

# 2019 IOWA USAW WOMEN'S SCHEDULE

9  
Mar

## Dominate in the Dells

Folkstyle | Wisconsin Dells, WI

21-24  
Mar

## Girl's Nationals

Folkstyle | Oklahoma City, OK

12-14  
Apr

## Heartland Duals\*

Folkstyle | Council Bluffs, IA

5  
May

## IA Girl's State

Freestyle | Southeast Polk, IA

10-12  
May

## Women's Nationals

Freestyle | Irving, TX

17-19  
May

## Northern Plains Reg

Freestyle | Rochester, MN

18-22  
Jun

## National Duals\* Jr/U16/14

Freestyle | Tulsa, OK

12-19  
Jul

## JR/U16 Nationals\*

Freestyle | Fargo, ND

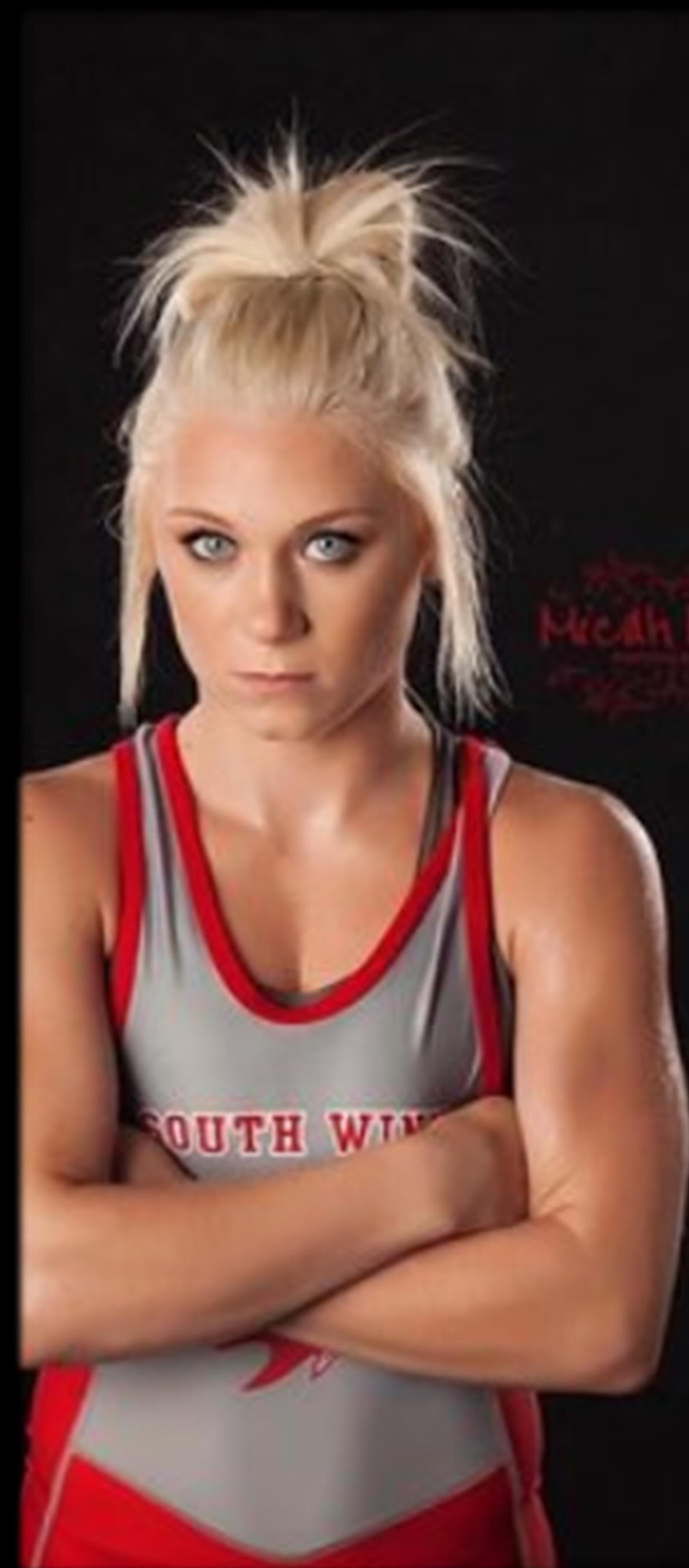


Photo Credit: Micah Lynn

Felicity Taylor 2018 Junior National Champion and Outstanding Wrestler.  
Photo Credit: Micah Lynn.

\* IA/USAW Directors organize the official state team for select USAW national team events. Individuals are not guaranteed placement on teams or equal "playing time" at dual meets or other events. Members are encouraged to contact division directors for details on how to qualify and other team requirements.  
iausawomensdirector@gmail.com