



## THE PURPOSE

The purpose of this skills competition is to promote minor football in the province. It is run under the auspices of **Football Saskatchewan** in cooperation with schools and recreation departments throughout the province. The competition is comprised of three events: **Passing, Punting, and Kicking.**

Youngsters have the opportunity to advance through three levels of competition, **Local, Regional,** and the **Provincial Championship.** The twenty four provincial winners (12 boys & 12 girls) will be invited to Regina, (expenses paid) to be presented with plaques at the pre-game show of the **Saskatchewan Roughriders vs. BC Lions game** on **October 25<sup>th</sup>, 2025.**

### Separate Boys & Girls Competition

Football Saskatchewan will have separate competitions for boys and girls for the SaskTel Kids Pass, Punt and Kick Competition. Twelve boys and twelve girls will be Pass, Punt and Kick champions in 2025. The mechanics of the competition will be exactly the same as years past.

## HOW TO GET INVOLVED

### FIRST STEP: LOCAL COMPETITION

Every school and recreation department is encouraged to conduct their own Local Competition. Winners of each Local Competition advance to a Regional Competition. Upon completion of a Local Competition please follow this procedure:

**1** **Fill out** the Local Competition Report (on the back of this brochure) and forward one copy to the Regional Coordinator **NEAREST YOU** and another copy to the Football Saskatchewan office with your request for wristbands and certificates.

**2** **Contact** the Regional Coordinator and confirm the date, site, and time of the Regional Competition.

Attached to this brochure you will find a list of the Regional Coordinators, their addresses and telephone numbers.

**To be completed prior to and including September 30<sup>th</sup>, 2025**

### SECOND STEP: REGIONAL COMPETITION

Regional Competitions will be held at pre-determined sites in each of the province's regions.

As stated earlier, local winners will have to contact the Regional Coordinators to obtain the date, site, and time of the Regional Competition.

**To be completed prior to and including October 15<sup>th</sup>, 2025**

Winners from the Regional Competition will advance to the Provincial Finals.

### THIRD STEP: PROVINCIAL FINAL

The Provincial Finals will entail simultaneous competitions in Regina and Saskatoon. The 24 winners (12 boys and 12 girls) will be determined over the phone.

**To be completed prior to and including October 19<sup>th</sup>, 2025**

### FOURTH STEP: RIDER GAME

The twenty four winners will be invited to Regina (some expenses paid) to be presented with award plaques at the October 25<sup>th</sup>, **Saskatchewan Roughriders vs. BC Lions game.**

## CONTEST RULES AND REGULATIONS

### ELIGIBILITY

1. The contest is open to boys and girls **up to and including** fourteen (14) years of age. Boys and girls turning fifteen in 2025 are too old to participate.
2. There are four age groups:
  - a) Ages 14 and under (Born 2011/2012)
  - b) Ages 12 and under (Born 2013/2014)
  - c) Ages 10 and under (Born 2015/2016)
  - d) Ages 8 and under (Born 2017 & later)

Contestants must be the age stated **as of December 31<sup>st</sup>, 2025** and will, upon request, be required to give proof of age.

3. Each contestant may enter into **only one age group.**
4. Each contestant may enter into only one event, **after a Local Competition is held.**
5. Suitable athletic footwear or regulation football cleats are the only acceptable footwear for the entire competition.
6. Contestants must qualify in a Local and Regional Competition before being eligible to advance in the competition.
7. Before a competitor may advance, a Local Competition Report must be sent to the Regional Coordinator nearest you.

### CHECKLIST OF MATERIALS NEEDED

- Footballs:** 2 regulation size footballs as stated on the final page.
- Kicking Tee**
- 2 Tape measures**
- Rope for marking accuracy**
- Pylons:** Placed at 50', 100', 150'

Volunteers to assist in measuring, retrieving, marking, and recording.

