



If a member of your team, group or program has COVID-19

If a case of COVID-19 is reported to you, you must notify Ice Den Management immediately. The following protocols will apply when a member of the Ice Den Community shows symptoms of illness or is exposed to a COVID-19 symptomatic individual.

- Symptomatic individual who tests positive:
 - not permitted at the Ice Den or Ice Den affiliates for 10 days from symptom onset
 - only allowed to return 72 hours after fever resolution (if present) AND improved symptoms
- Asymptomatic individual who tests positive:
 - not permitted at the Ice Den or Ice Den affiliates for 10 days from when the COVID-19 test was conducted
- Symptomatic individual who has not been tested:
 - not permitted at the Ice Den or Ice Den affiliates for 10 days from symptom onset
 - only allowed to return 72 hours after fever resolution (if present) AND improved symptoms
 - may return to Ice Den programming if a doctor establishes an alternative diagnosis and presents a doctor's note to confirm the presence of alternate diagnosis that explains symptoms
- Symptomatic individual who tests negative:
 - not permitted at the Ice Den or Ice Den affiliates until fever-free for 24 hours (if fever present) AND improved symptoms
- Asymptomatic individual exposed (*close contact*) to symptomatic or COVID-positive individual:
(close contact is defined as greater than 10 minutes of continuous interaction less than 6 feet away)
 - not permitted at the Ice Den or Ice Den affiliates for 14 days from the *infectious period* if remains asymptomatic *(the infectious period starts 2 days before symptom onset, or 2 days before the case was tested, if they had no symptoms)*
 - if individual becomes symptomatic, they must remain away from the Ice Den and Ice Den affiliates until they meet criteria listed above of a symptomatic individual who tests positive or is not tested

A COVID-19-positive individual does not need a repeat COVID-19 test or a doctor's note in order to return. They must simply satisfy the terms stated above.

Please note: these protocols are applicable regardless of whether an individual has previously tested positive for COVID-19 or believes that they had the virus at any point previously.

Close Contact: Defined as greater than 10 minutes of continuous interaction less than 6 feet away.

Infectious Period: Starts 2 days before symptom onset, or 2 days before the case was tested, if they had no symptoms.

It is vital that a registered coach, team manager or otherwise duly appointed parent/guardian, keep accurate rosters/attendance list with contact information, detailing all participants of each and every practice, off-ice session, game, team or group gathering, in order for "Contact Tracing" to be effectively implemented as soon as possible.

To protect the greater community, Ice Den & affiliates reserve the right to revoke ice/cancel programs for any individual or group that does not comply with the parameters established above, or if concerns of an outbreak are identified.