

# Dario Sanchez

## Coaching & Playing Experience

I have coached both boys and girls from ages 7 to adults. Many of them started with no experience and developed into competitive players. I have worked with several clubs in Florida since 2024, and before that, I coached for different state and national teams in Colombia.

I played for both college and national teams. I come from a beach volleyball background as a player, but I've really enjoyed coaching indoor volleyball and helping players grow in that environment.

## Why do you coach?

I coach because I love helping people become better — not only as athletes, but as human beings. Volleyball is my passion, and I enjoy sharing that passion with every player I work with.

## Fun facts about you

When I'm not on the court, I love traveling, exploring new cultures, and spending time at the beach or riding my bike. I also enjoy dancing, and I'm a big fan of Family Guy. My family is very important to me, and I try to bring that sense of connection and fun into my coaching.

## Coaching Philosophy or Style?

I believe coaching is about helping players grow both on and off the court. I focus on creating a positive and challenging environment where players can improve their skills and enjoy the game. My goal is to teach skills and values that players can use both on the court and in everyday life.