



The Torch

SYC Weekly Digest

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Throughout the month of October, you can see SYC High School Cross Country running hard at their meets located at beautiful Occoquan Regional Park! This program is a new partnership between SYC and local coaches that offers high school athletes safe and structured training and opportunities to compete. Our fall track program also had an exciting track meet just this past weekend. As you can see by the photos, it was a great weekend for running!

See track results [HERE](#).

OPEN REGISTRATIONS

ANNUAL SPORTS

[Travel Soccer Tryouts](#)

FALL SPORTS

Basketball Clinics

Lacrosse NOVICE Clinics - FREE!

Rugby

Featured Sport



☐☐☐ **GIRLS BORN IN 2013** ↓↓↓

SYC Developmental Academy Program still has space to add interested girls born in 2013 to join our program! Contact DA Director Jonahan Romero for more information, join some sessions for FREE, and meet the players and staff! ☐☐

More info: ☐ jonahanromero@sycva.com

#WeAreSpringfield ☐☐

[READ MORE AND REGISTER HERE](#)

NEWS AND SPECIAL EVENTS



**SYC ALL-STARS SAY "THANK YOU!" TO
FIRST RESPONDERS AND HEALTH CARE WORKERS**

FALL FIELD HOCKEY



**REQUIRED
TO PLAY**



**SUBMIT DAILY
HEALTH CHECK-IN**

All participants/volunteers must check in the day of each event.

IN THE COMMUNITY

**SAVE
THE DATE!**

**AMAZON PRIME DAY IS BACK!
OCTOBER 13 & 14**

amazonsmile

Shop deals at smile.amazon.com and Amazon donates!



6 Fantastic Northern Virginia Scenic Drives - FuninFairfaxVA

These 6 fantastic Northern Virginia scenic drives near Washington DC are perfect for a relaxed outing or an active day trip. Our favorite routes are especially inviting when fall foliage and crisp days return to the region. Our scenic drive...

[Read more](#)

www.funinfairfaxva.com

SQUAD LOCKER

FALL SPIRIT WEAR GET IT NOW!

Springfield/South County Youth Club | 7075 Newington Road Unit G, Lorton, VA 22079

703-339-3796 | www.sycva.com

