



BLOOMINGTON FASTPITCH ASSOCIATION

Board of Directors Meeting

Meeting Minutes - Monday January 7th, 2013

- I. Call to order
 - Karen Johnson called to order the regular meeting of the Bloomington Fastpitch Association Board of Directors at 7:13 pm on Monday, January 7th 2013 at the Bloomington Center for the Arts, 1800 W. Old Shakopee Road, Bloomington MN
- II. Attendance
 - Board members in attendance: Karen Johnson, Cathy Currier, Craig Johnson, Carol Effertz, Jim Leicht, Grant Effertz, Mike Kopischke (late)
 - Non-board members in attendance: Amy Christiansen, Mark Flugstad, Jim Rakow, Twin Cities Orthopedics.
- III. Approve Prior Meeting Minutes (December 2012)
 - Motion to approve December 2012 Meeting Minutes by Karen Johnson and second by Jim Leicht.
 - Motion Approved
- IV. Jim Rakow, Twin Cities Orthopedics ("TCO")
 - Outlined TCO global overview of goal for community sports involvement and potential offerings to BFA
 - Offerings include
 - i. Assist BFA with development of "dynamic" conditioning programs specific to both the older & the younger levels.
 - ii. Attend the Coach clinics to train them on the dynamic form of conditioning which involves proper movement/body mechanics to help avoid injury.
 - iii. Provide "on the field" training with the players during beginning of season.
 - iv. Ongoing/online resources
 - v. Medic services at tournaments
 - vi. Assist with proactive tournament incident planning – protects association in the event of tournament injury and potential law suit
 - vii. Materials and information table at registration and other association events
- V. Old Business
 - Pitching Clinics (Jim Leicht)
 - i. Outline attached. Motion to approve the change in the way we have pitching clinics set up by Karen Johnson, and second by Jim Leicht. [Motion Approved.](#)
 - Bylaws, Parent Handbook,
 - i. Recommended Revisions presented by Grant Effertz
 1. Motion to approve revised summer registration form with additional changes discussed in meeting by Grant Effertz and second by Mike Kopischke. [Motion Approved.](#)
 2. Motion to approve By-Laws with additional changes discussed in meeting by Grant Effertz, and second by Karen Johnson. [Motion Approved](#)
 3. Motion to approve Parent Handbook with additional changes discussed in meeting by Cathy Currier and second Craig Johnson. [Motion Approved.](#)
 - Tournament Update

- i. Sports grant opportunity
 1. Karen Johnson will investigate Bloomington Convention Bureau grant opportunity; grant criteria, application deadline and start application process
 - ii. Bash posted on FastSports and 1 registration received thus far.
- VI. Water Park Fundraiser
 - Unable to pursue as a pre-registration event.
- VII. Director Reports – No further directors reports
 - President: Karen Johnson
 - Vice President: Cathy Currier
 - Treasurer: Mike Kopischke
 - Secretary: Jeri Rosenberg
 - Commissioner: Craig Johnson
 - Facilities Coordinator: Bob Christiansen
 - Communications Director: Grant Effertz
 - Member Services & Membership: Carol Effertz
 - Marketing Fund Raising: *Melissa Walters*
 - Player Development: Jim Leicht
 - Tournament Director *Beth Johnson*
- VIII. Open Comments
 - February Agenda Requests
- IX. Meeting Adjourned at 10:23pm

The next board meeting will be **Monday** February 4th 7:00pm at the Bloomington Center for Arts

Minutes Prepared By: Karen Johnson and Cathy Currier

Minutes Approved for Submission by: Karen Johnson



Pitching Clinics

Objective: Garner interest in pitching. Develop new/young pitchers.

Primary Focus: 8U, 10U and early 12U

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- I. Open Pitching Gym
 - Indoor practice area for more experienced pitchers
 - BFA funded (\$135/week with coach present) no cost to pitchers
 - Encourage pitchers to bring a catcher
 - Alternating Coaches Amy Huett and Julie Westbrook
 - i. Coach every other week with open pitching gym pitching time on the off week
- II. Pitching Clinics
 - More focused attention than open gym
 - Affordable alternative to private lessons for new/developing pitchers
 - BFA contribution \$30 per clinic (2/week x \$30 = \$60/week)
 - Cost to pitchers \$10 per clinic
 - Maximum 4:1 pitcher to coach ratio
 - Encourage pitchers to bring a catcher
 - Sundays – Amy Huett Windmill Factory and Thursdays – Julie Westbrook

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