

West Bend East High School
Department of Athletics
1305 E. Decorah Road
West Bend, Wisconsin 53095-4399

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West Bend East JV Track and Field Meet

SCHOOLS:

Boys Teams: Grafton, Cedarburg, Slinger, Hartford, West Bend West and West Bend East

Girls Teams: Grafton, Cedarburg, Slinger, Hartford, West Bend West and West Bend East

DATE / LOCATION: Thursday June 10th / Carl Pick Memorial Field – West Bend High School

ADMISSIONS: Free

TIMES:	2:15 P.M.	Track Opens
	2:30 P.M.	Pole Vault Verification and Warm-ups begin
	2:30 P.M.	Shot and Discus Weigh Ins – South End of Concession Stand
	3:00 P.M.	Coaches meeting South end of the concession stand
	3:30 P.M.	Field Events start
	4:00 P.M.	Running Events begin

POLE VAULT: Verification and Warm-ups for Pole Vault will begin at 2:30pm. Be sure to present a certified weight sheet dated after June 7th

BUSES: After drop off buses may park in the softball/soccer parking long on the corner of HWY G and Decorah Road (East of School).

ENTRY FEE: \$200.00 per team/gender made out to West Bend East High School

AWARDS: Individual Medal for 1st place only in both the Varsity division and JV division.

ENTRIES: Four (4) entries per school per event. One (1) relay per school per relay event. There are no exhibition performances or extra relay teams in any event. Athletes may not participate in any more than 3 running or 3 field. 4 Events are allowed total.

Entries Due: June 8th at 8:00pm on Milesplit.

*****NO LATE ENTRIES WILL BE ACCEPTED FOR SEEDING PURPOSES*****

OFFICIALS: Steve Moore, Don McNaughton, & Dave Cohen

JURY OF APPEALS: West Bend West Boys Head Coach & Cedarburg Girls Head Coach

LOCKER ROOMS: Locker rooms will **not** be available – please dress appropriately. Bathrooms will be available.

MEET MANAGER: Tom Hoogester – West Bend East Boys Head Track Coach
(thoogester@wbsd-schools.org) or (262) 339-3984

TRAINER: A certified athletic trainer will be available throughout the meet located in the south team room attached to the concession stand.

CONCESSIONS: A concession stand will be available.

TENTS: Tents will be set up in the east field adjacent to the track. Near the East sheds. NO TENTS WILL BE ALLOWED IN THE STADIUM.

West Bend East Invite - Time Schedule

- 2:15** Track Opens
- 2:30** Boys Pole Vault Check Ins and warm – ups
- 2:30** Weigh in for Shot & Discus (south team room attached to concession stand)
- 3:00** Coaches meeting in the (south team room attached to the concession stand)
- 3:30** Field Events begin (see schedule below)

4:00 RUNNING EVENTS – All Timed Finals

3200 Meter Relay (Girls/Boys)

100/110 Meter Hurdles (Girls/Boys)

100 Meter Dash (Girls/Boys)

1600 Meter Run (Girls/Boys)

800 Meter Relay (Girls/Boys)

400 Meter Dash (Girls/Boys)

400 Meter Relay (Girls/Boys)

300 Meter Hurdles (Girls/Boys)

800 Meter Run (Girls/Boys)

200 Meter Dash (Girls/Boys)

3200 Meter Run (Girls/Boys)

1600 Meter Relay (Girls/Boys)

Field events JV and Varsity will be combined. Entries will allow for designation of Varsity and JV.

High Jump: Two Pits (Boys – Blue Pit (West Side) and Girls – Black Pit (East Side). The starting heights will be determined at the coaches meeting.

Pole Vault: Boys will Vault First - Girls Second with 30-45 minute warm up between them. The starting heights will be determined at the coaches meeting.

Shot Put: Girls Throw First. Four throws (4) no finals. Order will be 1-1-1-1 format. Boys will follow after the conclusion of the girls event.

Discus: Boys Throw First. Four throws (4) no finals. Order will be 1-1-1-1 format. Girls will follow after the conclusion of the boys event.

Long Jump: Girls Jump First (3:30-4:30 open pit). Four jumps, no finals. Athletes will be allowed a 30 minutes warm-up period beginning at 3:00pm. Boys long jump will begin at the conclusion of the Girls event.

Triple Jump: Boys Jump First (3:30-4:30 open pit). Four jumps, no finals. Athletes will be allowed a 30 minutes warm-up period beginning at 3:00pm. Girls triple jump will begin at the conclusion of the boys event.