



THE *Minnesota* PREP COACH

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JEN MARSHALL IS ELECTED AS MSHSCA VICE PRESIDENT

Jen Marshall has been elected as the new Vice President for the MSHSCA. Jen will begin her four-year term of office at the summer executive meeting that will take place in Eagan in June. During the third year of her term, she will be the President of the MSHSCA. Congratulations, Jen!

Jen is in her 21st year of teaching and coaching in Farmington. She spent the first eleven years of her career teaching at the middle school level and the past ten at the high school. In addition to her teaching and coaching commitments, Marshall has been involved with the Minnesota State High School Swim & Dive Coaches Association for over a decade. She served as Vice President from 2009-2011, President from 2011-2013, and Executive Secretary from 2013-16. Additionally, Marshall began serving as the All-State Banquet Coordinator in 2009 and still serves in this capacity. The position organizes and plans the annual All-State Banquet for Class A and AA Girls' and Boys' Swimming and Diving. This banquet is capped at 700 attendees and includes Hall of Fame inductions, Coach and Athlete of the Year awards, Service Awards, and All-State Swimmers and Divers recognition.

Some unique facts about Marshall include being an MSHSL Official for Swimming and Diving for the past 14 years, serving on the MSHSL Swim &



Jen Marshall

Dive Advisory Committee since 2011, and has been a Section Meet Manager for Boys' Swimming and diving for five years. She also started announcing the diving competition at the MSHSL State Meet in 2015 and announced the NCAA Division I Men's National Diving Meet in 2018. Through her involvement in the MSHSCA and MSHSL, Marshall has learned the importance of being a servant leader and hopes to further this commitment by serving as VP for the MSHSCA.

Marshall's Purpose Statement reads, "I coach to help student-athletes become adults of integrity and class, to teach life lessons and instill lifelong confidence."

She truly embodies this as her belief is to teach life skills through the sports of swimming and diving. The student-athletes she works with have high expectations placed on them that they strive to reach on a daily basis. Athletic careers only last so long, and Marshall instills characteristics to be amazing women throughout life.

Jen started coaching the Lady Tiger Swim & Dive team in the fall of 2000, which was the program's second year of existence. During her tenure, she has been fortunate to work with 3 All-Americans, 2 State Champions, 30 Section Champions, 15 All-State swimmers and divers, and 41 Academic All Americans. Marshall has been named Section Coach of the Year 10 times and been a Class AA Coach of the Year nominee twice. She feels blessed to work with incredible student-athletes and parents who are committed to working together to raise

MARSHALL... continued on page 7

Featured In This Issue

President's Message.....	3
Reflections by Ringer	4
Membership Corner	8
Sports Clinic Information	23

The Minnesota PREP COACH

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Delegates for 2020-2021 and Sports Association Officers

If you would be interested in filling one of the open Delegate positions please contact Rick Ringeisen, Executive Director

SECTION	GIRLS SPORTS DELEGATE	BOYS SPORTS DELEGATE	AT LARGE DELEGATE	AT LARGE DELEGATE
1A	Adam Wilder (Mable-Canton)	Gordy Klomps (retired)		
2A	Rick Bruns (LeSueur-Hend)	Alan Woitos (New Ulm Cathedral)	Craig Morgan (MN Valley Luth)	
3A	Jess Smith (Windom)	Dave Blank (Wabasso)	John Seipp (Trinity School)	
4A	Chris Larid (Heritage)		Tim Herman (Heritage)	Jim Baker (Retired)
5A	Dawn Engebretson (Rockford)	Tom Lawrence (Foley)	Al Amdahl (Albany)	Chris Kircher (Swanville)/Tim Triplett (Holy Family)
6A	Tavia Bachmann (Frazee)	Kyle Haderman (LP/Aud)	Mike Peterson (Perham)	Gregg Martig (Pequot Lakes)
7A	Matt Carlstrom (Deer River)	Derek Parendo (Proctor)	Jon Wagner (Eveleth-Gilbert)	Nathan Johnson (Proctor)
8A	Dave Varriano (Mahnommen-Waubun)	Lon Boike (Crookston)	Terry Sadler (Warroad)	Lisa Hanson (EGF)
1AA	Jeremy Biermaier (New Prague)	John Cassellius (Winona)	Rod Schwarz (Winona) (Retired)	Bill Goodman (Apple Valley)
2AA	Mike Lhotka (Dassel Cokato)	Mike McGraw (Hutchinson)	Tink Larson (Waseca)	Gary Prantner (Eden Prairie)
3AA	Keith Randa (Apple Valley)	Jeff Groves (Apple Valley)	Tom Sharp (Eastview)	
4AA	Tracy Hrouda (Harding)	Tom Paulson (White Bear Lk)	Tim Ryan (Hill Murray)	Jerry Utech (Harding)
5AA	Mark O'Neill (Champlin Park)	William Totimeh (Fridley)	Mark Loahr (Totino Grace)	Larry McKenzie (Minneapolis North)
6AA	Juno Nayagam (Benilde-St. Marg)		Kerry Sutherland (Hopkins)	Curt Cardinal (Park Center)
7AA	Mark Solberg (Cambridge)	Bill Baumann (North Branch)		
8AA	Kent Hamre (STMA)	Jeremy Digiovanni (Elk River)	Rob Nielsen (Det. Lakes)	Stephen Schreiber (Bemidji)

SPORT ASSOC	PRESIDENT	PRESIDENT ELECT	EXECUTIVE SECRETARY	MEMBERSHIP/TREAS.
AD	Brent Schimek (Deer River)	Matt Matson	Mike Beck (retired)	
Adapted Athletics	Brett Kosidowski (Eastview)	Luke Wisniewski (Minneapolis)	Joe Olson	Kelli Waalk (Osseo)
Baseball	Ryan Holmgren (Elk River)	Dean Schwirtz (Glencoe-Silver Lake)	Craig Anderson (Pine Island)	Todd Smrekar (Cambridge-Isanti)
Boys Basketball	Omar McMillan (Richfield)		Tom Critchley (retired)	
Girls Basketball	Leah Dasovich (Minnetonka)	Leah Dasovich (Minnetonka)	Carl Pierson (Waconia)	
Cross Country	Brandon Heebink (Wayzata)	Jeff Morris (Perham)	Mary Schifsky (Roseville)	Dave Chatelaine (Owatonna)
Dance	Molly Carlson (Westonka)	Brittany Rehling (Roseville)		Katie Harmeyer (Treas)
Football	Jeff Williams (Owatonna)	Matt Mahoney (Fairmont)	Ron Stolski (Brainerd)	Jim Dotseth (Treasurer)
Golf	Ben Jurgens (Fergus Falls)			
Gymnastics	Joni Reitmeier (Worthington)		Shelly Eklund (Eagan)	Leeann Steen-Gymn (Delegate)
Boys Hockey	Michael Taylor (Apple Valley)		Mike MacMillan (Ramsey)	
Girls Hockey	Claire Goldsmith	Emily Erickson (Hibbing/Chisholm)	Tim Morris (Lakeville South)	Robert Sherry (St. Paul United)
B-Lacrosse	Jon Junker (Chanhassen)	Rob Horne (Benilde)	Darin Nelson	Lance Kuehn (Rosemount)
G-Lacrosse	Ana Bowsby (Benilde-St. Margaret)	Theresa Boyd (Hill-Murray)	Kelsey Long (Rosemount)	Patrick Crandall (Lakeville So)
Alpine Skiing	Nate Springer (Eden Prairie)			Bob Boldus (Lakeville North) (Treas)
Nordic Skiing	Michael Meelhouse (Trek North)			Richard Heilman (Lakeville No.)
Robotics	Alex Jurek (Becker)			
Soccer	Ben LeVahn (Maple Grove)	Aaron Percy (Mpls Washburn)	Keith Randa (Apple Valley)	Art Seplak (Treas) Greg Juba (Clinic)
Softball	Dawn Engebretson (Rockford)		Shelly Hotzler (JCC)	
B-Swimming	Brian Luke (Stillwater)		Todd Walsh (Bloomington-Kennedy)	
G-Swimming	Kelly Boston (Eden Prairie)		Todd Walsh (Bloom.Kennedy)	Katie Haycraft (Prior Lake)
Synch. Swim	Kathy Henderson (Stillwater)		Laura Davidson (Forest Lake)	Katy Bohnsack (Prior Lake)
Tennis	Dave Wareham (Totino Grace)	Robb DeCorsey (Glencoe-Silver Lake)	Richard Engelstad (Pine City)	
Track	Aaron Berndt (Wayzata)	Lee VanNhyuis (Osakis)	Scott Christensen (Stillwater)	Sec/Treas
Volleyball	Darin Swenson (Litchfield)		Janet Golden-Landquist (Nevis)	Kim Duis (Concordia) (Treas)
Wrestling	Eric Swenson (Wayzata)		Kip Lynk (Dassel)	

President's Message

By: Tom Critchley, Jr.

At our summer meeting held at the end of June, I will be concluding my term as President of the MSHSCA and will begin the final year of my 4 year term on the executive board in the role of Past President. Barry Wohler, from Orono High School, will assume the role of President and will do an outstanding job in this position.

As I reflect back on my year, what strikes me is that even though it was a difficult year due to the pandemic and its effects, there were a number of positive moments that occurred. We saw coaches continue to adjust and be great role models for their schools and their commitment to the student-athletes of Minnesota. I also believe that the relationship between the coaches of Minnesota and the Minnesota State High School League continues to grow. The assistant directors of the MSHSL communicated well with the executive directors of the sport associations in our organization.

In my previous "President's Messages" I have shared the first two goals that I have been working on during my term: 1) being a positive voice for coaches during the pandemic and 2) creating an award to honor John Schumacher and the activities directors who go above and beyond for coaches, much like he did throughout his career. Today I will focus on my final goal, which was to increase diversity on the executive board and to provide a voice to those who have felt underrepresented.

I began the process by examining the goal and mission statement of the MSHSCA which includes the following: "The MSHSCA offers coaches a voice in current state issues" and to "offer a unified voice in Minnesota on coaching

and athletic issues that affect high school athletics." After reviewing this statement and meeting with the founders of the Minnesota Black Basketball Coaches Association, it became evident that there was work to be done in fulfilling our goal and mission statement. I continued to meet with coaches to outline the need, purpose, and possible responsibilities of this liaison officer. Larry McKenzie (Minneapolis-North Head Boys Coach and President of the Minnesota Black Basketball Coaches Association), Omar McMillan (Richfield Head Boys Coach and MBCA President, James Ware (Park Center Heads Boys Coach), and Rick Ringeisen (Executive Director of the MSHCA) have been generous in offering their time, knowledge, and leadership to establishing the need for the MSHCA's first Diversity and Inclusion Liaison Officer.

I gathered all of this information and presented it to the Executive Board at our yearly spring finance meeting and after a very positive and reflective conversation, there was a motion to create the position of Diversity and Inclusion Liaison Officer. The motion passed unanimously and the discussion then shifted to who we would like to fulfill this position. Throughout this process Larry McKenzie shared his passion and commitment to creating positive change in the state of Minnesota. Larry is a strong and knowledgeable leader who is an advocate for social justice and bringing communities together. I am proud to be a colleague and friend of Larry, and he is an exemplary person to take on this important role.

PRESIDENT'S MESSAGE... continued on page 7

MSHSL BOARD OF DIRECTORS REPORT: HAT'S OFF TO MINNESOTA HIGH SCHOOL SPORTS

*By John Vraa, New London-Spicer HS
Boys Sport Representative, MSHSL Board of Directors
Summer 2021 MN Prep Coach*

I would like to use this opportunity to thank and recognize the many groups and individuals that persevered through the last 15 months to give the students of Minnesota the best possible athletic and fine arts activity experiences possible.

Thank you to:

MSHSL Executive Director Erich Martens, each of the League's Associate Directors, and all of the league staff. I had good fortune to observe and work closely with league staff on numerous occasions during 2020-21. They were true leaders and worked tirelessly to do more with less resources and staff. It would have been easy to give up or shut down, but instead

they continually looked for solutions to provide opportunities for athletes and coaches.

MSHSL Board President, Blaine Novak. Blaine is also the Superintendent at New York Mills. The challenges of leading a school district (and a community) during COVID were immense. Then tack on the challenge of leading the MSHSL at the same time and I think you get the gravity of the work Blaine took on and we are grateful to have his leadership.

To our Activities Directors. I think we will all remember the many, many LEAD meetings we participated in and certainly all of the calls and emails we shared with colleagues each and every week. Pods, masks, contact tracing, capacity limits, on-line ticketing, live streaming became a normal part of each day.

DIRECTORS REPORT... continued on page 6

Trophies Plus - Sponsor of Coaches Caring



By: Rick Ringeisen, MSHSCA
Executive Director

“I have never looked more forward to summer than I have this year.”

-- Chris Scanlon, Apple Valley

I was recently golfing with Chris Scanlon, who coaches at Apple Valley High School. As we visited, he said, “I have never looked more forward

to summer than I have this year.” My heart and mind fully agreed with Chris, and I have consistently heard many of my peers express the same feelings. The 2020-2021 Covid-19 pandemic school year was rough and constantly presented new challenges. Every single person faced their own version of circumstances that tested them both physically and mentally. As things now begin to return to normal, it feels good to be able to go places without wearing a mask, be able to shake hands, and embrace the people we love. As teachers and coaches, we tend to be more social and love to be around other people. While we intellectually understood the guidelines we had to follow, it honestly was disturbing to have to live in a virtual bubble.

Just as our parents told us about the great challenges of their generation that we had difficulty understanding, one day, you will tell the story of how the world faced a time of great difficulty and devastation during the Covid-19 pandemic. You’ll explain how schools were closed and sports seasons were canceled, how grandparents could not see or hold their grandchildren, how we isolated ourselves from our extended families and friends. How jubilation and joy filled people’s hearts when things started to return to normal in the summer of 2021. It took great resilience and patience to adapt to the necessary changes.

The past year has opened our eyes and our minds. I remember realizing that my parent’s generation had their own difficult times to overcome during their lifetimes. The Great Depression, World War II, Koren War, the Cold War, and their sons being drafted to fight in Vietnam. They learned to be resilient. I asked my mother how she kept recovering from those life-altering and devastating events. She told me that tough times don’t last; tough people do last and rebuild their lives. She followed up by telling me that time really does heal. Then she told me she had a great life and that the tough times made the good times feel so much sweeter. It is not about how many times a person gets knocked down but instead it is about getting up and not giving up. This past year we repeatedly got knocked down. This summer, we have the opportunity to get back up on our feet. We all get another chance to make our world a better place. As coaches, you are in the perfect position to mentor the next generation and many more to come. Let’s get back to spending time with our extended families, friends, coaching, competition, and living life with full zeal and zest!

The arrival of summer is more important this year. This summer, we get to press the reset button and return to a more normal school year next fall. Our players want to be back in school, they want their friends and families in the stands

Reflections by Ringer

cheering for them, and they want to get back to doing social activities with their friends! This past year was extremely stressful for everyone, and our players missed being able to lean on their friends for understanding and support.

There were big voids in our lives as well. Now looking back, we realize how we took simple pleasures like hanging out with friends, going out for dinner, going to concerts or the theater for granted. Missing those pleasures was tough enough without our jobs and coaching becoming more difficult and requiring more time at our computers attending Zoom meetings. I am personally ZOOMED OUT. While it was easier not to travel and attend meetings from home, we quickly learned that those meetings tended to be longer and less productive.

This summer represents a new Renaissance. We are emerging from a global scale pandemic, and there is a sense of optimism and excitement. Now is a time to embrace the good things in life. As coaches, summer is a time to rest, recover, and plan for the future. Right now, everyone is feeling the way coaches feel about summer. However, the past year has taught us what we took for granted and given us a great appreciation and anticipation for the new future.

As coaches, we take care of our team’s needs and focus on preparing our athletes to be ready for the unexpected. Doing so entails shouldering the responsibility of controlling as many variables as possible for our athletes. We train and prepare our athletes to be ready for bumps in the road and the unexpected. This year there were more variables, bumps, and unexpected things than ever before, which required us to stretch and adapt. Hopefully, your players recognized the things you did and appreciate your efforts.

