SHSAA Regional Wrestling Championships

February 29, 2020 – Ecole St. Mary High School in Prince Albert

Welcome to the SHSAA Regional Wrestling Championships held at École St Mary High School 380 14 St. West, in Prince Albert.

1) Location: Ecole St. Mary High School Gym 380 14 St W, Prince Albert, SK S6V 3L5
2) Suggested accommodations in Prince Albert: https://www.shsaa.ca/page/show/968446-provincial-championship-accommodations
    a. Comfort Inn– 306-763-4466
    b. Best Western Marquis Inn and Suites– 306-922-9595
    c. Holiday Inn Express and Suits – 306-922-6988
    d. Days Inn- 306-763-8988
    e. Prince Albert Inn – 306-922-5000
3) A wrestling clinic will be held on Friday evening at École St Mary High School 7pm for teams interested in joining. Celina Risling and Emily Kessler will be leading the clinic.
4) We will have three mats at the championship. Warm up will start at 8 am. Skin checks will start at 9:00am. Athletes will need to be wearing singlets – males will be checked in the small gym and the females on the stage (access through the small gym).
5) We will have a brief coach meeting with our head referee prior to opening ceremonies.
6) There will be medical personnel onsite throughout the tournament as well as access to ice.
7) Information regarding Track Wrestling and the draw will be sent out when it is ready.
8) We have a concession at our school which will serve drinks, snacks and a light lunch. Coach's lunch will be provided (The menu will be: sweat and sour meatballs, rice, tossed salad, and dessert. Please email callam.olver@pacsd.ca if there are specific diet needs).
9) Spectators need to stay on the left side of the main gym in the bleachers. The plan is to have only wrestlers and coaches in the wrestling area (right side of the gym). We may also open up the track above for additional viewing or storage of team gear.

If there are any questions please feel free to contact callam.olver@pacsd.ca, 306-953-7544 (school) or, 306-9809491 (cell)