
ALLY OR BYSTANDER — SITUATION SHEET

This activity can be done multiple times using different prompts to increase your student's ability to be an ally. You can do 3 – 4 scenarios in a 45-minute session. Choose topics that are most relevant to your student's needs. Start with an easier one. Use ones with slight variations to make students think about how they might handle each situation differently. The situations are sorted by identity and/or topic.

Note: It is important to caution students not to use people's names or identify anyone when sharing. The intent is to ensure that students change hurtful practices without bringing attention to individual students who have bullied others or who have been targeted. Special thought and care will need to be taken if certain students are vulnerable due to differences or recent incidents, in order to avoid unwanted attention or discomfort for that student.

AGE / SIZE

- A classmate or friend constantly makes fun of a another student because they are small for their age.
- An older student makes fun of a younger student because they are small for their age.
- At recess, you hear two other students calling your friend "fatty."
- A friend of yours teases another student because their pants are too small.

GENDER EXPRESSION / GENDER IDENTITY

- When you are with a group of friends, one of them makes fun of a younger student because of the way they dress.
- A friend of yours keeps saying to other boys, "Hey, stop acting like a girl."
- A boy in your school that you don't know very well keeps saying to other boys, "Hey, stop acting like a girl."
- A friend in your class teases a younger boy for having a teddy bear or a doll.
- A student in your class teases a boy for wearing a pink t-shirt and nail polish.
- A girl in your class teases another girl for always dressing like a boy.
- A friend of yours keeps asking a new student if they are a boy or a girl.

RACE / ETHNICITY / CULTURAL IDENTITY

- A new kid at school calls your friend a bad name because of their skin color.
- A friend of yours calls a new kid at school a bad name because of their skin color.
- A kid you don't know calls another kid you don't know a bad name because of their skin color.
- You hear another classmate tease a new student about what they are wearing. The student is wearing traditional clothing from their home country.
- You see two students making fun of another child's school lunch because it has food that is different from what their family eats.

DISABILITY

- A friend of yours teases another student for not being in the same math group.
- You see two kids making fun of another student because they are reading “baby books.”
- You notice that a student in a wheelchair is not included in basketball or four square during recess.
- You notice that no one picks a certain student for their team during physical education because they have trouble moving quickly.

WHO YOU LOVE / FAMILIES

- A new kid at school calls your friend “gay.”
- A group of students your age keeps saying “that’s gay” to mean they don’t like something.
- A group of students your age keeps saying “that’s gay” to mean they don’t like something, and you know that your friend’s dads are gay.
- Your classmate has two moms, and you hear a child ask them which one is their real mom.
- You hear a classmate ask another student, “Why do you have such a big family?”
- You hear a classmate ask another student, “Why don’t the people in your family match?”

SOCIOECONOMIC LEVEL

- You see two kids making fun of another child because they eat school lunch.
- You hear a child acting shocked that another student’s family doesn’t own a computer.
- A classmate makes a negative comment about the old car someone’s parents drive.

MULTILINGUALISM / HOME LANGUAGE

- You see two kids making fun of/copying another student’s accent/way of talking.
- A friend of yours angrily tells another student that they should go back where they came from.

RELIGION

- Someone in your class says something mean to another student in your school because of their religion.
- A kid you don’t know is asking another student why they don’t celebrate a certain holiday.
- You see two kids making fun of another student for the clothing that their family wears that is part of their religious expression. (Examples: hijab, yarmulke)

NOTE: Include any others that might apply to your school or community.

**IGNORE THE SITUATION
OR WALK AWAY**

INTERVENE MYSELF

**TALK TO THE PERSON
IN PRIVATE**

**SEEK HELP FROM
AN ADULT OR
SOMEONE OLDER**