



RAIDERS REPORT

The local newsletter featuring Hastings High School athletics.
Connecting, informing & celebrating HHS student-athletes & programs.

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SPRING SPORTS REVIEW

It was a fantastic season for the 384 student-athletes that participated in a spring sport at HHS! Highlights include:

- Average team survey positivity rate of 92% across all sports & levels!
- Average program retention rate of 82% & multi-sport athlete rate of 59%, both of which surpass our target benchmarks of 80% and 55%.
- Average team GPA of 3.30.
- Combined head-to-head varsity winning percentage of 57% in MEC and 53% overall including playoffs.
- 14 individual student-athletes qualified for a MSHSL state tournament in four different sports.
- Boys Track & Field were 2025 MSHSL Class AAA State Champions. This marks the 14th team state title in school history and first ever in track.
- Boys and girls track and field were both MEC champions for the second consecutive year.
- Two Individual MSHSL Champions: Lane Hoffman - 200M, Sebas Strauss- 400M
- Two Relay MSHSL Champions: Boys 4x200, Cole Zeien, Gunnar Hanstad, Sebas Strauss, Lane Hoffman and Boys 4x400, Jack Cloutier, Gunnar Hanstad, Johnny Vickney, Sebas Strauss.
- 13 new school records were set by boys (6) and girls (7) track & field.
- Seven (7) athletes were named all-state, all in track & field: Maya Bauer, Olyvia Erickson, Carlee Kordosky, Ellie Magnus, Gunnar Hanstad, Lane Hoffman, Sebas Strauss.
- The third annual Raiders Sports Awards was held on May 5. The event recognized over 100 athletes, four teams, four coaches and three retired coaches across 22 different categories and featured an alumni guest speaker. The archived video of the event can be viewed [HERE](#).

HAWKS ARE STATE CHAMPS!



Hastings High School is a proud member of the Dakota United Hawks. The Hawks field cooperative teams featuring athletes from across several county high schools that compete in multiple adapted sports during the school year. Current HHS sophomore Nolan St. Sauver was key member of the floor hockey and softball teams in 2024-25. In spring softball season, the Hawks won the MSHSL state championship - and Nolan himself hit a home-run in the championship game! Congrats to Nolan and the Hawks for winning what was their 10th MSHSL state championship overall!

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ATHLETE FEEDBACK

HHS surveys student-athletes on all teams and levels in the final few weeks of their sport seasons. We conducted over 600 surveys during the 2024-25 school year and are proud of the feedback results. **The average team positivity rate across all sports was an incredible 95%!**

Among the positive trends, over 95% of all athletes surveyed agreed on the following:

- I had **fun** this year. - I **improved** my skills.
- I learned **life skills** to apply outside the game.
- I developed **friendships** with teammates.
- My coach **cares** about me as a person, and defines success by **more than wins & losses**.
- I am **proud** to be a member of this team.



TICKETING UPDATE

Admission is charged for most home and away athletic events, particularly at varsity events and/or those held in a fixed venue like a stadium or gymnasium. Prices are set by the Metro East Conference and are **\$10 for adults and \$5 for students**. No cash is accepted for admission to any HHS home athletic events. Spectators have three options to purchase game tickets: (a) purchase an electronic all-season pass (b) purchase single game tickets online in advance (c) purchase at the door with a credit or debit card.

HHS students with current blue or gold cards will be admitted free. ISD 200 employees with a staff ID badge are admitted free + one guest. More details can be found online at [THIS LINK](#).

CHARACTER COMMUNITY COMPETITION



FALL SPORTS PREVIEW

We invite you to come out and see a Raiders home athletic event in person this fall! Live competitions featuring our local Raiders are affordable, high energy, fun and family-friendly.

HHS features eight different independent fall sports that compete at a variety of indoor and outdoor venues; Hastings High School (girls tennis, volleyball, non-varsity soccer and football), McNamara Stadium at Todd Field, (football, soccer), Hastings Middle School (girls swim & dive) and area regional parks (cross-country). Schedules can be viewed [HERE](#).

Our athletes and coaches compete with teamwork, grit, sportsmanship and class and are proud to represent our community.