OR REFUNDABLE.
*DUE TO THE CUSTOM NATURE OF ORDERS, ALL DATES ARE ESTIMATED & CANNOT BE GUARANTEED.

2nd ordering window closes TONIGHT!

Navy Equipment

- Navy helmets, navy pants (breezers), navy and gold trimmed, or navy and white trimmed gloves are required for all 10U, 12U, 15U, Squirts, Peewees, and Bantams.
- Jr Gold and goalies are exempt

REQUIRED

**Equipment can
be hard to find.
PLAN AHEAD!**



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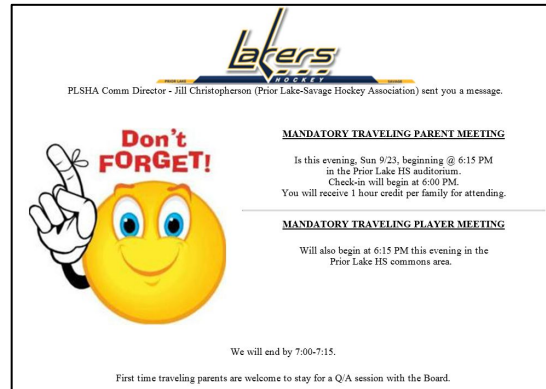
COMMUNICATIONS



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Staying In Touch with PLSHA

PLSHA.COM

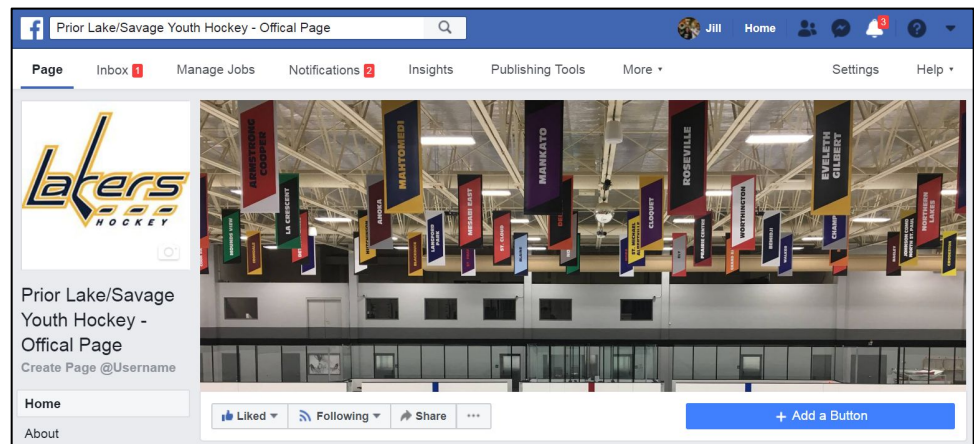


Email

**If you are not receiving email please check your NGIN account settings – it is not updated via registration info*

FACEBOOK

<https://www.facebook.com/pages/Prior-LakeSavage-Youth-Hockey>



MITE REGISTRATION CLOSES IN **5 3 18 53**
DAYS HOURS MINUTES SECONDS

IMPORTANT DATES

TRAVELING REGISTRATION CLOSED
GIRLS BIG SKATE/GIVE HOCKEY A SHOT REGISTRATION CLOSES
MITES REGISTRATION CLOSURES
ROOKIE CAMP REGISTRATION CLOSURES
JR. GOLD/16U REGISTRATION CLOSURES
ROOKIE MITE REGISTRATION CLOSURES

CLOSED
SEPT 16, 2022
SEPT 19, 2022
OCT 1, 2022
OCT 31, 2022
DEC 15, 2022

OUR MISSION STATEMENT

Prior Lake-Savage Hockey Association (PLSHA) is a volunteer organization. Our objective is to teach our players respect for teammates, coaches, the game, and to take pride in being a Laker community. We are guided by the values of: perseverance through adversity, personal integrity, discipline, and good sportsmanship. Our success will be measured by our players reaching their potential while having fun and loving the game of hockey. It's about the kids! Dedication to our mission will ensure PLSHA is represented at the highest level possible.





