

Hiawatha Skating Club
2021 Spring/Summer Registration Packet

Skater Name _____
Skater Birthdate _____ **Skater Grade** _____
Address _____

Parent/Guardian 1 Name _____
Parent/Guardian 2 Name _____
Parent Email _____
Parent Cell Phone _____
Address if different than skater _____

Packages- Pick 1

- Learn to Skate/Hockey: 1 Day per week- \$150
- Learn to Skate/Hockey: 2 Days per week- \$200

- Full Membership: 3 sessions per week- \$300
 - Freestyle = 1 session
 - Moves in the Field = 1 session
 - Open Skate = 1 session
- Full Membership: All inclusive- \$375
 - Includes all sessions, all days

2020-21 USFS Membership Due- Pick 1

- Already paid w/ Winter Season
- I'm a new HSC member and need to pay USFS dues
 - Full Membership, \$65
 - Subsequent 2nd Skater, \$35
 - Intro (1st yrs Full Mem), \$35
 - Learn to Skate, \$20

HSC Spring/Summer Payment Contract

Package	
USFS Dues	
Use Credit from Winter: Y /N/ NA	
Total	
Pay In full; OR	
Payment Plan**	
1st: day of reg.	
2nd: May 17th	
3rd: June 14th	

We will only accept cash, check or Venmo (@Katelynn-Coon)

*****Payments plan amount will be the total due, divided by 3, with the first payment due the day of registration and then subsequent payments due on the schedule above. If the amount is not paid on the date, skater will not be eligible to continue skating.**

By signing this form, you are responsible for the above total amount for Spring/Summer 2021. You have either paid in full or worked out a payment plan, therefore have made the first payment and will continue to make subsequent payments. If payment is not received, you understand that the skater will not be eligible.

Parent Signature _____

HSC Board members signature _____

Covid Information

Per the most recent MDHHS, skaters 13-19 have to be tested weekly. In order to be eligible to skate:

- Skaters who are already testing for spring sports must complete the form titled "Spring Sport Skater Eligibility Form" ONCE A WEEK, and email it to hiawathaskatingclub@gmail.com.
- Skaters who are NOT testing w/ a spring sport must submit proof of a negative test, meaning the skater MUST get testing once a week and email proof of that negative test.

The Big Bear has the following rules we MUST comply with in order to participate:

- Masks at all times
- No spectators
- Temps will be checked upon entrance
- No more than 40 people in the rink at a time

Please do not come to the rink if you are ill.

I am a spring sport skater who is already getting tested once a week and will email the completed "Spring Sport Skater Eligibility Form" on a weekly basis.

What school? _____

What sport? _____

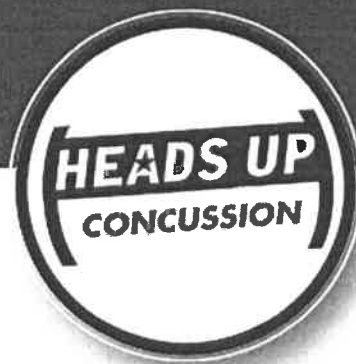
I am not a spring sport skater and will get tested weekly and submit proof of a negative test via email

I am under 13 years old I will abide by HSC & facility rules.

By signing this, you are complying with the rules above:

Parent signature _____

PARENT & ATHLETE CONCUSSION INFORMATION SHEET



WHAT IS A CONCUSSION?

A concussion is a type of traumatic brain injury that changes the way the brain normally works. A concussion is caused by a bump, blow, or jolt to the head or body that causes the head and brain to move quickly back and forth. Even a “ding,” “getting your bell rung,” or what seems to be a mild bump or blow to the head can be serious.

WHAT ARE THE SIGNS AND SYMPTOMS OF CONCUSSION?

Signs and symptoms of concussion can show up right after the injury or may not appear or be noticed until days or weeks after the injury.

If an athlete reports one or more symptoms of concussion after a bump, blow, or jolt to the head or body, s/he should be kept out of play the day of the injury. The athlete should only return to play with permission from a health care professional experienced in evaluating for concussion.

DID YOU KNOW?

- Most concussions occur without loss of consciousness.
- Athletes who have, at any point in their lives, had a concussion have an increased risk for another concussion.
- Young children and teens are more likely to get a concussion and take longer to recover than adults.

