



LEGEND

-  TRANSITION AREA
-  START LINE
-  FINISH LINE
-  MILE MARKERS
-  WATER/AID STATION
-  RED BULL STATION
-  U-TURN

TURN BY TURN DIRECTIONS

- Leave Transition and follow Capital City Bike Trail to the South
 - Turn left on Wuanona Way
- Continue on park path at end of Waunona Way
 - Left on Bridge Rd.
 - Left on Winnequah Rd.
 - Left on Winnequah Trail
- Right on Tonyawatha Trail
 - Left on Winnequah Rd.
 - Left on Monona Dr.
- Monona Dr. becomes Atwood Ave.
 - Left on Lakeland Ave.
 - Right on Division St.
 - Left on Capital City Trail
 - Left on S. Thornton Ave
 - Right on Spaight St.
 - Left on Baldwin St.
 - Right on Rutledge St.
- Continue through Orton Park
 - Left on Spaight St.
 - Left on Jenifer St.
- Left on Williamson to Capital City Trail
 - Capital City Trail to Edgewater Ct.
 - Left on Edgewater Ct. to turn
- Left on E. Lakeside St. to Olin Park and finish line

Start Elevation: 855 ft ▪ Finishing Elevation: 877 ft ▪ Gain: 339 ft

