



**2022**  
**U13 ELITE & U13 COMPETITIVE**  
(Girls born in 2010 & 2011)

**TRYOUTS**

**Late March/Early April - Dates and Fee TBD**

Prior to Tryouts athletes must be registered as an LBK member  
Please go to [ladyblueknights.ca](http://ladyblueknights.ca) for 2022 Season Registration  
Tryout Fees are Collected Separately

**PROGRAM INCLUDES**

**NEW - SPEED TRAINING**

- Early Bird TBD
- OWFL Sundays
- OWFL League Fees
- OLA Fee & Insurance
- Practice Fields
- Provincials July 22-24 2022
- Game Day Warm Up Tee
- Practice shirt
- Trainers Supplies
- Athletic Banquet
- Ontario Lacrosse Magazine
- Team Pictures
- Team Building Activities

**PRACTICE NIGHTS**

Tuesday and Thursday

**SEASON KICK OFF**

Player Parent Meeting DATE TBD  
LBK DAY - Team Building @ TBD

**UNIFORMS**

**NEW** - 2022 Uniform - All players will be required to purchase  
Uniform Fitting - Date Coming Soon!

Roy's Enterprise will be onsite at fittings for taking orders for LBK Gear  
All rep athletes need full uniform, cleats, goggles, mouthguard & reversible practice pinnie

**LBK Registration Fee \$280 - (\$230 Early Bird Pricing)**  
**Approximate Rep Cost: \$550-\$700**

Tournament Travel will be additional, LBK will work side by side with teams and coaches do everything to help showcase our athletes, provided it is safe to travel

**Lady Blue Knights recognizes the forever changing landscape of the 2022 Season. Fees will be collected in installments. Program costs are subject to change based on corresponding changes to public health guidelines and/or OLA/OWFL guidelines. LBK will notify families of all changes.**