

Parent Guidelines

- Remember that children participate to have fun and that the game is for youth, not adults.
- Respect the facilities. Do not bring pets to practice or games!
- Learn the rules of the game.
- Parents must not coach from the sideline during practice or games.
- Be supporting and always focus on the positive aspects of the game.
- Do not criticize your child's coach to your child or other parents, if you are not happy with the coach you should raise the issue with the coach.
- Give positive support to all players on the field.
- Do not criticize the opponents, their parents, coaches, or the parent referees.

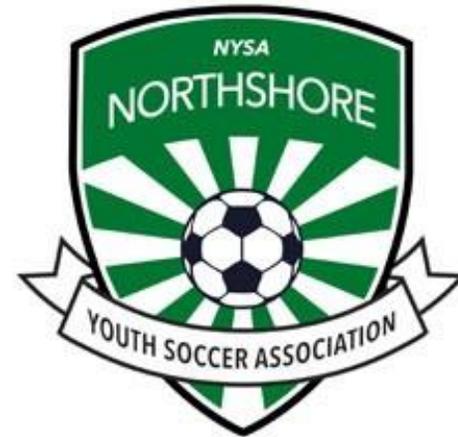
Thank you NYSA parents for creating a positive environment for all our players to participate in !!!

For more information about NYSA please go our website.

www.northshoresoccer.org

NYSA

4 A-Side Soccer



Informational Handout

U7 & U8 Soccer Rules

The Field

Rectangular in shape 36 yards long and 25 yards wide.
6' Pugg goals are used for the goals.

The Ball

Every player must have a size 3 soccer ball.

The Players

Maximum number of players on the field at any time is 4. There are no goalkeepers. Field players should not stand in front of the Pugg Goals.
Each player must play a minimum of 50% of the games scheduled during the season.

Players' Equipment

Each player will wear a NYSA t-shirt (provided by the association), shorts, shin guards, socks and footwear. **Shin guards are mandatory and must be covered by the sock.** Shoes may have soft rubber cleats.

Referee

An official referee will be provided. If one is not provided, a parent referee from each team will be used to officiate one half of the game. All rule infractions on the field of play should be explained to the field players as they happen.

Duration of the Game

U7 and U8 Game -The game shall be divided into 4 - 10 minute quarters, with a 2 minute break between quarters, except for halftime when a 5 minute break should be taken.

Substitutions

Either team can make substitutions during a kick off, goal kick, corner kick, throw-in or injury.

Ball In and Out of Play

The ball is not considered out until the entire ball passes across the line. It is in play if it is touching the line. Likewise, a goal is scored when the entire ball passes across the goal line into the goal. It is still in play if it is touching the goal line. There is no offside rule in U7 or U8 soccer.

Heading

Players at U7 and U8 shall not engage in heading, either in practice or in games.

Fouls and Misconduct

Any foul (tripping, kicking, pushing, holding, jumping, charging or handball) will result in an indirect kick. An indirect kick must be touched by or passed to another teammate or opponent before anyone can score a goal. There are no direct free kicks in U7 or U8 soccer. A handball should not be used to the player's advantage but is allowed for protection of the face and chest.

Free Kicks

All fouls will result in an indirect free kick to restart play. Opponents should move back 5 yards from the ball on the restart. Again, no player can directly kick the ball into the goal on a free kick unless someone else touches it first. There are no Direct or Penalty kicks in U7 or U8 soccer regardless of the foul. Someone else must touch the ball before it is considered in play.

Throw-in

When the ball passes completely out of the field of play along the touchline, the result is a throw-in. The ball will be thrown using two hands, overhead with both feet on the ground. In the event the player does not throw successfully, the player should be given another opportunity and guidance as to how to throw.

Goal Kick / Build Out Line

In the event the attacking team kicks the ball across the goal line, but not into the goal, the result is a goal kick. The defending team restarts with a kick 3 yards in front of their Pugg Goal. When a goal kick is taken, the opposing team must move behind the build out line. Once the ball is received by a teammate, the opposing team can cross the build out line and play resumes as normal.

Corner Kick

In the event the defending team kicks the ball out of play across the goal line in their end, the restart is with a corner kick. The attacking team places the ball in the corner on the side the ball left the field and kicks it into the field of play. Again, the opponents must be 5 yards from the corner kick.

Start of Play

Play will start with a kick-off in the center of the field. The opponents must be 5 yards from the kick.

Spirit of the game

NYSA encourages all parents and coaches to ensure that soccer be a positive and enjoyable experience for the kids. U7 & U8 soccer is non-competitive. Parents and coaches should stay off the field, unless directed by the Parent Referee. **There are no winning or losing teams, just kids having fun.** Please do not discuss who won or lost. No score is to be kept. Discuss the positive elements of your child's participation. Support the Parent Referee running the game. He or she cannot, and will not influence the outcome of the game. **Make sure everyone is a winner!!!!**