As coaches, we have the honor of being present for many of the great athletic accomplishments in our athlete’s lives. These moments create shared experiences that we remember, cherish, and bond us for life. Unfortunately, the pandemic took away many of those experiences and so much more. The pandemic has been brutal on everyone and especially so for the senior class of 2020. They felt let down and cheated out of the expected celebrations.

You are all super important to your families, athletes, schools, and communities. You make the world a better place for others. People go out of their way to be near you because they feel better being around you, and you fill up their emotional tanks with positive thoughts and feelings. You deserve to put your feet up and know that you did a great job, and you deserve to be thanked. Take time to do special things for the people you love and practice self-care as well. Coaching is filled with traditions; they help us remember who we are, where we are from, and those who came before us. You have something worthwhile to pass on to future generations. If you don’t know where you have been, it is hard to know where you are going. Right now, we are heading into summer, and then we are heading into 2021-2022 with a positive attitude, grit, and more resilience and determination than ever before.

Chris Scanlon is right. We have never looked forward to summer as much as this year. Finally, it is time to relax and spend time with the people we love and do the things we like doing! Soon the fall seasons will be upon us, and it will feel good to get back to coaching.

Delegates Corner

Barry Wohler

This March we held our virtual delegate meeting and it went very well. Meeting in person is always better. I love running into old friends and fellow coaches from a variety of sports and just visiting and catching up with everyone. One of the best things about being a coach is the fellowship that you share with other coaches. It does not matter what sport or activity you lead, coaches and directors share a common bond that easily comes out when interacting with each other. I am looking forward to next fall when we will all be able to meet in person once again.

As a coach, I am grateful that we were able to get our winter sports seasons in with State Tournaments and crown our

champions. This spring has gotten us back to some semblance of normalcy as the outside sports didn't have to play with masks eventually. I hope everyone plays their best ball in the spring tournaments and ends this crazy year on a high note for the coaches and the players

We have our summer executive board meeting coming up on June 27 and 28th. We will select our award winners from the list of nominees. We will also address any concerns from this past year, as well as any concerns for this upcoming year. I wish everyone a great finish to the school year and a great summer to recharge and get ready for next fall.

HALL OF FAME BANQUET

By: Bernie Schumacher-HOF Coordinator

Dear Members;

The MSHSCA Hall of Fame Banquet is scheduled for Oct. 9, 2021 from 4:30pm-9:30pm at the Sheraton Mpls West-Ridgedale.

The banquet is a special night where coaches and officials across the state can recognize those who have given many years of their time, have been successful in bringing home State Titles to their schools, increased recognition of their sport, and been an active member of the MSHSCA throughout the years.

In 2019 we had a record breaking attendance of 480 people that paid tribute to over 200+ deserving individuals. In 2020 the banquet was cancelled due to Covid, so we are long over-due recognizing coaches across our state. HOF individuals are inducted, along with a George Haun Award, Steve Kerzie Award, awards for DSA-Officials and DSA-Asst. Coaches. 25 Year Members are recognized along with Championship Coaches, Coaches of the Year and Assistant Coaches of the Year. We look forward to a full capacity crowd again this year.

The 2020 HOF individuals and special awards winners are being carried forward and will be honored this year. They include: Kent Viesselman Wells-Easton and USC/AC, Floyd Smaller Central High School St. Paul, David Maras Brainerd High School, Steve Hangartner Watertown-Mayer, Michael Jacobs Marshall, and Susan Alstrom Buffalo Lake-Hector-Stewart. Receiving the George Haun Award is Mark Solberg Cambridge-Isanti. The Steve Kerzie Award goes to Keith Randa. DSA-Officials being honored this year include: Roger Cota, Bob O'Hara, Deb Sutor and Darrel Monson. DSA- Assistant Coach Awards will go to: Neil Tesdahl from Crosby-Ironton and Tim Utt

Please mark Oct. 9th on your calendar. The banquet is open to all coaches, family members, friends, and past athletes. It is a great night where we all get to come together to support and recognize a dedicated, hardworking group of individuals.

Nomination forms for HOF, DSA-Officials and DSA-Asst Coaches are available online at the mshsca.org website and also are in this publication. Deadline to be considered for next year's HOF Banquet is June 1st.

Ticket information will be available through the award winners, and also by contacting Bernie Schumacher at 218-732-0204 or via email. See below. Deadline date to purchase tickets will be September 15th, 2021.

If you have any questions, please feel free to contact me.

Bernie Schumacher
HOF Coordinator
bschumacher@mshsca.org

MnIAAA CORNER

By: *Matt Matson*

President MNIAAA

Champlin Park High School

“Together – We Move Forward”, was the theme of this year’s MNIAAA Spring Conference. When we reflect back on the past year, we have learned a ton about ourselves, our communities and how resilient our student athletes really are. It will take all of us to move forward, especially our amazing head and assistant coaches around the state! Our activities programs will continue to be one of the leading interests of our schools, communities and our state. Your leadership is vital to your school’s success. Thank you coaches for all that you do!

I continue to be amazed at what each of you have done over the past year. Your online meetings throughout the pandemic and your in person coaching ones, even with masks on, have been amazing. It is not easy to sit in your home office, on your deck or in your office or work on a Sunday night or in the

morning on busy school days while you look out the window to figure out what you need to do next to be an amazing coach, but you all have done it.

There are still many unanswered questions as we move forward to the 2021-2022 school year. We look forward as an executive board of the MNIAAA as we will welcome a new executive secretary that will be working closely with Mike Beck for one transitional year. Please welcome Dan Johnson, AD at Hopkins into this role. We look forward to the changes in the MNIAAA constitution that will grow this board and give it a look that better represents our diverse student athletes across the state. What a wonderful position the association has set itself up to be in at this time. With equality at the forefront of decision-making, we can only lead our coaches better in this great state.

I am fortunate to serve you and our organization as President of MNIAAA. Your work and efforts this past “not normal” year have not gone unnoticed, and all state AD’s have admired your courage to move us forward during these times. Please find a moment to relax and recharge soon!



ICE CHIPS

By: *Greg Anzels*

The MHCA recently named Head and Assistant Coaches of the Year by section for both A & AA. Special congratulations to John Mariucci State Coaches of Year:

- AA Head Coach of the Year - Kevin Wiley Osseo
 - A Head Coach of the Year - Tony Couture Little Falls
 - AA Assistant Coach of the Year - Tony Kunka Moorhead
 - A Assistant Coach of the Year - Ron Guild Delano
- A full list can be found at mnhockeycoach.com.

The MSHSL recently announced section realignment and you can search by class and section on their website. Minnesota Hockey announced their selectees for the 2021 USA Hockey Boys Select 16 and 17 National Player Development Camps. The top boys hockey players were selected to represent Minnesota following the CCM Minnesota Hockey High Performance Final 54 Festivals held at Plymouth Ice Center. The Minnesota Wild Virtual Leadership Summit will be held virtually on Wednesday, July 14, 2021 from 9:00 a.m. - 12:45 p.m. The Leadership Summit is free of charge and is open to boys and girls high school hockey captains and coaches. Teams will be accepted on a first-come, first-served basis. Attendees will have the opportunity to hear from industry leaders, coaches and former captains from the State of Hockey and beyond. Key speakers at this year’s event feature Minnesota Wild Captain, Jared Spurgeon, and Minnesota Wild Head Coach, Dean Evason. Log on to mnhockeycoach.com for a link to register. Finally, we are excited to offer a great Fall Clinic opportunity to all coaching staff from around the state. This will be held October 15-16, in Duluth during the Ice Breaker Tournament. More information and details will be posted on our website soon!

DIRECTORS REPORT ...

continued from page 3

The Administrative Assistants. COVID did bring many positive changes in our profession and one that I observed regularly was the collaborative work done by our Administrative Assistants with their conference colleagues and with us as Activities Directors. This collaboration will serve us well post COVID.

Tech support, nurses, bus drivers, officials, COVID specialists – all took on more and worked tirelessly in uncertain environments.

Finally, to our athletes and coaches. The patience, professionalism, and class shown by our athletes with the leadership of their coaches was second to none. Grateful to have the chance to compete in any way allowed was demonstrated over and over again. Any frustration or anger that may have been present, was overshadowed with many more acts of appreciation and thankfulness!

In some ways, I am not sure how we did it. But in reflection, I do know how we were able to provide at least some experience for all our activities. The profession of high school sports in Minnesota is filled with people who care. It was that caring, empathetic grit that surfaced in so many and gives us reason to say, “Hats off to Minnesota High Schools Sports!”

MSHSCA EMAIL CHANGE:

Contact: **Rick & Joyce Ringeisen at**
ringer@mshsca.org





Diamond Cuts

By: Dawn Engebretson
President Minnesota Fastpitch Coaches Assoc.

After missing the 2020 softball season, it was pure joy to see players and teams getting the opportunity to be together and play a sport they love. Yes, there were challenges; quarantined players, mask wearing, and different procedures put in place, but overall everyone was in their happy place out on a softball field.

Congratulations to the newly crowned state champions: Randolph, LeSueur-Henderson, Becker, and Rosemount. Hats off to all the teams that qualified for the state tournament. There were some adjustments made to the state tournament, but as a fan down there watching, it was great to watch some really good softball games.

Eighty-eight senior softball players were honored at the Play Ball Minnesota High School All-Star Series. The series was played on June 17th at Caswell Park in North Mankato. The seniors played two 5 inning games on a beautiful day at Caswell Park. Coaching the All-Stars were Kent Christian, David Blazek, Andrew Fleishman, James Wajer, Gina Tupper, Brain Brown, Carter Rogalla, Bob Huot, Tony Greene, Ryan Pietsch, Rich Guggisberg, Kent Pederson, Don Krusemark, Megan Svir, Bob Beedle, Bob Loshek, Jim Koltjes and Joe Head.

Congratulations to Minnesota's Ms. Softball Brynn Hostettler. The other finalists for the award were: Allison Benning-Stillwater, Megan Erickson-Randolph, Morgyn Otte-Randolph, Ellie Sather-Rockford, Avery Steppen-Zumbroata-Mazeppa, and Annie Volkens-Elk River. Congratulations to all nominated players on this amazing honor.

We are still looking for a few section representatives. Representatives assist in communication with members as well as distribute All Section certificates. If you are willing to be a section rep, please contact me and I can give you more information.

I would like to thank Shelly Hotzler from Jackson County Central, for her many years of dedication to the sport of softball. Shelly is leaving her position as Executive Director for softball and will be honored by the Minnesota Twins with the Bob Mertz Award on Sunday, June 20, at the Ms. Softball banquet. It will be difficult to replace Shelly as her dedication for the sport and the players is unmatched.

As the 2021 season comes to a close, please take some time to reflect on the year. We have all been through a lot and deserve some praise for navigating through the last year. Use the summer to recharge and take some time to appreciate those around you.

Enjoy your summer.

MARSHALL ...

continued from page 1

the bar for the program. Marshall also coached Softball for 10 years and Boys' Swimming and Diving for 7 years.

Prior to her professional career, Marshall swam and played softball at Burnsville High School. She was fortunate to continue her softball career at the University of North Dakota, where she played four years and is a proud Fighting Sioux alumna.

Currently, Marshall is co-chairing a team of five FHS female coaches to create Farmington High School's first annual Female Student-Athlete Leadership Conference this spring. Female athletes from all sports at FHS are invited to attend this day filled with speakers and activities to empower and build confidence in these young women. Over 100 student-athletes are expected to attend and learn about themselves and each other while supporting and encouraging everyone's commitment to their respective athletic endeavors.

Marshall is very honored for the opportunity to serve coaches and to be a servant leader on the MSHSCA Board of Directors. She realizes the importance of this position and the impact on student-athletes statewide.

PRESIDENT'S MESSAGE ...

continued from page 3

I would like to thank my fellow board members for their willingness to let me present my ideas and for the incredible conversations that took place afterwards. After the motion passed, I was very proud to be associated with the coaching leaders in the room. One of Larry's favorite sayings is "If not us, then who?" I believe this saying perfectly encapsulates what we do as coaches. We play an influential and unique role in shaping the leaders of tomorrow through our work with Minnesota's student-athletes. This role is a privilege and we must stand together to enact change within our communities.

This will be my final article and I would like to thank both John and Ringer for their outstanding leadership. Serving in this role was an honor, thank you for allowing me this opportunity. Also, I want to thank all of the coaches who guide and teach their student-athletes, especially this past year through a pandemic. It is with great appreciation and respect that I call you colleagues.

*"Be so good
they can't ignore you."*

- Steve Martin

MEMBERSHIP CORNER

Joyce Ringeisen
Assistant to the Director

MSHSCA Membership cards are going digital for 2021-2022!

Starting July 1, 2021, the MSHSCA will be changing to a digital membership card system. Members will no longer receive their annual membership cards in the mail. Instead, MSHSCA members will receive emails with links to download and print their MSHSCA membership cards.

This change makes it very important that the email you sign into your account is active because that is the email address that your insurance and membership links will be sent to.

This is exciting news because the change brings many advantages for the MSHSCA and its members. The advantages are as follows:

- Faster service for MSHSCA members
- MSHSCA members will be able to carry an MSHSCA card digitally on their phones.
- MSHSCA members will also be able to print a copy of their MSHSCA membership card at home if they prefer to carry a hard copy with them.
- MSHSCA members will have the option to add their picture to their MSHSCA membership card. This will add an additional level of security to the MSHSCA membership system.
- The MSHSCA will save thousands of dollars in card printing costs, envelopes, and postage.

When you join for the 2021-2022 membership year, you will receive two emails.

The first email will arrive shortly after registering and will provide you a link to print your receipt. The email will look like the sample below.

Hello Your Name,

Thank you for registering with the Minnesota State High School Coaches Association.

For a copy of your receipt, you can click [here](#).

Registration Info:

Username: your email

Registration Site: mshsca21.cordonco.com

The second email will arrive after your membership has been processed. You will be provided several links to download to print the general liability insurance information and your mem-

bership card. The email will look like the sample below.

Hello Your Name,

Thank you for registering with the Minnesota State High School Coaches Association.

To print or save your information, click one of the following links:

General Liability Insurance Program

Insurance information.

Download the PDF: ([Click here](#))

Navigate to the PDF: ([Click here](#))

Download the image: ([Click here](#))

Navigate to the image: ([Click here](#))

Wallet Size Membership Card

Keep this card with you. The Membership card is good for admission at many high schools and colleges in Minnesota. You can choose the link to save the image and save it to your camera roll. You can then use your smartphone to show the Membership card. As an alternative, you can choose to view the pdf and print a copy of your membership card.

Download the PDF: ([Click here](#))

Navigate to the PDF: ([Click here](#))

Download the image: ([Click here](#))

Navigate to the image: ([Click here](#))

Registration Info:

Username: your email address

Registration Site: mshsca21.cordonco.com

This is a major change in the MSHSCA. We have been told by the programmer that when major changes like this are made, to expect glitches. Please be patient this year as we update and move to the digital MSHSCA membership system.

In the past, your email was only used as a login ID. From now on, the email address you sign in with must be an active email account that you can access to open the MSHSCA membership emails sent to you. You must log in with the last email and password that you used to sign up for your membership within past years. Once you are into the MSHSCA membership system, you can update your member profile. There is an EDIT button on the left side of your profile. Please note that your membership card will print the information you have entered.

As in the past, if you are having difficulty, you can write to the Executive Director, Rick Ringeisen, at ringer@mshsca.org and request assistance.

HOOP SCOOP



By: Leah Dasovich
 Minnetonka, HS
 2021-2023 MGBCA President

It's hot outside. Like, really, really hot outside. That must mean school's out and it's time to get back in the gym for summer workouts. But before getting too far into the fun and work of summer, I would be remiss not to congratulate our State Championship teams and coaches from the 2020-21 season. To all our state tournament qualifiers for advancing from your respective sections, CONGRATULATIONS! To Mineota (1A), Albany (2A), Becker (3A), and Chaska (4A), a round of applause and tip of the hat to you for being the last ones standing. To the coaches, you've certainly earned your Coach of the Year Awards: Chad Johnston (Mineota), Aaron Boyum (Albany), Dan Baird (Becker), and Tara Siefert (Chaska). After a chaotic and challenging COVID season, you triumphed above the rest and gave the state a really exciting tournament to watch. Cheers to you as State Champions!

