



New Team Checklist

- Step 1: Submit the [Emerging Girls Rugby Prospect Form](#)
- Step 2: Contact School Administration to find out:
 - Who oversees clubs sports
 - How a new club sport is added
 - What approvals are required to add a new sport
- Step 3: Recruit players (10 Players is a great start!)
 - Create Recruiting Flyers - Templates on website
 - Back to school nights
 - School Announcements
 - Social Media Posts
 - Club Nights and on campus recruiting
- Step 4: Identify a coach (RugbyPA will assist)
 - Could be parents of a student
 - Local rugby clubs or university player
 - School facility member
- Step 5: Secure a practice field
 - Can be a grass or turf field
 - Football and Soccer facilities work great!
- Step 6: Purchase equipment
 - Rugby balls
 - 1 Ball for every 2 players (size 5)
 - Cones for drills
 - Tackle Pads
 - 2-3 is ideal, but not a necessity to start ([Options Here](#))
- Step 7: Hold your first practice!
 - Sign up for a free [Coaching Platform](#) for drills and guidance
 - Recruit, Recruit, Recruit
 - Have Fun!

Questions?

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