

Lightning Invite Track Meet at Lake Country Lutheran HS 4/9/19

Boys (2 Varsity, 2 JV, Relays too)		Girls (2 Varsity, 2 JV, Relays too)
4x800m 1. Drew Schneider 2. Ethan Lindemann 3. Caden Nahf 4. Nathan Lichtenauer		4x800 1.
110m High Hurdles 1. Derek Borchardt 2. Justyn Giese 3. B - Sam Malliet 4. B - Ryan Strutz		100m High Hurdles 1. Rebekah Salfer 2. Madelyn Kassulke 3. B - Sarina Popodi 4. B - S Pim
100m Dash 1. V-Jordan Teska 2. V-Peter Bedford 3. JV-Nolan Cipov 4. JV-Emmet Strassburg		100m Dash 1. Angelina Innamorato 2. Kyrie Patterson 3. Kaitlyn Hanson 4. September Montejano
1600m 1. Richard Schaefer 2. John Innamorato 3. JV-Caleb Lash 4. JV-Ethan Lindemann		1600m 1. Camren Cheney 2. Jenna Kassen
4x200m 1. A-Peter Bedford 2. A-Jordan Teska 3. A-Nolan Cipov 4. A-Jared Babiak 1. B-Ben Barrette 2. B-Brandon Freitag 3. B-Emmet Strassburg 4. B-Matthew Kohlstedt	4x200m 1. C-Cameron Smith 2. C-Junior Zambrano 3. C-Nick Durham 4. C-Ryan Strutz 1. D-Gabe Saldivar 2. D-Jonah Babinec 3. D-Joe Salabounis 4. D-Tommy Rouse	4x200m 1. Kaitlyn Hanson 2. Rorie Rockwell 3. September Montejano 4. S Pim
400m 1. Caden Nahf V 2. Nathan Lichtenauer V		400m 1.
4x100m 1. A-Ben Barrette 2. A-Gabe Saldivar 3. A-Jared Babiak 4. A-Matthew Kohlstedt 1. B-Jonah Babinec 2. B-Joe Salabounis 3. B-Tommy Rouse 4. B-Cameron Smith	4x100m 1. C-Junior Zambrano 2. C-Nick Durham 3. C-Matthew Fox 4. C-Edison Sonntag 1. D-Ryan Strutz 2. D-Tiger Yuan 3. D-Aidan Erbe 4. D-Riley Krueger	4x100m 1. Lindsey Zilisch 2. Carli Uher 3. Natalie Brug 4. McKenzie McIntyre 1. Kaitlyn Hanson 2. Rorie Rockwell 3. September Montejano 4. Lily Pletsch

300m IM Hurdles 1. Derek Borchardt 2. Brandon Freitag 3. B - Justyn Giese 4. B - Sam Malliet		300m IM Hurdles 1. Rebekah Salfer 2. Sarina Popodi 3. B - Madelyn Kassulke 4. B - S Pim
800m 1. Andrew Koestler		800m 1. Camren Cheney 2. Jenna Kassen
200m 1. Junior Zambrano 2. Nick Durham 3. Matthew Fox 4. Edison Sonntag		200m 1. Angelina Innamorato 2. Kyrie Patterson 3. Sarina Popodi 4. Rorie Rockwell
3200m 1. Richard Schaefer 2. Caleb Lash 3. JV-John Innamorato 4. JV-Drew Schneider		3200m 1. Camren Cheney 2. Jenna Kassen
4x400m 1. A-Peter Bedford 2. A-Jordan Teska 3. A-Nolan Cipov 4. A-Jared Babiak 1. B-Ben Barrette 2. B-Brandon Freitag 3. B-Emmet Strassburg 4. B-Matthew Kohlstedt	4x400m 1. C-Andrew Koestler 2. C-Gabe Saldivar 3. C-Jonah Babinec 4. C-Derek Borchardt 1. D-Joe Salabounis 2. D-Riley Krueger 3. D-Ryan Strutz 4. D-Tommy Rouse	4x400m 1. Angelina Innamorato 2. Kyrie Patterson 3. Madelyn Kassulke 4. Rebekah Salfer
Boys (3 Varsity, 3 JV)		Girls (3 Varsity, 3 JV)
Shot Put 1. V-Dreu Steinmetz (40') 2. V-Noah Erbe (31') 3. V-Eli Fendel (33') 4. JV-Kole Chen (33') 5. JV-Tanner Johnson (25') 6. JV-Noah Fendel (26')		Shot Put 1. V-Carli Uher (30') 2. V-Lindsey Zilisch (30') 3. V-Natalie Brug (27') 4. JV- Lily Pletsch (20') 5. JV-Ariana Teska (18') 6. JV-Rachael Helt (17')
Discus 1. V-Gabe Woller (110') 2. V-Eli Fendel (78') 3. V-Noah Erbe (100') 4. JV-Eddie McFarland (77') 5. JV-Noah Fendel (65') 6. JV-Dreu Steinmetz (80')		Discus 1. V- Carli Uher (80') 2. V- Lindsey Zilisch (70') 3. V- Natalie Brug (70') 4. JV-Ariana Teska (50') 5. JV-Rachael Helt (60')

High Jump 1. Sam Malliet 2. Emmet Strassburg 3. Nolan Cipov 4. JV-Peter Bedford 5. JV-Justyn Giese 6. JV-Jared Babiak		High Jump 1.
Pole Vault		Pole Vault
Long Jump 1. Ben Barrette 2. Gabe Saldivar 3. Brandon Freitag 4. Joe Salabounis 5. Edison Sonntag 6. Cameron Smith		Long Jump 1. Rebekah Salfer 2. Angelina Innamorato 3. Rorie Rockwell 4. September Montejano
Triple Jump 1. Andrew Koestler 2. Jordan Teska 3. Riley Krueger 4. Jonah Babinec 5. Tiger Yuan 6. Ryan Strutz		Triple Jump 1. Kyrie Patterson 30' 7" 2. Madelyn Kassulke 3. S Pim 4. Kaitlyn Hanson

Shoreland responsible for running the triple jump