As we transition from the 2020-21 season into the next, we certainly cannot skip over the summer session. This summer's waiver period runs from June 7th - July 31st. It is during these weeks that coaches have the opportunity to focus on individual skill development, build offensive concepts, and reinforce their culture. Personally, the summer is a great time to get to know my athletes a little better. The stress and pressure of winning in the winter melts away, and we can build a little sweat equity together in the early mornings of the summer months. As a reminder, the MSHSL "blackout" window is July 3 - July 9th. So, enjoy the gym a little, then get out on the boat or pitch a tent, spend some time with family and friends, and recharge your batteries. You have definitely earned it!

The summer season can also afford coaches the opportunity to watch their players grow with AAU clubs. Personally, I like that AAU might put players in different roles than their high school season requires, and it often gives a different perspective from a different coach and set of eyes. Now that things are opening back up, I encourage you to check out an AAU tournament near you to see some of the great basketball in this state and cheer on your athletes!

Before signing off, on behalf of the girls basketball community, I would like to thank Brad Strand, outgoing MGBCA President and Fergus Falls head coach, for his dedication and commitment to this great game and coaching organization (both girls and boys) over the years. Brad will be moving into a new position as Superintendent of Breckenridge schools. We wish you the best of luck in this new adventure, Brad!

Look for more information on the Fall Coaches Clinic in the next issue; we're excited to gather again and learn from some outstanding college coaches and each other. Have a great summer, everyone!



SYNCHRONIZED SWIMMING

By: Kathryn Henderson

2021 Successful Season

Minnesota high school synchronized swimming recently wrapped up their spring season with a state championship invitational held at Edina's Art Downey Aquatic Center. The coaches were able to pull off a fairly normal season, given the various COVID restrictions and protocols. Conference meets were held for all teams with few adjustments (like no spectators) and a few were held virtually. Section championships were also held with minor changes and accommodations. Overall, a successful and full season was much appreciated by all, especially after losing the season last year.

The state champion team of the 2021 season is Stillwater Area High School, breaking a long running streak by Wayzata who came in second place this year. Forest Lake, Edina, and St. Louis Park all wrap up the top five placing teams of the meet.

Final team placement:

1.	Stillwater	154
2.	Wayzata	84
3.	Forest Lake	80
4.	Edina	64
5.	St. Louis Park	61
6.	Blake	31
7.	Richfield	9
8.	Hopkins	8
9.	Columbia Hts	6
10.	Eden Prairie	5
11.	Bloomington	1
11.	Itasca	1
11.	Osseo/Maple Grove	1
11.	Prior Lake	1

BRAVE →
LIKE GABE



CORNER KICKS

By: *Ron Kruschwitz*
North St. Paul Boys (retired)
Soccer Communications Officer

It has been a truly remarkable school year. We have weathered many different situations than we normally experience. The best part is we are getting back to normal. The many items your executive board has been working on will be later in the column.

It has been an interesting year for our Ms. And Mr. Soccer from Class AA. Ms. Soccer, Khyah Harper of Centennial was named the 2020-21 Gatorade Minnesota Girls Soccer Player of the Year. Harper, a forward, led Centennial to a 13-1 record and the Class 2AA Section 3 championship. Harper has signed a national letter of intent to play for the Gophers.

Our 2AA Mr. Soccer, forward Zach Susee of Shakopee, was named the 2020-21 Gatorade Minnesota Boys Soccer Player of the Year. He led the Sabers to an 8-2-3 record.

Congrats to these two outstanding senior players. They represent our Minnesota High School players with their outstanding awards.

The MSHSSCA has several formidable tasks ahead of us for the 2021 season. As we move to three classes for soccer, our organization is also moving forward to fulfill our mission of supporting and being the voice of High School Soccer Coaches in Minnesota. We continue to recognize Soccer Players and Coaches in Minnesota. We have reached the three Class State Tournament thanks to the hard work of many coaches in our state that supported the concept and plan.

At the spring meeting of the MSHSL Soccer Advisory Board, we discussed and looked at the schedule for the tournament. You will find that information on our website in the coach's packet in July. Region Committees will oversee selection and hiring a soccer tournament manager to run your Section Tournament. Please take notice that you are receiving the email from your old Section Reps as we continue work on updating our organizational structure. Please visit the MSHSL website and find out which new section you are in.

It is apparent that moving to 3 Class will mean significant changes to High School Soccer in Minnesota and for the MSHSSCA. It provides for more teams to participate in the State Tournament. In addition, we will add another Ms. and Mr. Soccer winner for the new class. This new class will have an All-State team which means even more schools will have the chance to be recognized. Adding additional awards for Coach and Assistant Coach of the Year will be added.

With that, we are going to need additional coaches to step up to fill positions in our organization. The largest of these will be the Section Representative. Each Section needs a Rep to communicate with coaches in their Section and serve on the committee for All-State Teams. At the time this article was written we need Reps for the following Sections. Boys AAA-Section 4, Boys AA-Section 8, Boys A-Sections 2,3,4,5, and 7, Girls AA-Section 4 and Girls A-Sections 3,4,6 are those that need Representatives. If you can help, please contact the MSHSSCA President Ben LeVahn (Maple Grove) at levahnb@district279.org.

Greg Juba (Park Girls Retired) our Clinic Director has provided the information about our 31st Annual Soccer Clinic. This will take place at the National Sports Center in Blaine. The clinic will be held August 13th-14th this year. A reminder that Registration for both the MSHSSCA and the MSHCA are not included in the registration for the clinic. It is a good place to meet important soccer sponsors and see their wares. There will be Minnesota and nationally recognized coaches and clinicians. You will be able to watch practice sessions of both women's and men's college teams from Minnesota and pro soccer teams. If you are a new coach, there is a special session on items to know and special topics on diploma completion. Please look at the registration information and get it completed. If you see Greg at the clinic, thank him for all he does to make this a success.

An additional bit of information. There will be a Coaches Social on Thursday, August 12. This will take place at Broadway Pizza which is located at 11822 Aberdeen St. N.E. in Blaine. It is scheduled from 6:30-9:00 pm with a Social Hour with light dinner options.

Please check the website at mnhssoccer.com for all the important dates. It is imperative that you do not miss important dates for submitting information and joining the MSHSSCA organization. October 1st is the last day for becoming a member of the Coaches Association. A reminder that State Tournament Quarterfinal sites will be announced later. These are games played on Tuesday, October 26, and Thursday, October 28. The Tournament moves to the US Bank Stadium on Monday November 1, Wednesday October 3, and Thursday November 4th. The Senior Classic will be played at M Health Fairview Sports Center in Woodbury on Wednesday, November 10th. More dates are on the website.

We want to say "best of life" as our Executive Secretary, Keith Randa, has retired from teaching at Apple Valley. Keith started with this writer at John Glenn Middle School and moved on to bigger and better things. He has been a guiding light for our organization, and we are glad he is staying on board. Thanks for all the years of your work in making this organization a major player in high school soccer. The best of everything to you and your wife, Debbie. Enjoy the lake and the grandchildren.

That is a lot of information. More to come from MSHSSCA and the High School League. Have a great summer working with your kids and enjoy some days outside. Spend some time with your family. SEE YOU AT THE CLINIC!

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follow us **twitter**

@MSHSCA

MSHSCA EMAIL CHANGE:

Contact: Rick & Joyce Ringeisen at
ringer@mshsca.org

**Dig This**

By: Darin Swenson
 Litchfield High School

I am sitting on the porch of a cabin in Utah as I write this article. As I sit here I am reflecting on the past 12+ months. It has been a time of change and adjustment for everyone. Our 2020 season was something, but not everything we had hoped for. We had to modify our schedules. We had to modify our practices. We had to modify our warmups and game procedures. The 2021 season is shaping up to be one in which we can return to business as usual. However, there are still going to be changes that we are all going to need to adapt to.

The 4 Class system is finally here and we say goodbye to the section teams that we have grown very familiar with, and say hello to a new collection of opponents. Some teams will experience minimal change by losing or gaining one or two opponents. Some teams will be the new kid on the block looking to navigate their way through competition. It is going to be exciting to add this new element to a highly anticipated 2021 season. However, it won't be the only big change.

The Volleyball State Tournament has been one of the premier tournament experiences in the nation. With the addition of a fourth class, this is going to require the tournament to be different. The MNVBCA Advisory Board will be meeting with the MSHSL this summer to discuss what this tournament will look like. Our goal is to maintain the exceptional tournament experience for our student-athletes as we increase the teams from 24 to 32. Stay tuned for updates regarding this development.

As you all know, we will not be having our 2021 Summer Clinic. However, the Board of Control will still be meeting at the end of July to take action on a few items. We will be updating the association's Constitution to reflect some of the changes that have resulted from the addition of another class. We will also be working a little on the details for the Spring Clinic that we are looking at to replace our traditional Summer Clinic.

In conclusion, enjoy your Summer. Take the time to recharge your battery. Step away from volleyball for a little while and enjoy the weather. Maybe you won't be hiking through The Narrows in Zion National Park like I recently did, but you can take a walk through town or along the lake. This upcoming season is going to be one to remember, and I can't wait for it to start.

FLIP NOTES

By: Joni Reitmeier



What a year it has been! I think we can all say we have learned and grown from this crazy unpredictable year! When I think of gymnastics I think of the word "Resilience." You have to be resilient to be a gymnast or a gymnastics coach, but this year has really taught us what it means to be patient and resilient. We all have proved we are! I want to thank every coach out there for all your hard work and dedication to helping make this year the best it could be, with all the rules and regulations set to keep you and your athletes healthy. It was not easy, but we did it!!

Summer is here and things are looking up. I want to remind you all of a few things. Please make sure if you're working with your athletes this summer, both you and all of your coaching staff have gone on the MSHSL website under Coaches Clipboard and filled out your summer waiver. This includes volunteer coaches. Black out week or no contact is the week of July 5th.

Congratulations to Watertown Mayer, Class A State Team Champions, and Sartell, Class AA State Team Champions. Congrats to all the individual champions and participants as well. Also a special thank you to Champlin Park High School and Coach Jon Wynia for hosting this year's State Gymnastics Tournament. What a fun and exciting state meet!

We were not able to have a banquet this year due to COVID, but we want to congratulate all the young women on their amazing accomplishments in the gym and in the classroom. A special congrats to State Coach of the Year, Class A, Steve Hangartner, Watertown Mayer, and Class AA, Jennifer Bartlett, Elk River. As well as the Assistant State Coach of the Year from Class A, Marissa Samuelson, St. Paul Highland, and Class AA, Doug Amundsen, New Prague.

Plans will be underway for our clinic to be held this fall, check the mggca.org website for updates. If you have any ideas please feel free to contact me.

Enjoy your summer!!!

Happy Handstand,

Joni Reitmeier

MGGCA President

*"Keep working, even when
 no one is watching"*

- Alex Morgan

MEMBERSHIP REPORT 2020-2021

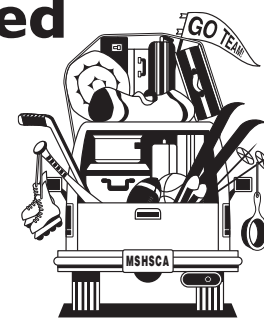
Types of Membership	2018-2019	2019-2020	2020-2021
Active Class A & AA	6559	6103	6215
College Associates	1178	1287	697
Other Associates	58	62	29
Active Life	343	340	332
Retired Life	1293	1351	1401
Honorary	4	5	5
TOTAL	9435	9148	8666

Breakdown of membership by sport association (2018-2019/2019-2020 totals in parenthesis)

Adapted Athletics (21/18) 31	Boys Lacrosse (104/48) 66
Alpine Skiing (62/64) 48	Girls Lacrosse (90/47) 92
Athletic Directors (119/113) 109	Football (1133/1113) 1044
Baseball (515/515) 486	Football Retired (1/4) 6
Boys Basketball (764/702) 582	Robotics (58/51) 58
Girls Basketball (737/682) 602	Golf (boys & girls) (360/288) 321
Cross Country (449/426) 425	Soccer (boys & girls) (445/436) 443
Dance (280/290) 276	Softball (489/424) 423
Gymnastics (225/ 229) 196	Synchronized Swimming (18/10) 15
Nordic Skiing (103/116) 97	Girls Tennis (222/226) 210
Girls Swimming (240/254) 228	Boys Tennis (185/172) 168
Boys Swimming (197/200) 180	Track & Field (881/735) 740
Girls Hockey (90/93) 148	Volleyball (661/636) 546
Boys Hockey (192/209) 194	Wrestling (143/153) 165
Hockey Retired (2/2) 4	

Sport associations that collect their own dues, but join the MSHSCA are Cheer (13/13) 10, Clay Target (12/9) 6, and Badminton (5/6) 6.

Have You Moved or Changed Your Email?



If you have moved recently, it is important that you log onto your MSHSCA profile and edit your mailing address. Having the correct mailing address prevents delay in you receiving your membership card and other correspondence.

It is equally important for us to have current email addresses as our webmaster will send notices and updates periodically. If you have a change, log into your MSHSCA profile and edit your email address. Remember that not only do we use this for mass e-mailings, but your email is also your login ID. You can change this anytime, just make sure to make a note of your current Login ID and password if you change them.

Life and Retired Members: If you have moved and are receiving Prep Coach in the mail, it is important that you notify us of your new mailing address. You can send your mailing information to my email at : ringer@mshsca.org or mail us at MSHSCA 20085 Italy Ave. Lakeville, MN 55044 Phone (952) 250-9535

*“Do you know what my
favorite part of the game is?
The opportunity to play.”*

- Mike Singletary

Minnesota Tennis Coaches Association State Coaches of the Year

Class A

Head Coach: Section 6A Rob Paul, Mound Westonka
Assistant Coach: Section 6A Brent Reinbold, Mound Westonka

Class AA

Head Coach: Section 6AA: Gary Aasen, Edina
Assistant Coach: Section 7AA: Lee Kruger, Duluth East

MSHSCA EMAIL CHANGE:

Contact: Rick & Joyce Ringeisen at
ringer@mshsca.org

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CLEARING HURDLES



By: Aaron Berndt, Wayzata High School
 President, MN Track & Field Coaches Association
aaron.berndt@wayzataschools.org

Congratulations to all athletes, coaches, school staff and community members for such a successful 2021 season. No matter what the results showed throughout the season, this is one that we can all be proud of for the opportunity to compete and end with such a fantastic Minnesota State High School League (MSHSL) Track & Field Meet.

A lot of recognition needs to be given to some of the people behind the scenes that made this season possible. Tony Einertson from Austin was the driving force behind making True Team happen this year. Tony spent countless hours putting together the format and the software for results compilation. True Team would not have happened without Tony's work. Also, the MSHSL state meet was a massive success considering where we were at the start of the season. A bit thank you to St. Michael-Albertville (STMA) head coaches Jason Massmann and Curtis Hahn, STMA athletic director Keith Cornell, and their entire school staff who stepped up tremendously to help put this meet on when the MSHSL needed a new site for this season. And a special thanks to Jody Redman, MSHSL Associate Director who oversees Track & Field. I can assure you, Jody spoke up in Track & Field's favor when the season was being put together and as the season unfolded. Our athletes' experience was greatly impacted by decisions Jody helped persuade in the league offices and working with the Minnesota Department of Health. This is Jody's last season at the MSHSL and she has been a great ally to our sport in my time working with her in this role. She will be greatly missed.

Congratulations to all team champions this past season. True Team state champions for Class AAA were Rosemount girls and boys, Class AA champions were Rocori girls and Willmar boys, and Class A champions were Grand Meadow/LeRoy-Ost/Kingsland/Southland girls and Pine Island boys. In the MSHSL state meet, Rosemount once again swept the large school girls and boys titles in Class AA while the Class A titles went to Rockford girls and Morris/Chokio-Alberta boys.

Once again, our Association awarded the Mr. and Ms. Minnesota Track & Field during the MSHSL state meet. A big congratulations to Marcus Hansen of Waseca on being named 2021 Mr. Minnesota Track & Field and Analee Weaver of Stillwater on being named 2021 Ms. Minnesota Track and Field. Thank you to all coaches who took the time to nominate athletes during the busy end of season time frame.

As we look forward to the 2022 season, we are working on a number of initiatives which will have a great impact on our sport. This past season was our last in the MSHSL two-class format. The section assignments have been released for the new MSHSL three-class format. What the rest of this format

will look like will be determined this summer and our Track & Field Coaches Association Advisory is looking forward to participating in this process. State meet qualifying standards for each class need to be established, and neither the MSHSL state meet format nor the location has been determined yet. I will have updates for you once these items are finalized. Our True Team alignment will be reviewed and altered as needed again this summer as part of the bi-annual process. These sections will be discussed and approved at our summer True Team committee meetings.