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FINANCIAL & SPONSORSHIPS

Ice/Team Bills

- Each Team will have a Team Treasurer (Team Manager will assume duties if no volunteers)
- A monthly team bill will be sent to Team Treasurer
 - E.g. Ice time, tournament fees, D6 fees, team specific, paid non-parent coach pay
- Team Manager/Treasurer responsible for collecting from parents and paying ice bills

PLSHA - Financial Operations

- We are a non profit association & 501(c)(3)
 - \$785k in last year; \$760k out in expenses
- We are your cost facilitator
- It is our intention to not build an excess cash reserve, rather use excess cash to reduce the cost of hockey and/or offer additional training
- Charitable gaming helps reduce our costs. Thank you to our gambling sponsors!





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Budget for 2022-2023: \$1.2M

PLSHA Association 2022-2023 Expenses	Amt.
Ice time	\$500k
Tournaments - external and running two of our own	\$190k
Mites including Mite Jamboree	\$171k
Admin: Insurance, D6 Fees, Level Coordinators, Professional Fees, Goalie Reimbursement, Fundraising	\$111k
Coaches & Specialized Training (Skating, Goaltending)	\$80k
Off-ice Training (Dryland and Dakotah Trainers)	\$70k
Equipment - jerseys, socks, pucks, etc.	\$65K
Tryouts	\$13k



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COACHES



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Coach Requirements

COACH REGISTRATION PROCESS: 2022 - 2023 HOCKEY SEASON

Hello Coaches, Another hockey season is upon us. Below is the process that **must be followed to be eligible to coach any team for PLSHA during the 2022-2023 Hockey Season**. As it has been in past years, PLSHA will not allow anyone on the ice or bench and will remove anyone from the official USA Hockey roster that does not meet the requirements by the expressed due dates. If this happens, you are not allowed to coach in any capacity, be it on the ice or on the bench.

Below are the necessary **steps 1-6**, with due dates, you must complete if you wish to coach for the 2022-2023 hockey season. **Please make all efforts to complete these as soon as possible. The earlier you look at this and understand it, the better for everyone involved.** I suggest printing this page to use as a checklist.

Summary here, details and links below...

Step 1: Applications (PLSHA & USA Hockey) - Due ASAP

USA Hockey application is open NOW

PLSHA application opens 8/1/22

Step 2: Background Screening - Due at time of application

Step 3: CEP - Due by 12/25/22

Step 4: Age-Specific Modules - Due before you can be rostered or take the ice/bench

Step 5: SafeSport - Due before you can be rostered or take the ice/bench

Step 6: Concussion - Due before you can take the ice/bench

IMPORTANT: As it is every season, you will not be put on the official roster until all steps below are completed (with the exception of CEP which is due 12/25/22). This means you **cannot be on the ice/bench for any games or practices until all steps are completed and you are officially cleared by the PLSHA Coaches Coordinator.**

NOTE: The PLSHA Coaches Coordinator does **NOT** select coaches or make coaching placements on teams. This is done by the HDC and associated level coordinators.

***Coaches please ensure you check your spam/junk mail for any emails from plshacoaches@gmail.com
Requirement Reminders and important information will come from this email address and I don't want you to miss them.***



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Review Your Coaching Credentials

<https://courses.usahockey.com/public/>



Click My Profile

Home My Profile USA Hockey Courses

Welcome

Welcome to the USA Hockey Certification Course Registration System. We appreciate your interest in taking courses as well as view your current status with USA Hockey's certification program.



Click Coaching

Home My Profile USA Hockey Courses

My Profile

Coaching Information

Officiating Information

My Profile

Profile last updated: 09/18/2022

[REFRESH DATA](#)

Note: Have you recently completed Membership Registration information on this page and the coaching and/or officiating information pages?



Review Your Coaching Credentials

My Coaching Information

USA Hockey Coaching Clinics are now available without a login by [Clicking here](#). You can still access your Age Specific Modules through clicking My Profile > Coaching Information.

Profile last updated: 09/18/2022

REFRESH DATA

Note: If information on this page is not up to date, click the "Refresh Data" button at the top of the screen.