SYMPTOMS REPORTED BY ATHLETE:

- Headache or “pressure” in head
- Nausea or vomiting
- Balance problems or dizziness
- Double or blurry vision
- Sensitivity to light
- Sensitivity to noise
- Feeling sluggish, hazy, foggy, or groggy
- Concentration or memory problems
- Confusion
- Just not “feeling right” or is “feeling down”

SIGNS OBSERVED BY COACHING STAFF:

- Appears dazed or stunned
- Is confused about assignment or position
- Forgets an instruction
- Is unsure of game, score, or opponent
- Moves clumsily
- Answers questions slowly
- Loses consciousness (even briefly)
- Shows mood, behavior, or personality changes
- Can’t recall events prior to hit or fall
- Can’t recall events after hit or fall



Michigan Department of Health & Human Services

ROCK SNYDER, GOVERNOR | NICK IXTON, DIRECTOR

“IT’S BETTER TO MISS ONE GAME THAN THE WHOLE SEASON”

CONCUSSION DANGER SIGNS

In rare cases, a dangerous blood clot may form on the brain in a person with a concussion and crowd the brain against the skull. An athlete should receive immediate medical attention if after a bump, blow, or jolt to the head or body s/he exhibits any of the following danger signs:

- One pupil larger than the other
- Is drowsy or cannot be awakened
- A headache that gets worse
- Weakness, numbness, or decreased coordination
- Repeated vomiting or nausea
- Slurred speech
- Convulsions or seizures
- Cannot recognize people or places
- Becomes increasingly confused, restless, or agitated
- Has unusual behavior
- Loses consciousness (even a brief loss of consciousness should be taken seriously)

WHAT SHOULD YOU DO IF YOU THINK YOUR ATHLETE HAS A CONCUSSION?

1. If you suspect that an athlete has a concussion, remove the athlete from play and seek medical attention. Do not try to judge the severity of the injury yourself. Keep the athlete out of play the day of the injury and until a health care professional, experienced in evaluating for concussion, says s/he is symptom-free and it's OK to return to play.
2. Rest is key to helping an athlete recover from a concussion. Exercising or activities that involve a lot of concentration, such as studying, working on the computer, and playing video games, may cause concussion symptoms to reappear or get worse. After a concussion, returning to sports and school is a gradual process that should be carefully managed and monitored by a health care professional.
3. Remember: Concussions affect people differently. While most athletes with a concussion recover quickly and fully, some will have symptoms that last for days, or even weeks. A more serious concussion can last for months or longer.

WHY SHOULD AN ATHLETE REPORT THEIR SYMPTOMS?

If an athlete has a concussion, his/her brain needs time to heal. While an athlete's brain is still healing, s/he is much more likely to have another concussion. Repeat concussions can increase the time it takes to recover. In rare cases, repeat concussions in young athletes can result in brain swelling or permanent damage to their brain. They can even be fatal.

STUDENT-ATHLETE NAME PRINTED

STUDENT-ATHLETE NAME SIGNED

DATE

PARENT OR GUARDIAN NAME PRINTED

PARENT OR GUARDIAN NAME SIGNED

DATE

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TO LEARN MORE GO TO >> WWW.CDC.GOV/CONCUSSION

Content Source: CDC's Heads Up Program. Created through a grant to the CDC Foundation from the National Operating Committee on Standards for Athletic Equipment (NOCSAE).



Club Professionals

It is up to the skater and family to book private lessons with coaches; this is not required, however desired to strengthen skating skills. Learn to Skate private lessons will take place during the last 30 mins of class. Full Membership private lessons can be booked during all ice sessions. Please contact them at the contact information given below.