Our Track & Field Coaches Association is looking forward to hosting our annual coaches clinic again this coming January along with in-person True Team and association meetings. The clinic directors have been working hard to see this event return with top notch speakers from Minnesota and the entire country. The clinic will be held again at the Hilton DoubleTree Hotel, in Bloomington. This will be the final year held at this location. A new venue has been secured for 2023, and will be announced during the 2022 clinic.

As you reflect on your season and look for changes to make next year, consider what you can do to better our sport in Minnesota. I promise you that you will reap great personal benefits from this. Please get involved in the statewide association or, at least, at the section level. Too many of us wish things were different or want things to be different, but you must get involved to make things better. If you are asked to speak at the clinic, please say yes. It is because the clinic directors were given your name as somebody who knows his/her event well. If you are asked to be a section representative, please say yes. We will need an additional class of representatives next season.

Our sport will decline in this state if coaches do not get involved. We need more coaches and younger coaches on the True Team Committee. The True Team Committee has made many changes the past few years with the help of newer members. Contact me if you are interested in any of our association groups and I can direct you to the right people. We will be conducting in-person and virtual association meetings again this summer with dates to be sent out to association members. I look forward to seeing and talking with many of you at these events. Finally, enjoy your summer, you have deserved it!

***“No excuses,
 No explanations.
 You don't win on emotion.
 You win on execution.”***

- Tony Dungy

SERVICE ACES

By: *Dave Wareham*

*Minnesota Tennis Coaches President
Totino-Grace High School*



What a difference time makes. A year ago, there was no boys' tennis season. Last summer we returned to the courts under detailed safety protocols. This past fall, we were back with an abbreviated girls' tennis season. And then this spring, approximately two years (as I was reminded by one of my players right before our first team match) after the last boys' tennis match, we had a complete season – with a full State Tournament under loosened but clear guidelines. What a ride it has been. Thanks to the commitment of our coaches, players, administrations, and the MSHSL we were able to pull it all off, bringing back a bit of normalcy in arguably the most uncertain time of our lives. On behalf of the MCTA, I applaud all of you for your efforts. It is inspiring to see and experience.

The State Tennis Tournament put a finish to the 2021 Boys' Tennis season. To adjust to the dynamics of COVID, this year's tournaments were all played outdoors for the first time (for sure, in my 28 years of coaching). Thanks to Prior Lake High School and Shakopee High School for hosting Class AA, and to St. Cloud Tech and St. Cloud Apollo high schools for hosting Class A. The sites brought first rate facilities and hospitality to the teams, players, and fans. And COVID, although still a present concern, perhaps took a back seat to the incredible heat during the tournament week. With highs reaching 98 degrees, it was more than the tough competition the players had to battle. Congratulations to the State Team Champions: Edina (Class AA) and Breck School (Class A). In addition, individual champions were crowned in both classes:

- **Singles:** Bjorn Swenson – Mounds View (Class AA), Clayton Haberman – Breck School (Class A)
- **Doubles:** – Otto Schreiner / Luke Westholder Edina (Class AA), Zach Piehl / Ishan Nadkarni – Breck School (Class A)

With so many high quality matches played through the tournaments, both players and coaches can be proud of their performances.

So, here we are again: the end of a school year and summer. Except things are different. Through the past nearly two years, we have learned much. With perseverance, dedication, vision, and collaboration, we can do a lot. The successes of this year's tennis seasons – both the girls in the fall and boys in the spring – are proof. I'm proud of all you, and your players, have accomplished.

As the summer moves along, the MTCA will begin to look ahead to the 2021-22 tennis seasons. We will be working on the transition of Executive Secretary duties, further prioritizing the next steps in examining or pursuing classification, and hopefully, bringing back our annual clinic and state banquets. We are excited to continue to move Minnesota high school tennis forward.

Before the fall season suddenly shows up, I invite and encourage all of our coaches to join the MN Tennis Coaches Association. Please pass the word to other and new coaches. You know the benefits:

- Part of a fantastic organization whose mission is to create the best experience of high school tennis for our student-athletes
- Teams and senior individuals can qualify for academic awards. (ONLY possible if the head coach is a member of the MTCA).
- Coach of the year awards
- Insurance during summertime
- You get into high school activities with a pass for free

You can sign up online: <https://www.mshsca.org/tennis>

Good luck with all your summer tennis plans – camps, practices, tournaments. But also find time for yourself to relax and re-energize. With all that we've learned, next season can be even better. It won't be too long before teams will be gearing up for August tryouts and practices, section play, the State Tournament – and enjoying the experience of playing the great game of tennis.

SPECIAL MEETINGS OF IMPORTANCE

September 11, 2021

MSHSCA Fall Presidents/Delegates Meeting

Mpls Marriott West

October 8, 2021

HOF Coordinator/Executive Director Meeting

Sheraton Minneapolis West, Minnetonka

October 9, 2021

MSHSCA Hall of Fame Banquet

Sheraton Minneapolis West, Minnetonka

March 17 or 24, 2022

Executive Board / Finance Meeting

Hilton Garden Inn, Eagan

March 18 or 25, 2022

Spring Delegate Assembly

Mancini's

June 26-27, 2022

Summer Executive Board Meeting

PREP COACH ARTICLE DATES

March 1

June 15

September 1

December 1

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GENERAL LIABILITY INSURANCE PROGRAM

As a membership benefit, coverage is provided by the Commercial General Liability Policy issued to the National Organization of Coaches Association Directors. This policy will provide general liability coverage to the Minnesota State High School Coaches Association and its members.

CARRIER

HDI Global Specialty (A Rated)

POLICY PERIOD

August 1, 2021 – August 1, 2022

LIMITS OF INSURANCE

\$1,000,000	Each Occurrence
\$2,000,000	General Aggregate (per Member)
\$1,000,000	Products/Completed Operations
\$1,000,000	Personal & Advertising Injury
\$ 300,000	Fire Damage
\$ 50,000	Sexual Abuse (per Member)
Excluded	Medical Payments

COVERAGES

- ❖ Educator Professional Liability
- ❖ Participant Legal Liability for insured members
- ❖ Liability assumed under insured written contract
- ❖ Defense Cost outside limits

EXCLUSIONS

- ❖ The use of automobiles, buses, watercraft and aircraft
- ❖ Property of others in the care, custody, and control of the insured.
- ❖ This insurance does not apply to members that coach at an All-Star game that is not approved by your state coaches association.
- ❖ This insurance does not apply to any loss, cost or expense arising out of infectious or communicable disease.

CAMP INSURANCE

Today, most Coaches are involved in some type of sports camp. Please note that our General Liability Program follows insured members while working at camps and/or conducting their own personal camp.

In addition, Participant/Accident Coverage is required for coaches and/or participants. Should an accident occur during a camp, clinic or event, this secondary coverage helps offset the loss suffered by families affected by such accidents.

NEW PROCEDURE FOR CAMP INSURANCE

As a member benefit of your state coaches association, all members in good standing have a \$1,000,000 per occurrence General Liability policy limit that provides coverage for their coaching activities. In order to protect the General Liability policy from potential claims, the insurance company has mandated that all coaches must obtain signed waivers and provide Participant/Accident insurance for their participants.

In order to obtain a certificate of insurance showing proof of insurance or naming an additional insured, the following must be in place:

- ❖ **Waivers:** Signed waivers showing indemnification language
- ❖ **Participant/Accident Insurance:** You must have Participant/Accident coverage in place for all participants attending sports camps.

PURCHASE INSURANCE

- ❖ Camp Insurance Request form is available on our website: www.loomislapann.com

INSURANCE ADMINISTRATOR

LOOMIS & LAPANN, INC.

INSURANCE SINCE 1852

www.loomislapann.com

(P) 800-566-6479 | (F) 518-792-3426

Greg Joly
Lori George
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gjoly@loomislapann.com
lgeorge@loomislapann.com
kboller@loomislapann.com

Disclaimer: This is an insurance overview for summary purposes only; for complete policy terms and conditions please refer to the NOCAD Master Policy.

Goal Posts

By: Ron Stolski

Keepers:

And so it is over. A season and year we can't wait to forget, but shall always remember. Yet, along the way of this unforgettable, regrettable year, we grew in ways we could not anticipate. We learned to Zoom, Tweet, and host virtual meetings. Throughout these experiences of being in close quarters, our communications have led to better friendships. Was there disappointment? Certainly. Rather than dwelling on what we couldn't do, let's reflect on what we were able to do. As president elect, Jeff Williams so eloquently stated in a virtual meeting, "Part of our responsibility as coaches is to teach our players to deal with disappointment when things do not go our way." If we know anything about our fraternity it is this. We know how to adapt, adjust, and move forward. That quality was certainly tested this year.

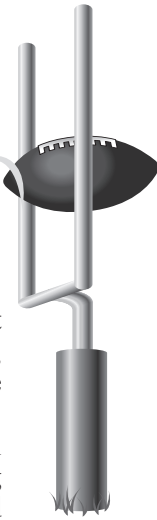
Due to a September decision, we were able to have a season, albeit disrupted by the pandemic and shortened to an abbreviated playoff. Some schools were able to play a number of regular season games. Others were not as fortunate. Still, we can all agree that the fall option was better for coaches and players than the spring season plan. By all accounts, thanks to the many of you who chose to support and attend the virtual clinic. It was a big success. We were able to attract several outstanding national speakers, had many of our own coaches present, and offered a total of 67 sessions during the three day event. In addition, the culmination of the clinic featured our 57th annual awards celebration recognizing and honoring the 2020 Section Championship Coaches, the COY, Assistant COY, various service awards and the Hall of Fame.

Special congratulations and thanks for our past president, Beau Labore, and outgoing president, Chuck Ross, president elect, Jeff Williams, who did an outstanding job navigating us through this unprecedented time. Men dedicated to serving the MFCA and continuing and enhancing its mission. Thanks to the many committee chairs for your passion, commitment and service. FYI all, we continue to support all initiatives, scholarships, camps, etc., to their fullest extent.

Now, we move forward. Currently we are planning the 2021 awards celebration for August 13, 2021, at the Doubletree in St. Louis Park. Stay tuned for MFCA blasts. While we are at it a special thanks to our webmaster, Rob Nielsen, for his expertise and dedication. There is no equal to Rob around. In addition, preliminary planning is underway for the 2022 clinic. The dates are Mar. 31-April 2 at our "home", the Doubletree.

For now, rest if you can. There will always be challenges ahead. I have every confidence we will meet those challenges as professionals, head on. I know you continue to serve the kids in our charge with passion, knowledge, and care.

Best,
Ron Stolski



Over Hill and Dale

By: Brandon Heebink, Wayzata High School
President, MN Cross Country Coaches Association

The beginning of summer 2021 marks the end of an era in the sport of cross country for the state of Minnesota. Beginning with the summer of preparation for the upcoming fall season, the era of cross country as a 2 class sport has come to an end. Since 1975, the state has been split into 2 classes, but beginning with 2021, it will be split into 3 classes. As I'm sure most of you already know, the classes have been split as follows: 64 largest schools (65 including opt up) make up AAA, the next largest 96 schools are AA and the remainder of the schools are class A.

The great news for us with this new setup is that we will continue to have 8 sections per class and 2 qualifying teams to state from each section. There will now be 96 teams competing at state compared to 64 in the past, and an additional 288 individual qualifiers compared to 256 in the past. If you haven't already seen how the sections and classes have been aligned, the MSHSL website has the full breakdown on their cross country pages. The state meet will continue to be a one-day meet held at St. Olaf College. This year, the state meet will be Saturday, November 6th. The time schedule will be determined later on this summer.

Perhaps the greatest news of all for the fall of 2021 ahead of us is a "return to normal" in the sports world. Cross country (and other sports) are on track to return to a more normal setup and structure this fall, as we've already begun to see this happen with spring sports as the pandemic is beginning to wane. I have seen excited posts online about meets like Griak and Milaca having plans to return for the fall and that is a great feeling! That also means our section meets will be back in a more typical format, but with new section alignments, things may appear different for some. Be sure you are in touch with your section representatives and administrative regions as the section meets are beginning to be coordinated. With an entire new class, more section races will be conducted and some sections will be running their section meets jointly at the same site on the same day.

Lastly, the annual cross country coaches clinic is going to be conducted as usual this summer on Monday, August 9th at Eastview High School. More specific details will be coming soon to coaches so watch your email for clinic specifics and registration information. We look forward to being together for this event and for the kickoff to what will be an awesome 2021 cross country season.

Good luck to all coaches with your teams' summer training and I look forward to meeting and talking with many of you later this summer!

Mat Chatter

By: Joel Skillings



When I was elected to serve as your MWCA president, I accepted the position knowing that I was too old for a title and I truly just wanted to give back to the sport of wrestling. At the time the world seemed to be running as usual and it was my hope that with the assistance of a committee of invested individuals we could make some positive changes to promote and improve wrestling in Minnesota. For example, the return of double elimination at the state tournament, the possibility for a change of venue for the state tournament, adding girls wrestling, increasing our working relationship with the MSHSL, and as usual addressing the elephant in the room, and the weight class issue.

Instead a pandemic, lockdowns and a public crisis reared its ugly head and demanded all of our attention. It might have been easy to be angry and shortsighted at the injustice, but from the committee’s perspective there was no time. As a wrestling community we were forced to look at our policies and reinvest our energy into solving problems and alternatives. We looked for new ways to manage our teams and deal with a fear and anxiety never before encountered. Our roles and responsibilities took on an increased significance as we prioritized the athletes, a season and programs. I vividly remember my concern for this year’s senior class, who if the season was lost, would never get it back. There would be no red-shirt season for them.

Thankfully the passion of a wrestling community addressed these issues, with strong opinions and commitment. After numerous zoom meetings and just a few emails being circulated, a modified season and State tournaments were established.

When all is said and done, there is a long list of success stories that have come out of less than favorable circumstances. I hope that we all can look back on this season as one of them. I encourage you to ask yourself, what did this season reveal for you? Did you stand up to the pressure? That pressure that reveals—flaws and whether we’re the kind of person who is resigned to them or addresses them. How did your character look?

There will always be serious work needed to be done and a crisis like this cannot be wasted, it must be used. It must make us better, and show us how we need to be better. I hope that all of you take this off season opportunity to improve your coaching and wrestling as you see fit. Utilize wrestling camps, PINnacle, commit to the weight room, skill training, and participating in freestyle or Greco.

Remember “To judge the workman’s progress properly, just look at the sweat left on the floor”

Since this is my last article I would like to take this opportunity to tell you what a pleasure it was to work with all the vested members of the advisory committee and especially

with Kip Lynk, Shawn Fredrickson, and Eric Swenson.

I hope the world heals and we are allowed to return to some sense of normalcy.

Go USA wrestling at the Olympics!

Make your luck and make a difference

P.S. The weight class system will need to be addressed again shortly given the fact that the NFHS released information stating that states will need to choose one of three options by July 2023:

12 Weight Classes – 108, 116, 124, 131, 138, 145, 152, 160, 170, 190, 215, 285

13 Weight Classes – 107, 114, 121, 127, 133, 139, 145, 152, 160, 172, 189, 215, 285

14 Weight Classes – 106, 113, 120, 126, 132, 138, 144, 150, 157, 165, 175, 190, 215, 285

*“No man steps
in the same river twice”*

- Heraclitus

**MINNESOTA STATE HIGH SCHOOL
COACHES ASSOCIATION, INC.
EXECUTIVE COMMITTEE LIAISON ASSIGNMENTS
2020-2021**

PAST PRESIDENT Terry Stadler	B/G Soccer G Swimming Robotics	B Swimming Wrestling	Baseball B Hockey
PRESIDENT Tom Critchley Jr.	Football Adapted Athletics	G Basketball Gymnastics	G/B Golf G Hockey
PRESIDENT ELECT Barry Wohler	B/G Cross Country G Tennis	Nordic Skiing Alpine Skiing	B Tennis B/G Track
VICE PRESIDENT Jennifer Roisum	Volleyball B/G Lacrosse	Synch. Swimming B Basketball	Softball Dance
Girls Sports Inclusion & Diversity	Becky Leuer Larry McKenzie		

These are your representatives for your sport association on the MSHSCA Board of Directors. If you have any issues, concerns or questions, please feel free to contact them. Their information is listed on our website at www.mshsca.org

2021 SCHOLARS



ELLIE REIERSON

John & Bernie Schumacher Scholarship

Ellie graduated from Frazee High School. She began playing sports at a very young age. Ellie participated in Basketball, Volleyball, and Track. As a senior, she held a position as Varsity captain. Many of her values in sports were instilled in her by her father, who is a coach. Ellie says, “sports have shaped this small-town girl into someone who can overcome any obstacle.” Ellie was awarded the John and Mary Erickson Scholarship Award.



