



**ONTARIO
FUTSAL
CUP 2026**

Men's Ontario Futsal Cup March 7-8



PROGRAM CONTENTS



ONTARIO
FUTSAL
CUP 2026

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Unique Futsal Rules



Substitutions – Unlimited and on the fly. Subs must occur strictly within the substitution zone (5m).

The exiting player must fully leave through the zone before the substitute enters, and the pinnie must be handed over (not thrown). Improper substitution results in a yellow card and an indirect free kick for the opponent from the spot where play stopped.

Accumulated fouls – Each team may commit 5 direct-free-kick fouls per half. Any foul beyond that (6th or more) becomes either a 10m second-penalty-mark kick or a direct free kick with no wall, depending on the foul location.

Goalkeeper 4-second rule – Goalkeepers may only have possession for 4 seconds in their own half.

Goalkeeper restriction after release – Once the goalkeeper releases the ball, they cannot receive it again in their own half until it touches an opponent or goes out of play.

Goal clearance – The ball is in play immediately when released by the goalkeeper (it does not need to leave the penalty area). It may be thrown beyond the halfway line.

Sending-off (red card) – The player cannot return. The team plays short for up to 2 minutes unless the opponent scores before the 2 minutes expire, in which case a substitute may enter immediately.

4-second restart rule – All restarts must be taken within 4 seconds, except for kick-offs and 6m penalty kicks.

Dropped ball – A goal cannot be scored directly; the ball must touch another player before entering the net.

Fun Facts on Futsal



Futsal is a fast-paced, small-sided game played on a hard surface. Known for encouraging creativity, quick decision-making, and technical precision, futsal is a vital tool for player development, particularly at the grassroots level. Ontario Soccer is committed to incorporating futsal into our programming, ensuring players have opportunities to grow and thrive on and off the court.

Futsal is more than just a game; it's a developmental powerhouse. Here's how futsal can benefit players at all levels:

- **Enhanced Ball Control:** Players develop close control and precise footwork in tight spaces.
- **Faster Decision-Making:** The speed of play demands quick thinking and reactions.
- **Improved Creativity:** Futsal encourages players to find innovative solutions under pressure.
- **Fitness and Agility:** High-intensity, short-duration games build stamina and coordination.
- **Transferable Skills:** Techniques and tactics learned in futsal translate directly to outdoor soccer.

Did you know...

The origins of futsal can be traced back to Uruguay in the 1930s, where it was played on basketball courts during the winter months. It quickly spread to other countries in South America, and eventually to Europe and beyond.

Introducing the MySoccer App

Powered by BMO 



MySoccer

Available on iOS & Android


Play. Inspire. Unite.




What is MySoccer?


Follow the action and share the passion - whoever and wherever you are. Connect to your roles in teams, clubs & leagues. And follow the teams you care about, as family, friend or a fan.

MySoccer allows you to personalize your experience and follow games live with instant updates like lineups, livenesscores, pictures, livestreaming, stats & standings. Cheer for your team and share your passion for the game with innovative fan engagement features!

 Live Media & Engagement

 Livestreaming + Auto Highlights

 Real-time Stats & Standings

 Lineups & Game Reporting



Ontario Futsal Cup Champions

Men

- 2007- Real Toronto**
- 2009 - North Ottawa Geese**
- 2010 - Toronto Boca Jrs.**
- 2011 - Toronto Boca Jrs.**
- 2017 - Futsal Club Toronto**
- 2018 - Toronto Idolo**
- 2019 - GTA Futsal**
- 2022 - Toronto Idolo**
- 2023 - 9 de Octubre Toronto**
- 2024 - 9 de Octubre Toronto**
- 2025 - 9 de Octubre Toronto**



Women

- 2007 - Windsor Caboto**
- 2009 - Toronto Eagles**
- 2011 - Windsor Caboto**
- 2023 - Scarborough GS United**
- 2024 - Windsor Caboto**
- 2025 - Windsor Caboto**





Mens

- Home Team
- _____ Away Team
- _____ Round-Robin

Scarborough GS NB Soccer World FC

La Nueva Escuela FC Toronto

London Olympians

Futsal Club Toronto

Glen Shields Juventus FC

Group A

March 7-8, 2026

Second in Group B

Winner of Group A

Ontario Futsal Cup Final

Sunday, March 15, 2026
Mohawk College, Hamilton
1:00 pm

9 De Octubre Toronto

GS Toronto Idolo

Ottawa City Soccer Club

First Touch FC Lynx Brampton

North York FC Emery

Second in Group A

Winner of Group B



**ONTARIO
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Final Round Schedule - Men - March 7-8, 2026

360 Soccer Centre, Vaughan

Tournament Round

March 7, 2026

Group A

TIME	FIELD	HOME	SCORE		AWAY
10:00 AM	1	Scarborough GS MB Soccer World FC			La Nueva Escuela FC Toronto
11:45 AM	1	London Olympians			Futsal Club Toronto
1:30 PM	2	Glen Shields Juventus FC			Scarborough GS MB Soccer World FC
3:15 PM	2	La Nueva Escuela FC Toronto			London Olympians
5:00 PM	2	Futsal Club Toronto			Glen Shields Juventus FC

Group B

TIME	FIELD	HOME	SCORE		AWAY
10:00 AM	2	9De Octubre Toronto			GS Toronto Idolo
11:45 AM	2	Ottawa City Soccer Club			First Touch FC Lynx Brampton
1:30 PM	1	North York FC Emery			9De Octubre Toronto
3:15 PM	1	GS Toronto Idolo			Ottawa City Soccer Club
5:00 PM	1	First Touch FC Lynx Brampton			North York FC Emery



**ONTARIO
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**Final Round Schedule - Men - March 7-8, 2026
360 Soccer Centre, Vaughan**

**Tournament Round
March 8, 2026**

Group A

TIME	FIELD	HOME	SCORE		AWAY
12:00 PM	2	London Olympians			Scarborough GS NB Soccer World FC
1:45 PM	2	Futsal Club Toronto			La Nueva Escuela FC Toronto
3:30 PM	1	Glen Shields Juventus FC			London Olympians
5:15 PM	1	Scarborough GS NB Soccer World FC			Futsal Club Toronto
7:00 PM	1	La Nueva Escuela FC Toronto			Glen Shields Juventus FC

Group B

TIME	FIELD	HOME	SCORE		AWAY
12:00 PM	1	Ottawa City Soccer Club			9De Octubre Toronto
1:45 PM	1	First Touch FC Lynx Brampton			GS Toronto Idolo
3:30 PM	2	North York FC Emery			Ottawa City Soccer Club
5:15 PM	2	9De Octubre Toronto			First Touch FC Lynx Brampton
7:00 PM	2	GS Toronto Idolo			North York FC Emery



**ONTARIO
SOCCER**

EST. 1991



**ONTARIO
FUTSAL
CUP 2026**

SUNDAY • MARCH 15TH • MOHAWK COLLEGE, HAMILTON

MENS FINAL 1:00PM

Winner of SF1 - Winner of SF2

2026 Ontario Futsal Cup Champions