CEP Number: 514137

Certification Level: 4

Certification Expires: 12/31/2024

Age Specific Modules: 8 & Under
10 & Under

Helpful Links

- **Module information:** [USAH Age Specific Module information](#)

SafeSport

SafeSport Verification: VERIFIED ✓

Season to Renew: 2023-2024

SafeSport training and renewal: [Click Here](#)

Screening

Screening Verification: VERIFIED ✓

Season to Renew: 2023-2024

Screening renewal: [Click Here](#)

Please allow up to 24 hours for recent updates to appear in your profile

Coaching Certification History



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In Season Development

In Season Development

- Power Edge Pro (PEP)
 - Wednesday nights, 45-50 Minute sessions
 - Focuses: Puck Control, Creativity, Edge Work
 - Ran by Coaches, two teams per session
- Butch Power Skating
 - Thursday nights, two teams per session
 - Focuses: Over speed, edge work & control, transitions
 - Ran by Butch and his staff
- Devenir Goaltenders
 - Wednesday nights, 45-50 Minute sessions
 - Focuses: One on one work with a goalie coach, efficient, effective, and confident goaltenders
 - Ran by the Devenir staff



Power Edge Pro PEP



Devenir



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WE NEED VOLUNTEERS

A red starburst graphic with a yellow outline, containing the text "NOW SEEKING".

NOW
SEEKING

Now Seeking

- Website Coordinator
- Mite Jamboree Coordinator
- Social Media Coordinator

Applications can be filled out by clicking [HERE](#)



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PLAYER & PARENT CONDUCT



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10 things that Require ZERO talent

1. Being on time
2. Work Ethic
3. Effort
4. Body Language
5. Energy
6. Attitude
7. Passion
8. Being Coachable
9. Doing Extra
10. Being Prepared

Player Attendance Policy

- Players are required to attend ALL games and practices.
- There **will be** tournaments **Thanksgiving Weekend**.
- **Acceptable absences include religion, illness, and family emergencies.**
The need to finish school work is not acceptable; players must balance their schedules and learn how to become student-athletes. It will be required if they wish to play high school hockey and beyond.
- MEA weekend **(Oct 19-23)** & Christmas **(Dec 23-26)** will be OPTIONAL practices only for all PLSHA teams for this season. Other holidays and vacations will not be excused from your obligation to your team.
- The following are the **consequences of missing a practice or game**; the same policy will be standard on ALL teams.
 - Players missing practice due to an unexcused absence will be required to sit one (1) period in the next game.
 - Players missing a game due to an unexcused absence will be required to sit the entire next game.



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Parent Conduct Policy

Following USA Hockey “Zero Tolerance” policy applies to both tryouts and in season

INFRACTIONS:

Infractions decided by the disciplinary committee.

The **parent may appeal** the above stated suspensions after 7 days with a written appeal to the PLSHA Board Officers (President, VP, Treasurer, and Secretary); however, exceptions to the consequences will be rare in accordance with the zero tolerance nature of this policy.

The PLSHA Board of Directors and/or D6 **reserves the right to institute greater penalties** than outlined above as they deem appropriate.

Any parental/guardian/spectator misconduct not specifically alluded to above, will be dealt with on an individual basis by the PLSHA Disciplinary & Grievance Committee.

Bench **coaches are exempt** from this policy as they are **governed by specific District 6 rules** for coach and PLSHA Coaches Code of Conduct.



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GOVERNANCE



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Disciplinary & Grievance Meetings

- Disciplinary hearing meetings
- Disciplinary/Grievance Committee – minimum 5 person panel
 - Sarah Thoeny, Governance Director
 - Executive Board members
 - Current and past PLSHA members
- Disciplinary/Grievance Committee determines intervention and/or discipline, proportionate response to conduct concerns

Proper Protocol...

BEFORE YOU TAKE ACTION

- Wait 24 hours (this will be prompted when it's not 24 hours)
- Be honest and objective when reflecting on the issue
- Try to view it from all angles
- Talk to your child to see if they agree with your perception

BEST COURSE OF ACTION

- Accurately document the situation in writing
- Call a board member to discuss the situation prior to sending your email, and be clear about what you are asking for
- Submit your formal complaint/comment
- Understand your email WILL BE FORWARDED and can't be unsend



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THANK YOU

If you have any questions please contact a board member, committee chair, coordinator, or level coordinator.