JOHN (JACK) VOGL

John & Mary Erickson Scholarship

Jack was surrounded by sports growing up. He moved to Fergus Falls as a young boy. His grandfather was a role model for him; Jack says, “he loved teaching kids not only about the game but about life.” Jack credits his coaches with teaching him how to deal with losses and take positives away from those losses. Jack says, “...if you ask anyone who has played sports, the people they meet and the lessons they learned are the most important thing.” Jack was awarded the John & Bernie Schumacher Scholarship Award.



NATHANIEL HEGLAND

Past Presidents Scholarship

Nathaniel will carry many lessons he learned from High School sports with him to the University of Minnesota in the fall. At St. Cloud Tech, he participated and lettered in Football, Basketball, and Track. He credits sports as helping him to develop as a leader, a student, and the person he is today. Nathaniel says, “These sports have had an important place in my heart, and their influence put my future in a great direction.” Nathaniel was awarded the Past Presidents Scholarship Award.



JENNA NYBLOM

Val Teichrow Scholarship

Jenna followed in her parent’s footsteps as being a multi-sport athlete in High School. At Apple Valley High school, she participated in Soccer, Basketball, and Golf. She was a captain for all three sports and was a recipient of the Athena Award. She says that developing time management and balancing school with a busy sports schedule was essential. She credits her parents (both HS coaches) with showing her what it takes to be a great player and an even better teammate. Jenna was awarded the Val Teichrow Scholarship Award.



TESS JONES

Past Presidents Scholarship

Tess grew up in a “sports enthusiastic” family. Through sports at Verndale High School, she learned to become respectful and responsible on and off the court and playing fields. She says she has come to understand that hard work, discipline, passion, and persistence are more important than just talent. The skills and lessons she learned through participation in sports will have a positive impact on her future. Tess was awarded the Past Presidents Scholarship Award.

LEADERSHIP WINNERS



ADDISON FLEISCHMAN

Kathy Fredrickson Scholarship

In the fall, Addison will be heading to Dakota Wesleyan University. She plans on working toward a degree in elementary education and sports management. She credits her involvement in sports in Edgerton as the reason for the plan for her future. Addison states, "Sports have given me leadership skills, determination, skills to overcome adversity, a format to embrace diversity in teammates, and has taught me the importance of being a lifelong learner." Addison was awarded the Kathy Frederickson Scholarship Award.



BREVYN LINGEN

Howard E. Emerson Scholarship

Brevyn participated in high school sports in Thief River Falls. As a multi-sport athlete, Brevyn understands the importance of winning and losing. In addition to that, he recognizes that the skills learned to include hard work, grit, competitiveness, sportsmanship, and leadership. He plans on implementing these skills both in his life and in the lives of others. Brevyn was awarded the Howard Emerson Scholarship Award.



BODE MAGNUSON

Steve Kerzie Scholarship

Bode played Football and Basketball at Pequot Lakes High School. He was around football from a very young age as his father was a football coach. His main drive for sports stems from his competitive nature. He even played two or more sports during the same season. The connections, the competition, and the memories are what make sports so important to Bode. Bode was awarded the Steve Kerzie Scholarship Award.



COOPER GRAHEK

Darian DeRocher Scholarship

Sports have played a huge role in Cooper's life since a young age. He started playing Hockey which led him to participate in Football, Soccer, Baseball, and Golf at Eveleth-Gilbert High school. His coaches greatly influenced him and taught him the importance of showing up on time, following strict schedules, and, most importantly, discipline. Cooper learned how important it is to give 100% all of the time. Cooper was awarded the Darian DeRocher Scholarship Award.




MARLYS MICHAUD

Betsy Farness Scholarship

At Sartell High school, Marlys participated in Cross Country, Tennis, and Golf but was only three years old when she was introduced to Gymnastics. In club Gymnastics, she was focused on personal success. As a member of the High School team, she realized that you are there to better the team in addition to personal goals. This year Sartell won the class AA Gymnastics State Championship. In addition, Marlys won the vault, uneven bars, and the all-around. Marlys was awarded the Betsy Farness Scholarship Award.

GIRLS HOCKEY "SNAP SHOTS"



By: by Tim Morris,
Executive Director, MGHCA
www.MGHCA.com Execdirector.MGHCA@outlook.com

High School Season Re-cap

While the MSHSL was shortened by one week and seven games this past winter, most teams were able to complete their "full" season as defined this year by the high school league. There were a few cancellations because of Covid exposures but due to the protocols put in place by schools, the league, arenas, etc., there seemed to be few major interruptions to the overall high school hockey schedule. The other major change to the schedule this year was having the state tournament happen the same time as the high school boys and the elimination of all consolation round games. Also, since there was no consolation round games, the MSHSL did not have an evaluation staff to do the "All-Tournament Team" selection as in all past state tournaments. The Herb Brooks Award was still presented but the entire evaluation process was done virtually with interviews completed via Zoom or conference calls.



State Champions – Class A – Proctor/Hermantown
Class AA – Edina HS

Herb Brooks Award Winners - Class A – Geno Hendrickson,
Warroad HS
Class AA – Rory Guilday,
Minnetonka HS

State Head Coaches of the Year – Class A – Claire Goldsmith/
Bob Kuehl, Mound-
Westonka HS
Class AA – Molly Arola,
Alexandria HS

State Assistant Coaches of the Year – Class A – Robert Sherry,
Henry Sibley/St Paul
Class AA – Paul
Grafstrom, Roseau HS

Brano Stankovsky Award Recipient – Cheryl Mechelke, MN
Hockey Program
Director

Ms. Hockey Award Winner – Peyton Hemp, Andover HS
Senior Goalie of the Year – Brynn DuLac, Minnetonka HS

State Team Academic Champions – Class A – Proctor
Hermantown

Class AA – Lakeville
South HS

Scholarship Recipients – Charlie Stryker – Terah Skillings,
Mahtomedi HS
Exec Council – Mandy Morin,
Apple Valley HS
Premier Prep League – Grace
Peterson, Mound Westonka HS

Sportsmanship Awards – Class A – Hibbing/Chisholm HS
Class AA – Lakeville South HS

Senior Classic All-Star Series

The Senior Classic was held April 9-11 at the Coon Rapids Ice Center in Coon Rapids. This was the 23rd year of the event. This year's tournament was moved due to scheduling conflicts with other events at the Blaine Super Rink, however the Coon Rapids Ice Center was a fantastic host for the event and we are hoping to be able schedule the Senior Classic there again in 2022. All section teams were full with a total of 136 players participating from all over the state. The champions this year were from Section 7 (their 2nd consecutive championship) in a well-played game against the all-stars from Section 2. Both teams were undefeated and untied heading into the championship game. All game score sheets and results can be found on the MGHCA website under the Programs/Senior Classic tab.

Premier Prep League 2021

Preparations for the Premier Prep League have been begun and details of tryouts will be posted to the website as soon as ice times are verified by the league staff. We anticipate a large number of players to participate again in the league once again this coming fall. We are hoping the league itself will not be interrupted by Covid protocols, etc. this coming fall. The league will however follow all USA Hockey, MN Hockey, State of Minnesota and MDH protocols that may be in place at that time. Right now we are planning on eight 19U Tier 2 teams and six 16U Tier 2 teams with possible games to be played against Shattuck St Mary's, North Dakota and Wisconsin teams. We believe it is our responsibility to help our surrounding hockey districts to help grow the game which will only make our MN Hockey district and girls high school hockey stronger throughout Minnesota. Robert Sherry and Claire Goldsmith will lead this year's Premier Prep League.

USA Hockey National Tournament Bound Teams

The Premier Prep League is proud to announce that three of their teams earned USA Hockey National Champion honors at the Tier 16U & 19U levels and at the National High School Tournament. One of our 19U teams earned runner-up honors as well. Of the five teams sent to the national tournaments, three won championships, another earned 2nd place honors and the fifth team lost to the eventual 16U champion in the quarterfinals to one of the PPL teams. We are excited to begin preparing for the 2021 Premier Prep League with tryouts happening in June.

SNAP SHOTS... continued on page 21

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SNAP SHOTS ...

continued from page 20

Fall Clinic 2021

The MGHCA is also in the process of planning a fall clinic to be held October 8-9, 2021, at the Super Rink in Blaine. This clinic will be offered FREE for registered members of the coaches' association. The two day clinic will include presentations from respected college and pro hockey coaches, instructors and others with information to prepare our high school coaches for the rigors of leading high school programs. We are able to provide this free clinic through the generosity of the MN Wild Foundation and their contribution to our coaches' association this past fall. Currently the maximum number of attendees as set forth by the Super Rink (based on the square footage of the room) is 150 people. We are hoping that this restriction will be lifted by the time the clinic takes place. We will also be holding an awards banquet honoring the next class of Hall of Fame inductees, our Brano Stankovsky award recipient, and our state head and assistant coaches of the year. As soon as more details become available, we will add that information to the website and send out through the MGHCA newsletter.

Final Thoughts

Each season presents new challenges and opportunities for all of our organizations. This past year was difficult not only because of the protocols and restrictions due to the pandemic, but also due to problems/issues that continue to plague not just girls hockey, but all high school sports. Girls high school hockey is looking at losing up to four teams/programs next season. Attrition among head coaches, players moving from one program to another, recruiting by influencers outside the coaching staff, and strong programs getting stronger while weaker programs continue to struggle through lost players, and cooperative agreements continue to be obstacles that require many different leadership organizations to help resolve or alleviate the problems. Have a great spring and we look forward to your comments and suggestions for an improved hockey landscape for everyone.

***“No matter what life throws
at you, or how unfair you
think it is, never give up. Pick
yourself up and go on.”***

- Megan Rapinoe, Soccer Player



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2020-21 WINTER STATE CHAMPIONSHIP TEAMS

SPORT	SCHOOL	COACH	SPORT	SCHOOL	COACH
ALPINE SKIING			WRESTLING		
Girls	Edina	Jared Scribner	Class A	Kimball	David Joseph
Boys	Lakeville South	Wayne Hill	Class AA	Simley	Will Short
			Class AAA	Shakopee	Marcus Levesseur
NORDIC SKIING			BOYS SWIMMING MSHSL		
Girls	Forest Lake	Ryan Wright	Class A	Breck-Blake	Michelle Carlson
Boys	Minneapolis Southwest	Richard Kerker	Class AA	Edina	Brian Wright Scott Johnson
GYMNASTICS			GIRLS BASKETBALL		
Class A MSHSL	Watertown-Mayer/ Mound-Westonka	Steve Hangartner	Class A	Minneota	Chad Johnston
Class AA MSHSL	Sartell	Briquelle Joseph	Class AA	Albany	Aaron Boyum
			Class AAA	Becker	Dan Baird
			Class AAAA	Chaska	Tara Seifert
GIRLS HOCKEY			BOYS HOCKEY		
Class A	Proctor/ Hermantown	Emma Stauber	Class A	Gentry Academy	Joe Cullen
Class AA	Edina	Sami Reber	Class AA	Eden Prairie	Lee Smith
DANCE-High Kick			BOYS BASKETBALL		
Class A	Lac qui Parle Valley/Dawson-Boyd	Lisa Johnson	Class A	Hayfield	Chris Pack
Class AA	Sartell	Kelly McCarney	Class AA	Waseca	Seth Anderson
Class AAA	Eastview	Jenny Raiche	Class AAA	Minnehaha Academy	Lance Johnson
			Class AAAA	Wayzata	Bryan Schnettler
DANCE-Jazz			ADAPTED BOWLING		
Class A	Lac qui Parle Valley/Dawson-Boyd	Lisa Johnson	PI	Tartan of Oakdale	North of North St. Paul
Class AA	Sartell	Kelly McCarney	CI	Alexandria Area	Wade Traphagen
Class AAA	Eastview, AppleValley	Jenny Raiche	ASD	Alexandria Area	Wade Traphagen
			ROBOTICS		
			Class A	Faribault & Eagle Ridge Academy	

COACHES!

DO YOU KNOW WHERE YOUR ACADEMIC PLAQUES ARE DISPLAYED?
LET'S MAKE SURE YOUR ATHLETES ARE HONORED & VISITORS,
TO YOUR SCHOOL, KNOW IT!

Your school will receive a plate for each team that has qualified.

Your AD should be alert to envelopes with the return address of Trophies Plus Awards they will contain additional plates. An additional plaque is sent when our records show that your school has received 24 plates. MSHSCA will provide up to 3 plaques per school. Thank you for your help with this program to recognize your athletes.



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2020-21 SPRING STATE CHAMPIONSHIP TEAMS

2021 Spring State Championship Teams

SPORT	SCHOOL	COACH	BASEBALL Class A Class AA	Hayfield Glencoe- Silver Lake	Kasey Krekling Dean Schwitz
BOYS LACROSSE	Benilde- St. Margaret's	Robert Horn	Class AAA Class AAAAA	Mahtomedi Farmington	Robert Garry Jon Graff
GIRLS LACROSSE	Prior Lake	Heather Pierson	GIRLS TRUE TEAM TRACK Class A	Grand Meadow/ LeRoy-Ost/Kingsla	Aaron Thauwald
BOYS TENNIS Class A Class AA	Beck Edina	Sion Wilkins Gary Aasen	Class AA Class AAA	Rocori Rosemount	James Meyer Sara Hatleli
SOFTBALL Class A Class AA	Randolph Le Sueur- Henderson	Dennis Trom Eric Lewis	BOYS TRUE TEAM TRACK Class A Class AA Class AAA	Pine Island Willmar Rosemount	Matthew Northrup John Bobbe Jay Hatleli
Class AAA Class AAAAA	Becker Rosemount	Jason Baune Tiffany Rose	GIRLS TRACK & FIELD MSHSL Class A Class AA	Rockford Rosemount	Chap Robran Sara Hatleli
GIRLS GOLF Class A	Lac qui Parle Valley	Kipp Stender	BOYS TRACK AND FIELD MSHSL Class A	Morris Area/ Chokio-Alberta	Dale Henrich
Class AAA Class AAA	Lake City Alexandria Area	Steve Randgaard Timothy Zupfer	Class AA	Rosemount	Jay Hatleli
BOYS GOLF Class A Class AA Class AAA	Fertile-Beltrami Cloquet Maple Grove	Keith Pederson Aaron Young John Schetinski	SYNCHRONIZED SWIMMING	Stillwater	Kathryn

2020-2021 SPORTS ASSOCIATION CLINICS

DATE	SPORT	LOCATION
July 2021	Volleyball Clinic-bpulju@sebeka.k12.mn.us	Sauk Rapids High School
Aug. 2021	Cross Country-jhnelson@rwps.org	Twin Cities Orthopedics Vikings Complex
Aug 2021	Soccer -gruba23@gmail.com	National Sports Center Blaine
Oct. 2021	Gymnastics - shelly.eklund@district 196.org	TBA
Oct 21, 2021	Girls BB - scott_bergman@isd743.k12.mn.us	St. Thomas
Oct. 2021	Boys BB - Tom Critchley Sr. - hctirc@earthlink.net	Mpls, Hyatt Regency
Oct. 1, 2021	Wrestling - kip.lynk@gmail.com	Simley High School
Oct. 2021	Boys Hockey - mikejmacmillian@hotmail.com	TBA
Oct. 2021	Girls Hockey	TBA
Nov 2021	Baseball	TBA
2021	Track	Zoom meeting prior to season
2021	Robotics- Alex Jurek ajurek@isd726.org	

Please email updated clinic dates for 2021-2022 to Rick Ringeisen at ringer@mshsca.org

