



Hudson Girls Basketball SKILLS SESSIONS 2026

Hello! My name is Jess Vadnais, and I am the head girls basketball coach at Hudson High School. I just finished my ninth season as the head coach, and this will be my eleventh year involved in the Youth Skills Sessions. These skill sessions are designed to help players improve their fundamental basketball skills and to build continuity throughout all of our program levels. The skill sessions are a great way to have fun playing basketball throughout the summer while gaining an important skill base. Let's get in the gym, have some fun, and become better basketball players together! Go Raiders!

WHEN: June 11, 16, 18, 23, 25 and July 7 and 9

****7 TOTAL SESSIONS AND NO SESSIONS THE WEEK OF THE 4TH OF JULY****

****June 11 IS IN WEST GYM, ALL OTHER SESSIONS IN EAST GYM****

WHERE: Hudson High School

WHO: Hudson Area Girls Basketball Players Grades 2-8

11:00am-12:15pm (gr. 2-5) 12:15pm – 1:30pm (gr. 6-8)

(Choose the grade you are going into during Fall 2026)

COST: \$75.00/athlete

Questions? Contact Coach Jess Vadnais

Email: jess.vadnais@gmail.com

Camper's Name: _____

T-Shirt Size: Adult S M L

Grade (Fall 2026): 2nd 3rd 4th 5th 6th 7th 8th

Youth S M L

Parent/Guardian Name: _____

Parent/Guardian Cell: _____ Email: _____

As a legal parent or guardian, I give my consent for camp personnel to seek appropriate medical treatment for my child in case of emergency. I do not hold the camp, facility, or any camp personnel financially responsible for liability, costs, loss, or damages during the course of the camp.

Signature: _____ Date: _____

*Sponsored by the Hudson Basketball Association. The Hudson School District does not sponsor or endorse the information in this flier.