

# Texoma Youth Football

## Health Protocols

*The following protocols follow most of the guidelines and requirements as presented and interpreted in the Governor's Strike Force to Open Texas – Youth Sports Operator/Families Minimum Health Standard Protocols dated 7/2/2020 as well as guidelines set in place by the University Interscholastic League (UIL).*

All participants, coaches and staff must adhere to the following measures at each competition event:

**The following should be and verified by each respective team and coach prior to entering the competition venue by reporting via affidavit to the host group representative:**

- Complete a self-screen (including symptoms as listed below and temperatures) for players and staff of that team.

### COVID-19 Symptoms

In the last 24 hours have you experienced any of the following symptoms in a way that is not normal for them?

- Unusual Cough
- Shortness of Breath or Difficulty Breathing
- Chills / Repeated Shaking with Chills
- Significant Muscle Pain or Aches
- Unusual Headaches
- Sore Throat
- Loss of Taste or Smell
- Diarrhea
- In the last 24 hours have you had measured temperature greater than 100.0 degrees Fahrenheit
- Known close contact with a person who is lab confirmed to have COVID-19 is exposure to the active confirmed case occurred within the last 14 days

*\*If you indicated "yes" to having any of these signs or symptoms you must be excluded from participating or observing the activity and should review and understand the health protocols regarding sick participants and staff members.*

### Face Coverings – Executive Order GA-29

- Face coverings include non-medical grade disposable face masks, cloth face coverings (over the nose and mouth), of full face shields to protect eyes, nose and mouth.
- All staff, parents, visitors and participants ten years of age or older must wear face coverings or face shields upon entry to an area where TYFL activities are being conducted and when NOT actively practicing or participating in the contest (includes players, coaches and referees), unless an exception listed below applies.

**Exceptions to wearing face coverings or face shields include:**

- Any person with a medical condition or disability that prevents wearing a face covering
- While a person is consuming food or drink
- When a congregating group of persons maintains at least 6 feet of distancing

## Other Protocols to be followed:

- Spectators are limited to 50% capacity of the competition venue.
- Game spectators will adhere to any rules of the facility or venue at which the games or competition events take place.
- Each potential host site should submit to the TYFL a list of rules and protocols specific to their respective venue (that may differ from the rules listed herein) along with a site plan showing parking, entries, exits, restrooms, etc. These should be submitted prior to the first game of the season.
- Spectator groups should try to avoid gathering in groups of 10 or more and minimize contact with anyone outside of their own household and should maintain a distance of at least 6' from others
- Participants should bring their own water bottle or jug for events, games or practices. Teams and staff may provide common water jugs and ice for filling participant waters but sharing of water bottles is highly discouraged.
- All participants and staffers should wash or sanitize hands at pre-game, half time and post game.
- The number of staff (coaches, volunteers) interacting during activities and within the boundaries of the playing surface or on the sidelines will be limited to 5 coaches plus 1 health/safety coordinator (3<sup>rd</sup> - 6<sup>th</sup>) or 7 coaches (1<sup>st</sup> and 2<sup>nd</sup>) with 1 of those coaches being designated a health/safety coordinator. Once coach should be responsible for managing water, sanitation and distancing practices of the participants.
- All participants and staff will be required to participate in hand sanitation breaks. Teams must provide and /or make available sanitation/washing materials.
- Common use equipment (balls, tees, etc.) utilized by multiple participants and staff should be cleaned and sanitized before and after each use and all teams should wipe down and sanitize and chairs, benches or common use fixtures of the venue upon completion of their respective games.
- Each visiting team should wipe down and sanitize the yard markers upon completion of their respective game.
- Upon completion of the game all participants and coaches are encouraged to exit the game venue timely and to avoid excess gatherings.
- All staff, participants and visitors should use designated entrances and exits and try to maintain distancing practices while entering and exiting.
- Everyone should respect others and their health choices.
- Host sites should provide officials an area to enter and exit separate from fans when possible. Officials should be provided a designated meeting area that has been cleaned and disinfected prior to their arrival.
- Host sites should post visible signs stating any individuals who are confirmed to have, suspected of having, are experiencing symptoms of, or have been in close contact with an individual who has been confirmed to have COVID-19 should not enter the facility.

## Concession Stands and Food Service:

- Staff, contractors and volunteers involved in food service are required to wear face coverings as described in Executive Order GA-29

- Sites should avoid leaving condiments, silverware, flatware, glassware, or other table top items on unoccupied tables or at the serving counter. Sites should only provide condiments or flatware upon request and in single use, individually wrapped items.
- Regularly clean and disinfect the food service counters and areas. Clean and disinfect dining areas (tables, etc.) regularly.
- Limit contact between the food service individuals and patrons as much as possible.
- Before each hosting event, food service staff, contractors and volunteers should follow the screening protocols including self screening protocols.