WINTER/SPRING TEAM ACADEMICS

BOYS BASKETBALL

GOLD

Eveleth-Gilbert
Hancock
Minnewaska

SILVER

Albany
Avail Academy
Becker
Bemidji
Blue Earth
Byron
Cretin Derham Hall
Delano
Eastview
Eden Valley-Watkins
Farmington
Goodhue
Grand Meadow
Lakeville North
Lakeville South
Lanesboro
Legacy Christian Academy
Little Falls
Marshall
Minnesota Valley Lutheran
Mora
Mound Westonka
Northern Freeze
Owatonna
Park Christian
Pierz
Pine Island
Plainview-Elgin-Millville
Red Rock Central
Rockford
Saint Peter
Schaeffer Academy
Wadena-Deer Creek
Wayzata

GIRLS BASKETBALL

GOLD

Adrian
Aitkin
Annandale
Avail Academy
Barnesville High School
Becker High School
Belle Plaine
Bemidji
Bethlehem Academy
Blooming Prairie
Blue Earth Area
BOLD
Byron
Climax-Fisher
Clinton-Graceville-Beardsley
Concordia Academy - Roseville
Detroit Lakes High School
Eagan High School
East Grand Forks
Esko
Fergus Falls

Fertile-Beltrami
Floodwood High School
Foley High School
Frazee High School
Goodhue
Grand Meadow High School
Hancock High School
Henning
Heritage Christian Academy
Kasson-Mantorville
KITTSON COUNTY
CENTRAL
Lakeville North
Lakeville South
LCWM NEED PLAQUE #3
Lester Prairie
Lewiston Altura High School
Litchfield Senior High School
Luverne
Mankato East
Mayer Lutheran High School
Minnesota Valley Lutheran
High School
Mora High School
Mounds View
New London - Spicer
New York Mills
Northern Freeze
Ogilvie High School
Osakis High School
Owatonna
Park Rapids
Pelican Rapids
Perham
Pine City
Pine Island
Pipestone Area High School
Plainview Elgin Millville
Re Rock Central
Red Wing
Rochester John Marshall
Sauk Centre
Sebeka
Sibley East
Simley
Southwest Christian High
School
Southwest Minnesota Christian
Spectrum High School
St. Cloud Cathedral
St. Croix Lutheran Academy
St. Peter
Swanville
The Blake School
Totino Grace High School
Tri City United
Verndale High School
Waconia
Wadena-Deer Creek
Waseca High School
Wayzata
Willmar Senior High

SILVER

Albany Area Schools

Alexandria Area High School
Anoka High School
Benson High School
Bloomington Jefferson
Browerville Eagle Valley
Buffalo
Caledonia
Cambridge-Isanti High School
Cannon Falls
Cedar Mountain
Centennial High School
Chaska
Chatfield
Chisago Lakes High School
Cromwell-Wright
Crookston High School
Dawson-Boyd
Dover-Eyota
Dover-Eyota
Eastview High School
Eden Prairie
Edgerton Public School
Elk River
Eveleth Gilbert
Fairmont
Farmington High School
Glencoe-Silver Lake
Grand Rapids
Hastings High School
Hawley
Hermantown
Hill-Murray
Hills-Beaver Creek
Hinckley-Finlayson
Holdingford
Hopkins
ISD 319 Nashwauk-Keewatin
Janesville-Waldorf-Pemberton
Jordan High School
Kerkhoven-Murdock-Sunburg
Kimball
Lake City
Lakeview
Legacy Christian Academy
LeRoy-Ostrander
Little Falls
Lyle Public Schools
Mabel-Canton
Maple Grove
Maple Lake
Maple River
Martin County West
Medford
Melrose Area
Mesabi East
Minneapolis Southwest
Minnetonka
Morris Area / Chokio - Alberta
Northfield
Norwood Young America
NRHEG Public Schools
Orono
PACT Charter School
Park Christian
Pequot Lakes High School

Pillager Public School
Prior Lake High School
Proctor
Randolph
Red Lake Falls
Redwood Valley High School
Robbinsdale Armstrong High
Rochester Lourdes
Rockford High School
Rosemount
Rothsay High School
Royalton
Rush City High School
Sacred Heart School
Sartell - St. Stephen
Sauk Rapids-Rice High School
Schaeffer Academy
Sleepy Eye St. Mary's
Spring Lake Park
Spring Lake Park
Spring Lake Park
St James High School
St. Charles Public Schools
St. Michael - Albertville
St. Paul Academy and Summit
School
Staple-Motley
Stephen Argyle Central
Stewartville
Stillwater Area
Thief River Falls
Tracy-Milroy-Balaton
Two Harbors High School
Underwood
Virginia
Watertown-Mayer High School
Waterville-Elysian-Morristown
Win-E-Mac
Windom HS

DANCE

GOLD

Andover
Bagley
BBE Paynesville
Benilde-St. Margaret's
Blaine
Bloomington Kennedy
Buffalo
Chanhassen
Cretin Derham-Hall
Duluth Denfeld
Eden Prairie
Holy Family
Hutchinson
Kasson-Mantorville
Monticello
New Prague
Pierz
Prior Lake
Richfield
Wayzata

SILVER

Albany

WINTER/SPRING TEAM ACADEMICS

Anoka
Becker
Bemidji
Belle Plaine
Brainerd
Burnsville
Byron
Centennial
Chaska
Chatfield
Champlin Park
Dilworth-Glyndon-Felton
Dover-Eyota
Eastview
Farmington
Foley
Goodhue
Henry Sibley
Hermantown-Proctor
Hopkins
Lac Qui Parle Valley/Dawson-Boyd
Lakeville North
Lakeville South
Little Falls
Maple Grove
Marshall
Melrose Area
Minnetonka
Moorhead
Mound-Westonka
New London-Spicer
Orono
Osseo
Pelican Rapids
Pequot Lakes
Plainview-Elgin-Millville
Randolph
Rochester Century
Rochester John Marshall
Rochester Mayo
ROCORI
Rosemount
Saint Cloud Cathedral
Saint Michael-Albertville
Sartell-St Stephen
Spectrum
Spring Lake Park
Stewartville
Wabasha-Kellogg
Waconia
Woodbury
Zumbrota-Mazeppa

GYMNASTICS

GOLD

CLASS A

Annandale High School
Austin High School
Becker High School
Benson/KMS
Big Lake High School
Byron High School
Dassel-Cokato High School
Fairbault High School
Fergus Falls High School

Jackson County Central High School
Litchfield High School
MAHACA
Mankato West
Maple Lake High School
Melrose Area High School
New London-Spicer High School
New Ulm High School
Park Rapids/Menahga/Nevis
Paynesville-Eden Valley
Watkins
Perham
Pine Island/Zumbrota-Mazeppa
Pipestone Area High School
Red Wing High School
Redwood Valley
Rush City/Pine City/Hinckley School
Simley High School
Stewartville/Chatfield
Waseca
Watertown-Mayer/Mound-Westonka
Willmar High School
Winona High School
Worthington High School

SILVER

CLASS A

Caledonia/Spring Grove/Houston
Chisago Lakes High School
Glencoe-Silver Lake High School
Howard Lake-Waverly-Winsted
La Crescent-Hokah High School
Martin County Area
North Branch High School
Princeton High School
School
Windom/Mountain Lake

GOLD

CLASS AA

Anoka High School
Apple Valley-Eastview
Bemidji High School
Bloomington Jefferson High School
Brainerd High School
Buffalo High School
Cambridge-Isanti High School
Centennial High School
Champlin Park High School
Chaska/Chanhassen
Coon Rapids High School
Eagan High School
Eden Prairie High School
Elk River/Zimmerman
Farmington High School
Forest Lake High School
Lakeville North High School
Lakeville South High School
Maple Grove High School

Minneapolis South/Roosevelt
Minneapolis Southwest High School
Minneapolis Washburn High School
Minnetonka High School
Moorhead High School
New Prague High School
Prior Lake High School
Rochester Century High School
Rochester Mayo High School
Rosemount High School
Roseville Area High School
St. Anthony Village/Spring Lake Park
St. Cloud Tech
St. Louis Park High School
St. Michael-Albertville High School
Stillwater Area High School
Waconia High School
Wayzata High School
White Bear Lake Area High School
Woodbury High School

SILVER

CLASS AA

Andover High School
Blaine High School
Hastings High School
Henry Sibley High School
Mahtomedi High School
North High School
Northfield High School
Osseo/Fridley
Owatonna High School
Rochester John Marshall
Saint Francis High School
Sauk Rapids-Rice High School

GIRLS HOCKEY

GOLD

Albert Lea
Alexandria
Andover
Anoka/Spring Lake Park
Apple Valley
Benilde St. Margaret
Blaine
Brainerd/Little Falls
Buffalo
Burnsville
Centennial
Champlin Park/Coon Rapids
Chisago Lakes
Cloquet-Esko-Carlton
Cretin-Derham Hall
Crockston
Detroit Lakes
Dodge County
Duluth Marshall
East Grand Forks
Eastview
Eden Prairie
Edina

Elk River/Zimmerman
Fergus Falls
Gentry Academy
Hastings
Hibbing/Chisholm
Holy Family
Hutchinson
Irondale-St. Anthony
Lakeville South
Litchfield/ Dassel-Cokato
Maple Grove
Marshall
Minnehaha United (Minnehaha and St Paul Academy)
Minnetonka
Moorhead
Mound Westonka
North Wright County
North/Tartan
Northfield
Owatonna
Park HS of Cottage grove
Pine City
Proctor/Hermantown
Robbinsdale Armstrong/Cooper
Rogers
Roseau
Roseville
Sartell
Shakopee
Simley
St. Cloud Icebreakers
St. Paul/Henry Sibley
Stillwater
Thief River Falls
Waconia
Warroad
Wayzata
Willmar

SILVER

Academy of Holy Angels
Blake
Breck
East Ridge
Forest Lake
Hill-Murray
Luverne
Mahtomedi
Mankato East
Mankato West
Northern Tier
Orono
Princeton
Prior Lake
Waseca

GIRLS LACROSSE

GOLD

Academy of Holy Angels
Blake
Chanassen
Chaska
Cretin Derham Hall
Eden Prairie
Edina

WINTER/SPRING TEAM ACADEMICS

Elk River / Zimmerman
Henry Sibley/Gentry Academy
Hopkins
Mahtomedi
Maple Grove
Mound Westonka / Providence
Academy
Mounds View
New Prague
Orono
Rochester Century
Rosemount
St. Michael-Albertville
Wayzata
West Mankato/ East Mankato
White Bear Lake

SILVER

Hutchinson
Southwest Christian
Woodbury

BOYS LACROSSE

SILVER

Chanhassen
Mankato (combined Mankato
East, Mankato West & Loyola

BOYS NORDIC SKI

GOLD

Armstrong High School
Brainerd
Fergus Falls High School
Irondale High School
Minneapolis Southwest
Simley High School
Washburn High School

SILVER

Saint Cloud Apollo/Sauk
Rapids-Rice
St. Paul Central
White Bear Lake

GIRLS NORDIC SKI

GOLD

Armstrong High School
Brainerd
Fergus Falls High School
Irondale High School
Saint Cloud Apollo/Sauk
Rapids-Rice
Simley High School
St. Paul Central
Tartan High School
Washburn High School
White Bear Lake
Willmar

SOFTBALL

GOLD

AAHS (Alexandria Area HS)
Aitkin High School
Albany Senior High School

Alden-Conger/Glenville-
Emmons
Andover High School
Annandale High School
Anoka High School
Badger/Greenbush-Middle
River
Barnesville
Becker High School
Belle Plaine High School
Benson High School
Bertha-Hewitt/Verndale
Bethlehem Academy
Big Lake High School
Blooming Prairie High School
BOLD School District
Brainerd High School
Brandon-Evansville
Browerville High School
Burnsville High School
Byron Public Schools
Caledonia High School
Cannon Falls High School
Chanhassen High School
Chatfield Public School
Clinton-Graceville-Beardsley
ISD 2888
Concordia Academy
Coon Rapids High School
Cretin-Derham Hall
Dassel-Cokato High School
Detroit Lakes
Duluth Denfeld
Duluth East
East Grand Forks Senior High
School
Eastview High School
Eden Prairie
Eden Valley Watkins
Edgerton/Southwest Minnesota
Christian
Elk River High School
Ellsworth High School
Eveleth-Gilbert
Fairmont High School
Farmington High School
Fertile-Beltrami
Fillmore Central/Lanesboro
Foley High School
Forest Lake High School
Fosston/Win-E-Mac High
School
Frazee High School
Chaska HS Softball
Hancock Public School
Hayfield
Heritage Christian Academy
Hermantown High School
Hopkins High School
Irondale High School
Jackson County Central
Jordan High School
Kasson-Mantorville KoMets
Kerkhoven/Murdock/Sunburg
Lac Qui Parle Valley High

School
Lakeville South High School
LCWM (Lake Crystal Wellcome
Memorial HS)
Lester Prairie Schools
Lewiston-Altura
Litchfield High School
Little Falls
Mankato East
Mankato West
Maple Grove Senior High
Mayer Lutheran
Minneota/ Canby
Montevideo High School
Moose Lake / Willow River
Mora High School
Morris Area/Chokio-Alberta
Mounds Park Academy
Mountain Lake Area- Comfrey
Murray County Central HS
NCE/UH Norman County East
& Ulen-Hitterdal
New London Spicer
New Ulm Cathedral
Nicollet High School
Northern Freeze Co-op Tri-
County & Marshall County
Central
Norwood Young America High
School
NRHEG
Orono High School
Owatonna High School
Park Rapids Area High School
Pequot Lakes High School
Pine City High School
Pine Island High School
Plainview-Elgin-Millville High
School
Randolph
Red Lake Falls
Red Rock Central/Westbrook
Walnut Grove
Richfield High School
Rochester John Marshall
Rockford High School
ROCORI High School
Rogers
Roseau High School
Rosemount High School
Saint Agnes
Saint Cloud Apollo
Saint Peter High School
Sauk Centre High School
Sebeka Public School
Silver Bay - Wm. Kelley High
School
Sleepy Eye St. Mary's
Springfield High School
St Croix Prep Academy
St. Anthony Village High
School
St. Cloud Cathedral
St. Louis Park High School
Stewartville High School

Stillwater Area High School
Swanville Public School
Tartan
Totino-Grace
Tracy Milroy Balaton
Tri-City United High School
(Montgomery Minn)
Triton High School
Upsala
Visitation
Wabasha-Kellogg
Wabasso High School
Waconia High School
Watertown-Mayer High School
Waterville-Elysian-Morristown
West Marshall County Fusion-
Stephen-Argyle & Warren-
Alvarado-Oslo
White Bear Lake Area High
School
Windom Area High School
Winona Senior High School
Woodbury
Worthington High School
Zumbrota Mazeppa

SILVER

Academy of Holy Angels
Atwater-Cosmos-Grove City
Bloomington Jefferson
Champlin Park High School
Chisago Lakes High School
Crosby - Ironton
Delano High School
Dover-Eyota
EAGAN HIGH SCHOOL
East Central
Edina High School
Fergus Falls Otters
Glencoe-Silver Lake
Greenway
Hawley High School
Holdingford
Hutchinson High School
Isle High School
Kimball Area High School
Lake City
LeSueur-Henderson
Long Prairie-Grey Eagle
Luverne
Madelia High School
Minnehaha Academy
Mound Westonka High School
New Ulm High School
North Branch Area High School
North Woods
Northfield
Osakis High School
Park Center Senior High
Roosevelt High School(Virginia
Minn)
Sauk Rapids-Rice High School
Sibley East High School
Simley High School
Sleepy Eye High School

WINTER/SPRING TEAM ACADEMICS

St. Charles High School
Wadena-Deer Creek Elementary
Walker Hackensack Akeley
Willmar High School

BOYS SWIM & DIVE

GOLD

Alexandria
Brainerd
Detroit Lakes
Duluth Denfield/East
Eden Prairie
Richfield
St. Thomas Academy

SILVER

Andover
Anoka
Apple Valley
Austin
Benile-St. Margaret's
Blaine
Breck/Blake NEED 2 plates
Chisago Lakes
Cretin-Derham Hall
Delano/Watertown- NEED 2
Plates
Edina
Farmington
Hastings
Hutchinson
International Falls
Lakeville North
Lakeville South
Mankato East
Minnetonka
Moorhead
Prior Lake
Red Wing
Rochester Century
Rochester Mayo
Sauk Rapids-Rice
South St. Paul
St. Louis Park
Tartan
Willmar