## MEASURING AND SCORING

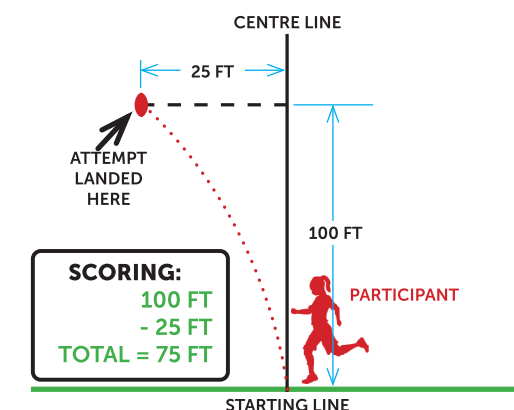
1. The best **single** Pass, Punt or Kick in the respective competition will be declared the winner of that event.
2. An individual's score will be recorded in feet and inches by the distance the ball travels forward in the air (not where it rolls), minus the distance that the ball lands to either side of a centre measure line. (**See diagram below**). Each participant will be allowed three attempts in his or her event.
3. In case of ties, tie breaking rounds consisting of 3 attempts will be held. Best single measurement of the tie breaking attempts will be declared the winner.
4. A maximum of ten yards will be allowed for a running approach. If a competitor steps over the starting line, that particular attempt will not be counted.
5. In all cases, the decision of the judges will be final.
6. Ball sizes for competition should be (if possible):

**14 and under** - boys use Wilson F2000 or equivalent, girls may use Wilson TDY or equivalent

**12 and under** - Wilson TDY or equivalent

**10 and under** - Wilson TDJ or equivalent

**8 and under** - Wilson K2 or equivalent



8 & Under (2017 & Up)	Name	School	Birth Date	Feet and Inches
BOYS PASS				
GIRLS PASS				
BOYS PUNT				
GIRLS PUNT				
BOYS KICK				
GIRLS KICK				

10 & Under (2015 & 2016)	Name	School	Birth Date	Feet and Inches
BOYS PASS				
GIRLS PASS				
BOYS PUNT				
GIRLS PUNT				
BOYS KICK				
GIRLS KICK				

12 & Under (2013 & 2014)	Name	School	Birth Date	Feet and Inches
BOYS PASS				
GIRLS PASS				
BOYS PUNT				
GIRLS PUNT				
BOYS KICK				
GIRLS KICK				

14 & Under (2011 & 2012)	Name	School	Birth Date	Feet and Inches
BOYS PASS				
GIRLS PASS				
BOYS PUNT				
GIRLS PUNT				
BOYS KICK				
GIRLS KICK				

### LOCAL COMPETITION REPORT

Local Coordinator: \_\_\_\_\_

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

# of Certificates needed for winning boys: \_\_\_\_\_

# of Wristbands needed for all participating boys: \_\_\_\_\_

# of Certificates needed for winning girls: \_\_\_\_\_

# of Wristbands needed for all participating girls: \_\_\_\_\_

**Please forward a copy of the results to:**

- a) Regional Coordinator in your area
- b) Football Saskatchewan  
1734 Elphinstone Street, Mosaic Stadium - 3rd Floor  
Regina, Saskatchewan S4T 1K1

Telephone (306) 780-9239, or email  
bbennett@footballsaskatchewan.ca

**\*\*Please indicate the number of certificates and participant wristbands needed in the appropriate spaces**

### AWARDS SYSTEM

**Local Competitions**


- Participant wristband for ALL competitors
- Certificates for winners for all local competitions


**NOTE:** Upon completion of your Local Competition, please contact Football Saskatchewan to request the number of Wristbands and Certificates you require. They will be sent to you immediately.

**Regional Competitions**

- Certificates for winners of all Regional Competitions

**Provincial Finals**

 All participants will receive a Provincial Finalist Kids Pass, Punt and Kick water bottle

 The 24 winners (12 boys and 12 girls) will receive an expense paid trip to Regina, plus four game tickets each for the October 25th Saskatchewan Roughriders vs BC Lions football game, where they will be presented with Kids Pass, Punt and Kick plaques.

### FOR MORE INFORMATION:

If you have any questions about the Kids Pass, Punt and Kick Competition, please call, write or email:

**Football Saskatchewan**

1734 Elphinstone Street, Mosaic Stadium - 3rd Floor  
Regina, Saskatchewan S4T 1K1

**Phone:** Regina (306) 780-9239  
Saskatoon (306) 975-0827

**Email:** bbennett@footballsaskatchewan.ca

FBSK



**LOCAL COMPETITIONS  
END SEPTEMBER 30<sup>TH</sup>, 2025**



SASKATCHEWAN ROUGHRIDER  
**FOUNDATION**

