



Antidote 2020

Wrestling Tournament

Greco, Freestyle & Girls Brackets

Friday July 24th & Saturday July 25th
Grizzly Family Fitness Center, 1507 N. Double B Street, Palmer

MADISON BRACKETS WILL BE USED
SATELLITE WEIGH-INS OR ON SITE

Thursday, July 23rd Satellite Weigh -Ins: MUST be pre-registered by Wednesday deadline to be eligible to Satellite weigh-in. See Locations and times below.

Friday, July 24th Freestyle & Girls Brackets (Pre-Bantam/6U – Bantam/8U) & Greco & Girls Brackets (10U & up)
8:00am- 9:00am Weigh-ins (Head table – must wear singlet)
10:30am Wrestling Begins: FREESTYLE: 6U & 8U
11:00am-12:00pm Weigh-ins (Head table– must wear singlet) GRECO PARTICIPANTS
1:30pm Wrestling begins: GRECO : Intermediate/10U, Novice/12U, Schoolboy/Girl/14U, Cadet/16U, Juniors & Open.

Saturday, July 25th FREESTYLE & GIRLS BRACKETS (Intermediate/10U – Open)
8:00am– 9:00am Weigh-ins (Head table – must wear singlet)
10:30am Wrestling begins: Intermediate/10U, Novice/12U, Schoolboy/Girl/14U, Cadet/16U, Junior & Open.

***** Headgear is required for Schoolboy/girl & younger. Mouth guards are required for braces*****
NO CHANGES WILL BE MADE TO BRACKETS 20 MINUTES PRIOR TO POSTED START TIMES

REGISTRATION: Pre-registration & Payment must be completed by midnight Wednesday, July 22nd through www.trackwrestling.com. Please register and pay as an individual. Team/Club registration is available upon request, contact AUSAWP AIRINGS@gmail.com or call 907-982-3051 to request access. Teams/clubs registering as one must pay USAW with one check. Teams **MUST** verify all athlete USAW memberships are current. Wrestlers must have a current USAW card.

ENTRY FEE: \$25 per wrestler per bracket & style. Pay on-line when registering unless your team is registering you. On-site registration is available for a late registration fee of \$30 per wrestler per bracket & style. USAW cards will NOT be available for purchase.

MATS: Friday and Saturday we will run 4 full mats.

COACHES: Coaches **MUST** have a current Wrestling Leader Card to be in the coaches' corner. Wristbands will be handed out at the coaches meeting.

AWARDS: Medals will be given to the top three wrestlers in each bracket.

SPECTATORS: **In order to abide by social distancing guidelines, we kindly ask only 2 spectators per family in the building. All must wear a mask except for wrestlers when warming up and actively wrestling. Please park only in the lot behind the building.**

CONCESSIONS & HOSPITALITY: Concessions will be available both days provided by EmJay's. Unfortunately, there will be no hospitality room so please pack accordingly.

GIRLS ONLY TOURNAMENT: Girls only brackets will be run simultaneously throughout both days. It is your responsibility to watch both brackets if you choose to enter both tournaments.

QUESTIONS: Please feel free to contact Bob Ottum, Tournament Director at (907)227-9153 or by email AlaskaUSAW@gmail.com
Satellite Weigh-In locations and times:

Soldotna location: All American Training Center, 35930 Kenai Spur Hwy., Soldotna, Time: 5:00pm - 7:00pm

Palmer location: Pioneer Grappling Academy, 1755 N. Golden Hills Dr., Building 4, Palmer, Time: 7:00pm - 8:30pm

Anchorage location: Next Level Wrestling, 6407 Brayton Dr.(around the back of the building), Anchorage, Time: 7:30pm - 8:30pm

Unlike normal Satellite Weigh-Ins, anyone can go to any location for this event. Satellite Weigh-Ins will be Thursday, July 23rd ONLY