

Center for Sports Parenting

www.sportsparenting.org

- Parents should be seen, but not heard too often. Don't draw attention to yourself -- the games are about your child, not you.
- If you have to say something, it should only be positive praise.
- Never criticize your kid and never, ever criticize somebody else's.
- Let the coaches coach. It can only confuse a child to get instructions from two different sources.
- Referees are not to be abused in any way. They are not going to change a call or be influenced on future calls by you.
- It's OK to applaud a nice play by an opposing player. It's called sportsmanship.
- Understand that you are a role model for the kids. They will follow your behavior.
- Try to give your kid a smile. Kids look to parents for approval. If you look like you're having a good time, then he or she will feel the same way

St. Paul Parks and Recreation Parent Code of Ethics

I hereby pledge to help make this 2007 sports season a positive experience for the youngsters that have chosen to participate and for the coaches who have volunteered to spend time helping the players develop their skills.

I will place the emotional and physical well-being of the players ahead of any personal desire to win.

Keeping in mind that there may be a wide range of development among youth at this age level, I will treat each player as an individual.

I will support the coaches, respecting their decisions and offering help at their request.

I will do my best to watch for signs of burn-out and overuse injuries.

I will lead by example in demonstrating fair play and good sportsmanship to the players by being respectful of the officials and opponents.

I will help provide a sports environment free of drugs, tobacco and alcohol, and will refrain from their use at youth sports events.

I will help provide a balanced diet appropriate for a young athlete, that includes a variety of nutrients and plenty of water.

I will make sure my child has, and correctly wears, the necessary equipment for safe participation in the program.

I will treat my child with respect, avoiding put-downs, sarcasm and ridicule, on the field or off.

I will remember that the game is for the children and not the adults.