SYNCHRONIZED SWIMMING

GOLD

Eden Prairie
Wayzata

SILVER

Blake
Bloomington
Columbia Heights
Edina
Forest Lake
Hopkins
Itasca
OMGPC
Prior Lake
Richfield
St. Louis Park
Stillwater

BOYS TENNIS

GOLD

CLASS A

Blue Earth Area HS
Cotter Schools
DeLaSalle NEED 3rd PLAQUE
East Grand Forks Senior High
Hermantown HS
Hill Murray School
Litchfield
Mora HS
Mound Westonka HS
Mounds Park Academy
New London-Spicer
Osakis
Perham HS
Schaeffer Academy
Southwest Christian HS
St. Peter HS
Thief River Falls HS
Totino-Grace HS

SILVER

CLASS A

Academy of Holy Angels
Aitkin
Foley HS
Holy Family Catholic HS
Minnewaska
Pine City
Providence Academy
St Cloud Cathedral
St. James Area
Waseca HS

GOLD

CLASS AA

Alexandria
Anoka
Bemidji HS
Blaine HS
Buffalo
Coon Rapids HS
Cretin-Derham Hall
Delano HS
Duluth East
Eagan HS
East Ridge
Eastview
Irondale
Lakeville North
Mahtomedi HS
Mankato West HS
Minneapolis Washburn
Monticello HS
Mounds View
Northfield Senior HS
Robbinsdale Armstrong
Saint Thomas Academy
Shakopee HS
St. Cloud Tech
Stillwater
The Blake School
Wayzata HS

SILVER

CLASS AA

Becker HS
Big Lake
Brainerd HS
Cambridge-Isanti
Centennial HS
Chanhassen HS
Chaska HS
Chisago Lakes HS
Forest Lake HS
Hutchinson HS
New Prague HS
New Ulm HS
Princeton
Rochester John Marshall
Roseville Area HS
St Michael-Albertville

WRESTLING

GOLD

ACGC (Atwater-Cosmos-Grove City)
Albany
Alexandria
Andover
Annandale/Maple Lake
Apple Valley
Becker High School
Bemidji
BHVPP Bertha-Hewitt/
Verndale/ParkersPrairie.
Big Lake
Blue Earth Area
Buffalo
Canby
Chaska/Chanhassen
Dassel Cokato/Litchfield
DB/LQPV/Mon United
Delano
Detroit Lakes
Eastview
Fairmont/Martin County West
Foley
Forest Lake
Fridley
GLMOS. Grand Meadow/
Leroy-Ostrander/Southland
Goodhue
GSL-LP. Glencoe-Silver Lake/
Lester Prairie
Hastings
Hutchinson
Jackson County Central
Kerkhoven-Murdock-Sunburg
Lake City
Lakeville North
MAHACA. Morris/Hancock/
Chokio-Alberta
Mankato East
Maple River
Minneapolis Roosevelt
Mora
Mounds View
New London - Spicer

New Prague
Ogilvie
Plainview Elgin Millville
Prior Lake
Redwood Valley
Rochester Mayo
Simley High School
South St. Paul
St. Charles
St. Paul Harding
St. Thomas Academy
Stillwater
Thief River Falls
Tracy Milroy-Balaton/
Westbrook-Walnut Grove
Tri-City United
United North Central
Waconia
Watertown / Mayer
Wayzata
WCAABE
Willmar
Windom Mt. Lake
Zumbrota Mazeppa

SILVER

Albert Lea Area
Belgrade-Brooten-Elrosa
Blaine
Byron
Cambridge - Isanti
Chatfield
Coon Rapids
Cretin-Derham Hall
Crookston
Eagan
Edina
Fosston/Bagley.
Grand Rapids
Little Falls
LPGE-Browerville. Long
Prairie-Grey Eagle/Browerville
Mahtomedi
Maple Grove
Minneota
Mpls South
Mound WestTonka/Southwest
Christian.
Orono
Pelican Rapids
Pequot Lakes/Pine River
Backus
Pipestone Area
Red Rock Central
Royalton/Upsala
Sartell
Sauk Rapids - Rice
Shakopee
St. Agnes
St. Francis
STMA
Totino Grace
Wabasso
Woodbury

ZEBRA ZONE

By: Phil Ayeni

When I was a junior in high school, my varsity football coach needed to recruit referees for the local youth flag football league. Officiating never crossed my mind, however, after some convincing I decided to put on the stripes and give it a try. Seventeen years later I find myself still going strong. Over those years, many people have asked me some variation of “why do you referee and deal with all the stress that it brings?” The simple answer is for love of the game. Officiating can be a tough avocation at times but there are a multitude of reasons why people do it, such as the opportunity to move up the officiating ladder to receive higher-level assignments, camaraderie of connecting with other officials during crew dinners and road trips, providing extra income, physical fitness, and traveling to different cities.

There are many pros when it comes to officiating, but it also brings many challenges as well. The physical attacks on officials as well as verbal abuse continues to be a growing issue which contributes to the officiating shortage across the nation. As sports resumed earlier this spring many coaches and athletes were excited to get back on the court, field, and ice but a shortage of officials complicated the return-to-play. Many officials opted out due to the pandemic and others simply retired. Many games were moved to non-traditional days to make sure officials were available to cover them and some lower-level games were cancelled. Although efforts are being made to recruit officials, retaining them past one or two years remains the biggest hurdle. Three areas where I believe coaches and officials can work together to mitigate the tension between each other are sportsmanship, communication, and support.

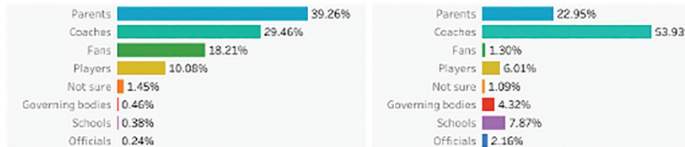
Sportsmanship is defined as fair and generous behavior or treatment of others. The National Association of Sports Officials (NASO) conducted a survey of its members, with roughly 17,500 respondents answering 162 questions about their issues and concerns on officiating. Nearly half of the respondents said they have felt unsafe or feared for their safety due to coaches, players, administrators, or spectator behavior. 57 percent of the officials surveyed said sportsmanship is getting worse. The table at the top of the next column shows the results of who officials feel contribute to sportsmanship and how.

As you can see, officials believe coaches have the biggest impact on improving sportsmanship. Personally, I think sportsmanship will improve if the communication between all of us gets better.

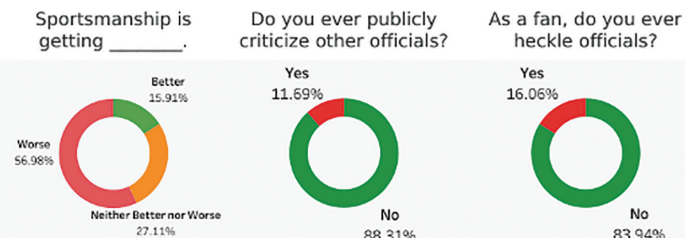
I have the benefit of being both a referee and a varsity coach. Communication would improve drastically if coaches had experience as a referee and if referees had experience as coaches. Understanding both sides and viewpoints would limit many disputes that lead to penalties or ejections. No one is perfect; however, games move smoothly when everyone focuses on their job. Coaches coach, officials officiate, players play, and fans positively cheer for their team. Officials

Who contributes to sportsmanship and how?

Who causes the most problems with sportsmanship? Who is most responsible for improving sportsmanship?



Although about 40% of officials believe that parents cause the most problems with sportsmanship, over half of respondents believe that coaches are responsible for improving sportsmanship.



Of the 56.97% of respondents who think sportsmanship is getting worse, 11.13% continue to publicly criticize other officials and 14.58% heckle officials as a fan.

Gender	State	Sports Officiated	Age
All	All	All	All values
	Ethnicity	Sport Level	
	All	All	

understand that coaches will react over close plays. The problem becomes if yelling and screaming ensues, it may instigate similar reactions from fans. I understand it may not be easy to control emotions at times, but effectively communicating with officials will have a positive impact on the game. A few ways to communicate better with officials are do not yell at officials from far away, talk to officials discreetly whenever possible, avoid approaching them on the court or field (this may lead to penalties, unsportsmanlike fouls, or ejections) and speak calmly to officials during dead ball situations or timeouts. Finally, do not question the integrity of an official. Many officials officiate for the love of the game. When coaches attack our integrity, it becomes personal. Most officials can take and handle negative feedback when discussing a call or a rule. When it becomes personal, that’s when coaches are usually penalized. If coaches do their best to show respect towards officials, fans and athletes are likely to do the same.

To conclude, I believe coaches have the biggest impact in supporting officials. With the technology available, it is easier than ever before to have discussions via email, zoom, and various chat or discussion groups. During the off seasons, officials work hard to improve their craft by attending camps and clinics, taking quizzes and exams, studying rule books/ watching film, and working on their physical fitness. I encourage head coaches and assistant coaches to build relationships with officials during the off season. This will bridge the gap between coaches and officials and help each other understand their points of view. As I stated earlier, I got into officiating due to my varsity football coach recruiting officials. Officials are needed so we can play the games we all love. I encourage each of you to push your student athletes to consider becoming a referee. Being a referee keeps you involved, puts you back into the action, and gives you a part in the game that you will never get as a spectator.

MINNESOTA COLLEGES & UNIVERSITIES THAT HONOR MSHSCA MEMBERSHIP CARDS

The importance of a close working relationship between college and university coaches and high school coaches in Minnesota remains obvious as institutions of higher learning have opted to continue with the Associate Membership Package offered by the MSHSCA during the 2020-2021 school year.

As part of the arrangement, college coaches can use the MSHSCA membership card to obtain admission to high school events and in turn the high school coach can use the card to attend college most college games. Restrictions apply for college and high school playoff and post season tournament games.

- **Bemidji State University (Bemidji MN)**
Complimentary passes are not available for Division I Hockey
- **Bethany Lutheran College (Mankato MN)**
- **Bethel University (St Paul MN)**
- **College of St. Scholastica**
- **Concordia College (Moorhead MN)**
- **Concordia University (St Paul MN)**
- **MN State Comm. & Tech College (Fergus Falls MN)**
- **Gustavus Adolphus College (St Peter MN)**
- **Hamline University (St Paul MN)**
- **Hibbing Community College (Hibbing MN)**
- **Martin Luther College (New Ulm MN)**
- **Minnesota State University Mankato (Mankato, MN)**
(Call ahead for DL Hockey)
- **Minnesota State University (Moorhead, MN)**
- **MN West Technical and Community College (Worthington MN)**
- **University of Northwestern (St Paul MN)**
- **Rochester Community College (Rochester MN)**
- **St Catherine's University (St Paul MN)**
- **St Cloud State University (St Cloud MN)**
- **St Cloud Tech College (St Cloud MN)**
- **St John's University (Collegeville MN)**
- **St Mary's University (Winona)**
- **University of Minnesota - Crookston (Crookston MN)**

*Another example of the MSHSCA
at work for the membership!*

- *1. MSHSCA Complimentary passes may not be available for all games.
2. MSHSCA Complimentary passes are not available for post season/play off games.
3. MSHSCA Card must be presented in person by the card holder along with a photo I.D. at the UMD ticket window.
4. Additional tickets can be purchased to accompany your complimentary admission. You must notify the UMD ticket office of your desire to purchase at the time you call for your complimentary admission.
5. No admission to mens D1 hockey at BSU, St. Cloud State.
6. BSU - D2 - reg. season only.
7. Concordia Moorhead not available at MIAC and NCAA post season games.



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MINNESOTA STATE HIGH SCHOOL SOCCER COACHES ASSOCIATION 31ST ANNUAL SOCCER COACHES CLINIC

AUGUST 13TH-14TH, 2021  NATIONAL SPORTS CENTER, BLAINE

Clinic Information is what we are planning on.

This will depend on the COVID-19 protocols that are in place in August.

The Minnesota State High School Soccer Coaches Association (MSHSSCA), in conjunction with the Minnesota State High School Coaches Association (MSHSCA) invites all interested youth, club, high school and college soccer coaches to our 31st Annual Soccer Coaches Clinic. This two day clinic includes field and classroom educational sessions, the opportunity to connect with vendors, networking with other coaches, and more.

Thursday, August 12th, 2021...Broadway Pizza *in(11822 Aberdeen St NE, Blaine)*

6:30 - 9:00 pm Keynote Session.
Includes Social Hour with light dinner options.
Featuring USC coach.

Friday, August 13th, 2021...National Sport Center *(1700 105th Ave NE, Blaine)*

7:30 - 8:15 am	Sign-In/Registration	• Registration includes a box lunch.
8:30 - 9:25 am	Session 1	• The first 250 coaches to register will receive a t-shirt.
9:40 - 10:35 am	Session 2	• New Head and Assistant Coaches are invited to a special information session during the lunch hour.
10:50 - 11:45 am	Session 3	• All Head Coaches should attend the annual Head Coaches Meeting during Session 5.
11:45 - 12:45 pm	Lunch	• Important information will be distributed and all association business for the upcoming season will be discussed.
12:50 - 1:40 pm	Session 4	
1:50 - 2:45 pm	Session 5	

Clinic Registration, covering both Thursday and Friday, is just \$50 through August 1st. After August 1st and at the door the cost will be \$60. Join or renew a membership in United Soccer Coaches (regularly \$125) for only \$100 before August 1st, or \$125 after August 1st. *Reminder...registration in the MSHSSCA and MSHSCA is NOT included in the Clinic or USC fees, and must be done online at www.mshsca.org by October 1 to be eligible for player/team/coach awards!!*

**two ways
to register...
choose one**

1. [Online Registration](#) with credit card **(Not Available Yet)**
2. **complete the paper form on the next page and mail with a check for the total due to:**
Art Seplak, 10077 Upton Rd, Bloomington, MN 55431-2849

for more information, please visit our website at www.mnhssoccer.com
for clinic questions, contact Greg Juba at gjuba23@gmail.com or 651-260-1048
for registration questions, contact Art Seplak at ajseplak@q.com or 952-881-2898

Joint Coaches Clinic and United Soccer Coaches Registration Form

Head Coaches, please include your address, phone number and email. **Contact information for Assistant Coaches is only required if joining/renewing United Soccer Coaches (USC).** Please check all options for each coach registering.

