

Grade	K	1st	2nd	3rd/4th	5th/6th- MISA	7th/8th- MISA	9th/10th- MISA	11th/12th- MISA
Players on Field	3 v 3	4 v 4	5 v 5	7 v 7	9 v 9	11 v 11	11 v 11	11 v 11
GK's	No	No	No	Yes	Yes	Yes	Yes	Yes
Field Size (min)	15 x 25	15 x 25	20 x 30	25 x 40	40 x 70	45 x 75	55 x 100	60 x 100
Game Length (mins)	40	40	40	50	60	70	80	80
Mid Week Practices	No	No	Yes (1)	Yes (1-2)	Yes (2)	Yes (2)	Yes (2)	Yes (2)
Special Rules								
Offsides	No	No	No	Yes	Yes	Yes	Yes	Yes
Subs	Free / On Fly	Free / On Fly	Free / On Fly	Any stoppage	No Corner Kicks	No Corner Kicks	No Corner Kicks	No Corner Kicks
Headers	No	No	No	No	No (IFK)	Yes	Yes	Yes
Max Roster Size	6	6-8	7-9	10-12	12-14	15-16	18	18
Officiating	Coach/parents	Coach/parents	Referees	Referees	Referees	Referees	Referees	Referees
Throw-Ins	none	kick or dribble	Yes, 2nd chance	Yes	Yes	Yes	Yes	Yes
Ball Size	3	3	3	4	4	5	5	5

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Mid Week Practices	No	No	Yes	Yes	Yes	Yes	Yes	Yes
Special Rules								
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Subs	Free / On Fly	Free / On Fly	Free / On Fly	Any stoppage	No Corner Kicks	No Corner Kicks	No Corner Kicks	No Corner Kicks
Officiating	Coach/parents	Coach/parents	Referees	Referees	Referees	Referees	Referees	Referees
Throw-Ins	none	kick or dribble	Yes, 2nd chance	Yes	Yes	Yes	Yes	Yes
Ball Size	3	3	3	4	4	5	5	5