

2025-2026 BREWSTER WRESTLING CLUB

OPEN TO ALL ATHLETES IN GRADES 2 THROUGH 6

Mission: Our goal as a program is to prepare, promote, and encourage young athletes in the sport of wrestling. Through hard work, competition, and leadership opportunities, we aim to positively influence the character, self-esteem, and self-confidence of our athletes while learning the importance of good sportsmanship.

Wrestling is a great way for athletes to stay active and build character during the cold winter months, all while having fun.



Cost:
\$335 Single Wrestler Fee
\$620 Two Wrestler Fee
Register @ Brewster's Club
Registration
Click [HERE](#)

Practice:

This year, the Brewster Youth Wrestling Program will begin on:

Tuesday, November 10th

We will practice **three days a week: Mondays, Tuesdays, and Wednesdays, from 6:00 pm to 7:30 pm.** During practice, the coaching staff will oversee a series of warm-ups, drills, instruction, and supervised live wrestling matches. New wrestlers are welcome, as all practices will be open to all club members, 2nd-6th grade, with varying levels of experience. All practices will be held in the Brewster High School wrestling room.

Matches/Tournaments: All youth wrestling matches are based on experience, weight, and age. Families decide match by match whether to attend as a wrestler or a spectator. There is no pressure to compete as the goal is to experience the excitement and challenges at one's own pace. Wrestlers compete against other teams in local counties. Brewster hosts a tournament at the high school, which includes a team fundraiser.

Coaching Staff: Our coaching staff consists of Head Coaches Steven Borneman and Jeff Helminger. Together, these coaches have experience inspiring young athletes. In addition, from time to time, members of the Brewster varsity wrestling team and alumni will be available to drill and mentor our youth wrestlers.

We look forward to a great season and hope you consider joining the Brewster Wrestling Family!

Brewster Youth Wrestling Sports You Code: 98KU-R73Y

Club Head Coach Steve Borneman (C) 914-220-2941 / sborneman@gmail.com

Club Head Coach Jeff Helminger (C) 504-232-0821 / jeffreymarkhelminger@gmail.com

Club President Tom Looby (C) 203-948-4872 / tlooby11@gmail.com

Call or email any of the coaches listed above with questions about Brewster Youth Wrestling.

The Brewster Central School District neither sponsors nor endorses this event or information regarding activities of general public interest which promote the education or other best interests of the students. Questions regarding this event or activity should be directed to the organization, not the District