



# SHOT-MAKERS CLUB

## SLP Traveling Basketball Off-Season Shooting Program

### Shot-Makers Club

The SLP Off-Season Shot Makers Club is a program designed to help kids build skills and reinforce good habits by creating a simple week-by-week shooting program. Players will improve consistency, strength and confidence. Made shots are tracked each week and parents will initial the results.

### Timeline

The Shot Makers Program runs for the roughly 20-week stretch between mid-May and the beginning of October.

#### SCHEDULE & PARENT INITIALS:

1- Week of May 19: _____	11- Week of July 28: _____
2- Week of May 26: _____	12- Week of Aug. 4: _____
3- Week of June 2: _____	13- Week of Aug. 11: _____
4- Week of June 9: _____	14- Week of Aug. 18: _____
5- Week of June 16: _____	15- Week of Aug. 25: _____
6- Week of June 23: _____	16- Week of Sept. 1: _____
7- Week of June 30: _____	17- Week of Sept. 8: _____
8- Week of July 7: _____	18- Week of Sept. 15: _____
9- Week of July 14: _____	19- Week of Sept. 22: _____
10- Week of July 21: _____	20- Week of Sept. 29: _____

TOTAL MAKES: \_\_\_\_\_

#### ACHIEVEMENT LEVELS:

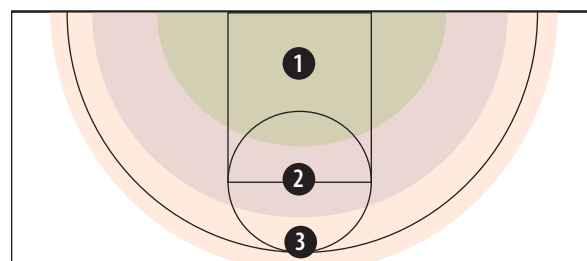
HALL OF FAME LEVEL-	1,000 makes / week---	20,000 total makes
ALL-STAR LEVEL-----	750 makes / week-----	15,000 total makes
PRO LEVEL-----	500 makes / week-----	10,000 total makes
COLLEGIATE LEVEL----	250 makes / week----	5,000 total makes

### Earn a T-Shirt!

Those who complete the challenge at any level earn a Shot-Makers Club t-shirt!

### Details:

- Form matters! Concentrate on 90-90-90 and B.E.E.F. It is better to make 10 shots with excellent form than to make 25 shots with poor form.
- Square up! Power comes from the legs!
- Spin ball with backspin to yourself and step into the shot. Older kids should also work on shooting off the dribble, going both directions.
- Especially for older kids it's important to go hard. Lazy shots in practice mean missed shots in games.
- Note the Zone Chart below. Shots should come from all Zones.
- Do your best to make your shots each week and avoid "clumping" shots in one session. A missed week isn't the end of the world, but consistent, steady progress is the ideal.
- At the end of the program, turn your completed sheet into any SLP Traveling Basketball Board Member.
- Open to players entering grades 3-8 who play or intend to play Traveling Basketball during the 2019-2020 season.



#### SHOT ZONES

Shots should be made from ALL zones. Younger players should keep their focus firmly on Zones 1 and 2. Older players can extend into Zone 3.