Sheri Laaksonen- 47 years of coaching experience. Qualifications: US Gold Dance Medalist, 3 Canadian Gold Dances, US and Canadian Intermediate (Silver level) figure and freestyle. Successfully coached US and Canadian figure skaters ages ranged from 2-45. US Pre-Preliminary through Senior Moves in the Field. US Pre-Preliminary through Senior Freestyle; US Preliminary through Gold Dances; Basic Skills; Power Skating for figure skating and hockey players; two Precision teams and pair skaters. USFS Registered/Liability Insurance/Security Check/CER
Lesson fees: 10 minutes- \$8, 15 minutes- \$10
Contact: sheri.laaksonen@yahoo.com, Cell: 906-440-5481

Becky LaFord-Andary- 43 years of coaching experience. Professional Skaters Association member for 31 years and is PSA rated in Freestyle and Moves in the Field. USFS Registered/Liability Insurance/Security Check/CER Compliant. Qualifications- USFS Jr Freestyle; 6th Figure and 1 Gold Dance. Successfully coached Pre-Preliminary Moves-Senior Moves, Preliminary Freestyle-Senior Freestyle, Preliminary Dance- Gold Dance.
Lesson fees: 10 minutes for \$6, 15 minutes for \$8
Contact: beckylfrd8@gmail.com, Home: 906-632-3016, Cell: 906-630-2906

Tammy Rutledge- 14 years of experience coaching at HSC. Enjoys coaching all levels. USFS registered/ Liability Insurance/Security Check. Qualifications- USFS Jumps, Spins, and IJS seminar
Lesson fees- 10 minutes for \$6
Contact: tammyr@eupschools.org, Cell: 906-440-0581

Jodi Wizauer- 4 years of experience coaching at HSC. 2 years at Marquette Figure Skating Club. She skated for 13 years at HSC, and 4 years at Northern Michigan University Skating Club, where she served as President for 2 years. USFS registered/ Liability Insurance/Security Check
Lesson fees: 10 minutes \$4, 15 minutes \$5
Contact: ss13wizauerj@gmail.com; Cell: 906-203-8506

Elayna Clow- Skated with HSC for 16 years and at Ferris State University for 1 year. This is my first year officially coaching for HSC, however, I was a junior coach my senior year of high school. 1 Year Coaching for the Blg Rapids Figure Skating Club, and 1 year coaching Ferris State University Learn to Skate Program. USFS registered/ Liability Insurance/Security check
Lesson Fees: 10 minutes- \$5
Contact: elaynac11@live.com Cell: 906-440-3995

Spring Sport Skater Eligibility Form

only for
skaters who
are in spring
sports, ages 13-19

I, _____ (skater name) _____ am being testing through
_____(school district) _____ for participating in
_____(sport) _____. By completing and signing this
Eligibility form, you are attesting that you are ELIGIBLE to play said
sport due to a negative test for the aforementioned spring sport.

Skater Signature _____

Parent Signature _____

Date _____

COVID-19 Testing – Chippewa County

Site	Hours	Method	Cost	Contact information/Results
War Memorial Hospital 500 Osborn Blvd. Sault Ste. Marie	7 am – 1 pm Monday - Friday	Self-collection Pick up kit and drop off sample at Nolte Street entrance	Insurance charged or \$50 fee; Cash, credit, check accepted	Contact information/Results <ul style="list-style-type: none"> • Results will be called to you by the hospital within 24 hours of drop off • Results will be available in the patient portal immediately upon completion • Patients 18 and older will receive an email to enroll in the WMDH patient portal if an email address is provided • Results will be sent to your primary care provider if you have one
Sault Tribe Health Center 2864 Ashmun Street Sault Ste. Marie	9 am – 2 pm Monday – Friday	Self-collection Pick up kit and drop off sample at the main entrance	No charge	(906) 632-5200 press 1 <ul style="list-style-type: none"> • Positive results will be called to you by the provider • Negative results will be mailed
Lake Superior State University Health Care Center 650 W. Easterday Sault Ste. Marie	8 am – 3:40 pm Monday - Friday	By appointment only	Insurance charged for symptomatic or exposure; \$50 fee for those without symptoms or no exposure; Cash, credit, check accepted	(906) 635-2110 <ul style="list-style-type: none"> • Positive results will be called to you by the provider
Bay Mills Health Center 12124 W. Lakeshore Brinley	8 am – 4 pm Each Thursday And By Appointment Mon, Tues, Weds and Friday	By appointment only	No charge	(906) 248-5527 <ul style="list-style-type: none"> • Positive results will be provided on site by the provider
Walgreens 2101 Ashmun Street Sault Ste. Marie	8 am – 4 pm Monday – Friday	By appointment only Pre-screening via on-line required	No charge	https://www.walgreens.com <ul style="list-style-type: none"> • Results can be obtained via email address provided

The Chippewa County Health Department is notified of all positive results regardless of where testing is performed