

Season Plan for Peewee Blue 1

Philosophy:

- My philosophy as a coach is to create a culture that is both positive and valuable to each player.
- I want them to learn and understand what it means to become a team and that everyone on the team has a responsibility to help this team be successful.
- I want the players to understand that they need to ask questions not only for the coaches but also their team mates, players will not learn if they are not able to or willing to ask questions.
- “We will start strong, we will play strong and we will finish strong”!

Head Coach Expectations

- Positive Role model and provide quality leadership and allow the opportunity for all players to have the most productive season but keeping the focus on team play!
- Provide feedback to each player throughout the season via the evaluation process
- Provide feedback during film review
- Develop the practice plans with feedback from the assistant coaches
- Establish the lines that will help the team become successful

Assistant Coaches Expectations

- Participate and help run the drills during practices
- Provide feedback both good and things the player can work on in a positive manner (hold the players accountable)
- Be available to answer questions players and parents may have
- Provide feedback to the head coach regarding the evaluation of the players on the team
- Facilitate and lead the pregame stretches
 - Come up with both individual warm up examples along with team warm up
- One assistant will be on the bench with the head coach while the other will be evaluating and taking specific stats and provide feedback to the coaches on the bench as to areas to focus on

Player Expectations

- There are two things that each player has complete control of and that is their “Effort and Attitude.” It will be expected that each time they take the ice whether that be at practice or during the game they compete and work hard.

- Continue to study and learn so they can continue to grow and prepare themselves for the next time they get on the ice.
- Respect and Sportsmanship. Each player will be expected to treat their team mates, parents, other teams or other fans with respect. If at any point throughout the season an issue is brought up to any of the coaches, coordinators or league manager the coaches will take the following steps action to address the situation:
 - ☐ Coaches will evaluate the concern and will take the following actions once all the information has been received and the item needs to be addressed:
 - Player / Parent and coaches meeting with an action plan
 - Player / Parent / Coaches and the Director of Hockey meeting along with a 1 - 4 game suspension
 - Player / Parent / Coaches and the Director of Hockey meeting along with a 5 - 10 game suspension or possible removal from the team

Parent Expectations

- To support each player and parent on this team!
- Ensure that their player is on time for all team functions (Practices, Games, Dryland and Film review etc.).
- Do not coach from the stands let the guidance come from the coaching staff!

Practice Plan / Structure

- All practices will be up-tempo and focused on Skill Development (Skating, Passing and Stickhandling) and able to execute these regularly.
- Position Specific Drills
 - ☐ Offensive
 - ☐ Neutral Zone
 - ☐ Defensive
 - ☐ Goaltending
- Tactical Skills
 - ☐ 1 v 1, 2 v 1, 2 v 2, etc.
- Address any specific needs from the previous games (Film Review)

Game Management

- Aggressive, up-tempo style with everyone on the ice involved and taking away the opposing teams “Time and Space”.
- Shifts 30 - 60 Seconds
- There will be power play and penalty kill units (Everyone has a shot to be part of these units)

- Play time will be based on the following factors:
 - ❑ Attitude, Effort, Ability, and positional needs of the team based on the particular situation
- There will be times when the bench will be shortened either due to
 - ❑ Close game, Penalties, Injuries or disciplinary actions
- Offensive
 - ❑ Triangle Offense
 - ❑ 1 -2 - 2 Forecheck
- Neutral Zone
 - ❑ Puck Security and moving into the offensive zone as possible
- Defensive
 - ❑ Box + 1
- Goaltending
 - ❑ Worker Smarter not Harder

Goals

- Defensive Zone
 - ❑ Allow less than 20 shots per game
 - ❑ Allow less than 30 % scoring opportunities in comparing total shots
 - ❑ Save Percentage > 90%
- Neutral Zone
 - ❑ Fewer Turnovers
 - ❑ No fewer than 2 of our players behind the red line prior to entering the offensive zone
- Offensive Zone
 - ❑ Take 70% of our shots in the high scoring zone
 - ❑ To not miss the net on any of our shot opportunities
 - ❑ Target 30 shots per game and average of more scoring opportunities than shots that are not scoring opportunities

Player Evaluations

- Players will be evaluated with the following areas (1 - 5 be the best)
 - ❑ Skating

- Shooting
 - Puck Handling
 - Passing
 - Scoring (decision making, goals, assists and scoring opportunities)
 - Hockey awareness (Offensive, Neutral and Defensive Zone)
 - Team play
 - Attitude and Effort
 - Leadership
- These evaluations will be done within the first 2-3 weeks of the start of the season, ½ way through and at the end of the season
 - They will be explained and given to the player
 - Overall totals will be kept by the coaching staff to review throughout the year