



Schenectady Youth Hockey Association

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Schenectady County Recreational Facility (SCRF) COVID-19 Safety Plan and Protocols

SYHA Families,

The SYHA Board of Directors has been working diligently to prepare for the 2020-21 season. You will see a lot of differences this year because of the COVID-19 safety measures that were implemented. We have designed our protocols based on guidance from the NYS Department Health (NYSDOH), Center for Disease Control (CDC), USA Hockey, NYS Amateur Hockey Association (NYSAHA), and Schenectady County. The below protocols are subject to change as we receive new guidance.

The off-ice portion of SCRF has been divided into two sections, A & B. Each group will be assigned to a section for each particular practice session. Players will **not** be allowed in the other section for the duration of that single practice session. The A door is the left most front door and the A section has Blue markings. The B door is the right most front door and the B section has Red markings.

To minimize spread of COVID-19 to our membership, only rink staff, players, coaches, and essential personnel are allowed in the rink. No parents/guardians in the rink.

1. **Entering and Exiting** - Players will enter their assigned front door, A (Left / Blue) or B (Right / Red). They will show the health screeners their completed questionnaires and have their temperatures taken. Players will immediately head to an available chair in their assigned section to finish dressing. Players will remain seated until they are directed by their coach to enter the ice.
2. **Health Screening** - All visitors must fill out a COVID-19 Health Screening Questionnaire (Google Form) no more than 2 hours before entering SCRF.
<https://forms.gle/2w44Ae8DL3AmJP7j9>
After completion of the form, a confirmation will be sent to the email address you entered on the form. SCRF needs to maintain evidence of your completed form for contact tracing purposes. You must have your players bring in a printed copy of the completed form or show the email receipt on a cell phone.
 - a. Any person having a temperature greater than 100.4 degrees will not be permitted to enter the rink. That person will not be allowed to come back to the rink for 14 days or until they provide evidence that they do not have COVID-19 (e.g., test results).
3. **Mask Requirement**
 - a. Players are not required to wear a mask while on the ice but may wear one if they choose to do so.
 - b. Coaches are required to wear masks *at all times*, even when on the ice.
4. **Arrival and Departure Times**
 - a. Players will be allowed into the rink 7 minutes before practice
 - b. Goalies and Head Coaches will be allowed into the rink 15 minutes before practice
 - c. Everyone must leave the rink within 7 minutes after practice
 - d. No loitering in the parking lot before or after practice



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- e. Parents/Guardians must meet their players near the front entrance at the end of the practice (staying socially distant). It is strongly recommended that parents/guardians stay in the parking lot in case there is an emergency.
5. **Dressing** - Players should enter the rink in full hockey gear and ready to practice (encouraged to wear skates into rink; no helmet as we need to take temperatures). Players will be permitted to put on their skates inside the rink. No full-size hockey equipment bags are allowed in rink. Players may bring in a small bag (e.g., reusable grocery bag).
 - a. Goalie Exception: Goalies should enter the rink with as much equipment on as possible – a good faith effort. There is no reason that goalies cannot wear some equipment into the rink (e.g., pants, socks, knee protectors). Goalies should not be entering the rink in only street clothes. Goalies are permitted to bring in some extra gear that may prove to be too difficult to wear into the building (e.g., chest pad, leg pads, skates). One goalie parent / guardian for each goalie may enter the rink and assist their goalie with final preparations. These parents/guardians must complete a screening questionnaire, have their temperatures taken, and leave the rink immediately after assisting their goalie get ready for practice. Goalie bags should only be big enough for the equipment that they are not wearing.
6. **Seating** - Benches were replaced with chairs for easier disinfecting. Chairs are placed 6 feet apart and shall **not** be moved. Locker rooms are locked and closed
7. **Face Masks** - All persons in the rink and while on SCRF property must wear a mask at all times. See 3a and 3b above.
8. **Water Bottles** - Players must bring their own water bottles. Water bottle sharing is not permitted. Water bottles/filling station is closed
9. **Hockey Equipment** – Sharing of personal hockey equipment (e.g., gloves, socks, jerseys) is **not** permitted.
10. **Hand contact** – Hand contact (e.g., handshakes, high-fives) are not allowed.
11. **Restrooms** - Restrooms will be open. Whenever possible, individuals should use the restroom prior to coming to the rink in an effort to limit bathroom use at the rink.
12. **Food** - No food is allowed in the rink
13. **Vending** – Vending machines will be turned off
14. **Spectators** - Spectators are not allowed in the rink, unless there is an emergency.
15. **On-Ice Activities** - On-ice practices will consist of non-contact skills and drills
 - a. Games, scrimmages, body contact, and competition drills are **not** allowed
16. **Off-Ice Interaction** – Teams can conduct social distancing activities (e.g., team meetings, dryland activities) outside as long as the activities are supervised by a Coach and 6 foot social distancing is maintained.

Any person violating the above rules will be asked to immediately leave the facility. Those individuals will also be subject to disciplinary action by Schenectady Youth Hockey Association, including temporary/permanent suspension from all SYHA activities.

LiveBarn - Consider purchasing a LiveBarn subscription to watch the practice live. www.livebarn.com. Use code **eeac-87f8** for 10% discount.