Coach Name _____ **School** _____ **Phone** _____ **Email** _____
Address _____ **City** _____ **State** _____ **Zip** _____

Coach Type	Team	Lunch Choice	Attending Thursday?	Clinic Registration	USC registration	USC #	Total Due
<input type="checkbox"/> Head	<input type="checkbox"/> Boys	<input type="checkbox"/> Ham	<input type="checkbox"/> Yes	<input type="checkbox"/> \$50 (before 8/1)	<input type="checkbox"/> \$100 (before 8/1)	_____	\$ _____
<input type="checkbox"/> Assistant	<input type="checkbox"/> Girls	<input type="checkbox"/> Turkey <input type="checkbox"/> Veggie	<input type="checkbox"/> No	<input type="checkbox"/> \$60 (after 8/1)	<input type="checkbox"/> \$125 (after 8/1)	_____	_____

Coach Name _____ **School** _____ **Phone** _____ **Email** _____
Address _____ **City** _____ **State** _____ **Zip** _____

Coach Type	Team	Lunch Choice	Attending Thursday?	Clinic Registration	USC registration	USC #	Total Due
<input type="checkbox"/> Head	<input type="checkbox"/> Boys	<input type="checkbox"/> Ham	<input type="checkbox"/> Yes	<input type="checkbox"/> \$50 (before 8/1)	<input type="checkbox"/> \$100 (before 8/1)	_____	\$ _____
<input type="checkbox"/> Assistant	<input type="checkbox"/> Girls	<input type="checkbox"/> Turkey <input type="checkbox"/> Veggie	<input type="checkbox"/> No	<input type="checkbox"/> \$60 (after 8/1)	<input type="checkbox"/> \$125 (after 8/1)	_____	_____

Coach Name _____ **School** _____ **Phone** _____ **Email** _____
Address _____ **City** _____ **State** _____ **Zip** _____

Coach Type	Team	Lunch Choice	Attending Thursday?	Clinic Registration	USC registration	USC #	Total Due
<input type="checkbox"/> Head	<input type="checkbox"/> Boys	<input type="checkbox"/> Ham	<input type="checkbox"/> Yes	<input type="checkbox"/> \$50 (before 8/1)	<input type="checkbox"/> \$100 (before 8/1)	_____	\$ _____
<input type="checkbox"/> Assistant	<input type="checkbox"/> Girls	<input type="checkbox"/> Turkey <input type="checkbox"/> Veggie	<input type="checkbox"/> No	<input type="checkbox"/> \$60 (after 8/1)	<input type="checkbox"/> \$125 (after 8/1)	_____	_____

Coach Name _____ **School** _____ **Phone** _____ **Email** _____
Address _____ **City** _____ **State** _____ **Zip** _____

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<input type="checkbox"/> Head	<input type="checkbox"/> Boys	<input type="checkbox"/> Ham	<input type="checkbox"/> Yes	<input type="checkbox"/> \$50 (before 8/1)	<input type="checkbox"/> \$100 (before 8/1)	_____	\$ _____
<input type="checkbox"/> Assistant	<input type="checkbox"/> Girls	<input type="checkbox"/> Turkey <input type="checkbox"/> Veggie	<input type="checkbox"/> No	<input type="checkbox"/> \$60 (after 8/1)	<input type="checkbox"/> \$125 (after 8/1)	_____	_____

Coach Name _____ **School** _____ **Phone** _____ **Email** _____
Address _____ **City** _____ **State** _____ **Zip** _____

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<input type="checkbox"/> Assistant	<input type="checkbox"/> Girls	<input type="checkbox"/> Turkey <input type="checkbox"/> Veggie	<input type="checkbox"/> No	<input type="checkbox"/> \$60 (after 8/1)	<input type="checkbox"/> \$125 (after 8/1)	_____	_____

Coach Name _____ **School** _____ **Phone** _____ **Email** _____
Address _____ **City** _____ **State** _____ **Zip** _____

Coach Type	Team	Lunch Choice	Attending Thursday?	Clinic Registration	USC registration	USC #	Total Due
<input type="checkbox"/> Head	<input type="checkbox"/> Boys	<input type="checkbox"/> Ham	<input type="checkbox"/> Yes	<input type="checkbox"/> \$50 (before 8/1)	<input type="checkbox"/> \$100 (before 8/1)	_____	\$ _____
<input type="checkbox"/> Assistant	<input type="checkbox"/> Girls	<input type="checkbox"/> Turkey <input type="checkbox"/> Veggie	<input type="checkbox"/> No	<input type="checkbox"/> \$60 (after 8/1)	<input type="checkbox"/> \$125 (after 8/1)	_____	_____
						Grand Total	\$ _____

- Reminders**
- Please make checks payable to MSHSSCA.
 - This registration **does NOT include membership in the MSHSSCA or MSHSCA.** That must be done online at www.mshsca.org by **October 1** to be eligible for All State and other recognition.



2020-21 SECTION COACHES OF THE YEAR

Section 1A: Chris Pack, Hayfield
 Section 2A: Judd Walter, Sleepy Eye St. Mary's
 Section 3A: Ted Taatjes, Central Minnesota Christian
 Section 4A: Nathan Bellefeuille, Legacy Christian
 Section 5A: Scott Kramer, Nevis
 Section 6A: Cory Bedel, Hancock
 Section 7A: Kyle Giorgi, Nashwauk-Keewatin
 Section 8A: Kent Christian, Badger-Greenbush-Middle River

Section 1AA: Brad King, Caledonia
 Section 2AA: Seth Anderson, Waseca
 Section 3AA: Mark Torgerson, Morris Area/Chokio-Alberta
 Section 4AA: Kevin Seim, St. Croix Prep
 Section 5AA: Larry Mckenzie, Minneapolis North
 Section 6AA: Don "Skip" Dolan, Annandale
 Section 7AA: Wes Cummins, Moose Lake-Willow River
 Section 8AA: Matt Johnson, Fergus Falls

Section 1AAA: Kyle Finney, Byron
 Section 2AAA: Jeremy Drexler, Mankato West
 Section 3AAA: Matt Mccollister, South St. Paul
 Section 4AAA: Lance Johnson, Minnehaha Academy

Section 5AAA: Bridgeport Tusler, Monticello
 Section 6AAA: Andre Phillips, Mound-Westonka
 Section 7AAA: Joel McDonald, Hibbing
 Section 8AAA: Forrest Witt, Alexandria

Section 1AAAA: Josh Williams, Owatonna
 Section 2AAAA: Jake Damman, Shakopee
 Section 3AAAA: Paul Goetz, Eastview
 Section 4AAAA: Kent Getzlaff, Woodbury
 Section 5AAAA: Mark Tuchscherer, Champlin Park
 Section 6AAAA: Bryan Schnettler, Wayzata
 Section 7AAAA: Rhett McDonald, Duluth East
 Section 8AAAA: Charlie Schoek, Brainerd

2020-21 MBCA STATE COACHES OF THE YEAR

Class AAAA: Bryan Schnettler, Wayzata
 Class AAA: Forrest Witt, Alexandria
 Class AA: Seth Anderson, Waseca
 Class A: Chris Pack, Hayfield

2020-21 MBCA ASSISTANT COACHES OF THE YEAR

Bill Fetsch, Tartan
 Jeff Gullickson, Fertile-Beltrami
 Jamie Longstreet, Delano
 Keith Pearson, Fergus Falls
 Desmond Walker, Richfield
 Justin Wittrock, Litchfield



*"I'm not going to
 buy my kids an
 encyclopedia.
 Let them walk to
 school like I did. "*

- Yogi Berra

2020/2021 Minnesota Tennis Coaches Association Hall of Fame Inductees

David Steams: Coach of the Minnetonka Skippers
 Boys Head Tennis Coach -- 33 years
 Girls Head Tennis Coach -- 27 years

Dave Gunderson: Coach of the Virginia Blue Devils
 Boys Head Tennis Coach -- 17 years
 Girls Head Tennis Coach -- 30 years
 Minnesota Tennis Coaches Association Hall of Fame Director: 15 years

Richard Engelstad: Coach of the Pine City Dragons
 Boys Head Tennis Coach -- 19 years
 Girls Head Tennis Coach -- 10 years
 Minnesota Tennis Coaches Association Executive Secretary -- 18 years
 Thief River Falls Boys Head Tennis Coach -- 2 years

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**Minnesota State
High School
Coaches
Association
HALL OF FAME**

**CRITERIA FOR THE
SELECTION OF
CANDIDATES**

1. Individuals selected as nominees must have shown a deep sense of responsibility in the manner in which they conducted themselves as coaches, and demonstrated a dedication to the highest ideals of competitive interscholastic athletics.
2. Of equal importance is the manner in which they conducted their programs, that they be most beneficial to their players, their schools, and their communities, always reflecting a positive image of interscholastic athletics and/or coaches.
3. They shall have demonstrated the characteristics of leadership, the ability to motivate and inspire, and to guide and counsel young athletes.

**ELIGIBILITY
REQUIREMENTS**

1. Nominees must have been active in coaching and/or athletic administration for a minimum of 25 years.
2. Nominees must be a life member of the MSHSCA.

Minnesota State High School Coaches Association
HALL OF FAME NOMINATING FORM



SEND NOMINATIONS TO: Bernie Schumacher 16332 Deer View Road
Park Rapids, MN 56470 Email: bschumacher@mshsca.org

Name _____ Phone _____
Address: _____ City _____ Zip _____
Phone Number: _____ Email: _____
Birth Date _____ Marital Status _____ Deceased _____
Spouse's Name _____ Children's names and ages _____

Nominating Person or Group _____
Rationale for Nomination _____

Personal History: Hometown _____
College/s _____ Year _____

College Honors: _____
Coaching History: (Sports, schools & years) _____

Coaching awards, honors & highlights: _____

Are you currently an inductee to a sport association? _____ If yes, please list: _____

Present status _____ Organizations & honors other than coaching: _____

Coaches Association involvement & present status: _____

Please list other highlights & experiences: _____

Nominated by: _____ Date _____

Phone: _____ Email: _____

BANK SHOTS



By: Tom Critchley

WE- Athletes, Coaches, Officials, Fans, Administrators, et more- **MADE IT!** From at one point where even having a season was tenuous to say the least, having to wear face masks, limited spectators, cancellations and postponements, all the way to the crowning of four 2021 State Champions. Kudos to all for your determination, dedication, and sacrifices along the way; without such we never would have made it. The thought of a John Wooden quote, “Do not let what you cannot do interfere with what you can do” perhaps sums up the efforts of all for the 2020-21 season.

Special thanks to 2020-21 MBCA President Omar McMillan and the MBCA Executive Board for their leadership during the past year. Leaders were faced not only with the challenges of the pandemic as it related to their own team, but the sport in general. Section Representatives were asked to go above and beyond what normal responsibilities would be in keeping the Coaches in their respective sections abreast of the ongoing status in regard to the season, Covid Guidance and Protocols, tournaments, etc.

The MBCA also extends a special thank you and appreciation to MSHSL Staff members; Bob Madison, Lisa Lissamore, Erich Martens, and their administrative assistants. The MBCA and the MGBCA were not only kept up to date on the status of the season, guidance and protocols, tournaments, etc. but were also allowed to be a collaborative partner in the planning and decision-making processes.

Congratulations to the coaches and players from the four 2021 State Champions: Wayzata-Bryan Schnettler, Minnehaha Academy-Lance Johnson, Waseca-Seth Anderson, and Hayfield-Chris Pack. The MBCA also extends congratulations to MBCA 2021 Section and State Coaches of the Year, MBCA Assistant Coaches of the Year, 2021 State and Section Academic Team Champions, and 2021 Academic All State honorees. Award recipients are listed in this edition of the Prep Coach and on the MBCA website (<http://www.mshsca.org/boysbasketball>).

The MBCA All Star Series was held at Forest Lake High School on April 17th. Thank you and best wishes at the next level and in all future endeavors to the members of the 2021 All Star Class. Special thanks to All Star Coaches: Omar McMillan, Desmond Walker, Phil Johnsrud, Aaron Lindahl, Chris Pack, Isaiah Lundberg, Terry Knothe, and Rich Decker. Pictures of the squads are on the MBCA website.

Congratulations to MBCA 2021 McDonald Award recipient, Chet Holmgren- Minnehaha Academy. The MBCA is honored to recognize Chet for his accomplishments throughout his career while also continuing to honor the legacy of Coach McDonald for his achievements, contributions and service to the game.

Congratulations to Joshua Strong, Champlin Park, as the 2021 recipient of the Tom Critchley Sr. Leadership Award. The award is presented to a Senior athlete who serves as a captain of his team and demonstrates leadership on and off the court. MBCA member head

coaches nominated candidates. Each candidate provided an essay defining their leadership abilities and how those abilities were used, not only with their team but also in their school and community. A committee chaired by Kelly Raymond, MBCA Academic Chairman, selected Josh as the 2020 honoree. Josh will receive an honorary award and a \$750 scholarship from the MBCA and the Critchley family.

The MBCA hosted 144 athletes and welcomed 130 Coaches from 89 (53 DI) Colleges and Universities to the 2021 MBCA DI Eval Showcase at East Ridge High School on June 18th and 19th. Minnesota is recognized throughout the nation as a state from which highly skilled and talented college prospects abound. And in addition to their physical talents, Minnesota hoopsters are recognized as having high basketball IQ’s plus being good teammates and demonstrating character and integrity on and off the court. As the saying goes, “those things don’t just happen, people (Coaches) make things happen.” Thank you to the High School Coaches who volunteered their time and service to coach the 16 teams in the event.

Plans are shaping up to have an in-person MBCA Fall Clinic October 29-30 at the Minneapolis Hyatt Regency. We are pleased to announce that Gophers Head Coach Ben Johnson and his 2021-22 Gophers will be one of the highlights of this year’s event. Further details and information will be available in the September Prep Coach and on the MBCA website. Reminder to 2020 Virtual Clinic attendees, you have one year access to the presentations.

In April, the NFHS approved the following, “Beginning with the 2022-23 season, a 35 second shot clock will be permitted in high school basketball games by state association adoption.” During the coming year, the MBCA and MGBCA will move forward via the Advisory Committee process with the shot clock initiative. The possibility also exists that initiative through the NHBSCA will result in adoption of the shot clock by rule.

MSHSCA 2021-22 membership is now open; mshsca.org. The MBCA strongly encourages Head Coaches and Assistant Coaches to renew and/or join the MSHSCA/MBCA for 2021-22. MSHSCA membership includes, but is not limited to, \$2 million liability insurance at no additional cost, a pass which allows entrance to games, complimentary Timberwolves, and more. MBCA membership allows members and the student-athletes they coach the opportunity to be eligible for Coach and Athlete awards, All Star game participation, Academic Awards- Team and Individual, Scholarships, et more.

Neil Steffes- Fertile-Beltrami will serve as the 2021-22 MBCA President. Thank you to 2020-21 President Omar McMillan-Richfield for a job well done. The MBCA also thanks the following outgoing Executive Board members for their service, commitment, and contributions to the organization and the sport of basketball; Chad Ostermann-Maple River, Matt Urbanek- Jordan, Jeff Evens-Bloomington Jefferson, Phil Johnsrud- Minnewaska, Keith Lockwood, White Bear Lake, Terry Techam, Delano, Pat Hayes, Waconia, Jeff Wall, Anoka, and Roger White- Red Lake.

“I think the teaching profession contributes more to the future of our society than any other single profession”- John Wooden. Research reflects the coach as one of the most influential persons in American life. As oft times said, “a coach can influence more lives in a single year than most people can in a lifetime.” Thank you Coaches for all the contributions you have made and continue to make on a daily basis on behalf of the communities and students you represent and serve.

MSHSCA CODE OF ETHICS

As a professional educator, I will:

1. Strive to develop in each athlete the qualities of leadership, initiative and good judgment.
2. Respect the integrity and personality of each individual athlete.
3. Encourage the highest standards of conduct and scholastic achievement.
4. Seek to inculcate good health habits including the establishment of sound training rules.
5. Fulfill responsibilities to provide health services and an environment free of safety hazards.
6. Exemplify the highest moral character, behavior and leadership.
7. Provide ethical relationships among coaches.
8. Encourage a respect for all athletics and their values.
9. Abide by the rules of the game in letter and spirit.
10. Respect the integrity and judgment of sport officials.
11. Display modesty in victory and graciousness in defeat.
12. Demonstrate a mastery of and continuing interest in coaching principles and techniques through professional improvement.

The code of ethics of this association shall be adhered to by each and every member of the MSHSCA. Any action by members of the MSHSCA contrary to the principles therein established shall be subject to review by the Executive Committee according to policies established by the MSHSCA Delegate assembly.

MSHSCA SEEKS NOMINATIONS FOR OFFICIALS DISTINGUISHED SERVICE AWARD

The Minnesota State High School Coaches Association has always been aware of the value of officials as an integral part of the high school athletic programs could function without the dedication that is currently being provided to prep sports by the many officials in Minnesota.



A few years ago, the MSHSCA, in an effort to restore sportsmanship, as it should be, to the stands of high school sporting events, created an Officials Distinguished Service Award.

Coaches who are aware of the outstanding officials in your area that qualify for the award should either nominate the officials directly or contact the area officials associations and urge them to submit the deserving candidates for the award.

This award is presented to five deserving officials at the MSHSCA's Annual Awards Banquet that is held each year in November.

The MSHSCA has maintained a collective file of nominations but is currently looking for more nominations of the many deserving officials that need to be recognized for their long time service to Minnesota high school sports.

Nominations to receive the Officials DSA can be submitted by using the following criteria.

1. Should still be an active official.
2. Have been a high school official of varsity competition for at least 25 years.

If you know of a deserving official in your area that satisfies the established criteria, complete the accompanying nomination form and send to:

Mike Peterson
458 3rd St SW • Perham, MN 56573



OFFICIALS DISTINGUISHED SERVICE AWARD NOMINATION FORM

Name _____

Address _____

Phone (_____) _____

Years officiated at varsity level _____

Sport(s) Officiated _____

Other information to support this nominee: _____

Nominating Person _____

Address _____

Phone (_____) _____

RICK RINGEISEN, MSHSCA
20085 Italy Ave.
Lakeville, MN 55044

MINNESOTA PREP COACH



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rascalflattsB1.com

