



Participation Waiver for Communicable Diseases Including COVID-19

Restrictions have been eased in part by the Commonwealth of Pennsylvania to enable outdoor athletic Training. The restrictions, however, have not been completely eliminated. In an effort to enable our players to resume/continue training, but to assure compliance with State regulations these guidelines will be followed at each session

- Groups of 25 or Less. This includes players, coaches and anyone else present at training. Parents must drop off and pick up players in 10-minute windows before and following training. Parents siblings or friend are not permitted to congregate in the parking lot of the training facility.
- Training will occur outdoors only, and weather permits; indoor training prohibited
- The Training will be Skill and Drill Based, Non-Contact Practices
- Social Distancing of a Minimum of Six Feet must be maintained between players and coaches
- Each player should provide his own equipment (soccer balls) and limit use by other players
- Each player is responsible to provide his or her own means of hydration. (Players are not to pass or share water bottles, bags, etc.)
- Attendance will be taken by coaches for each practice to enable contact tracing if necessary.
- There will be no team meetings before or after practice.
- No spitting, gum chewing or sunflower seeds
- Coaches will wear masks at all times – unless medically unable
- No shaking hands, high fives, fist bumps, etc by players and/or coaches
- Bathroom use will be limited to 1 person at a time
- 1 way in and 1 way out to the training facility will be encouraged.

We agree to follow all public health guidelines issued by the PA Department of Health and the CDC, as it relates to wearing masks in public, social distancing, and self-quarantining after out of state travel and potential exposure to Covid-19, to help reduce the risk of potential spreading the infection to fellow teammates, referees, opponents, coaches, and parents, at practice and/or games.



Participation Waiver for Communicable Diseases Including COVID-19

I understand that participating in athletic programs, events, and activities may include a possible exposure to a communicable disease including but not limited to MRSA, influenza, and COVID-19. While particular recommendations and personal discipline may reduce the risk, the risk of serious illness and death does exist. I knowingly and freely assume all such risks, both known and unknown, even if arising from the negligence of others, and assume full responsibility for my participation. I willingly agree to comply with the stated recommendations put forth by the Reading RAGE SC to limit the exposure and spread of COVID-19 and other communicable diseases.

Player's Name: _____

Signature of Parent/Guardian: _____

Date: _____