



# **380 Youth Sports Soccer Rules & Bylaws**

**4U**

## General League Information

### Division Overview:

Division	Ball Size	Players on Field	Goalie	Free Kick	Scoring	Offsides	Officials
4U	3	4x4	No	Indirect	None	No	None

### 4U Division Game Play

#### 4U Division General Rules:

- A. Field Size: 30ft x 60ft
- B. There are no goalies on this level
- C. Do not keep score
- D. Game Length: Four 8 minute quarters
- E. ALL players should be involved in the action

#### Spectators:

Spectators are to sit on the outside of the field while the players are on the inside with their coach.

Spectators are not to stand behind goals during games.

This field has a zero pet tolerance. Individuals will be asked to leave with their animal.

#### Referees:

1. There are NO referees in 4U. Coaches will act as "officials" during the game.
2. The coaches can stop the game for infringement of the rules and can suspend or terminate the game whenever the coach deems stoppage necessary. For example, severe weather, interference by spectators/coaches.

#### Coaches:

One coach per team is allowed on the field.

### **Kick-Off:**

Home Team will have kickoff. Away team will take kickoff at the start of the second half. Teams will remain on their side for both halves.

### **Free Kicks (Indirect):**

All kickoffs, goal kicks and fouls are indirect kicks (ie a goal cannot be scored by kicking the ball directly into the goal: the ball must first be touched by another player). Defending players must be at least 9 (nine) feet/3 (three) yards away from the ball at the time of the free kick.

### **Fouls and Misconduct:**

- A. A player who commits any of the following offenses shall be penalized by the award of an indirect free kick to the opponents:
  - i. Kick or attempts to kick an opponent
  - ii. Slide tackles
  - iii. Trips an opponent
  - iv. Charges opponent in a violent or dangerous manner
  - v. Holds an opponent with the hand or any part of the arm
  - vi. Pushes an opponent with the hand or any part of the arm
  - vii. Handles the ball, "handball"; a "handball" shall not be called when the player is attempting to protect themselves from being struck. The referee (coach for non-competitive levels) has full discretion.
- B. A player shall be ejected from the game/field if:
  - i. In the opinion of the referee (coach for non-competitive levels), the player is guilty of fighting or uses foul, abusive, or improper language.

### **Ball Out of Play:**

- A. The ball is out of bounds when the **entire** ball passes over the sideline or goal line. When determined that the ball is out of bounds, the ball will be put back in play by the opposing team as follows:
  - i. Played over the sideline: a KICK IN is taken at the point the entire ball crossed the line. There are no throw ins at this age.
  - ii. Played over the goal line by the defending team: A corner kick is taken by the attacking team from the corner arc on the side of the field where the ball crossed the goal line.

- iii. Played over the goal line by the attacking team: A goal kick is taken by the defending team from anywhere in the goal area.

**Goals:**

A goal is scored when the entire ball passes completely over the goal line between the goal post and under the cross bar. NOTE: All kicks are indirect; therefore, a goal cannot be scored from a restart except as defined unless the ball is touched by two players.

**No Goalies:**

Players are only allowed to stand inside the goal box if they are directly playing the ball. Players may play defensive positions, but must move up the field with the play.

**Unless otherwise stated above, we will follow the FIFA laws of the game.**