**Kenosha County Outdoor Invite 2019**

**Hosted by Tremper High School**

**Date: Tuesday, May 7, 2019**

**Location: Ameche Field, Kenosha, WI**

**Teams: Bradford, Christian Life, Indian Trail, Shoreland, St. Joseph, Tremper, Westosha Central, Wilmot**

**Entries:**

**Entries will be accepted online through Athletic.net.**

Teams can access on-line entry directly at [www.athletic.net](http://www.athletic.net/) or through [www.tracksidetiming.com](http://www.tracksidetiming.com/)

The meet is located in the “2019 Outdoor Calendar” and titled “Kenosha County Meet” in [***athletic.net***](http://athletic.net).  You must have all entries submitted by Sunday, May 5th, at 8:00 PM.

Meet information, heat sheets, and results will be posted at [www.tracksidetiming.com](http://www.tracksidetiming.com/)

**Entry Limits:** Three entrants in each individual event and one relay team per event. An athlete is able to participate in a maximum of four events, one of which must be a field event. Coaches will need to declare their entrants in advance in the relay events.

**Scratches:** We will allow teams to make scratches with replacements. Additions will NOT be allowed. Athletes will not be allowed to be scratched from one event and then be added to another Event.

**Info Packets:** Please pick up your packets upon arrival at the coaches meeting.

**Team Camps:** Please make team camps outside the fenced in area on the northwest or southwest side or in the bleachers. Please advise your athletes to stay off the inside of the football field.

**Track:** Nine lane Seal-Flex Beynon polyurethane surface. 1⁄4” **pyramid spike maximum allowed. No pins or Christmas tree spikes allowed.**

**Clerking:** Clerking for all running events will be at the northwest end of the track (near the start of the 100 Meters dash). A table will be set up near the 100M dash starting line where athletes can pick up their hip numbers.

**Scoring:** Team scores will be kept with places 1-8 scoring.

**Awards:** Medals to the top three finishers in each individual event and relays.

**Rest Rooms:** Rest room facilities are available, but **no locker rooms are available. Please come dressed to compete.**

**Trainer:** Tremper High School will be providing a certified athletic trainer for the event.

**Concessions:** Concessions will be available at the meet.

**Admissions:** $4 adults, $3 students/senior citizens and $2 for children under age 6.

**Relay Exchange:** Each team will be in charge of monitoring an exchange zone.

**800M Relay - Exchange 1 & 3-St. Joseph (lanes 1-4) & Shoreland (lanes 5-8)**

**Exchange 2 - Indian Trail (lanes 1-4) & Westosha (lanes 5-8) 400M Relay - Exchange 1&3 - Indian Trail (lanes 1-4) & Tremper (lanes 5-8)**

**Exchange 2 - Bradford (lanes 1-4) & Wilmot (lanes 5-8)**

**Exchange 3 - Christian Life (lanes 1-4) & Westosha (lanes 5-8)**

**Shot Put:** Will be run in two flights with four throws and no finals. Girls shot put first with boys to follow. **LJ/TJ:** Two pits will be used. Girls triple jump first and boys long jump first. TJ on the east pit and LJ on the west pit.

**LJ: Boys Open Pit 4:00-5:30, Girls 5:45-7:15PM TJ: Girls Open Pit 4:00-5:30, Boys 5:45-7:15PM**

**HJ:** Will be run with boys first and girls to follow. Starting height to be determined.

**Pole Vault:** Will be run with girls first and boys to follow. Starting height to be determined. **We will need a team to volunteer to run the pole vault.**

**Meet Managers:**

* Chuck Krey- Boys Head Coach - ckrey@kusd.edu
* Deb Bornhuetter - Girls Head Coach - dbornhue@kusd.edu

Cell: 262-488-1894

**3:00PM Facility Opens**

**3:30PM Coaches Meeting in team locker room at the south end of the track.**

**4:00PM Field Events run to completion, finals only, no Preliminaries**

**Shot Put - girls first (boys to follow)**

**High Jump - boys first (girls to follow)**

**Pole Vault - girls first (boys to follow)**

**Long Jump - boys first (girls to follow)**

**Triple jump - girls first (boys to follow)**

**4:30PM All running events are finals, no preliminaries. There is no set time schedule.**

**4:30PM 4 x 800M Relay girls/boys 55M High Hurdles girls/boys 55M Dash girls/boys 1600M Run girls/boys 4 x 200M Relay girls/boys 400M Dash girls/boys 4 x 100M Relay girls/boys 300M Low Hurdles girls/boys 800M Run girls/boys 200M Dash girls/boys 3200M Run girls/boys 4 x 400M Relay girls/boys**